

EFFECTIVE TIPS IN DEALING WITH CRITICAL PEOPLE AT





No matter where people go, they will always come across at least one critical person in their lives.





And, whether they are right or wrong in doing so, these critical people will always be quick to point out perceived flaws and shortcomings in othorc





There will be people who criticize your relationships and people who criticize your school endeavors.





Workplace critics are some of the most challenging to deal with because the worker is forced to find solutions.





The following are some effective ways that a person can deal with critical people at work:



EXTRACT THE POSITIVE ELEMENTS FROM THE CRITICISM



Cutting down other people gives the critical person feelings of superiority in the situation.





Oftentimes, they are quick to criticize others because of their own inner issues.





Still, a criticism may have something golden in it if you hear it the right way.





A criticism may be able to tell you something about your work strategy or your work tactics that you weren't aware of previously.

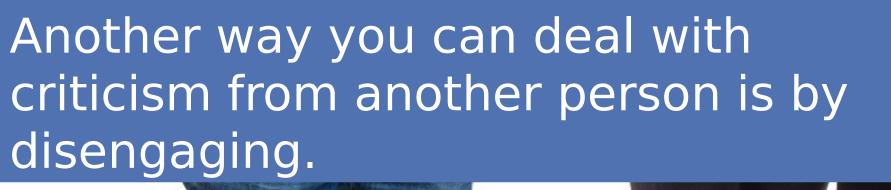




Choosing to take criticism as a heads up to some areas of improvement that you need to consider is a sound choice.



SEPARATE OR DISENGAGE FROM THE CRITICISM





Disengaging from repetitive criticism is refusing to let such criticism get into your head.





You can simply tell yourself that you will not allow anyone else's negativity to touch you.



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