# ATHOUSAND WAYS TO BE INSPIRED

**CONTAINS ONE THOUSAND:** 

SUCCESS QUOTES
INSPIRATIONAL QUOTES
THE OPTIMIST CREED
FOOD FOR THOUGHT
EXPRESSIONS BY THOUGHT LEADERS

**PURE LIFE COMPANION** 

### A THOUSAND WAYS TO BE INSPIRED

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### Introduction

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This ebook contains one thousand of the best success quotes, inspirational quotes, food for thought, optimist creed and expressions from inspiring thought leaders to get you started on a positive spirit each day.

Whether you are looking for daily inspiration for your personal life or to inspire your team, A Thousand Ways to be Inspired is your right companion. These carefully selected healthy quotes will keep you in cloud nine and help you through major challenges in your life.

"Anything in life worth having is worth working for." - Andrew Carnegie

Again, this is a clear reminder that there are no shortcuts to any lasting gains. If it's a college degree you desire, a rewarding relationship, a successful business or career, or to enjoy optimal health, then it's totally up to you to choose if you're ready to give what it to takes to achieve those things. If you so desire them, then it's worth working for.

2.

"Success often comes to those who dare to act. It seldom goes to the timid who are ever afraid of the consequences." - Jawaharlal Nehru

Courage is not the absence of fear but the acknowledgement that there is something more important. Truth is that you have everything to gain when you act confidently and not give in to fear. On the other hand when you give in to fear, you have little to gain. Oftentimes, the comfort of a mediocre present is often preferred than the adventure of becoming more in the future

3.

"Success is never ending, failure is never final." - Dr. Robert Schuller

This quote reminds me of the potential capacity of every success to create ripple effects. In other words to replicate itself. Every success tends to replicate itself and lead to more successes when the right principles are applied and followed.

On the other hand, any failure is never final but can serve as a pedestal to achieve something even greater than was initially aimed for, if only we are careful to learn from them, rightly apply the lessons and try a different approach to create the success we desire.

Here's an interesting observation made by Napoleon Hill in his great book, *Think and Grow Rich*, "**No man is ever whipped, until he QUITS—***in his own mind*."



"I just love when people say I can't do something because all my life people said I wasn't going to make it." - Ted Turner

Again, another reminder to steer clear of the cynics and naysayers. Make no mistake; a negative attitude is very contagious and you really do not want to catch it by allowing yourself to sit long enough with the cynics and naysayers. Their association does more harm than good to your dreams and goals.

They have the habit of discovering just another reason why it will not work out. My advice: steer clear! Do not even share your plans with them, especially when you're are at the early stages. They can kill it before it sees the light of day!

5.

"Great thoughts speak only to the thoughtful mind, but great actions speak to all mankind." - Emily P. Bissell

A dream will only remain a dream when there is no conscious effort to transform it to become reality. So wake up from your dream and take action! Thank heavens we have the dream, but it is only useless if it is not transmuted into its physical form or reality. The only solution lies in taking conscious action while we enjoy the process!

6.

"Obstacles are those frightful things you can see when you take your eyes off your goal."
- Henry Ford

There is a remarkable Iesson I came to understand from the training of race car drivers. And that has to do with focus. During this all important training, race car drivers are taught that their cars will always move in the direction of where they direct their gaze

during a race. Which means, if out of fear or any other circumstance, they direct their gaze on the wall then they will move towards the wall and risk crashing. On the other hand, when they keep their gaze fixed on the track, even if they had skidded off the track, they will always find their way back to it.

The same applies to us. When we lay our focus on the obstacles and linger on them, then we risk giving up because the fear of where we are and we where we ought to be, seem to consume us. On the other hand when we keep our gaze fixed on our goals and always keep the desired end results in mind, then even if we had made a mistake or encountered a setback, we will find our way back to achieving them.

7.

"It takes a strong fish to swim against the current. Even a dead one can float with it." - John Crowe

A muscle gets stronger, when it is put to use and exercise. Otherwise it remains placid. We cannot take anything away from the positive impact of experiences in our lives. This is what makes us stronger, and all the wiser, to meet with and excel in varying life's adventures.

8.

