



**HOW I CURED MY LIFE  
LONG CANDIDA INFECTION  
ACCIDENTALLY**

*by*  
***Marvin Lee Robey***

*If You Have to Stay on a Special Diet or Keep  
Taking a Maintenance Dose, you are not cured.*

*The Three Conditions Known as Candida*

*How to Treat All Three Easily, Quickly,  
Permanently and Completely.*

*Plus specific treatments for Yeast infections,  
Nail infections, Diaper rash, Thrush*

*The One Two Three and it's Out Punch*

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**Disclaimer:**

**I am not a doctor. I am only a health researcher. The statements in this book have not been evaluated by the FDA and are not intended to diagnose, treat, cure or prevent any disease. Everything in this book is only the opinion of the author and is intended for information and educational purposes only.**

**This book is dedicated to all who suffer from “untreatable” health problems**

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# **FORWARD**

**I HAVE KNOWN Marvin Robey for many years and have always marveled at his enthusiasm for logical thinking. When he feels something is helpful or healthful for mankind, he unselfishly throws himself into the research needed to explain the phenomena. If he becomes aware of “cures” that are poorly researched or misrepresented, he finds the answers and speaks up! He is not afraid to reveal his own personal experiences when it means others will benefit from his knowledge.**

**Enjoy the Journey!  
Kathy Hornbaker, D.C.**

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# PREFACE

Some people ask me why they should pay attention to anything I write about health and the treatment of diseases when I am not a doctor and there are so many doctors to consult with as well as doctors writing on the same subjects who have many years of in depth training on these subjects. Actually, the fact that I have no medical degree and no license is exactly why I can publish a different view of some health issues which a medical doctor does not dare publish.

Licensed medical doctors are under restraints from multiple factors. To better understand this I suggest you read the late, retired Dr. Robert S. Mendelsohn's best seller: "Confessions of a Medical Heretic." Also: "When Healing Becomes a Crime" by Kenny Ausubel, [www.candid-x.com](http://www.candid-x.com). Accepted views and practices of medical doctors are established by the scientific research, almost all of which is done under large grants from pharmaceutical companies or trust funds they largely control indirectly. Huge profits are the rule. Many statistics are twisted or ignored for reasons of profit. He who has the gold makes the rules.

The medical libraries are full of studies showing amazingly effective treatments for many health problems which are now only treated by years of ineffective treatments, or very dangerous drugs and often eventually ending in death. Nothing has been done with many of these effective and safe treatments because the pharmaceutical company the research was done for could not get a patent on the treatment and therefore it was not worth their while to market it and promote it. In some cases, it seems they are not popular because they are so effective that they cannot make enough money on them, although many doctors would like to. The primary purpose and policies of the AMA are to protect the interests and profits of their members, the medical union, not to promote healing. Still more influential with them are the pharmaceutical companies. The established treatments or new and dangerous treatments are pushed on legislatures and administrators of all health institutions through lobbyists and "detail men." This includes the FDA, AMA, medical schools, doctors and hospitals.

**Furthermore, doctors are a kind of unofficial brotherhood and their profits are sacred. If one of them begins publishing facts concerning their poor healing record as contrasted to the safe effective alternatives, those doctors adversely affected will certainly remove him from one of the accepted ones. His whole occupation is dependent upon being “one of the boys.” If he begins curing the “incurable” conditions with uncommon practices, his associates may frown on him.**

**Many doctors today are very much afraid of using any treatments not fully approved by the agencies over them. While the FDA has a long standing reputation of Gestapo techniques without due process of law, the doctors complain more about their fears of state medical boards, where there are no court protections.**

**Because I am not “one of the boys” I can report long buried medical studies and “anecdotal” results few doctors would dare touch. They cannot pull my license. I am only under freedom of speech and freedom of the press.**

**Thirty years ago, the common infection known as Candida Albicans, and more commonly as just Candida, was rarely recognized by the medical profession or others as a treatable or serious disease. Over the last thirty years, it has become widely recognized, especially by the alternative health field and medical researchers.**

