



Pedro Neves
Therapies with
Minerals



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Introduction

My name is Pedro Neves, and since I was very young, I felt a very strong attraction by minerals. I was five years of age, and lived in a place where they were performing the works to make the roads. In those places where the constructor, who left many type of rocks, and among them, was crystals of quartz and calcite. I collect them into small plastic boxes with all the fascination of the world to have these same minerals that attracted me with a strong and mystery connection.

I always walk with this plastic container, as if it was my treasure that I estimated and spent entire afternoons looking them through the rays of sun illuminating these beautiful crystals that I collect and the crystals who have select me to stay with me until the present day.

There is a very strong connection between the minerals and the person who like it. The structure, brightness, beauty and its unique ways of formation, make part of us, as we make part of them.

In this book, I will put some minerals, with their properties and where and when they can help us. I put photos of minerals that I use in my treatments.

The treatment with minerals, in terms of treatment, in comparison with the western medicine, (pseudo science and current science) it takes less time that the traditional treatments, but with a benefit that until now is impossible to have with the modern medicine, that is the harmful effects of such secondary effects of modern medicine.

Chakras and their History

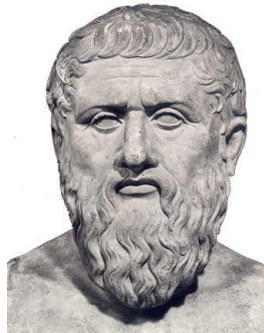
We will see a description of the main historical chakras points in the human body, and where are the same in our human body, that will help us in the use of minerals.

In the version of Hinduism, we have only six points of chakras, but I will discuss the version of esoteric theosophy, in which we have seven chakra points. Seven chakras points, and which one is linked to a number, position and the color of the rainbow, or the days of the week. The chakra points are interconnected by channels that can we call nadis, where circulates prana (inner energy).

Meditating with minerals on the chakra points, we can obtain balance in inner energy, and help us in emotional and physical level.

Several cultures in the past and in the present also had, and have a representation of chakra points such was in Persian culture. There are mysteries that talk about passing the seven caves and each one of them represents a beginner level.

In Greek culture Plato refers to the seven wheels of destination and there are also the mysteries of the seven barriers that must pass the disciples of Elisha.



Plato

In Roman culture was reference to military worship (Mithras) in which had seven hierarchies and the seven planetary spheres that has to pass, the soul to be a hero. To emphasize that this ritual has its origins in Persian culture. The seven rituals have the following name:

- 1- Corax
- 2- Cryphius
- 3- Miles
- 4- Leo
- 5- Perses
- 6- Heliodromus
- 7- Pater

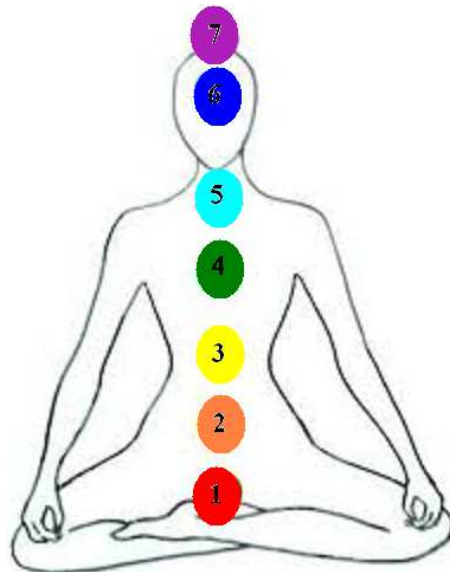


Ritual and initiation of the disciple

Also in freemasonry there is a pyramid of seven levels, and that at the top there is the eye that sees everything.

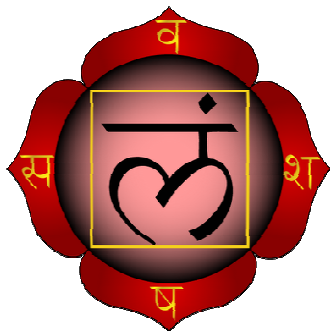
Major Chakras

We have seven major points of chakras and each one is connected with a color. Each chakra is also connected to the vital organs in the human body and also in animals and even plants and in other living entities. Below I describe the main points of chakras with their colors and minerals.



Seven chakras representation

1- Root Chakra located at the base of the spine. Represented by the red color. Its energy characteristics are linked to the physical and material goods and also influences the relationship with the family. Connection with the kidneys and adrenals. One of the minerals that I will concentrate on among many with the same characteristics in relation to the color is the hyacinth that I use in therapies. Below I put a photo of the mineral.



