

How to Kiss Someone

PASSIONATELY & SENSUALLY

-Randy Ross



*I do not need the theatre or movies.
I need only your lips to kiss in the night.*
Russian folk song

*The moment eternal - just that and no more -
When ecstasy's utmost we clutch at the core
While cheeks burn, arms open, eyes shut, and lips meet!*
Robert Browning

*There's this place in me where your fingerprints still rest, your kisses
still linger, and your whispers softly echo. It's the place where a part of
you will forever be a part of me.*
Gretchen Kemp

The most eloquent silence; that of two mouths meeting in a kiss.
Unknown

The Passionate Kiss

Imagine yourself swept away in a passionate and sensual kiss. Your heart races, your lips tingle, your body shakes and the excitement builds. It is an incredible and irresistible experience that makes you feel sensual and alive. The external sounds and troubles of the world melt away, and there is only you and your partner. Your kisses become a doorway to your connecting on a higher level and a powerful symbol of caring.

Passionate and sensual kisses explore and experiment with all of the senses. Variety is the spice of life and the hallmark of a couple that is free and growing with their feelings.

Our psyches crave touch, love, affection and admiration. A passionate kiss in its most beautiful form fills all of these needs and causes our emotions to soar to new levels.

Unknown to most people, our faces, lips, mouth and tongue contain an incredible amount of sensory receptors. In fact, hundreds of times more sensitive than the areas we normally consider erogenous zones. We have the ability to differentiate at a very granular level hot and cold, sweet and sour, pain and pleasure, wet and dry and varying pressures, from a barely perceptible caress to hard pressure.

From a very light tantalizing brush of the lips on the cheek to a deep French kiss there is an incredible plethora of sensations we can experience. Each shared sensation on the continuum brings us closer together in a euphoric bond.

According to the *Urban Dictionary*, kissing is the act of expressing desire and passion for another. Kissing can be strong and passionate, very heated and/or backed by strong desire. Or it can be soft and gentle such that there is a longing for more, but in this case less is more. A kiss is an act both partners can rejoice over, as it creates a feeling of togetherness that psychologist William Cane (*The Art of Kissing*) describes as the ability for lovers to "lock their minds" and create privacy even in a crowded place.

Think of a kiss as a means of romantic communication. With intense eye contact, entire messages can pass between you and your lover without a mere word being uttered. When combined with Tantric rituals kissing and touching transcend all normally blocked channels between couples.

Start Slowly

A passionate kiss is a symphony that begins slowly and builds in tempo and intensity. There is no need to be in a rush. The Kama Sutra describes more than 30 types of kisses that explore all aspects of sensuality. Like the playing of many movements, your dance of kisses will ebb and flow in power and flavor.

Put your hands gently on your partner's face and lightly brush your lips together. This is the introductory kiss of a new relationship or the familiar reconnection for those that have been together for a long time. Feel the softness and warmth of each other's lips. Let the world melt away and your senses open up like a flower blooming in the morning. Be totally present in the moment. Be one with the kiss. There is no script for what is about to happen next. The passionate kiss is the meandering of a river flowing fast and then slow and then faster again.

Use your hands to gently pull your lover's face and lips closer to yours. Feel the change in pressure and savor the moment, so you can hold it forever in your memory. It is now a journey of exploration to discover what each of you likes, how you like to kiss and how you want to be kissed. It is difficult to guess thoughts so guide your partner gently with or without words to the places you want to go. There is no right or wrong, it is simply what you enjoy. It is a creation of pleasure with no boundaries

The Strawberry

Step back and look deeply into each other's eyes. Smile to share your joy. Take a strawberry out of a glass of champagne and cut it in half. Rub it on your partner's lips and let her sense the sweetness, the coolness and the bubbly sensations. Run your tongue gently on her lips to inhale her taste and her scent. Our scent is the chemistry that draws us together. Hidden in the scent are the pheromones of the most primal nature that have drawn couples together for thousands of years.

Squeeze juice from the strawberry on your fingers and massage the inside of her lips and tongue. Vary your touch. There are thousands of sensual receptors here. Tune in to what she likes by watching changes in breathing and pulse. Is she coming closer to you or moving away? Is there a smile on her face? Is her face flushed? Discover the nooks and crannies of her mouth. Be playful, creative and inventive.



