



Paranormal Veracity

MAGAZINE

ISSUE #2

MICHELLE LE BARON

The Ghost Magnet - Interview & Story

Fearing Death at Mackay Mansion

Here the story behind why an investigator left the building in a hurry

Paranormal Investigating vs. Ghost Hunting

Mountain West Paranormal Breaks Down the Difference

A NIGHT AT THE SILVER QUEEN HOTEL

Room 15 provides little chance at any sleep....

#GHOSTVLOGS

Catch the NEW Paranormal Series
on FlashTV

Lilly E. Gray The Number of the Beast 666

What's Behind This Mysterious Tombstone In Salt Lake City

UPCOMING EVENTS





PARANORMAL VERACITY MAGAZINE MISSION STATEMENT

ve·rac·i·ty

conformity to facts; accuracy.

"officials expressed doubts concerning the veracity of the story"

truthfulness, truth, accuracy, correctness, faithfulness, fidelity; reputability, honesty, sincerity, trustworthiness, reliability, dependability,

scrupulousness, ethics, morality, righteousness, virtuousness, decency, straightforwardness, goodness, probity

"we do not question the veracity of your story"

In the past couple years, I have seen the same countless stories shared across many paranormal pages, groups and enthusiasts of the paranormal field. These stories often require a click to go to website type system to them that will take you to an untrusted website full of spam and sometimes even viruses. Most the time these stories contain a couple paragraphs and most of them filled with useless information. I decided it was time to start sharing real paranormal information with the paranormal enthusiast and researchers out in the field.

This magazine will feature investigator interviews, equipment reviews, upcoming events, upcoming conferences, database of teams, database of psychics, ads, book reviews, user submitted stores and some featured ghost hunt locations that I attend. This magazine is dedicated to the field and the paranormal community. I so hope you enjoy it and will be looking forward to your submitted reviews, stories, content and more.



PAUL WELCH
The Spirit Warrior

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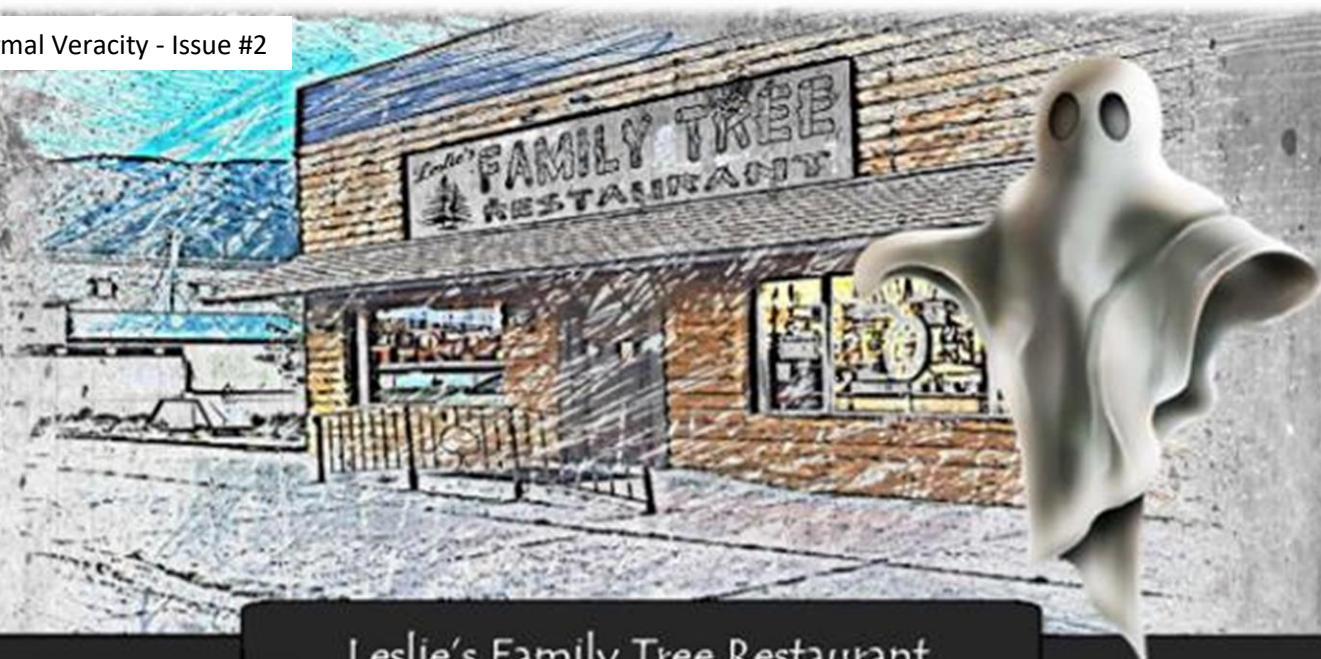
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Paranormal Investigations Vs. Ghost Hunting