**Thirty years ago the pharmaceutical companies had no treatment for Candida or other fungal infections except for secondary infections such as athletes foot, female yeast infections, diaper rash, thrush and a few other specific yeast-fungal infections. General Candida infection is now generally recognized by most healing professions.**

**Only thirty years ago, the medical schools were still teaching that fungus was non-systemic; that is, it could not live in the blood, although fifty years ago dark field microscopy revealed it was commonly in the blood. Today some medical doctors and naturopathic doctors claim extensive evidence from autopsies that it**

is heavily in the blood and in the cancer tissues of all cancer patients, especially those who have had radiation or chemotherapy. It is also conclusively evidenced by dark field microscopy that it is in the blood of many other people and the cause of many common health problems, from irritating to deadly.

The late Dr. William G. Crook, M.D. , in his best seller, “The Yeast Connection,” was the first to really go public with the findings that so many symptoms so many people had were due to Candida Albacans. Before that time Candida Albacans was well known to be a pathogen but no treatment for it was recognized by the medical field. Furthermore, its broad health implications were only recognized by a handful of health practitioners throughout the world, most of whom were Naturopathic doctors. Most of these practitioners were treating it with herbal remedies and probiotics and many of them still do. Most of them have now added Dr. Crook’s diet or one similar to it to their treatments.

Dr. Crook later wrote more extensively on the subject, publishing several books on the topic and has become known in the medical field as *the* authority. Dr. Crook’s main treatment of Candida was always his “Candida diet”; a diet eliminating ALL sugars including sweet fruit, natural sugars such as honey and maple syrup, also ALL grains and grain products including all bread and baked products. The theory of the diet is to starve out the Candida. This is now usually combined with probiotics. This approach and its problems are discussed in depth in this book.

Now, finally, the pharmaceutical companies are taking notice of Candida Albacans and fungal infections in general with several products to treat it. Dr. Crook was using some of these products in combination with his Candida diet for several years before his death. These products are described in detail in this book.

Most people follow the medical approach to treating their Candida. This approach always includes a strict diet aimed at starving out the Candida. Although

**some claim their symptoms are relieved by the diet, I have seen no evidence that it is ever cured in this manner. Many of the symptoms are eventually relieved by this approach, but the diet and sometimes prescription drugs must be continued forever. Some symptoms are aggravated by the diet. Almost all eventually report their problems were either unaffected by the diet or returned as soon as they strayed from the diet, even years later. Malnutrition almost always continues.**

**For those that do find relief from the medical approach, the time required is generally measured in months or years to see many results. Most patients on this diet suffer from continued malnutrition. Some of these people end up with severe liver damage from the pharmaceutical prescriptions. Many suffer from other severe side effects. A few die from the side effects. Others just give up and suffer with their conditions. Some continue on the diet and drugs for many years and are happy to do so, considering the problems they went through before beginning the diet.**

**Still many others turn to alternative treatments after giving up on the medical approach. Most of the treatments of the alternative field today also use a diet similar to that of Dr. Crook. They all use some things in addition to the diet.**

**Some prescription pills cost as much as \$18 each. I have a letter from one woman who tells me she spent over \$60,000 dollars with the medical establishment for her Candida with no lasting results and over \$5,000 more on alternative treatments, still with no lasting results.**

**Both the medical field and the alternative health field usually treat Candida as a simple infection of the yeast Candida Albacans. Most work on the theory that the conditions are caused by that infection and if the Candida Albacans is killed the problems are gone. It is a logical conclusion, but not based upon any clinical studies, science or practical experience. As you will see in reading this book,**



**neither the problems nor the cures are nearly that simple. That is the main reason they do not produce a genuine cure. They are only treating one part of a complex condition. Neither the medical profession nor the alternative health fields are giving their patients a permanent and genuine cure for Candida in most cases.**

**There are two more conditions closely related with Candida of the digestive system which must be addressed and which they generally ignore. Many of the symptoms attributed to Candida are caused by these two conditions they are not treating. The cause of many serious cases is totally ignored and therefore the treatment of these cases is impossible.**

