



**MERE**

**AATMA  
KI  
PUKAAR**

**'CHAL AKELA CHAL'**



Creations of Dr Ram Lakhan Prasad

Homage to Saroj Devi

**SONGS OF MY SOUL**



# मेरे आत्मा की पुकार 'चलअकेला चल'



राम लखनसाद की रचनाएँ



उनके सरोज के लिए  
श्रद्धांजलि

**MERE AATMAA KI PUKAAR  
CHAL AKELA CHAL**

**MERE  
AATMA  
KI  
PUKAAR**

**“Chal Akela Chal”**

**Dr. Ram Lakhan Prasad  
Homage to Saroj**

**MY  
HINDI  
CREATIONS**

**By  
Lakhan  
For  
Saroj**

**‘CHAL  
AKELA  
CHAL’**

**Meri Shradhaanjali mere  
Saroj Devi ke liye:**



**‘Ham na kuchh hans ke  
seekhe hain  
Na kuchh ro ke seekhe  
hain  
Jo kuchh bhi thoda sa  
seekhe hain  
Bas Saroj ke ho ke seekhe  
hain.’**

# **‘MERE AATMA KI PUKAAR’**

## **‘CHAL AKELA CHAL’**

This is the Hindi version of the **‘Songs Of My Soul’** created regularly after the passings away of my beloved wife Saroj. This creativity was one of the means and ways of healing my sorrows and loneliness. Every piece was meticulously constructed compassionately whenever I had an urge to sing her praise to honour and pray for my Pretty Lotus. I had to use my own language of Hindustani because for me there were no other equivalent emotions in any other language.

This presentation will be published on various media for my friends, relatives and family members to ascertain the extent of our love and living over the last fifty five years. We had a few ups and downs in our life but my Pretty Lotus only guided me to move forward and upwards and enjoy our family life to the maximum.

She was my wife, my life and my God sent that Angel who tamed me and gave me a brilliant life. For all her guidance I salute my treasured companion. She will remain so for the rest of my life. Wherever you are, I love you darling.

**MERE AATMAA KI PUKAAR** ek mere naye rachnawon ya kavitawon ka sangrah hai jisko hamne apne swargiye patni Saroj Devi ke nidhan ke baad likhna shuru kiya tha. Pichale teen warshon mein hamne na jaane kitne kavitawon ko unke liye racha hai jisse hamko shantwana miley aur hamare mann ko shanti aur sukoon prapt ho. Yahi hamare liye ek aysa upay tha jisse main apne tanhaai mein unke saath hi rahen aur unse hamara taaluk waysa hi bana rahe.

Ham ne apne is uddeshy ko pura karne mein pure taur se kaamyab huye hain aur us manzil tak pahunch gaye hain jahan mera aur unka sambandh amar ho gaya hai. Wo maar kar bhi hamare saath hain aur yahi ek karan hai ki main aaj bhi jinda hoon warna unke viyog mein main kab ka guzar gaya hota.

Mere is vichaar ka namoona in rachnaawon ko padhne waalon ko in tamaam kavitawon mein milega jinko ham ne bade lagan aur chaahat se racha hai. Mere har ek shabdh mein gahraayi to hai hi lekin un sab mein ham dono ka atoot pyar koot koot kar bhara gaya hai.

Agar unka nidhan nahin hua hota to shaayad main apne aantrik prem ko is tarah darsha nahi pata kyunki wo mere paas hi rahti aur in sab bhavna purn shabdon ki jarurat ki nahi

padti. Ham to paraspar ek dooje ke liye apna pyar niuchhawar karte rahte. Lekin hamara viyog ham ko kavita ka sahara lene se majboor kar diya hai. Agle janam mein jab ham phir milenge to is adhoori prem kahaani ko poori karenge.

Tab tak ke liye main apne ayse hi bhavik rachnawon se apne dil aur dimaag ki sabhi muradon ki purti karta rahunga. Meri bhi jindagi bahut lambi nahin hai lekin jab tak yeh jeewan hai main unki aradhna mein bade prem se bita doonga. Yahi unki khwaahish thi aur meri bhi yahi tamanna hai.

Ham ne ek dusare se atoot pyar kiya tha, apna paariwarik kartavye nibhaya tha aur samaaj sewa kar ke apne sabhi muraadon ko pura kiya tha. Hamara koi bhi aysa ikchha nahi rah gaya tha jisko hamne pura nahi kar paya tha. Haan agar aur din wo jeeti rahti to mera bhi uddhaar ho jaata.