Muladhara



Hyacinth Mineral

2- Chakra sacral or Spleen located between the navel and the pubic bone and the zone vary slightly from person to person. Represented by the orange color. Its energy characteristics are linked to creativity, traumas and connection with the sexual organs. One of the minerals that I will concentrate on among many with the same characteristics in relation to the color is the orange calcite, which I use in therapies. Below I put a photo of the mineral.



Svadhishthana



Calcite

3- Solar plexus Chakra located in the area of the stomach. Represented by the yellow color. Its energy characteristics are related to the digestive system of the food and the emotions of personal security or insecurity, and is also associated with the components of the spleen, liver, gallbladder and stomach. One of the minerals that I will concentrate on among many with the same characteristics in relation to the color is the Topaz that I use in therapies. Below I put a photo of the mineral.



Manipura



Topaz

4- Heart Chakra situated in the area of the heart. Represented by the green color. Its energy characteristics are linked to the hope, love, hatred or resentment. It can be renamed to be the chakra of balance or imbalance. Associated to circulatory system and the lungs. One of the minerals that I will concentrate on among many with the same characteristics in relation to the color is the green tourmaline which I use in therapies. Below I put a photo of the mineral.



Anahata



Tourmaline

5 - Throat Chakra located in the throat area. Represented by the blue color. Its energy characteristics are linked to the center of verbal expression and without be verbal. Associated with the ears, voice and throat. One of the minerals that I will concentrate on among many with the same characteristics in relation to the color is the aquamarine that I use in therapies. Below I put a photo of the mineral.



Vishuda



Aquamarine

6 - Third Eye or Front Chakra situated in the middle of the forehead above the eyebrows. Represented by the blue Indigo color. Its energy characteristics are linked to extrasensory perception being the center of intuition. Associated with the components of the nervous system, eyes, nose, pineal gland and brain. One of the minerals that I will concentrate on among many with the same characteristics in relation to the color is the cavansite which I use in therapies. Below I put a photo of the mineral.



Ajna



Cavansite

7 - Coronal Chakra situated at the top of the head. Represented by the violet color. Its energy characteristics are the communication with other larger than ours, communication with the higher self and the center of spirituality. One of the minerals that I will concentrate on among many with the same characteristics in relation to the color is the violet fluorite that I use in therapies. Below I put a photo of the mineral.



Sahasrara



Fluorite

Meditation with special minerals

I classify as special minerals, those with whom I had very positive results in meditation. Some of which I will describe how to use them.

Larimar: Mineral with which we can connect with consciences of ancient civilizations, doing meditation. It's a mineral that transmits peace, wisdom and light in our lives. With blue and white tones it's a mineral that fascinates anyone that practice meditation.



Larimar

Tourmalines: Are extraordinary mineral by the presentation of the range of colors, which we could call very complete mineral due to cover the whole spectrum of colors existing in nature and that, we can use in any of existing chakra points. Their colors can be provided by green, color of watermelon, blue, brown, white or black.



Multicolor tourmaline

Meteorites: Are also used in meditation. They have a close connection to our universe and energy of entities that live among them.

Type of minerals – Diseases and treatments

There are many diseases and they are connected to the physical part or the mental part (emotional) or both. I'm going to put some of the diseases and which minerals to apply, and the application method. We can use several minerals for a treatment or a single one. Before you start any treatment you should clean the mineral. I use a quartz rock druse to do it, Each treatment in the chakra corresponds to the color of the mineral to put in on the chakra. Below I put some diseases and the treatment that can be done.



Druse of rock quartz

Kidneys: Using the Prehnite mineral, we can alleviate the pain and discomfort of the kidneys. To do this, simply place the mineral on the chakra corresponding to the chakra color and meditate for a few minutes and soon you feel a pain relief of the kidneys.



Prehnite

Heart: If we have palpitations by irritation in work, emotional or by a life very hectic, watermelon tourmaline you should use by placing it on the heart during 15 minutes and several times a week and breathing slowly will emerge good results and can prevent more serious problems of the heart that may arise in the future, such as strokes and other heart diseases.



Watermelon Tourmaline

Arthritis: A good therapy to remove a part of the inflammation and also the pain is to use a green tourmaline in a matrix of quartz rock. We must place the same beside the source of the pain. Also very useful is to perform baths of warm and cold water alternator for short periods, not exceeding 5 minutes. I am referring to are hot 40 degrees maximum and cold 5 degrees minimum. Alternating this therapy with the mineral we will have effects in the medium, long term and will remove part of the inflammation.



