



REPORT LAW OF ATTRACTION

By Gary Evans



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Who is Gary Evans?

I'm 24 and originally from the United Kingdom and am presently living a life that I couldn't even dream about a few years ago. My home is located out in beautiful Costa Rica where I run and operate my own Internet based business.



Several years ago I was up to my eye balls in debt. At one point I was in as much as £20,000 of debts and was working a dead end job for a large bank in the UK. I hated every minute of it and I was constantly living in fear with my ever growing amount of debt weighing on my shoulders.

Having so much contrast gave me great clarity to know what I did want to live. After several years working at the bank, I started to attract powerful information about the Law of Attraction.

After studying and applying what I had learned about universal laws, I now live out a life that I only ever thought was possible in movies. I no longer live in fear or with debt, instead I live a life worth living.

Since 2006, I have been teaching people who attract this information how to properly utilize the Law of Attraction so that they see tangible results in their life too. I love to see people succeed on their own, and whether it's my calling in life or not, I enjoy sharing what I've learned about the Law of Attraction.

Purpose of this report

I'm sharing these “secrets” with you because of a personal mission I've set myself. You see, within just a short couple of years I've been able to effectively use the Law of Attraction to create a dream life.

By simply dropping thoughts, I can deliberately design my day-to-day experiences. However, this is not the case for everyone. There are so many people struggling to create what they want from life, so I've decided to share what I know about the Law of Attraction, and how I successfully apply it into my own life.

Many of you who are reading this report will have seen the DVD, “The Secret”, but that documentary doesn't provide you with a platform on which you can grow and further develop your manifestation skills. I personally believe that “The Secret” isn't an instructional DVD at all, it's an introduction to the Law of Attraction and an introduction to what's possible. Because of this, there is a massive gap between those people who have watched the film and those people who are actually deliberately designing a life they want to live.

My vision is to provide overwhelmed individuals with clear, concise and easy to understand methods that take you through every step needed to deliberately create an existence worth living.

This report is just one way in which I can get this information out there for everyone to benefit from.

Getting back to basics

As you read through this report, you're going to very quickly see that creating your own reality really is very simple. Nothing that you're about to learn is hard work. In fact... if it is hard work, then you're not going about it correctly.

That's not to say that any of this is common sense. Because it isn't!

There's a lot of theory floating around cyberspace that explains in great detail how all of this “Law of Attraction” stuff actually works, and when I was just starting out, I bought into the fact that if I knew the theory side to it, then it would help me to attract some things that I wanted.

I was wrong.

Theory is great if you like to learn about why it works, yet theory won't get you results. Action will. The sooner you realize this, the better it will be for you. By action I mean taking physical and non-physical actions to yield results.

I recommend that you leave the theory and learning why it works the way it does until after you've become good at manifesting. Manifestation is a skill just like riding a bike... you need to train yourself to do it, and once you've gotten good at it, it becomes second nature to you.

You don't need to know how a car engine works in order to drive a car, and it's the same with the Law of Attraction.

Why “letting go” is vital to your success

Instead of diving into theory and telling you why the Law of Attraction works the way it does, I'm going to be discussing the action you need to take in order to bring about the manifestations. You will learn a little theory, but my main focus is on getting you to a point where you feel confident in knowing what you need to do to start deliberately creating.

After all, that's why you're reading this report. You want results, and I want them for you too.

If you've known about the Law of Attraction for any amount of time, you've probably heard people say that you need to let go of your desires in order to see them manifest.

Others say that you should visualize them every single day until they manifest.

My own opinion on the matter is that "letting go" is one of the most important stages in the manifestation process. If you can't let go of the attachment to the desire itself, you won't ever be able to see it manifest for you.

A lot of people want to manifest more money, but because they really need to manifest the money, they find it difficult letting the desire go and releasing it to the universe.

You see... you create in two different stages.

The first stage of creation happens when you form the desire. As you see an unpaid bill, you immediately form the desire of wanting more money. It's automatic and it happens without you ever realizing that you're asking for more money.

However, if you stay in this mode and never move forward, you're always going to be wanting. Wanting can never attract to you what you want, since wanting is the opposite of having it. It is the lack of it.

The second part of the creation process is when you get into alignment with your desires. Getting into alignment is what will bring the manifestation into the physical world. Holding onto the desire and staying in the desire forming stage won't.

If you want to manifest anything into the physical world, you've got to move out of the desire forming stage and into the alignment stage.

The “magical” alignment stage

There are two ways in which you can become aligned with your desires. They are:

- **Believing**
- **Feeling Good**

Believing - When you have massive expectation and actually begin to believe that you have what you're asking for, in that moment you will become perfectly aligned with what it is you want and so the Law of Attraction matches like with like and ultimately yields you the stuff.

I feel that believing is the hardest way of getting into alignment since it requires a lot of focused attention on a specific. Of course, things happen in my own life every day simply because I believe they will happen... but deliberately changing my beliefs around things like money is no easy achievement.

Affirmations and Vision Boards are example processes that are used to get yourself believing your desire is already here.

Personally, I prefer to spend most of my own time using the second method of becoming aligned with my desires...

Feeling Good - Most newcomers to the Law of Attraction don't think I'm serious when I tell them that all they have to do is feel good and they will manifest the stuff they want. It really is that easy!

The Law of Attraction doesn't hear or see your thoughts. It responds to your vibration which is primarily affected by your feelings.

If you feel good, then in that moment you're in alignment with everything that you consider to be good. That includes more money, the 5 bedroom home, the new car, love relationships, better health... etc.