Written by: Tim Stillman & Nate Tooley – Mountain West Paranormal

What is the difference between paranormal investigation and ghost hunting? First to define each of them:

Paranormal Investigation: (As defined by “The Free Dictionary”) *Beyond the range of normal experience or scientific explanation.*

Ghost Hunting: (As defined by “The Free Dictionary”) *The process of investigating locations that are reported to be haunted by ghosts.*

Now that we know the difference between the two, we can begin to delve deeper into what actually makes them differ. A ghost hunt, in general, starts because someone from a Paranormal Investigation Team has heard about a location from a friend, colleague or family member and they feel the location needs to be investigated. The investigators gather up their team & equipment, contact the owner of the location to be investigated, and then start doing research. Yes, I said, “start doing research.” This is where you really begin to see the difference between an “Investigation” and a “Ghost Hunt”.

A good Paranormal Investigation Team will begin to do research well in advance before coordinating a “Ghost Hunt”. There are people to contact, eye-witnesses to interview, equipment to prepare, all the way down to getting driving directions to the location. A thorough team will even complete their preparations by doing a site survey. There are things to consider: parking, safety of the team & guests, entry/exit points, etc. Only when all of this is complete will an

Investigation Team start to coordinate an actual “Ghost Hunt”.

So, what is a “Ghost Hunt”? Well, a ghost hunt is what a Paranormal Investigation Team sets up for guests to join. After the team has done their research and found it to be a viable location, they will generally call up their friends who are interested in the paranormal and invite them to attend a ghost hunt. The Investigation Team will usually split up into small groups, each with a fixed number of invitees in order to carry out the investigation. Keep in mind that normally these “invitees” have no idea how to conduct an investigation. This is where things get a little tricky in the paranormal investigation world. Let’s discuss some common misconceptions involving ghost hunts:

1. Will I see a ghost? Probably not! Plain and simple. 99% of ghost hunts are simply walking around in the dark, carrying some sort of recording or EMF device (Electromagnetic Frequency), and talking to yourself.
2. Why do Investigation Teams charge people to attend their ghost hunt? The simple truth of this, is that the owner of the property, charges the

Team to come visit their home or business. Therefore, the team charges their guests a small fee, to recoup their costs. It *IS NOT* to make money, trust me!

3. How long does it take to do the research after a hunt? We figure on average, for every hour of footage, you can expect 3 hours of going through it.

4. My friend has gone on 3 ghost hunts before and they capture something every time, why can’t I? Well, my friend, that is because the team he hunted with most likely believes that EVERYTHING they capture is paranormal. IT ISN’T! Of all the years I have been investigating the paranormal (about 6 years now), only 1 or 2 instances have occurred that I would truly consider paranormal activity.

Continued on page 5

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Paranormal Investigating Vs. Ghost Hunting (cont)....

However, many Investigation Teams want their guests to have fun at their hunts so they consider most of what they find to be paranormal. This also tends to keep people coming back to their hunts.

Our goal, is not to assume that everything is paranormal, but just the opposite. We assume that everything has a scientific explanation, not until we have ruled out every possibility do we consider it to be a possible paranormal act.

In summary, a paranormal investigation is generally a group of people, that really believe that there are possible paranormal acts, but that most of the time they can be explained. Whereas a ghost hunt is designed to allow skeptics or just the interested public to attend an investigation.



Fred Vega of SAPA Spiritual and Paranormal Assistance

GhostStop
Ghost Hunting
EQUIPMENT

The image shows the GhostStop logo, which includes a cartoon ghost character. Below the logo, there is a photograph of various ghost hunting equipment, including a flashlight and a camera. At the bottom, the website address "www.GhostStop.com" is displayed.

Fearing Death at Mackay Mansion

BY PAUL WELCH

On a recent trip to Virginia City, Nevada; myself, along with five other investigators (Zach Watters, Zackary Stone, Cory Broadhead, Jerry Hone, Dave Dalling) were out filming for an upcoming documentary called ***Shadows of Silver City***. We took some time exploring town, shopping, and filming our adventure as we waited for the night's investigation at the Washoe Club.

After checking out several of the shops in town, we headed down to the old St. Mary's In the Mountains Church. A few of us decided to venture into this amazing building to film a little extra footage for the documentary. While the others seemed to adjust to the surroundings, I started feeling a little uneasy after just a few minutes inside. So, I quickly decided to film for a few more minutes and then run out for some fresh air.

