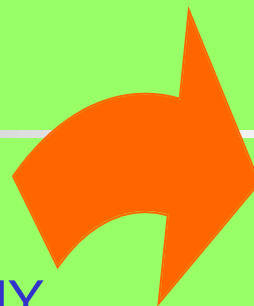


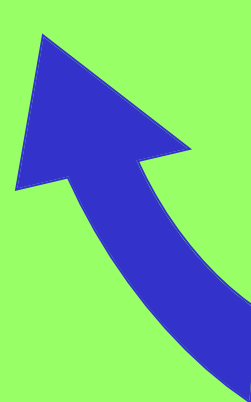
# THE BOOK

# OF SMILES



FUNNY  
STORIES  
COLLEGE TALES

SATTIRE



JYOTSNA LAL

[Jyotsna\\_lal@yahoo.com](mailto:Jyotsna_lal@yahoo.com)


Whatsapp no 87650717173




# CONTENTS

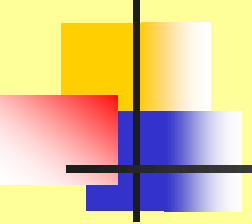
---


- THE COLOR RED
- HOW EMOTIONS AFFECT THE BODY
- COLLEGE STORIES
- THE MAGIC ALPHABET 'C'
- STORIES THE PICTURES TELL
- THE TAXI DRIVER'S TALE
- CHRIST CHURCH ROCKERS

- 
- I was born on a puranmasi or full moon day in the month of march. The month of march is dedicated to the fiery roman god Mars, who hails the coming of spring with his hammer by sending thunder storms. According to the Hindu calender, the festival “ HOLI ” falls on a full moon in the month of march . In India this festival marks the end of winter, the air loses its nip The mists fade and the sky is beautifully blue again. As a sanskrit poet says, the days that lay curled up, now stretch their limbs bit by bit .
  - It is a time for all fun lovers, it's an invitation to friend and strangers alike to enjoy themselves. Red or gulal is the base color, but the pinks, blues and yellow are great hits.
  - On this day, young and old play with colors, squirting it on each other, rubbing it on their faces, amidst much laughter and protest.

- 
- Faces take on the look of a multicolored canvas ,clothes look as though dyed in a dozen colors. Added to this air of gaiety ,a constant stream of jokes ,pranks , donkey rides and
  - Moorkha Sammelans: a gathering where a group of poets read out their funnypoems and satire in front of an audience.Many stories are told tongue in cheek ,jokes are cracked at the
  - expence of the audience.
  - I was born amidst such color and gaiety .I often attribute the artistic streak in me to the colors that surround the hour of my birth
  - According to the pundits or hindu scribes, it is a very auspicious day ,the gods smile on the child born on this day.



- 
- 
- My name " JYOTSNA" ( pronounced - Jo-t'-s-na) a sanskrit word meaning full moon
  - or bathed with moonlight ,proved to be a happy coincidence .The name was given by
  - maternal grand-mother Mrs E.P .Richards simply because she thought it was a beautiful
  - name.
  - My father's name is Austin Lal ,Mr Lal is as common in India as Mr Green or Brown in
  - england.The word " lal" in hindi means red or the base color gulal . It is by rather strange coincidence
  - that my name Jyotsna-full moon, Lal-red or gulal, agree to my hour of birth.

- 
- Red is the color of blood which flows down from the cross , the precious blood of our
  - saviour Jesus Christ , O' precious is the Flow , That makes us white as snow.
- 
- The blood of Jesus cancels out our sin debt and assigns us a new creation identity—the
  - righteousness of God in Christ Jesus (2 Cor. 5:21). This act of bloodshed will be celebrated
  - throughout all eternity. The song of heaven is the song of the Lamb (Rev. 5:11-13). He will
  - emerge as the conquering King and prevailing Lion of Judah (Rev. 5:5). Jesus eternally wears
  - the victor's crown.

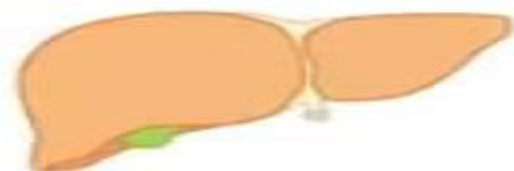
# TRUTH OF LIFE



**HOW  
EMOTIONS  
AFFECT  
YOUR  
BODY**

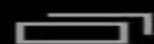
## How Emotions harm your Body?

Anger weakens your liver



00:03

00:55



# How Emotions harm your Body?

Fear weakens your kidney



00:28

00:55



# How Emotions harm your Body?

Worry weakens your stomach



00:17

00:55



# How Emotions harm your Body?

Grief weakens your Immune system



00:12

00:55





# How Emotions harm your Body?

Love bring in peace and harmony. Strengthens your mind and body.



00:34

00:55





# How Emotions harm your Body?

Laughter reduces stress.  
Smile spreads happiness.