Matrix quartz rock with green tourmaline

Insomnia: Using the smoky quartz will make our vibrations to balance and relax and rest and sleep deeply by placing the mineral on the heart and also in our head.



Smoky Quartz

Cataracts: Cataracts that are at the initial stage in which the patient sees a conglomeration in the eye and very effective treatment with Herkimer diamond. For such treatment, close the eye that have the cataract and put the herkimer diamond. At the same time you can put a turquoise on its chakra to work together.



Herkimer Diamond



Turquoise

Stress: The barite is without doubt a mineral to calm and relax. We must always touch the mineral and put on the throat.



Barite

Lack of rest: Opal of fire is one of the most indicated mineral. Recharge our energy system, but should be used with moderation, to exist an energy balance.



Opal of fire

Meditation with meteorites

Every year fall meteorites on earth and this is happening since the formation of our planet. The meteorites come from the farthest corners of our universe, and it has the essence of a particular solar system, which makes it unique, in connection with an extraordinary sense, which is composed of other planets with beings so different from human beings. But with something in common, which is the connection of cosmic being.

There are several types of meteorites. Some are formed by its explosion in land and molten material that call them moldavites, of green color and vitreous texture. There are others such as the tektites, chondrites and pallasites. The latter formed by nickel and olivine, which comes from meteorites, asteroids or even who knows of fragments of other planets or moons of other solar systems that are in any remote part of our universe, and arriving every time.

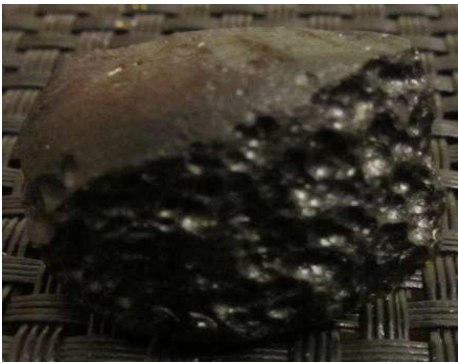
To explain how to meditate with the cosmos, and to contact with the energies that exist in him. In that, the meteorites have a very close link that we can use putting the fragments of meteorites in a container that can be of mud due to connection with our planet Earth. Then we burn incense to purify the environment where we do the meditation and spent the incense upon ourselves. After we put a hand on the same meteorites by touching them and relax, we enter into meditation and move our inner self of our physical body to the outside to outside of our planet Earth.

As soon as we are far away and we will find ourselves in our solar system, but very far from our planet Earth. We breathe slowly and travelled more than ever the man managed to. Passing by stars and planets, observing what surrounds us. At this moment we will find energy with a high level of spirituality, with whom we can contact and do, or try to do, special links.

It is important that we write and describe as a travel journal cosmic if it is. We have when we feel a sense of nostalgia for our planet of origin. We have opened our eyes and we have unforgettable memories, and that is difficult to forget ever while we live and which are sometimes difficult to describe due to their nature in addition to the physical plane or spiritual to which we are connected to the planet Earth.

Cosmic Meditation – 13-12-2012 (Travel)

I have prepared the five fragments of meteorite passing first by incense and then put them in a container in which all were ringing. I used a container of clay that has a very strong connection with the land. Then I put the finger or hand on the meteorites to begin to feel its vibrations, the places where they came from the cosmos. In this meditation i had four contacts that I describe below.



Tektite



Iron meteorite



Chondrite



Moldavite



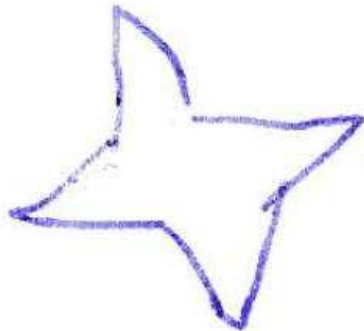
Pallasite

Something huge and immense as if it had three meters in height with all the colors i've ever seen in my life appeared before me. These same colors shinning without stop and with the form that I describe below that are difficult to describe, but that I remember perfectly.

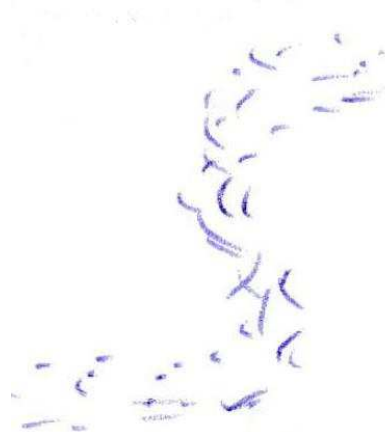
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2-



3-



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