"You will never find time for anything. You must make it." - Charles Buxton

Several things are always vying for a moment of our 24 hours each day. Such things as family, work and associates, leisure, etc. So then how do you give audience to these things; you simply make time for them. Be mindful though of activities that fall into the category of time wasters.

"Remove failure as an option." - Joan Lunden

As mentioned earlier. Failure is never final but can be used a pedestal to achieve mindblowing and life-transforming results, when we learn from them, rightly apply the lessons from the failure situations, and try a new approach to create the success we desire.

10.

"There is no one giant step that does it. It's a lot of little steps." - Peter A. Cohen

A journey of a thousand miles begin with a step, facing the right direction. As Peter Cohen rightly observed; no one giant step does it. It can only be achieved through a lot of seemingly insignificant little steps and efforts in the seemingly insignificant areas. However, it is rather interesting to note that without the little efforts and contributions of those seemingly insignificant areas, you find that the whole becomes incomplete. Or worse, there will never be a whole.

When a child is born he learns to turn over and then to crawl and then to walk and run. The steps simply can't be skipped!

It is the sum of the little efforts that creates the giant outcome. Leave out the little steps and you end up chasing shadows.

11.

It's so hard when contemplated in advance, and so easy when you do it." – ROBERT M. PIRSIG

I never could have done without the habits of punctuality, order and diligence... the determination to concentrate myself on one subject at a time." – CHARLES DICKENS

13.

Your level of brilliance will determine the size of your opportunities in life.

14.

Success isn't magic or hocus-pocus, it's simply learning to focus.

15.

The life which is unexamined is not worth living – SOCRATES

16.

When you work, work, and when you play, play, don't get the two mixed up – JIM ROHN

17.

There are essentially two things that will make you wiser – the books you read and the people you meet. – CHARLES "TREMENDOUS" JONES

18.

THE ONE THING THAT SEPARATES WINNERS FROM LOSERS IS, WINNERS TAKE ACTION! – ANTHONY ROBBINS

19.

Having all the money in the world isn't much good if you can hardly get out of bed in the morning to enjoy it – AUTHOR UNKNOWN

20.

Oh, to be free from the stifling pressures of life – to rest, a peaceful slumber that will rejuvenate my soul – LES HEWITT



If you realize how powerful your thoughts are, you would never think a negative thought

– PEACE PILGRIM

22.

Some people enter our lives and leave almost instantly. Others stay, and forge such an impression on our heart and soul, we are changed forever – AUTHOR UNKNOWN

23.

Experience tells you what to do; confidence allows you to do it. – STAN SMITH

24.

## NELSON MANDELA IN HIS INAUGURAL SPEECH 1994

Experience tells you what to do; confidence allows you to do it. - STAN SMITH

For almost twenty-six of those years, he was confined to a prison cell because of his outspoken views about apartheid. During this time, Mandela's confidence must have been tested. It is a tribute to his faith and conviction that he ultimately triumphed and went on to be elected to his country's highest office.

Carefully read these words spoken by Nelson Mandela at his inaugural speech.

Our deepest fear is not that we are inadequate.

Our deepest fear is that we are powerful beyond measure.

It is our light, not our darkness that frightens us.

We ask ourselves, who am I to be brilliant, gorgeous, talented and fabulous?

Actually, who are we not to be?

You are a child of God.

Your playing small doesn't serve the world.

There's nothing enlightened about shrinking so that other people won't feel insecure around you.

We were born to make manifest the glory of God that is within us.

It's not just in some of us, it's in everyone.

And as we let our own light shine, we unconsciously give other people permission to do the same.

As we are liberated from our own fears, our presence actually liberates others.

He accepted the challenge and won and so will you win!

25.

If there is something to gain and nothing to lose by asking, by all means ask. – W. Clement Stone

26.

The miracle power that elevates the few is to be found in their industry, application and perseverance, under the promptings of a brave determined spirit. – Mark Twain

27.

If I'm ever on a life-support system I choose to be unplugged, but not until I'm down to a size eight! – HENRIETTE MONTEL

28.

For thins to change you've got to change. Otherwise, nothing much will change – JIM ROHN

29.