**This book takes a new approach to the subject, revealing that Candida is a complex combination of infections, not a simple infection. This book reveals its actual complexity and several causes and why any treatment aimed at treating only Candida Albicans can only fail to provide an actual permanent cure. It will fail because there is an interrelation of infections working together. It is never alone. You cannot treat one and then the next until they are all gone. The yeast infection is always accompanied by bacterial infections and these related infections will always continue to kill the natural healthy flora and bring the Candida back until all of the infections are killed and replaced with the natural flora *at the same time*. Many of the symptoms attributed to Candida are actually caused by the other infections. You have to treat them all before it is cured, and often before the symptoms are relieved. But if you address the treatment from the overall picture, it can all be cured quickly and easily with three substances and no special diet, other than common foods taken as probiotics.**

**This book explains the almost unrecognized fact that many of the most serious problems resulting from Candida are from an infection where it has entered the blood along with a bacterial infection and how they enter the blood. This is a subject Dr. Crooks never mentioned in his extensive writing. This book also describes a simple treatment for killing the Candida Albicans *AND* the bacterial**

**infection which always accompanies it, in both the intestines *AND* in the blood without harming the very necessary friendly bacteria. Even when all of this is done the treatment is usually not even completed in the digestive system. The oxygen has been absorbed from the digestive system and until it is restored, the Candida and its associates will quickly return. All of this must be done simultaneously. Without all of this the infection is never cured. Once this has been accomplished, it is gone. The diet is considered as unnecessary and in some ways undesirable at all stages of treatment. Once the treatments have been completed there is no continuing diet or any maintenance dosage of any kind. Furthermore, the entire unfavorable qualities of each program are explained in detail. The entire program takes about two weeks instead of often several years. As if that were not enough the total cost is a fraction of the most popular treatments and totally safe, with no side effects.**

**This book describes the most popular treatments for Candida Albicans and describes the favorable and unfavorable qualities of each.**

**I reveal how I completely cured my lifelong struggle with Candida after years of trying and giving up on the medical approach, entirely by accident. After all the difficult efforts to treat it, when I accidentally used the correct approach, it was so easy I didn't even know I was treating it until it was done!**

# CHAPTER I

## MY LIFELONG STRUGGLE WITH CANDIDA

Once the natural biological balance is restored to the digestive system, it automatically returns to health. Virtually all of the many Candida treatments available overlook at least one of these requirements. Correcting all of the original causes will not correct the problems. Thus with previous treatments, some kind of continuing treatment is required indefinitely. Here is how I discovered the simple and complete treatment of Candida, both in the digestive system and after it has moved into the blood, as presented herein. No special diet is required. Once this has been quickly completed, no continuing treatment is required.

I fought with Candida most of my life. As a child, my doctor always complained that I was underweight and my mother complained that I was a sickly child and that I was skinny, although I felt good. As a result she bought me milk chocolate by the pounds and encouraged me to eat it. She often baked cookies, yeast bread, doughnuts and other good things and I ate as much as I wanted, which was quite a lot. When she was baking yeast bread she would give me squares of bakers live yeast and I would eat one or two.

A little later, I was continually fighting heavy mucus in the nasal passages and throat in the winter and my doctor was always treating me for sinus infection. I caught every childhood disease at least once. My doctor put me in bed the whole summer when I was seven, saying I had a heart problem and a kidney problem. I had to take twelve horrible tasting tablets about the size of a quarter every day. From that time on I tired easily. I went to work on a farm when I was fourteen but I could not keep up with the work. My back ached so I could hardly stand it and I had very little energy. Later, as an adult, I would always come home from work

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**exhausted and my back ached all the time. I was now eating worse, a lot of “junk” food: Twinkies, candy bars and white bread. My memory was very short and I could not remember little things that had just happened.**

**I began taking supplements to keep going. As a result I began to learn something of nutrition. As I became interested in nutrition I began to eat better and studied health more. I read Dr. William Crook, M.D 's book “The Yeast Connection” when it first came out and then realized I had Candida. I had two close friends who were M.D.s and I told each of them I thought I had Candida. Neither one knew anything about it. After looking at the book they both agreed I had it. What to do for it? “Well, follow the diet.” I tried to follow the diet for quite a while. In addition, I crushed Garlic cloves and swallowed them. None of it even improved my conditions.**