00:42

00:55





LIVE

*Every Moment*

LAUGH

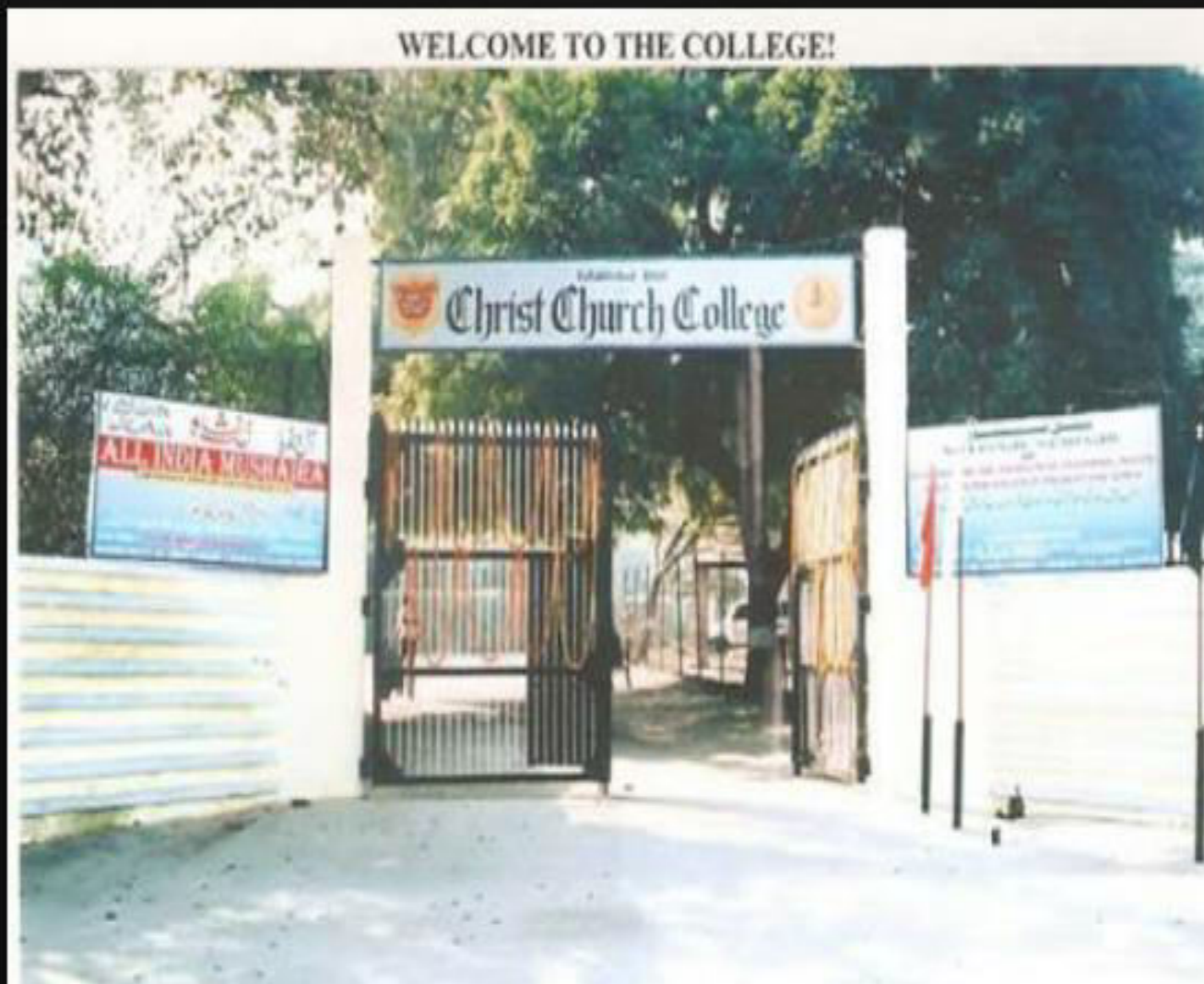
*Every Day*


LOVE


*Beyond Words*



<https://www.google.co.in/search?num=10&site=webhp&tbm=isch&source=hp&ei=vSoV>



- 
- **I have done my masters in chemistry from Christ Church College year 1988. Inside the campus is the Christ Church This is the oldest british church now 170 years old .**
  - **Christ Church College in Kanpur established in the year 1866 and has 150 years to its name**
  - **It came into being when the first war of independence had just started and has seen and passed through many strife and pain filled years it has produced today's many grandfathers and grandmothers**
  - **Pandit Motilal Nehru studied in this college because this was the only Anglo-indian college**
  - **The Allahabad university was not in existence The second president Dr Radhakrishnan had visited the college and inaugurated its life science block.**
-

 <https://www.google.co.in/search?num=10&site=webhp&tbm=isch&source=hp&ei=vSoV>



## Thank You for previewing this eBook

You can read the full version of this eBook in different formats:

- HTML (Free /Available to everyone)
- PDF / TXT (Available to V.I.P. members. Free Standard members can access up to 5 PDF/TXT eBooks per month each month)
- Epub & Mobipocket (Exclusive to V.I.P. members)

To download this full book, simply select the format you desire below