After our visit to St. Mary's, we made our way back up one of Virginia City's steep roads heading up to the main strip called C Street. Once we arrived, we continued our journey down the old wooden plank sidewalk, stopping every once in a while, to check out one of the many stores that

Virginia City has to offer. We made it down to the Bucket of Blood Saloon and stopped in for a quick rest and to get out of the August heat. Cory ordered up a Bloody Mary while the rest of us relaxed, took bathroom breaks, and got our body temperature's back into the normal range.

Once we felt rested enough, we crossed to the other side of C Street and approached the Red Dog Saloon. If you have not guessed by now, this small old mining town turned tourist and ghost hunting attraction has many saloons in the old buildings that sit right on C Street, serving up food and spirits (and not just the kind you drink). The smell of pizza coming out of the Red Dog Saloon was mesmerizing, and we just knew our stop there later to meet with some locals would be an adventure.

Getting away from the pizza aroma and heading back up the opposite side of C street, we got a chance to venture into the many great gift shops that run along the west side of the street. Along that side is a strip mall, of sorts, with just about anything you can image from old toys, collectibles, souvenirs and even clothes and

western wear. We also stumbled upon a Raggedy Ann doll that is just like the one named Annabelle in the Warren's Occult Museum. Cory wanted to get a quick picture with it, so we stopped in and also rummaged through the many other weird items for sale.

Continued on page 7



Continued from page 6

By this time, the group had mostly split up with three of us venturing ahead of the rest. We began heading south to get back to our vehicles, but first we made a quick stop at the location where we'd be investigating for the night...the Famous Old Washoe Club! We only spent a few minutes in the Washoe Club looking around some before we started thinking of lunch time and where we should go to relax while killing some time.

From our viewpoint on C Street we looked down below and saw a gazebo with a table and chairs that we could go hang out at for a while and rest our tired feet. Once we got down there, we soon realized that it just so happened to be on the property of another known haunted location, the Mackay Mansion.

We broke out our cooler and goodies and started getting some food in our bellies that would tide us over until we have dinner later that evening at the Red Dog Saloon. With thoughts of the delicious pizza aroma we smelled earlier on our minds, we each had a sandwich and some chips and enjoy our little spot in the shade as we watch the chickens oddly roam the grounds with no fear of coming close to us.

Once lunchtime was over, we packed up the cooler and got back up to the street where our vehicles were parked. Zach, Cory, Zackary and myself decided that we wanted to take a tour of the old Mackay Mansion while we were there. We figured, "Why not? It's already right here at our feet!" As we approached the front steps leading to the porch, there appeared to be a younger gentleman sitting on a chair outside ready to greet us. I figured he must be our tour guide and I was correct in that matter.

