

# **CUPPING**

*A prophetic medicine appears in its new scientific perspective*

**Authored By:**

*The Great Humane Eminent Scholar*

**Mohammad Amin Sheikho**

*God has sanctified his soul*

**Checked and Introduced by**

*The Researcher and Thinker*

**Prof. A. K. John Alias Al-Dayrani**

Copyright 2012 amin-sheikho.com

**Our website:**

[www.amin-sheikho.com](http://www.amin-sheikho.com)

[info@amin-sheikho.com](mailto:info@amin-sheikho.com)

# Chapter One

## The Starting Point



The starting point took place when the professor and researcher A. k. John alias Al- Dayrani, began verifying and publishing the books of his great teacher, the savant Mohammad Amin Sheikho, and in fulfilling his wish in introducing the cupping operation to the human community in an authentic and scientific manner in order to enable people to get use of this marvelous medical gem.

After practically checking thousands of wondrous recovery cases during long elapsing years which culminated in the discovery of the cupping operation in its correct scientific rules.

In fact, Prof. Al-Dayrani oriented a big number of some great Syrian physicians in unique and distinct explanations about the cupping operation and its strict rules got from his teacher, the savant Mohammad Amin Sheikho.

That action on the part of prof. Al-Dayrani crystallized their opinions about the matter which encouraged them to work hand in hand with him to introduce that sublime therapeutic art to the human community which suffered for long from the grip of diseases and agonies in a scientific medical style speaking the language of the age, and taking into consideration that these precise rules were not known to anyone in the Arab world or in the western world before the great scholar M. Amin Sheikho spoke about it.

§§§§§§§§§§

## Scientific Medical Achievements of Cupping



The official broadcasting station of London (BBC), in one of its main news bulletins on 12/08/2001, declared the following:

“The Syrians were used to betake themselves to the British capital seeking for channels of treating their diseases of which they were desperate, or they came to make medical checkups or to perform some complicated medical operations. Such a way of acting on the part of the Syrians seemed very normal, but the unexpected act was the change in their destination from Great Britain towards the Syrian capital. A scientific medical team representing the British Royal Family began communications and dialogues with a group of Syrian physicians in Damascus in search for the cupping operation for the treatment of the hereditary disease, hemophilia. The disease confirmed its recovery in a number of sick people in Syria by means of cupping operations”.

A spokesman on behalf of the prof. A. k. Dayrani, a verifier and a publisher of the books of the Damascene erudite who vitalized the cupping operation and restored its correct methods.

The spoke man added that a delegation communicated with him to acquaint themselves with the medical studies done on hundreds of Syrian and Arab patients through the precise and accurate procedures which led to astonishing results for most diseases, especially hemophilia.

He also mentioned that the first start for cupping in history was during the era of the most highborn the Messenger “Mohammad”. He also added that the scientific techniques and procedures of cupping were lost as time passed until the late Damascene erudite and scholar Mohammad Amin Sheikho brought the procedures of cupping to light anew.

Dr. A. M. Al-Shalati, a specialist in neural diseases from UK and a professor in Damascus University, said to the BBC, in his talk, that the performance of cupping operations in its strict regular conditions on a group of patients gave amazing results in the complete recovery of many cases of cancer, paralysis, the problematic hemophilia, angina pectoris, Hodgkin’s disease, and some improvements in asthma, rheumatism, and other cases of disease. All these cases were

confirmed findings in clinical examinations, radiological  
and laboratory investigations performed on patients.

§§§§§§§§§§

## Definition of Cupping



The word “cupping” was derived from the Arabic verbs “Hajama” and “Haj’jama” which they mean “to minimize” or “to restore to basic size”, or “to diminish in volume”.

In Arabic they say, “A certain person diminished the problem”, they meant that he returned the problem to its original size. There is also a verb “ahjama” which means “to withdraw or retreat from attack”.

Thus he who performed the cupping operation made diseases refrain from attacking him. The increase of spoiled<sup>1</sup> blood in the body rendered its cessation from growing when the person became twenty-two years old, and it accumulated in the back area of the person. With advance in age, these accumulations of spoiled blood hindered the circulation of the whole blood, eventually paralyzed the work of the young red corpuscles then the body became weak and exposed to various kinds of diseases. When one

---

<sup>1</sup> The spoiled blood means the old red blood cells, R.B. cell ghost,...

performed cupping, the blood returned to its original condition and the stagnant blood went away (that blood which contained maximum rate of senile red corpuscles and their cells ghosts and abnormal shapes of red blood cells, and other impurities).