Kripaya in rachnawon ko padhiye aur agar in mein se koi shiksha nikalti ho to yeh mera saubhagye hoga. Yaad rahe pawitr pyar koi aasaan manzil nahin hai kyun ki us ke liye laakhon kurbaani ki aawashyakta hoti hain. Ham ne to apna pyar ko amar kar diya ab is sansaar ken aye peedhi ke logon ki baari hai. Chalo ham is duniyan ko apne pawitr pyar se bhar de aur sada khush rahen.



# **WAHI ZINDAGI PAA SAKOON**

**Main sapna aisa dekhta hoon ki  
aasmaan tak ja sakoon,  
Dua bhi aisa karta hoon ki rab ko  
paa sakoon,  
Rab mil jaaye to poochhunga main  
ki meri sanam kahan hai,  
Pataa milne pe unke paas jaaunga  
ya unko wapas laana hai.  
Yun to zindagi jeene mein bahut  
kam pal rah gaye hain,  
Lekin unko dhoondhane ki chaahat  
dil mein rakhte hain.  
Jeena aise chahata hoon ki har pal  
unke saath paa sakoon,  
Unka saath itna pyara tha ki main  
bhoool bhi nahi sakoon.**

# A GLIMPSE OF 1959

## BHULA DENA MUJHKO

(A poem found in the NTC Autograph booklet of Saroj of 1959)

Agar apne dil ke ek kone mein tu basa le  
mujhko,  
Main ho jaawoon tera gar tu apna bana le  
mujhko.  
Wafa ke naam pe main tera rahunga jeewan  
bhar,  
Teri saadgi par mit jaawoonga apne jeewan  
bhar.  
Apne aap ko main mita dunga gar tu na mili  
mujhko,  
Nacheez ka dil toot jayega agar na paaya  
tujhko.  
Sharab to sharab hai main jahar bhi pi  
jaawunga,  
Shart yahi hai ki tu thaam le baahon mein  
mujhko.  
Jata hoon safar pe apnese door na karma  
mujhko,  
Gar Lakhan ki yaad na aaye to bhula dena  
mujhe,  
Saroj ko bhulna namumkin hai ye maaloom  
hai mujhe.



November 1959

*Kavita sachi bhawnaawon ka ek chitran  
hai  
Aur sacchi bhawnaayen chaahe wo dukh  
ki hai  
Ya sukh ki, wo usi samay sampann hoti  
hain  
Jab ham dukh ya sukh ka anubhav karte  
hain  
(Munshi Premchand)*



# REPLY TO MY POEM BY SAROJ

Jaate ho safar pe to jaawo lekin yeh yaad  
rakhna,  
Intazaar karti rahoongi jab tak tum laut ke na  
aajaana.  
Hamne tumse pyaar kiya hai yeh koi khel  
nahin hai,  
Yaad rakhna yeh mere poore jeewan ka sawaal  
hai.  
Is duniya ke jhamelon se bachna yahi mera  
kahna hai,  
Mere laaz ko bachaa ke rakhna yeh tumhara  
kaam hai.  
Bhoolne bhulaane ki baat na karna ham ab ek  
dooje ke hai,  
Samay aane par bataa dungi ki mera agla  
kadam kaun hai.  
Intazaar ki ghadiyan chahe lambi ho ya chhoti  
ho,  
Is saagar ke do kinare jaroor mil jayenge  
chahe kuchh bhi ho.

(I received this in the mail in January 1960  
when I was teaching in Labasa and kept it in  
my wallet ever since.

@

## UNKA SANDESH

Mere preyetam tum hona na khaamosh kabhi  
Apne aankhon mein laana nahin nami kabhi  
Jo ho usko saaf saaf kah dena mujhse sabhi  
Apne sajani se kuchh chhupaana na kabhi  
Yaad rakhna ek baat hona na uddaas kabhi  
Apne safar mein mil jaayenge kabhi na kabhi

Kya hoga jab hamaara punar milan hoga  
pyaare  
Main tumhaare sabhi gamon ko churalungi  
pyaare  
Khud muskura ke tumko bhi hansa dungii  
pyaare  
Tumko khoob gudgudaawungi aalingan se  
pyaare

Phir bhi agar tere aankhon mein aansoo paaya  
To gale se tujhe lagaawungi ban ke teri saaya  
Tere har jasbaat ko apne sine mein sametungi  
Jaane na dungii door dil mein chhupalungi  
Bhool jaawoge sab gam tujh mein samajaungi  
Itna tumko hansaungi khud ko bhool jaaungi  
Paas hi rahenge main yaad bhi nahi aaungi.