He appeared to be a teenage kid with his baseball hat to the rear, so I

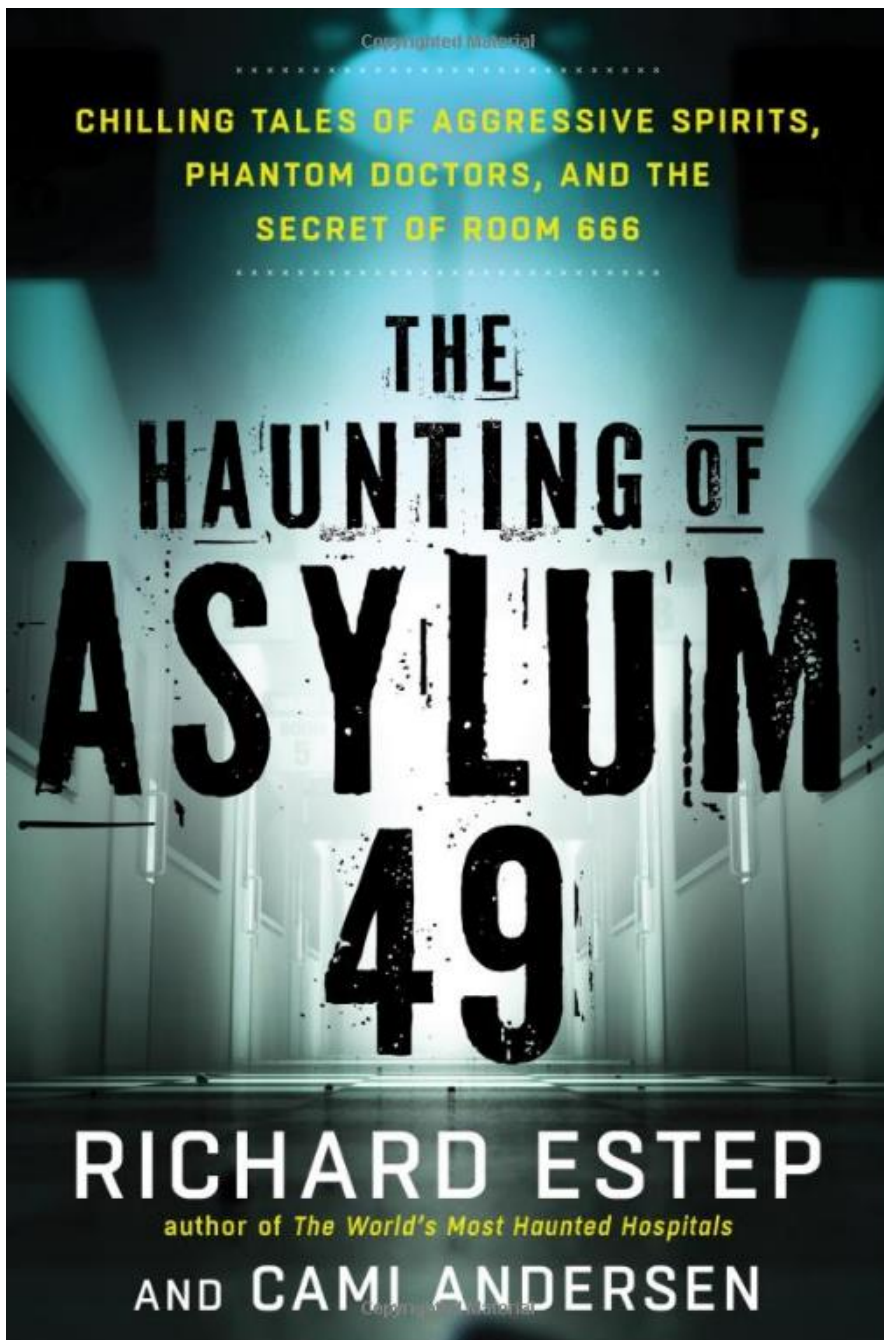


was a little worried about the details we might receive on the tour. Regardless, we all handed the young man our money and he started going into detail about what the mansion was used for in town, who currently owned it, and a little history about some of the events that happened there in the building. I was quite surprised that he did not mention any stories of ghostly experiences that he or the guest may have experienced or has been during the tour. I was already aware that the building was known to be haunted.

We continued over to the next room where we see even more old antique furniture, sectioned off by a rope. The tour guide spends about 10 more minutes telling us the history of the mansion and some of the goods and antiques we see laid out before us. At the end of his lecture, another group of people entered the front door of the building looking for a tour. Our gracious tour guide instructed us that we could wander the remainder of the mansion on our own as he saw to his new group of guest.

As the tour guide left the room and shut the door behind him, we decided to head over to the staircase. Meanwhile, Cory, Zach and Zackary stand at the bottom of the stairs heading up to the 2nd floor, I start filming down the flight of stairs that led to the bottom floor. We did not bring any equipment with us other than a couple of camcorders and the Echovox application on Zach's mobile device. Just then, one of the guys asked me what I was doing, so I informed him that I was just filming some extra footage of the stairwell. Little did we know at this exact time that we also caught a class A EVP on my camcorder.

Continued on page 9



Customer Reviews

★★★★★ 13

4.8 out of 5 stars ▾

★★★★★ **A must read for any paranormal investigator!**

By [Abelino Z.](#) on September 9, 2016

Having been to Tooele hospital multiple times, as soon as I found out that this book was being published, I knew I must have it. It answered a lot of the questions I had about experience's I've had there, it also makes me want to go there again and again!!!! This book is a great read for any paranormal investigator as well as a non-believer. You will not be disappointed!

★★★★★ **You won't be able to put it down!!**

By [Amazon Customer](#) on September 9, 2016

This book is simply amazing. I read it 2 days, and have read it twice more. It is well written, and totally captivating. Reading about the owner's experiences, to the authors and their team's experiences, I couldn't put it down. As a paranormal investigator myself, I can say The Asylum never disappoints. Richard, and Cami, you have to write another book! Even if you aren't into the paranormal, this book is a must read!

★★★★★ **Great read!**

By [Dustin B.](#) on September 24, 2016

This was a very difficult book to set down after you start. It hooks you and you just want to finish. I would recommend this book to everyone!

The Haunting of Asylum 49

Join paranormal investigator Richard Estep and Asylum 49 owner Cami Andersen for a behind-the-scenes insider tour of one of the world's most haunted hospitals. Meet the ghostly children who like to tease unsuspecting visitors and the angry ER doctor who insists on things being done his way...or else. Explore the maze, home to a malicious dark entity named "The Guardian," and meet Jeremy, who died of severe burns and whose appearances are heralded by the smell of lingering smoke. These and the many other restless spirits have their own stories to tell, their own reasons for continuing to haunt the darkened rooms and shadowy hallways.