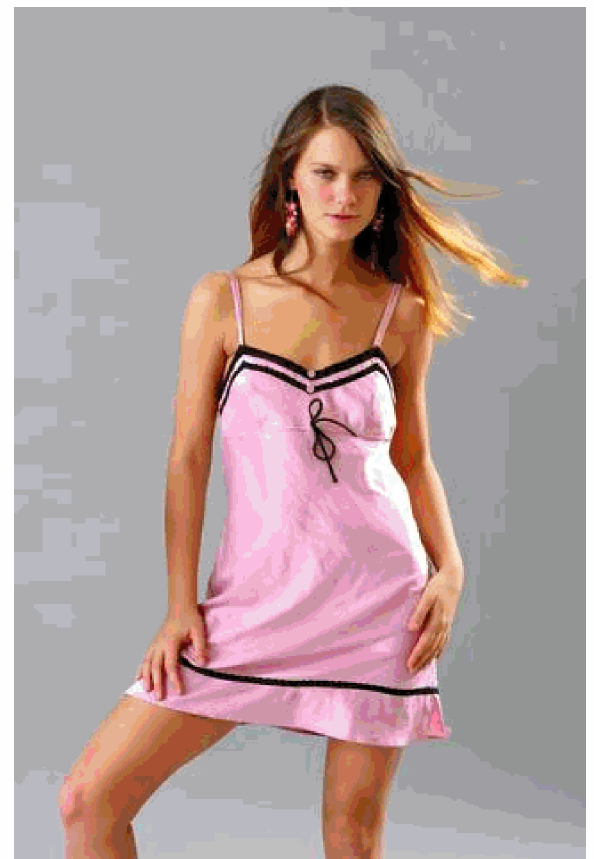
The Flirt



Step back again and be flirtatious and playful. Remember this is not some serious, boring project at work that you have been dreading all week. This is your special moment to be fun, sensual and romantic. Bat your eyelashes, wink, give the “come on, I want more” look, smile broadly, spin around and let your hair flow up in the wind, unbutton the top button of your blouse, take off your earrings, do a few poses with your head back and one leg outstretched, look sultry, kiss your fingers one by one as he watches or dance playfully around him. It is your time to be creative and find ways to demonstrate that you are attracted and that you want the kissing to continue. Find ways to make him long for you.

Inspiration from Movies

If you have ever wondered what a passionate kiss looks like there are great examples in many movies from Romeo and Juliet to Pride and Prejudice. Watch [Kiss Me Like You Mean It](#) for famous scenes from many movies that exemplify strong eye contact, smiling, adoring looking, sensual hand gestures and a wide range of kissing styles



The Tango

The Tango is one of the most beautiful dances in the world. It is romance in motion and very hot to watch. The beauty is in the emotional and sexual tension of the partners. There is electricity in the air. Your kisses are a tango of life, a dance of Make it instead the flight of the bumble bee. Move to one sweet spot and then move slowly on to the next area of exploration. Vary your positions. Spin her around in a whirlwind dance. Have him hang his head over the side of the bed and kiss her upside down. Let the shower run full force over both of your heads and kiss her through the waterfall. Watch the reflection of the water droplets on his face. Brush your eyelashes together so they become intertwined - the tongues, souls and your most intimate and private feelings. Tango dancers spin apart and then come together. They seduce and mesmerize each other. Their focus is absolutely 100% on each other. There are no distractions. Watch these [Argentinean dancers](#) to be inspired.



Tantalizing with Things That Smell Good

Crush a few rose petals between your fingers and let her smell the aroma as you massage her neck and the top of the chest with them. The velvety texture of the petals will trigger many sensory receptors and the smell will waft upwards. Hold petals over her head and let them fall one at a time into her beautiful hair. The smell of roses is a well known euphoria stimulator. They are both beautiful and seducing.

The Tantric Mirror

When two souls touch each other they reflect like mirrors. Watch his breathing and put your breathing exactly in sync. Ask him to touch and kiss you exactly how you touch and kiss him. You lead and he follows. You are the director of an intimate scene. He becomes your exact reflection in the universe. It is as if you are touching yourself. There are no longer two people – you are now one. As excitement builds keep matching your breathing. He may need to speed up his respirations a little and you may need to slow down. Bite his lips gently and then brush them with your cheek. Make him feel the range of sensations from the tiniest amount of discomfort to the electrical charge of a gentle pass of your lips against his. Run your fingernails across his chest and down his arms. Kiss his fingers one by one while massaging the palms. Run your fingernails up the inside of the arm. Now let him lead and you follow. The first time you try this exercise it may feel a little awkward but with a little practice, believe me, you will think you have died and floated up to heaven. It is the total release of having to tell someone what you want.

Throw Away the Script

Throw away the script and create a new symphony. The death of a passionate and sensual kiss is predictability. Boring is not the goal. As you open the doors to your passion and playfulness, incredible and beautiful energy will radiate from you. This is the look of love. People can spot it from the other side of the room.

The French Kiss

The French kiss was probably not actually invented in France but they get the credit. It is the playful darting and exploration of the tongues that crescendos into a beautiful and soulful building of passion. It is the transfer of pheromones in the saliva, driving the deep primal instincts to the surface. Start with just the tips of the tongues and savor the textures and tastes. Make your initial kisses not too invasive and deep.