@

**Mohabbat karo to aise insaan se karo jiske  
saath sada raha ja sakey,  
Mohabbat to aise saks ki talaash karti hai  
jiske bagayr raha na ja sakey.**

**Facebook par ya jindagi mein pachaas  
mitra banana aam baat hai,  
Lekin pachaas saal tak ek dost se mitrata  
nibhaana khaas baat hai.  
Ham dono ne ek dooje se itni gahri dosti  
kar li thi ki ek ho gaye the,  
Jab saath chhoota jigar ke na jaane kitne  
tukde ho gaye ham hataas ho gaye the  
Par ab dhire dhire jab apne sapno mein  
milte hain to kuchh theek lagti hai  
Sapne to sapne hain un mein sachchaai  
aur asaliat nahi hai.**

**@**

**Dher sa barf bhardo mere seene mein is  
aag ko bujha do,  
Judaai ke dard jo jalte hain unko kuchh  
kam to karaa do.**

**@**

# Jab Main Marunga Kabhi

Ham hanste rahe apne jindagi mein apni  
mohabbat par naaz tha,  
Jindagi jab charan seema pe pahunchi to  
dekha ye dil nasaaz tha.  
Mere naaraazgi ka sabab matt poochho yaaro  
dil pe chot lagti hai,  
Jigar mein naaraazgi aajaati hai jab dil par  
bijli girt padti hai.  
Dene waale ne khoob khushi dekar sab kuchh  
chheen li ye badkismati thi,  
Mere mehbooba ko hamse judaa kiya yeh meri  
badkismati thi.  
Mujhe rone se fursat mili to mujhe unki  
yaadon ne khoob sataayaa,  
Jitney aansoo bahaaya unke liye ye dil ne kisi  
se na bataayaa.  
Yeh judaai ko sahan kar loonga unko  
badnaam nahin karunga kabhi,  
Yeh to jaahir hai ki unse mulakaat hogi jab  
main marunga kabhi.



# Mohabbat Theek Se Kijiye

Mere sanam ne mujh se apna dil lagaya tha  
mujhko khoob lubha lubha kar,  
Jaane se pahele usne mujhse kuchh bhi na  
kaha chali gayi rula kar.  
Ab wahi mukaam aur nazaaren hain magar  
ham rahte hain unke firaak mein,  
Jigar par badi chot lagti hai meri aankhen  
chhalakti hain unke taak mein.  
Kisi aur ko bhi mere jaysi jindagi naseeb na  
ho mere doston,  
Mujhko jo jakham mila hai wo kisi dusman ko  
bhi na ho mere doston.  
Aaya tha unke aalam mein panah paane ke  
liye par ab bedeed ho gaya,  
Is chaukhat se unko bichhad jaane se to ab  
main ek mareez sa ho gaya.  
Khanzar chala dijiye seene pe par kabhi aysa  
gahra gham na dijiye,  
Mohabbat ek ibaadat hai keejiye jaroor, magar  
jara theek se kijiye.

@

***Yeh bhi tajurba karloon ab kuchh gham  
bhi utha loon main,  
Ab unko yaad rakkhoon ya khud ko bhool  
jaawoon main?***

@



# MERA BURA HALAT HO JATA HAI

Log poonchte hain to sunaa deta hoon apni  
dukhh bhari kahani laachaar ho kar  
Apne sanam ke judaai ke khaatir main bhi  
rahta hoon ek beemaar sa ho kar  
Maan lo mera kahana yaaro is jahaan mein ab  
apna dil lagaanaa chhoR do  
Jaa ke mere mahbooba se kah do ki ab mujh  
par aysa jurm dhana chhoR do  
Unka achhaanak bichhad jaana sataati hai  
mujhe hamari raajdaan ban kar  
Parwar digaar ne ujaad diya hai mera baag  
mera hi baagbaan ban kar  
Unko apna dil de kar apne hi jaan ko ab apna  
hi dushman banaa diya hai  
Pyaar ka lutf to uthaaya tha par muft mein  
aysi ye sadma uthaa liya hai  
Ab aankhon mein laakh asq hain, chehara  
maleen hai aur dil rota hai  
Mere sanam ki yaad jab bhi aati hai to mera  
bura haalat ho jaata hai.

@

***Unke bichhad jaane ka jakham ka daag hi  
ab rah gaya hai,  
Sah lena aasaan hai kyunki dard itna  
meetha ho gaya hai.***

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