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Fearing Death at Mackay Mansion cont...

One of the boys asked out loud: "Where are we?" only to get a funny response from Cory because for a second she wanted to say Bobby Mackey's. I then followed the other three upstairs to a narrow hallway which, surprisingly, didn't have very much space. It was almost like an illusion in your mind because you could almost swear the building was so much bigger than what it really seemed. It was a mansion, after all.

I finally wrapped my mind around the small size of the upstairs, and I could see that Cory, Zach, and Zackary had all ventured to peek into the individual rooms that sit on each side of the narrow hallway. My mission was to shoot some extra footage for our documentary, so I begin filming into each and every room, slowly moving the camera around. Once again, there were barrier ropes preventing us from wandering into the rooms, so we just stayed at the doorways filming into each one. Still breathing a little heavy from the trip up the stairs, I found it difficult to keep the camera as steady as I would have liked. I reached the very end of the hallway and panned



John W. Mackay

into the bathroom as the two men started up the Echovox to do a quick session upstairs.

The bathroom was quite amazing with the old tub and an old dusty clawfoot stove. It really gave you an idea on how bathrooms must have been back in those days when they must have used the stove to both heat up the water, and to keep the room warm while bathing. There was also a toilet but I was pretty sure that was not part of the original building and added much later. As I panned across the bath room with my camcorder, I started to feel severe pain in my chest in the spot my heart is located. I wasn't too alarmed, at least at first, so I continued to film the upstairs.



Before I knew it, the pain increased tenfold. Sweat started pouring from my head and I started to feel a little faint. Knowing I have health issues, I began to feel that I might be in some trouble. The pain in my chest felt so intense I was almost positive I was experiencing a heart attack. I could only think of the two investigators we left outside resting with the vehicles and how that would be my ride to the hospital. I didn't want to alarm the others who were in the building with me (or interrupt their experience in the Mackay Mansion), so I headed downstairs to exit the building through the bottom floor.

Continued on page 10

Fearing Death at Mackay Mansion cont...

There was only one room that was roped off on the first floor, which was a formal dining room to the left. Based on the fact that I hadn't seen a kitchen, I surmised that the doorway in the back of the dining room probably led to the kitchen. I only quickly glanced into the dining room before exiting the building through the doorway on the bottom floor. Once I passed through the threshold of the doorway and reached the outside, I realized my symptoms suddenly lifted and I felt just fine. No more chest pains or unexplained sweating! I walked through the yard and past some of the property's wandering chickens to get back to the vehicles and wait for the others to get done checking out the mansion.

After about 10 minutes, the others regrouped with us and decided to head over to the Silver Terrace Cemetery. I chose not to go along to the cemetery as I was still shaken from my experience inside the Mackay Mansion. I was still worried about pushing myself in the August heat and hiking up the hill the cemetery has. I thought some time alone resting in the vehicle would give me a moment to reflect upon the experience I'd just had. I silently contemplated whether my scare was due to my health issues or whether something else was at play. Not even the investigation at the Washoe Club later that night would make me forget about what happened earlier that day while inside the Mackay Mansion.

After returning home and going through my video clips, I find a couple of class A EVP's that chilled me to the bone. The one I captured as I filmed the stairway was a male voice saying: "Behind You." This was also caught



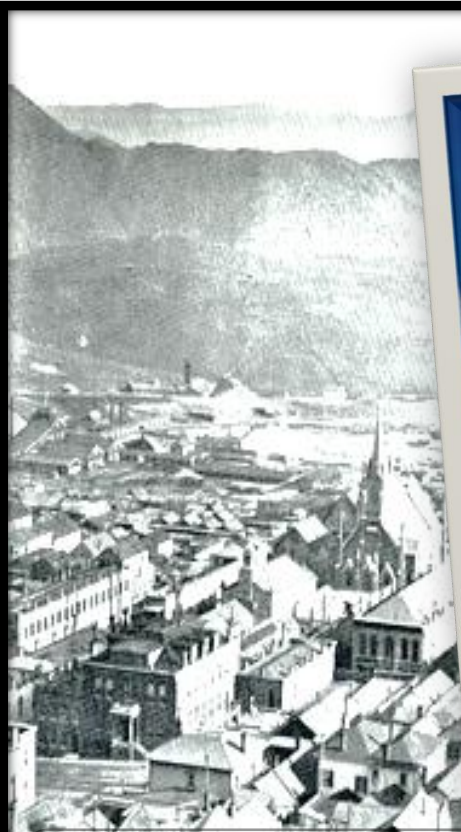
on my camcorder and came across just as loud as the other human voices in the room. Being quite familiar with the voices of the people I was with, I knew it was not any of them speaking. Realizing this gave me the goosebumps, because apparently, a male spirit was attempting to make us aware he was right there behind us.

