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Introduction

Fengshui and similar arts have been practiced in the Far East for more than few thousand years. Fengshui is a very logical and scientific body of ideas and theories. This body of knowledge was recorded by the ancient sages through keen observations of people, environment and the stars. They documented, compared notes, and birthed this art. Once you understand its fundamental principles, you will be able to produce harmony in almost any situation or environment and that is the most important level for any Fengshui practitioner to achieve. I have compiled a set of notes which contained the most fundamental and also the most important Fengshui knowledge that every practitioner must know by heart. Fengshui is not about memorising but requires the practitioner to internalise the knowledge and able to wield it according to the situation.

This book has been put together to simplify Fengshui so that everyone can understand and work with its principles to harmonise their lives and that is the key to more success, wealth and happiness. This body of Fengshui knowledge, when properly utilised, will help attract prosperity, but one must also be willing to do away with bad habits to reap fully the benefits of Fengshui. Fengshui is mainly about understanding the environment and home, then learning how to energise the various corners of the home according to the needs of the homeowner. When you energise the various parts of your home, your life will improve and you will start to attract more prosperity. For example, you must activate your romance sector so that you can be a magnet for more dating opportunities. The home that is administered with Fengshui remedy will also benefit the homeowner eventually and it will be easier for you to

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attract success when you have a happy and harmonised life. Fengshui practitioners must always critically evaluate all areas of your home, examining each and every room inside as well as outside of the house. The key step is to recognise the connection between the owner and the house, therefore it is important to find out your life destiny and leverage it as first step to understanding this connection. Knowing your life destiny will help you better understand your birth element, your best colours and your best directions for improving your life. One can rely on Bazi (八字) or Ziwei Astrology (紫微斗数) to find out your life destiny. These are all tools to help you attain your goals. This book will help you decorate your home to improve your health, increase your wealth and find harmony. If you've heard about Fengshui and are interested to learn more about it, I think this little book will help you get started easily.

Sheng Qi - The Beneficial Energy



(Photo credit: Dawn Ashley)

There are several different sources of energy that move in and around us, even though we cannot see it with our human eyes. One type of Qi that every Fengshui practitioner must learn about is the Sheng Qi. Sheng Qi is the energy that vibrates good, healthy and prosperous energy.

A house that has full of Sheng Qi will bring success and harmony to its occupants. That is why everyone should try to promote the Sheng Qi in their house.

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Sha Qi - The Harmful Energy



(Photo credits: Maddie Photography)

When you are surrounded by the Sha Qi, you will feel like you are going towards the wrong direction or feeling angry and unhappy. Sha Qi can arise because of several reasons; you may be living in the wrong place, hanging with the wrong people, or simply having poison arrows pointing at you.

Staying too long in a house that is filled with Sha Qi is harmful to the occupants. We cannot do away with Sha Qi entirely but should try to reduce as much as possible.

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Front Door



(Photo credit: Giuseppe Milo)

As the Chinese saying goes, the windows are the eyes of the soul and the door is the mouth. Since it represents the mouth of the dwelling, naturally we need to take care of it, just like how we would take care of our mouth. An attractive entrance to your home or office will encourage energy to enter.

Just by observing the door of a house, one can predict the living conditions of the occupant and life circumstances that the homeowner is going through now.

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Door Condition



(Photo credit: J.S.B)

You also need to make sure your front door does not have any cracks or makes any creaking sound when it opens or closes. A broken door or one that is hard to enter brings in the worst

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kind of energy. Try to oil the joints and fix the cracks as soon as you spot it. Do not let any spiders to settle near any parts of the front door as this will increase the Yin energy. Brush away the spider webs as soon as you see them.

Area around Door



(Photo credit: Heather Elias)

Clutter should not be allowed to accumulate anywhere, especially at the entrance. People have a tendency to put things at the door as a reminder to get rid of the things, but often forgetting all about it. Do not let any pebbles or small rocks settle in front of your front door. If this is allowed, the women of the house will be bullied.

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Door Colour



(Photo credit: Perry Heaton)

Bright-coloured doors are very nice but do not suit everyone. Choose a colour that is most auspicious for the home owner. A bright colour may look nice, but if the colour clashes with the homeowner's destiny, it may attract unwanted elements into his life.

Colour tone should also blend with the home decor to ensure harmony. A door colour that clashes with the home decor may signal that the homeowner is having issues with the rest of the family members.

Try to choose door made of strong material. The door material should also be the element that the homeowner needs. Designing a door in this manner will balance the life elements of the homeowner, eventually attracting health and success.

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Area Leading to the Door



(Photo credit: Caroline Bach)

While many sidewalks lead in a straight line toward the door, it is more beneficial if the walk curves or meanders toward the door. If your walkway leads in a straight line to your door you should try to change it to one that curves or one that leads to the side to disburse the straight

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racing energy that flows toward the door. If you are unable to do so, place a plant pot along the corridor around the door area to slow down the incoming Qi.

Balance Your Living Room



(Photo credit: Reiner Kraft)

The ideal entrance to the living room should open from a foyer. A buffer is needed to slow down the fast flowing energy from the entrance to the home. You should choose colours for the living room that are beneficial to homeowner's life elements and direction or that suit his overall harmony.

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Great idea to install a ceiling fan in the living room to ensure good air circulation. Setting the fan to low speed setting is the best. Setting the fan to high speed setting can disrupt the flow of Qi in the house, causing dizziness to the occupants.

Make Sure Your Bedroom is a Safe Haven



(Photo credit: Ruth Lozano)

The bedroom is a very important part of the house. People spend a lot of time in the bed because of sleep; therefore it affects the person in a huge way. As such, you must pay attention to the bed. Your bed should be comfortable, and the energy should flow smoothly throughout the room.

Do not position the bed underneath the window, as the external Qi outside the house will influence the mind of the occupant, resulting in bad rest. Try not to position the bed so that

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