From folklore, in every corner of the globe the French kiss is known as the vibrant transmission mechanism that brings together the souls. Imagine your souls standing on either side of a large lake. The French kiss is the canoe that transports you slowly across the lake. The closer your souls get to each other the more magnificent and powerful your energy becomes.

Suck gently on his tongue. It will send millions of pulses of sensation through his body. Explore the inside of his lips and the roof of his mouth. Let your creativity flow from your mouth to his. Transmit delightful and loving messages without words. Let your vibrations ripple through him and vice versa.

Letting Go

The dancers are now whirling around the bonfire. Their bodies radiate intense heat, perspiration and passion. The pulse of 100 conga and djembe drummers build their rhythm into a frenzy that is exhilarating. The ground vibrates with the underlying steady beat of the tumba drums while the lead drums sing on the wind. Hands fly and move in every direction in perfect synchronicity. The air is exploding with energy. It is time for you to let go. Lift her into your arms like a powerful protector. Kiss her deeply, passionately and sensually like it is the last kiss you will ever share. Create your own pulse and fire. Feel the radiance of her skin against yours. Look into each other's eyes and feel the fireworks. ENJOY!

Putting It All Together



Kissing is about fun, pleasure, closeness, sharing and enjoying moments together. The more of the five senses that you evoke the more imbedded the memories of a great time will be forever etched in your mind.

Experiment with making your kisses literally delicious, hot or cold. Play with an ice cube in your mouth and give your partner a cold, sharp kiss. Challenge each other to come up with new sensual ideas and apply them in a playful spirit.

Kissing does not always have to be taken to the next level. You can just kiss for the love of kissing, cuddling, embracing in a tender hug, long intimate conversation or romance. Between kisses you can smile, make small jokes, convey messages just from your looks, make your time together unique and special.

While nature certainly controls some of the underlying chemistry between two people, there are many things you can do to enhance the senses.

Hear the Romance

Play music that you as a couple find romantic. This is especially true of songs that already bring back previous memories of passion in the moonlight. What song was playing when you met each other? Are you in the mood for tender cuddling? Is it a Kenny G. night or wild frantic sweaty dancing with Nelly?

Vary your voice - does she like when you whisper slowly and in deep vibrating tones? Do your soft throaty sounds signal him that more kissing is what you want?

Experiment with making some of your kisses quiet and others noisy.

Smell the Scent

There is a reason that billions of dollars are spent each year on perfumes, colognes and lavender bath lotions. Smells create euphoria in our nervous systems. Many of these products are impregnated with pheromones, reputed to have aphrodisiac type properties.

Check out the scent of [Fantastique](#) made by Romantasy. Mexican snake pheromones that have no smell are blended with flower oils. This is in my opinion the most alluring smell I have ever encountered. Warning: A few drops rubbed on both of your wrists might spark a night you won't forget.

Bring home a sprig of basil and leave it out in the kitchen. It will slowly fill your house with a delicious smell. Drop lavender or rose flowers into the bath waters and burn scented candles. Play with a few drops of essential oils like jasmine in heated water.

Taste Each Other



Probably nothing has a wider variety of experiences than taste. From the sweetness of a ripe fig shared with both of your tongues inside it, to chili pepper powder in hot chocolate that fires up body heat, the choices are unlimited. Foods such as chocolates and wine are known stimulants of passion centers and releasers of inhibitions. Give yourself permission to explore the plethora of tastes of erotic and exotic foods and your partner.

See Beauty

See the beauty in your partner – not just the physical beauty but the beauty of his soul. Enjoy the light sparking in his hair or the curve of his muscular shoulders. Inhale each visual delight of the aura surrounding him. Feel the tingle in your body. Let the joy of your sensations grow in a smile that lights up your face and radiates love into the room. Smiling releases endorphins which stimulate the pleasure centers.

Touch Sensually

Body contact is an important part of the passionate and sensual kiss. Touching is essential. Run your fingers through your sweetheart's hair, caress the neck, face, arms, and back. If you're not a very bold person, just put your hands around your partner's neck or waist. Don't choreograph it, let it flow. Experimenting with every type of touch has incredible rewards. Remember the goal is pleasure - for both of you. Contact can be physical as well as visual, like deep long looks into the eyes or kissing with your eyes wide open – it makes everything more intense and will bring you closer together.

Special Places and Setting the Mood

A passionate and sensual kiss can be greatly enhanced if some thought is put into setting the mood and surrounding yourselves with beauty. Move away from places like the bedroom or living room couch where boring habits and routines are ingrained. Go to a café - one that overlooks the sunset on the breaking waves or a quaint bed and breakfast.

Dual Massage

Many spas allow both you and your partner to lay side by side while being pampered. You can enjoy the rare hour of relaxation next to someone that you love. Find a place that has mineral hot springs where you can soak for hours after the massage.



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