It turned out that we also caught another class A EVP upstairs while filming the bathroom. This time it was a female voice that said the word "Leave." Once again, it was also captured on the camcorder audio and it was not in Cory's voice, but loud enough to match the volume level of the voices of the living. This last EVP was the one that most concerned me due to the fact that it occurred at the exact moment I start experiencing the chest pain and other symptoms. So, I instantly felt like I was either purposely attacked by a spirit or possibly even picking up on the pains of the person that got shot in the chest while attempting to rob the safe located downstairs, many years earlier.

The experience I had at the Mackay

Mansion has given me a huge wakeup call when it comes to investigating the paranormal. I realized my own vulnerability and that I need to take a little more caution when investigating. Normally, I've never been afraid to wander off on my own in a haunted location, but I now consider the consequences before doing so. I think this experience will forever live with me as it was the only time I felt physically forced to leave a building. It made me aware of the possibility that spirits could even cause the death of those in the living. I know I must go back and find out what it was I experienced upstairs that day. With the help of some local friends I will get my chance in February upon my return to Virginia City. One day soon I am hoping to walk away with the answers I seek.

By: Paul Welch



Picture by: Flickr/Tom Hilton

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MICHELLE LE BARON

THE GHOST MAGNET

Michelle is a force to be reckoned with in the Paranormal with her contagious attitude and awesome personality. Living in Reno, Nevada she is just a quick hop, skip and a jump from one of the most haunted cities in America giving her plenty of opportunity to polish her investigation skills in the most sought after locations. I decided she is the perfect person to throw some questions at for issue #2.

Paul - What got you started down the path of becoming a paranormal investigator?

Michelle - Well, the Paranormal has been in my life forever. I experienced an event at the age of 12 that really got me wanting to know more about the realm of the unexplained. But what really got me interested in becoming a paranormal investigator was when I went to an event in Virginia City, Nevada on December 10, 2010 at the Old Washoe Club. Mark and Debby Constantino and David Schrader were there, along with my mom, my sister, myself and about five other people. I watched first-hand how they investigated and they did a lot of really cool stuff.

It was such a special experience because I was able to investigate with David, Mark and Debby, who I had all watched-on Ghost Adventures before, of course. I was able to learn a lot of great investigative techniques

during the time we had together. And, because it was such a small group, it was really hands-on and it truly meant a lot to me.

That night, I also felt my first physical touch there, kind of like a cat was purring and going in and out of the bottom of my legs. Debby even validated my experience by telling us that she once felt an unseen cat sit down on her lap there during a prior investigation. Which, I had no idea until then that she even had that experience before. It was an amazing night, to say the least.

After that, I started going to other small paranormal events and at one of them I met up with the Cali Ghost Girls (now Brentwood Ghost Tours). I ended up going with them back to the Washoe Club and heard my first disembodied voice.

At that point, I decided I wanted to join a paranormal investigation group. I had previously met Richard St. Clair the same day I investigated with the Constantinos and David Schrader; so, I contacted him to see if he had an opening in his group, *Empathic Paranormal*.

He said he didn't have any openings but that he knew some others teams that might be interested in having me on board.

I put out applications to a few of the teams he mentioned. But, I was overlooked by some of them. Finally, one group called *Ghost Posse* called me back. That's when I really started doing a lot of paranormal investigating, and those were mostly residential cases.

Continued on page 13



Paul - Can you tell everyone how many years of experience you have in the field of paranormal investigation?

Michelle - I have six years of investigating experience total. I was with the Ghost Posse for about three years and I've been on my own for the last three years.

Paul - Has any location frightened you enough to not want to make a return visit?

Michelle - No. Anything that's really scared me has made me want to go back! I have definitely been frightened before, but I have never not gone back to a place that has scared the shit out of me. You, know, because I want answers! I want to know what it is, and why it's doing what it's doing, and why did it scare me?

At the Washoe Club, I've been rushed, I've been scratched. I've had a lot of scary experiences there, but I keep coming back. But, as far as scare factor for me, it's really kind of a toss-up between the Washoe in Virginia City, Nevada and Preston Castle in Lone, California.