The pressure on the blood circulation was lessened and the pure blood formed from young red corpuscles rushed to feed the cells and the body organs, and released them from harmful residues, damages and unwanted materials. Allah's envoy "Mohammed" (Communication with Al'lah and Peace are through him) said, **“Cupping is the most helpful act for human beings to cure themselves with.”**

§§§§§§§§§§



## **The History of Cupping**

Cupping was old as history and it was a divine monistic norm explained by the venerated prophets and they recommended people to practice it.

Al'lah's envoy "Muhammad" (Communication with Al'lah and Peace are through him) resuscitated the procedures of cupping after being forgotten for a long time. He directed its application according to its original healthy rules.

He was so virtuous in enacting cupping for Moslems and the whole world. But on the elapse of many centuries on the passing away of the Al'lah's envoy "Mohammed" (cpth)<sup>2</sup>, the rules of cupping were gradually forgotten due to negligence, dereliction and abstention until those rules were obliterated and lost.

There were certainly some sinful hands that put much lies in it and its basics until people abstained from using it and forgot it completely. It was true that few people practiced it, but unluckily they did not get use of it, or they did not get healthy benefit of it at all until people disclaimed it for they did not get its promising benefit.

People used to perform cupping in winter and summer, or after physical toil and fatigue, or after breakfast though it

---

<sup>2</sup> (*Communication with Al'lah and **P**ease are through **him***)

must be applied before on fast before breakfast. But eventually, the late humane savant, Mohammad Amin Sheikho revived the norm (Sunnah) in its precise rules which were mentioned in his book.

He revealed its rules and put them in their exact place on the human body for application. He also put forth the general secret of its healing mechanism which said **“to rid one’s self of impure blood”**. He returned this medical therapeutic art to its effective scientific role and disclosed its rules and principles to his acquaintances, relatives and friends. In turn, they informed their acquaintances, relatives, friends and neighbors and all the people until it spread in many countries and even all people.

When people gained great healthy physical, psychological and feasible benefits, they increased in number in using it during the last years. They realized marvels in curing incurable diseases<sup>3</sup> of the era as cancer, paralysis, angina pectoris, hemophilia, migraine, and the like.

§§§§§§§§

---

<sup>3</sup> diseases can't be cured by recent Medicine

## Chapter Two

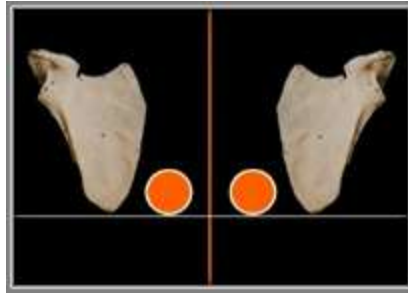
### **The precise scientific medical rules for cupping operation**

*“Discovered by the Savant M. Amin Sheikho”*

The Precise scientific medical rules, elucidated by the savant M. Amin Sheikho in his book which the medical team has used in its scientific research work, can be summarized as follows:

- **First:** The place of body for applying the cupping operation.
- **Second:** The suitable age for cupping operation
- **Third:** Time of the cupping operation
- **Fourth:** The physiological situation of the body.

**First: The place of person's body for applying the cupping operation:**



It is: near the lower end of the shoulder blade (the scapula) in the two symmetric locations between the spine and the inside limit of the scapula.

The cupping operation makes a kind of blood congestion in the upper part of the back "these two symmetric places of back" by using (air cups). This cup is applied on the upper frontal part of the back, near the lower end of the scapulae and on the two sides of the spine.

This is because it is the calmest area in the body and void of moving joints. This area is a net of plexus capillaries of much ramification and profusion which makes the flow rate of blood circulation much less where the blood of the body precipitates its harmful precipitations (such as cell ghosts and dead of red blood cells ...) in it.

We made a lab study on this case, we found that the white corpuscles were less in this area of the back on the other

hand the cupping blood (the withdrawn blood by cupping) was full of cell ghosts, dead and abnormal red blood cells which made the cupping operation very suitable here. We performed cupping operations in places on the leg, the two jugular veins, and the back near the pelvis. The cupping blood in these places was similar to the vein blood.