Someday when I grow up, finish school and get a job, I'll start living my life the way I want...someday after the mortgage is paid off, the finances are on track and the kids are grown up, I'll drive that new car and take exciting trips abroad... someday, now that I'm



about to retire, I'll buy that beautiful motor home and travel across this great country, and see all there is to see...someday. – ED FOREMAN

30.

Why hesitate?

Upon the plains of hesitation are the bleached bones of countless millions, who on the threshold of victory sat down to wait, and in waiting they died. – AUTHOR UNKNOWN

31.

This is the true joy – the being used for a purpose recognized as a might one. – George Bernard Shaw

32.

I'm not here just to make a living, I'm here to make a difference – HELICE BRIDGES

33.

To laugh often and much;

To win the respect of intelligent people

And the affection of children; to earn the appreciation of honest critics and endure

The betrayal of false friends;

To appreciate beauty, to find the best in others;

To leave the world a bit better, whether by a healthy child, a garden patch or a redeemed social condition; to know even one life has breathed easier because you have lived.

This is to have succeeded – RALPH WALDO EMERSON

"Shoot for the moon. Even if you miss, you will land among the stars." – Les Brown 35.

"Some of us have great runways already built for us. If you have one, take off. But if you don't have one, realize it is your responsibility to grab a shovel and build one for yourself and for those who will follow after you." - Amelia Earhart

36.

"Work like you don't need the money. Love like you've never been hurt. Dance like nobody is watching." - Mark Twain

37.

"What the mind of man can conceive and believe, it can achieve." - Napoleon Hill 38.

"There are no secrets to success. It is the result of preparation, hard work, and learning from failure." - Colin Powell

39.

"What lies behind us and what lies before us are tiny matters compared to what lies within us." - Ralph Waldo Emerson

40.

"Great works are performed not by strength but by perseverance." – Samuel Johnson 41.

"The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather a lack of will." - Vince Lombardi

42.

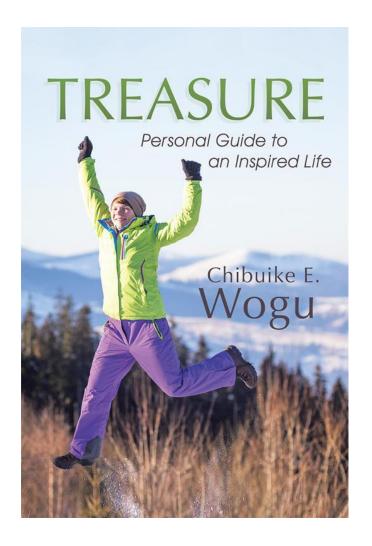
"The man who follows the crowd will usually get no further than the crowd. The man who walks alone is likely to find himself in places no one has ever been." - Alan Ashley-Pitt

43.

"It takes 20 years to build a reputation and five minutes to ruin it. If you think about that, you'll do things differently." - Warren Buffett



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44.

"Champions aren't made in the gyms. Champions are made from something they have deep inside them - a desire, a dream, a vision." - Muhammad Ali

"Dwell not on the past. Use it to illustrate a point, then leave it behind. Nothing really matters except what you do now in this instant of time. From this moment onwards you can be an entirely different person, filled with love and understanding, ready with an outstretched hand, uplifted and positive in every thought and deed." - Eileen Caddy

46.

"The critical ingredient is getting off your butt and doing something. It's as simple as that. A lot of people have ideas, but there are few who decide to do something about them now. Not tomorrow. Not next week. But today. The true entrepreneur is a doer." - Nolan Bushnell

47.

"Whatever you vividly imagine, ardently desire, sincerely believe, and enthusiastically act upon must inevitably come to pass!" - Paul J. Meyer

48.

"Keep away from small people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you too can become great." - Mark Twain 49.

"For anything worth having one must pay the price; and the price is always work, patience, love, self-sacrifice. No paper currency, no promises to pay, but the gold of real service." - John Burroughs

50.

"To be successful, you must decide exactly what you want to accomplish, then resolve to pay the price to get it." - Bunker Hunt

"You just can't beat the person who never gives up." - Babe Ruth

52.

"When you get right down to the root of the meaning of the word 'succeed', you find it simply means to follow through." - F.W. Nichol

53.