While investigating the Preston Castle this past August, 2016, I was attached to by a spirit who said he wanted to kill me through the spirit box communication device we were using. A man's voice came through and literally said, "Kill Michelle." I was also physically grabbed by my arm during that investigation which caused bruising that I have pictures of. This entity was nasty, following me everywhere, and it finally just got to me and attached itself to me.

On the way back home from California to Nevada, I took the wrong road and ended up on a steep mountain highway during bad weather. Instead of taking the right way, Highway 80, I honestly feel this entity took me out to highway 88. He was trying to put me in a dangerous situation. The drive home was almost just as scary as the investigation. It was snowing like crazy, and there were even avalanche warnings. I was really freaked out! But, luckily, I made it home safe.

I still didn't feel like myself even into the next day. My eyes seemed darker than normal, I was having trouble sleeping, and feeling extremely drained. I truly felt tormented. Even my mom, who is extremely intuitive and spiritual called me the next day and said, "Get rid of it!" Somehow, she knew I was attached to by a dark entity. I realized then that I needed to cleanse myself and release him.

I went out into a field where there was nothing around me. Then, I went into a meditative state and smudged myself with sage. I ordered the entity to leave my body. I yelled it out and screamed it out! It finally left.

But, even after that, I would still go back to Preston Castle in the future. I know exactly what I did wrong, which is a mistake many paranormal investigators make. I didn't spiritually guard myself, beforehand. I was too open, and the dark entity took advantage of that. But, I will be fully guarded next time I go in. I actually learned a lot from that terrifying experience.



On the way back home from beforehand. I was too open, and the dark entity took advantage of that. But, I will be fully guarded next time I go in. I actually learned a lot from that terrifying experience.

Paul - You're a lone wolf investigator, by choice. What made you decide to leave a team and go about paranormal research on your own?

Michelle - As I said, I was with Ghost Posse for about three years. During my time with that group, I taught myself a lot of great investigative techniques. I eventually became a Lead Investigator with a couple of people under me. But, being in a group, I felt I wasn't able to branch out and meet new people and learn different things. Now that I'm a lone wolf, I can do whatever I want.

Continued on page 15



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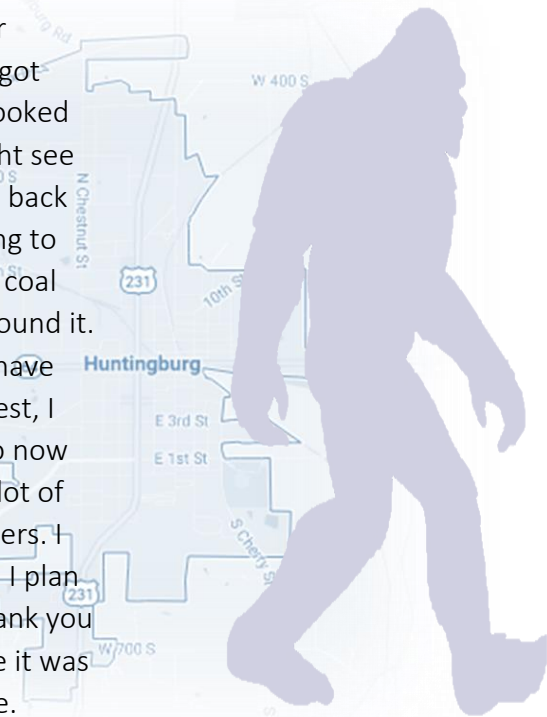
My Bigfoot Story

Written by: Jackie Krohn



My name is Jackie Krohn. I was fourteen when this happened. I live in Huntingburg, Indiana. It was August of 1976 and it was a hot day. I rode my bike on the back roads. Back then that's all we had to do. There was an old bridge. The trees had grown over each other. I was throwing rocks in the little stream. It was cool there. Then when you get that feeling someone or something is watching you. As I looked up it was about six trees down there he stood. I wouldn't believe what I saw it was bigfoot. He was seven and a half to eight feet tall. We stared at each other. I wasn't scared because bigfoot wasn't looking to hurt me. More curious than anything. I heard something behind me so I turned for a

second. When I looked back over bigfoot was gone just like that. I got back on my bike. As I rode off I looked at the high grass. I thought I might see him but I never did. I never went back until a few years ago, I was hoping to see something. Well I didn't, the coal mines have dug all the woods around it. I live about five minutes away. I have been out there once. A state forest, I never saw anything out there. So now I'm into bigfoot groups. I have a lot of friends who are bigfoot researchers. I do not like the word hunting. So, I plan on going out again real soon. Thank you for reading this. And yes, it's true it was a bigfoot. We have no bears here.





MICHELLE LE BARON

THE GHOST MAGNET

Continued from page 13

Paul - Do you have a favorite location you like to investigate, and why do you consider it your favorite?