**I knew of the Hoxey Bio-Med clinic in Tijuana and their excellent record in the cure of cancer. I also knew they treated other things unconventionally, so I made an appointment and went there for a check up. They definitely diagnosed me with Candida and put me back on the same diet and gave me Nystatin to inject in my arm. I bought probiotics from a health food store and Braggs live culture vinegar. I drank kefir and ate live culture yogurt. I did it all and still had no noticeable results. I tried herbal treatments including black walnut hull (which is dangerous). Nothing did much good. For some time I did nothing more, other than eat a fairly good diet (but a lot of restaurant food) and take supplements.**

**During this time my conditions became worse. I was developing a sore throat in the night and by morning I would have very heavy mucus in the throat. I would take heavy doses of vitamin C several times a day, sat in the sun, gargled salt water and sucked on zinc lozenges. I was continually afraid the mucus would go into my lungs. Nothing seemed to help much and the condition would last for three weeks with very heavy mucus flowing day and night. After three weeks it would almost stop in my throat, but go up into my sinuses and they would then flow very heavily day and night for three weeks. That would be six weeks in all.**

**2.**

I would take heavy doses of vitamin C and Hylands Sinus for this, and again sat in the sun, all of which helped but would not stop it. After three weeks it would stop. Six weeks later it would repeat. I could almost mark my calendar when it would start and when it would stop. I started putting the zinc lozenges and vitamin C by my bed and taking them as soon as I felt it starting in my throat, treating it as an ordinary infection. They did not help. I was having these “colds” four times a year; half of the time. I still had to work through it all and usually ten hours a day and six days a week. I was exhausted.

Then one day a friend of mine who had a lot of health problems called me and told me her son had bought her a “small” bottle of something called “colloidal silver” for \$70 and it had done her more good than anything else she had ever tried. I had never heard of it and thought it was very expensive. I waited to see how it worked. A few weeks later I met another friend at a meeting and she told me she had just been to a seminar where she learned to make a device to produce “colloidal silver” and told me how wonderful this was. It was very simple and she gave me a drawing of it.

I took it home and showed it to my daughter Nancy. We bought the materials and put it together. It worked and we drank a little of it. It required a pinch of salt or tap water for conductivity, because distilled water is non-conductive. Then with some study we found we were producing mostly silver chloride instead of ionic silver. Silver chloride is insoluble, lodges in the body and is not desirable. However, after considerable experimentation, we built a device which worked with pure distilled water. It was the salt which was reacting with the silver, producing the silver chloride when using distilled water and the chlorine in the tap water when using tap water.

Coincidentally, at about this time I found a medical doctor who specialized in dark field microscopic work. I had him analyze my blood. With just two drops of blood he could tell me almost everything about my body. On a view screen he showed me a piece of fungus actually eating a red blood cell and several other

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pieces of fungus in the blood. He took a count of my white blood cells and it was extremely low. Then he showed me a picture of the white blood cells. The healthy ones appeared something like a hand with fingers. Many of the “fingers” were half gone. Many were all gone. Some only had one finger left. Those white blood cells I was depending on to protect me from infections and disease had no defense against the fungus themselves. I had no immunity. Any kind of infection could have killed me. Due to the fungus eating my red blood cells I was anemic.

This doctor prescribed the Candida Diet again and I started on it again. Nancy said: “What are you doing that for? You know it doesn’t work. It only causes malnutrition.” I knew she was right, so I did nothing. That is to say, I thought I was doing nothing. However, I started drinking about one ounce of ionic colloidal silver twice a day about that time. I never had the incurable sore throat, or heavy mucus flows again. I began to have more energy and feel better.

Another coincidence about this time was that another friend of mine talked me into trying some 35% food grade hydrogen peroxide and I bought some from him several times. I went through the recommended process of daily increasing the drops of it I added to the water I drank until I got up to about 16 drops a day. I stayed on this for several weeks. Several times I added a cup of it in the bath water and soaked in it for an hour.

