



Islamic Spiritual Intervention for Heroin Dependence Syndrome

Workshop on Managing Addiction in the Mosque

February 2011



UMCAS report

University Malaya Center for Addiction Science



21st Floor, Wisma R&D University of Malaya 50400 Kuala Lumpur
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Introduction



University Malaya Center for Addiction Science organized the workshop on the used of Islamic Spiritual Intervention on 22nd and 23rd February 2011.

National experts in the fields of addiction, Islamic scholars, Malaysian AIDS Council, NGO's and private practitioners were sharing ideas of how we can used ISI (Islamic Spiritual Intervention) and placing heroin treatment clinic in the mosque to help those who have problem with heroin addiction.

The participant discussed basic concept for addiction, how latest treatment work to treat heroin addiction and the basic principle of ISI as a psycho spiritual treatment.

The workshop addresses three major questions:

- 1) How to integrate psycho spiritual treatment in the mosque and MMT?
- 2) How to improve ISI model?
- 3)How to implement ISI psycho-spiritual model of treatment at the national harm reduction program?

Participant



Chairmain:

Prof. Dr. Hussain Habil

Director University Malaya Center for Addiction Science (UMCAS)
Professor Psychiatry and Addiction

Co-chairs:

Dr. Rusdi Abdul Rashid

Psychiatrist University of Malaya

Key note speaker:

Dr. Abdul Ghaffar Surip

JAKIM

Ketua Penolong Pengarah Bahagian Keluarga, Social Komuniti

Dr. Muhammad Muhsin Ahmad Zahari

Psychiatrist University of Malaya

Mohamad Ali Bin Hasan

Masjid Ar- Rahman

Associate Professor , Chair person

Dr. Muhammad Nawar B. Ariffin

Pemuda Masjid Malaysia



Zamzuri Abdul Malik

Malaysian AIDS Council (MAC)
Malaysian AIDS Foundation
Manager, Training and Capacity Enhancement

Dr. Hj. Mohammed Khafidz

President Insaf Murni Malaysia (IMAM)

Dr. Rusdi Abd. Rashid

Psychiatrist University of Malaya

Participants:

Faidzul Fahmi B. Isnan

AADK
Pen. Pegawai Hal Ehwal Islam

Shahrizal Hj Idrs

AADK
Pembantu antidadah

Mohd Yusri B. Mohd Yusoff

AADK
Pembantu antidadah

Mohd Azan B. Muhammad

Jab. Kesihatan Wilayah Persekutuan Kuala Lumpur (JKWPKL)
Penolong Pegawai Perubatan



Eisa B. Zakaria

University Malaya Center for Addiction Science (UMCAS)
Project Manager

Imran B. Abd Rahman

JAKIM
Pen. Pengarah (bahagian Dakwah)

Mohd. Rashidi B. Mohd Jamil

JAKIM / SEDAR
Pen. Pengarah (Bahagian keluarga, sosial, komuniti)

Mohd Akmal Abd Aziz

Imam masjid Ar-Rahman

Hairul Izham bin Mohd Ashari

AADK
Pen. Pegawai antidadah selangor

Mohd Zhafran Helmi

AADK

Pen. Pengarah (Agama) 1 Bahagian Rawatan dan Pemulihan AADK



Dr. Hazli Zakaria

Pusat Perubatan Universiti Kebangsaan Malaysia & UMCAS

Lecturer/Psychiatrist

Dr. Aida Syarinaz

University Malaya Medical Centre (UMMC)

Lecturer / Psychiatrist

Megat Haris

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Shahroom B. Mahmud

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Wan Azlinda Irnee

University Malaya center of Addiction Science (UMCAS)

Research assistant

Purpose



The purpose of this paper is to report on the key issues and topic discussed by participant of the workshop.

The topic include:

- Overview of addiction problems and MMT program in Malaysia
- Pilot SEDAR program: Challenges and future directions
- Islamic counseling and practices in managing addiction
- Addiction as chronic relapsing brain disease
- Dual diagnosis/Psychiatric co Morbidity
- Roles of mosque staffs in managing addiction
- Roles of Dewan Pemuda Masjid Malaysia in SEDAR program
- Roles of Malaysian AIDS Council in SEDAR program
- Guideline for National MMT program
- Proposal to get grant for methadone project

Background



This workshop was initiated based upon on our experience in SEDAR project in Ar-rahman Mosque University Malaya . In the project we integrate methadone program with psycho-spiritual intervention and after one year duration it showed that the retention rates and the average dose of methadone given in this mosque clinic were significantly better in TAU clinics.

Among feedback given by therapist was also showing that those patients went to the program were more discipline and less difficult with procedure of treatment

It also showed that family were much more forthcoming in bringing patients to clinic mosque than to TAU mosque.

Meeting Format



The format of this workshop was initially started with lectures from multi-sectors and multidisciplinary perspectives. The main issue discussed was how to in cooperate Islamic therapy to enhance compliant and increase effectiveness of methadone maintenance treatment

Keynote address



Islamic spiritual intervention for heroin addiction

Dr Abdul Ghaffar Bin Surip

Deputy Director family ,social and community JAKIM

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