Some examples of feel good processes are; meditation, walking, singing, painting, dancing, petting your cat, etc.

Thoughts become things

It is often believed that it is our thoughts that have all of the attraction power to create the things we want... we drop thoughts, the universe picks those thoughts up, and responds to them by giving us what we want.



Thoughts become things.

- Mike Dooley

Your thoughts do play an important role in the creation process, however it isn't your thoughts alone that are causing the attraction process.

It's actually your vibration.

How you attract with the Law of Attraction

Your words affect your thoughts



Your thoughts affect your feelings



Your feelings affect your vibration



Your vibration is what attracts things to you

Everything in the universe is made out of the same substance. **Energy.** If you observe anything on planet Earth through a powerful microscope, you will see a dance of energy vibrating at incredible speeds. Every single thing on this planet has a different vibrational range.

My arm and your arm would have a similar vibrational frequency, yet the vibration would not be identical. And if we observed a rock vs. your arm, you would notice two very different vibrational frequencies altogether.

Your hand has a specific vibration, a sound has a vibration, light has its own varying vibrations, a stone or a rock has a vibration. Everything has its own unique vibration. Some things vibrate faster than others, for example a rock has a slower vibration than your hand, yet the rock is still vibrating energy.

Your emotions lead the way

Giving your attention to your words and thoughts is very important, since they are connected in determining what you will attract. Yet, it's your feelings that are primarily affecting what your vibration is.

This is the reason why I provide so much emphasis on your feelings. If the way you feel determines what you're going to experience, then it makes perfect sense to give more of your attention to the way you feel.

When you feel good, all of the things that you consider to be good are in alignment with you.

There is no need to keep on thinking about your desires over and over again. Once you've decided upon what it is that you want, your work is now to get into alignment with your desire.



When you feel good, good things are attracted to you. When you feel bad, bad things are attracted to you. It is that simple.

- Gary Evans

As I've already discussed, you can do this by believing your desire is here with you right now, or you can simply feel good. It doesn't matter if you use one method of alignment, or whether you use both methods – the outcome will always be the same.

If you get yourself into alignment with your desires and do not fall back into the “asking” mode, then what you want **will** enter your life experience... no exceptions.

Follow your feelings... always

Have you ever walked into a room and immediately felt a bad vibe in the atmosphere? This phenomenon is your emotions giving you guidance that is warning you of impending unwanted experiences.

Every emotion you feel is a response to something you're doing or thinking. When you feel positive emotions, that is a signal that whatever you're giving your attention to will bring you more joy.

The opposite is also true. When you feel negative emotion, this is a signal that whatever it is you're giving your attention to, is not in alignment with the things that you want.

Think of your emotions like a traffic signal. You are constantly being given guidance as to whether you should move towards something, or move further away from it.

When you see a red light (when you experience negative emotion) you should stop and immediately change whatever it is you're giving your attention to.

And when you see a green light (when you feel positive emotion)... you should move towards it because it's a sign that more joy is on the way!

Some people also call this positive good feeling inside... **inspiration**. When something feels so right to you, you will experience an inner knowing that whatever it is you're pondering is the right action for you to take. And so you should go with that feeling and take action. I refer to this as inspired (in-spirit) action.

By following these signals, you are able to move through life effortlessly and joyously.



The reason why most people fail to attract what they want

Over my years of observing and coaching people to use the Law of Attraction, I've noticed that there are primarily three things that people do that causes them to attract the opposite of what they want.

Let's start by diving into each of these three things to ensure you no longer make these mistakes...

1) Expect it not to work. Those who expect good experiences, enjoy good experiences. Your expectation about something happening or not is very powerful.

When you expect hot running water, you experience it.
When you expect an abundance of food at your super market, you experience it.
When you expect a constant flow of electricity, you experience it.

You have many beliefs and many expectations that really do serve you well. We all expect food, water, electricity, transport etc. And so we experience it.

You also have expectations and beliefs that don't serve you well.

When you doubt money to flow to you effortlessly, that is your experience.
When you doubt that you can heal your body through thought, that is your experience.

When you doubt miracles to show up frequently, that is your experience.

And so, because your beliefs and expectations around a subject are so strong, you experience whatever you believe to be so.

This is why it's recommended that you start off manifesting something simple like a cup of coffee or a car parking space. The cup of coffee or parking space is something you have little resistance about happening and so it's a good place to start.

We'll talk more about your beliefs and how you can restructure them so you're no longer held back by them later on in this report.

2) Don't generate enough good feeling emotion. In order to translate a thought in your mind into the physical equivalent, you're going to need to mix emotion with the thought in order for that thought to magnetize and ultimately become tangible.

Without mixing a thought with emotion, the thought will never have the power to materialize.



THOUGHTS WHICH ARE MIXED WITH ANY OF THE FEELINGS OF EMOTIONS, CONSTITUTE A "MAGNETIC" FORCE WHICH ATTRACTS, FROM THE VIBRATIONS OF THE ETHER, OTHER SIMILAR, OR RELATED THOUGHTS. A thought thus "magnetized" with emotion may be compared to a seed which, when planted in fertile soil, germinates, grows, and multiplies itself over and over again, until that which was originally one small seed, becomes countless millions of seeds of the SAME BRAND!

- Napoleon Hill

Your sub-conscious mind can be likened to a radio station transmitter. It picks up and sends out signals which are received by the universe. The thoughts that are mixed with emotion (whether it be positive or negative emotion) are then sent to your subconscious mind where it transmits those thoughts to the universe in a vibration.

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