Some time later, I went back to the doctor with the dark field microscope and had the same test run again. This time there was no fungus in the blood, the white cell count was where it should be and the red blood cells were healthier. He looked puzzled and studied the view screen and then looked at me and asked: “What did you do for it?” I told him I had done nothing except take the silver. He replied: “Well whatever you are doing, keep it up.” He obviously did not expect the Candida diet to help much and had never seen it cured before.

In order for the fungus to have gotten into my blood, and undoubtedly several strains of dangerous bacteria with it, they would have to have passed

through a diseased spot or area in the intestine or colon. This was probably not healed by this time and no doubt I still had a bad deposit of old fecal mater someplace in my intestines.

Sometime later I learned of Oxy-Powder and started taking it. I did not notice anything the first two days. However, when I woke up the third day I had to run to make it to the bathroom. The bowel movement was quick and short. It smelled like something very dead. I kept taking the Oxy-Powder four more days but it did nothing more. I felt fine throughout and my bowel movements were otherwise normal. It cleaned the old deposits out in one bowel movement and then stopped.

At one time I had bought an herbal cleanser to do this for several hundred dollars. The program was so long and difficult I did not get far with it. Now I realize that small deposit in my colon was where the fungus and dangerous bacteria had leaked through the colon and into my blood. The silver is very healing and with the diseased deposit cleaned out I am sure the perforated intestine has all healed.

And so it was, that after a lifetime of struggle and suffering, after all of my futile efforts to get rid of the Candida, I accidentally cured it completely without even knowing it. I do not think I would have lived very much longer without it.

As a result I have spent the last fifteen years developing better ways to produce a better quality of silver resulting in one patent granted on the equipment and another applied for. I call the product I finally developed *Candid-X*.

## **CHAPTER II**

### **HOW DO I KNOW I HAVE CANDIDA?**

**Some people have symptoms of Candida Albicans so numerous and severe that there is no question as to whether or not the person has it. Others have only a few symptoms although they are serious. The later are more difficult to definitely diagnose as Candida. I find that many people who have symptoms of Candida other than digestive problems and dietary deficiencies, have Candida and bacterial infections in the blood as I did. To be sure the infection is in the blood, all one has to do is find a doctor who specializes in dark field microscopic blood tests. It only takes one or two drops of blood and about fifteen minutes and is not very expensive. He will quickly tell you if he finds fungus in the blood, if it has badly damaged the white blood cells and how badly it is affecting the red blood cells.**

**Some of the symptoms are almost always caused by Candida and bacterial infections in the digestive system whether or not it is also in the blood. The diagnosis of Candida in the digestive system alone is more difficult. The original book on the subject was "The Yeast Connection" written by the late Dr. William G. Crook, M.D., published in 1983. In it Dr. Crook first published the original Candida Questionnaire in which he listed many symptoms and causes of Candida and gave a score for each one according to how much each factor added to the probability of a person having Candida. A total score of a certain number was considered doubtful, another higher score quite possible and a still higher score probable.**

**The highest scores for indicators were for the taking of antibiotics. He has written several more books on the subject since then and greatly expanded the list**

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into three sections. He also lists about 40 common symptoms. Since that includes most symptoms a person might have for anything other than a heart attack, diabetes or other obvious condition I will just say that if you have several symptoms you have not been able to cure, you should consider having Candida. Personally, I believe a very high score should be given for having had serious constipation at any time in one's life.

See a sample test in the appendix. There are a few symptoms that point very strongly at Candida which I will mention here:

1. Fatigue
2. Cravings for sweets and alcohol
3. Repeated vaginal infections
4. Repeated or continuous nasal, sinus and other mucus problems including sinus headaches.
5. Allergies and over sensitivities to smoke and chemicals of all kinds
6. Just not feeling good, sick all over, but nothing really wrong.
7. Heavily coated tongue
8. Nutritional deficiencies
9. Brain fog

Dr. Crook associates Candida with the following health problems:

1. Crohn's disease
2. Scleroderma
3. Myasthenia gravis
4. Eczema
5. Lupus erythematosus
6. Psoriasis
7. Multiple sclerosis
8. Rheumatoid arthritis
9. Numbness
10. Acne
11. Asthma
12. Chronic hives

7.

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