"Successful people are always looking for opportunities to help others. Unsuccessful people are always asking, 'What's in it for me?" - Brian Tracy

54.

"If you don't set goals, you can't regret not reaching them." - Yogi Berra

55.

"Success is achieved by those who try and keep trying with a positive mental attitude." - W. Clement Stone

56.

"I couldn't wait for success, so I went ahead without it." - Jonathan Winters

57.

"What we hope to do with ease, we must learn first to do with diligence." - Samuel Johnson

58.

"We do our best that we know how at the moment, and if it doesn't turn out, we modify it." - Franklin Delano Roosevelt

59.

"A Native American grandfather was talking to his grandson about how he felt. He said, 'I feel as if I have two wolves fighting in my heart. One wolf is the vengeful, violent one, the other wolf is the loving compassionate one.' The grandson asked him, 'Which wolf will win the fight in your heart?' The grandfather answered, 'The one I feed.'" - Blackhawk

"Enthusiasm is the steam that drives the engine." - Napoleon Hill

61.

"The winners in life think constantly in terms of I can, I will, and I am. Losers, on the other hand, concentrate their waking thoughts on what they should have or would have done, or what they can't do." - Dennis Waitley

62.

"Success in life has nothing to do with what you gain in life or accomplish for yourself. It's what you do for others." - Danny Thomas

63.

"Empty pockets never held anyone back. Only empty heads and empty hearts can do that." - Norman Vincent Peale

64.

"One man with courage is a majority." - Andrew Jackson

65.

"Not many people are willing to give failure a second opportunity. They fail once and it is all over. The bitter pill of failure is often more than most people can handle. If you are willing to accept failure and learn from it, if you are willing to consider failure as a blessing in disguise and bounce back, you have got the essential of harnessing one of the most powerful success forces." – Joseph Sugarman

66.

"Every achiever I have ever met says, 'My life turned around when I began to believe in me." - Robert Schuller

67.

"I don't measure a man's success by how high he climbs but how high he bounces when he hits bottom." - George Patton

68.

"One step - choosing a goal and sticking to it - changes everything." - Scott Reed



"Dependent people need others to get what they want. Independent people can get what they want through their own efforts. Interdependent people combine their own efforts with the efforts of others to achieve their greatest success." - Stephen Covey

70.

"I don't know what your destiny will be, but one thing I do know: The only ones among you who will be really happy are those who have sought and found how to serve." - Albert Schweitzer

71.

"Success is the child of audacity." - Benjamin Disraeli

72.

"Teamwork is the long word for success." - Jacquelinemae A. Rudd

73.

"Except and expect positive things and that is what you will receive." - Lori Hard

74.

"You measure the size of the accomplishment by the obstacles you had to overcome to reach your goals." - Booker T. Washington

75.

"In order to succeed you must fail so that you know what not to do the next time." Anthony J. D'Angelo

76.

"Those at the top of the mountain didn't fall there." - Marcus Washling

77.

"Motivation is what gets you started. Habit is what keeps you going!" -  $\operatorname{Jim}$  Ryun

78.

"I am enough of an artist to draw freely upon my imagination. Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world." - Albert Einstein

"Only those who risk going too far can possibly find out how far one can go." T.S. Eliot

80.

"It's amazing what ordinary people can do if they set out without preconceived notions."

- Charles F. Kettering

81.

"People who are afraid to fail can never experience the joys of success." - Pete Zafra

82.

"No matter how small, acknowledge the achievement." - Greg Henry Quinn

83.

"If you don't quit, and don't cheat, and don't run home when trouble arrives, you can only win." - Shelley Long

84.

"Put your heart, mind, intellect, and soul even to your smallest acts. This is the secret of success." - Swami Sivananda

85.

"The person who makes a success of living is the one who sees his goal steadily and aims for it unswervingly. That is dedication." - Cecil B. DeMille

86.

"One only gets to the top rung on the ladder by steadily climbing up one at a time, and suddenly, all sorts of powers, all sorts of abilities which you thought never belonged to you - suddenly become within your own possibility and you think, 'Well, I'll have a go, too.'" - Margaret Thatcher

87.

"It is in the small decisions you and I make every day that create our destiny." Anthony Robbins

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