§§§§§§§§§§

## **Second: The suitable age for applying cupping operation**

### **Concerning men:**

It is incumbent upon every male who reaches the twenty-two years of age to undergo cupping operation from the seventeenth day of the lunar month which comes in the spring season of every year until the twenty-seventh day of it.

Childhood and adulthood stages require big quantities of iron because the body is in the phase of growth. These quantities are not completely supplied by food for this growing body. This decrease in iron is equalized by the way of digesting the senile and spoiled red blood cells in the liver and the spleen, and the phagocytes of the body forming the stored iron reserve which are kept for the body needs.

The body in general and its bone marrow in particular benefit from these red blood cells after transforming them suitably in a series of operations "metabolism" producing the iron (hemo) and amino acids (globin) which are used by the growing body to supply its need of iron in addition to reconstruction of new red generations of red blood cells . After the twenty years, the big consumption of the spoiled red blood cells stops for the cessation of body's growth. So the surplus of them become big and "they must be discharged".

### **Concerning the women:**

It is incumbent upon every female who passes the menopause stage.

The woman has a natural outlet through which she can release herself from bad blood. During menstruation period, her blood circulation becomes at the apex of activity. When woman reaches her menopause stage, her menses ceases and she becomes subject to the same conditions of man who reaches the age of twenty–twenty two.

Thus she enters a new physiological phase leading to psychological and physical changes paving the way to the rise of various diseases such as high blood pressure, coronary insufficiency and diabetes, and the like. In this situation,

cupping becomes inevitable and there is no other alternative for it.

It makes woman returns to her normal psychological and physical case. If she refuses to perform the simple cupping operation, her body becomes a pasture for maladies and prone to diseases.

§§§§§§§§§§

### **Third: Timing of Applying Cupping operation**

To Apply Cupping operation you have to consider four appointed times:

#### **The annual time:**

The Messenger (cpth) said: **“How good the wont in cupping is!”**

Thus, it is usually performed from year to year for both the healthy and the patient. It is a prophylaxis for the healthy and a medicine (treatment) and a protection (prophylaxis) for the patient.

#### ***The seasonal time:***

The Messenger (cpth) said, **“Relieve yourselves from the intensity of heat by cupping.”**

Therefore cupping must be performed before the summer season because heat is most intense at this time of the year. Hence the best season is the spring.

Cupping must be performed every year in the spring season, namely in April and May (*In Syria and other countries around it*).

Before giving the scientific interpretation of this appointed time (its physiological effect on our bodies), we must give a simple glimpse about the function of the blood in regulating the animal heat.

As it is known that water constitutes the maximum proportion in the blood, (90%) of its plasma. Since water has basic properties that differentiate it from other liquids known in nature, these properties make water the best assistant liquid to help regulating the animal heat in a living being. This property has a high faculty of storing heat than any other liquid or solid material. Therefore it stores the heat it receives in its passage through the more active and warm tissues and carries it to other tissues of less warmth in its movement through the various parts of the body. Therefore blood has (the proportion of water in its formation and its round trip in the tissues of the body) a high faculty in transmitting heat higher than any other faculty of various tissues in the body. Therefore blood is the



first recipient and the first main influenced tissue by the outside heat (of all the body tissues) which is effective on the body. It sucks heat from the body tissues to transport it to the less warm ones, and vice versa it sucks coolness from the body tissues to transport it to the warm ones.

In view of the continuous blood circulation, it acts in regulating the animal heat by warming the cool parts or cooling the warm parts until the animal heat remains constant. The chance for cupping is realized two times in the year, i.e. in April and in May, and perhaps a third time in late of March if the warmth comes at the end of it with only the decrease of the crescent.

In this time of the spring, we trace the lunar month until it becomes the 17th day of it, and then one can undergo cupping operation in one of these days (from the seventeenth day until the twenty-seven day inclusive).

If he misses the first month, the advent of the (17th) of the next lunar month (in which cupping is permissible), he can also make up for the chance. Naturally, there are some irregular years when April is also intensive in chilliness, then we must wait until May, or we could perhaps perform the cupping operation in April.

## Thank You for previewing this eBook

You can read the full version of this eBook in different formats:

- HTML (Free /Available to everyone)
- PDF / TXT (Available to V.I.P. members. Free Standard members can access up to 5 PDF/TXT eBooks per month each month)
- Epub & Mobipocket (Exclusive to V.I.P. members)

To download this full book, simply select the format you desire below

