

FUTURE MEDICINE

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THE EMOTION CODE



How to Release Your Trapped Emotions
for Abundant Health, Love and Happiness

DR. BRADLEY NELSON

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**How to Release Your Trapped Emotions
for Abundant Health, Love and Happiness**

Dr. Bradley Nelson

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DEDICATION

To the memory of Bruce A. Nelson, Sr. and Ruth Nelson, my wonderful parents, who always loved and believed in me.

To the memory of Doctors Ida Glynn Harmon and Allen Baine, (Doc and Ida) who healed my body when I was a very sick boy and introduced me to the world of natural healing.

To Dr. Stanley Flagg, my teacher and mentor.

Finally, to my wife Jean, whose ideas, insights, contributions, dreams and support made this work possible.

A NOTE TO READERS

The Emotion Code is a self-help method that quite often produces marvelous results and wonderful benefits, both physical and emotional in nature. Nevertheless, it is a relatively new discovery and has not been thoroughly studied.

This book is based on the personal observations and experiences of Dr. Bradley Nelson. You, the reader, must take 100% responsibility for your own health, both physical and emotional. The Emotion Code should not be misconstrued or used to diagnose the presence or absence of any particular mental, physical or emotional ailment. Neither muscle-testing nor the Sway Test should be used to diagnose the presence or absence of disease.

This book is not intended to be a substitute for the services of any health care professional. Neither the author nor the publisher is responsible for any consequences incurred by those employing the remedies or treatments discussed or taught herein. Any application of the material set forth in the following pages is at the reader's discretion and is his or her sole responsibility.

The stories in this book are all true, but the names have been changed in some circumstances to protect privacy.

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