Michelle - Well, it's got to be the Washoe Club, because I have a tie there. The ghosts know me. They call me out by name. I feel like I've been there before and that in a past life, I was someone who was involved with the Washoe Club. I'm not sure what it is, but I definitely have a tie there. And, it calls me. I've done 10 formal paranormal investigations there and countless numbers of informal investigations.

Paul - If you could choose any five locations to investigate in the world (at no cost) what would be your five must-see places?

Michelle - Waverly Hills, Trans Alleghany Lunatic Asylum, Pennhurst, The Japanese Suicide Forest. Finally, I'd love to go to Scotland and Ireland to investigate some castles.

Paul - Some have called you The Ghost Magnet. When and how did that nickname come about?

Michelle - It just kind of came about kind of through everyone! People I investigated with and friends on social media began to see my paranormal evidence I would collect and share, and they all just started calling me that. More and more people wanted to investigate with me after seeing my evidence. The nickname just kind of stuck with me, I guess. Kind of like a magnet. (Laughs).

Paul - Have you ever thought about expanding your paranormal toolbox and get into something like demonology?

Michelle - Yes, I have! I definitely want to study Demonology and I want to become a Demonologist, eventually.

I've really been thinking that Demonology is the next thing in line for me to study. I've had experiences with things that are completely unexplainable, like a possession, and it kind of traumatized me. I didn't understand it, but I *want* to understand it. And, if a haunting is demonic, I want to be able to decipher that.

Demonic entities have different intentions than what I would call a high negative haunting, but they have similarities, as well. I want to be able to determine whether an active paranormal situation is demonic in nature, or not.

So, like I said, there are two different types of dangerous and

intense hauntings, the high negative (ghosts of humans) and the demonic (non-human). With more knowledge of the demonic realm, I can make my recommendations for cleansing the location.

I won't be able to do an exorcism, because that's the priest's job. But, I'll be able to say whether we need to get a priest in, or not. Currently, I don't like making those decisions because right now, I don't know if it is, or it isn't. So, yes, I do definitely want to study Demonology.

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MISH

Paul - Has there been an investigation where you no longer felt safe to stay in the building? If so, please explain...

Michelle - There was a time I was with a bunch of people at the Washoe Club and people were getting scratched, tugged, and also feeling like they were getting attached to by entities. It's not like that all the time, really. It's just like that certain days, or nights. People go there for overnight investigations, and who knows what some of them are doing!

Some of them could be conjuring more dark entities than what's already there! Using Ouija boards, or worse. Who knows? It just wasn't a good thing that we were dealing with. My anxiety was through the roof. It was just so chaotic.

There was this sound we all heard and also captured of a woman screaming out in the street for help. And, what the dark entity was doing, was it was herding us. We were all huddled up going down the halls together. It was so crazy! So, one of the investigators finally decided to call it off. And, we all agreed so we went downstairs to the museum and we were done.

But, even having experienced that, I was back at the Washoe the next weekend. But, the thing is, is that it's different all the time. It's awesome one minute, it's quiet the next. Then it's chaotic after that. But, you never really know. It's kind of a gamble. And, the place was a gambling establishment at one place. So, go figure! The level and

intensity of the paranormal activity is not the same all the time.

Paul - Public ghost hunts...love them or hate them?

Michelle - I like public ghost hunts in the way that you get to see and meet a lot of new and different people. And, also, I get to see people again I've already met and love. But, I don't like them because there's so many people there that you can't really get good evidence due to a lot of contamination.

I also love paranormal conventions and listening to the speakers and learning new things. But when it comes to the investigations, I tend to stand back and watch more than actually participate. Unless I'm the one leading the investigation, of course. But, again, the downside is always that there's just too many people and too much contamination of evidence.

I prefer public investigations with smaller groups, even if it costs more money. I'd much rather do that than these big huge investigations. You just can't get shit! You can't say something is definitely an EVP or not, for example, because it's most likely a living person contaminating the evidence.

Paul - Do you have any advice for someone looking to become a paranormal investigator?

Yes. Get some training and do some research. Find out what your skills are. Also, figure out what types of basic equipment you want to start with, like a camera and digital voice recorder. And, very importantly, learn how to debunk and

troubleshoot. If all else fails, throw it out.

It's good to be a team player, and be able to work well with others; along with being open-minded and level-headed. I'd say it's also very important to learn how to manage your fear, be confident under pressure, and maintain a calm demeanor every single time you investigate. Finally, learn about spiritual protection methods. Those are more useful than you may realize, as I've learned the hard way. Even if you aren't a spiritually-minded person, you'd be surprised how helpful it can be.

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