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### THE WORKS

OF

## EDGAR ALLAN POE

WITH AN INTRODUCTION AND A MEMOIR

BY

RICHARD HENRY STODDARD

VOL. IV



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## CONTENTS.

			PAGE
THE SYSTEM OF DOCTOR TARR AN	D PROFESS	OR FETHE	R. I
THE LITERARY LIFE OF THINGUM	BOB, ESQ.		. 29
HOW TO WRITE A BLACKWOOD A	RTICLE		- 59
A PREDICAMENT			. 75
MYSTIFICATION			. 89
X-ING A PARAGRAB			. 102
DIDDLING			. 112
THE ANGEL OF THE ODD .			. 128
MELLONTA TAUTA			. 143
LOSS OF BREATH			. 164
THE MAN THAT WAS USED UP			. 183
THE BUSINESS MAN			. 199
THE LANDSCAPE GARDEN .			. 213
MAELZEL'S CHESS-PLAYER			. 227
THE POWER OF WORDS	• • •		. 264
THE COLLOQUY OF MONOS AND U	NA .		. 270
THE CONVERSATION OF EIROS AND	CHARMIC	N .	. 284
SHADOW-A PARABLE	. :		. 293
SILENCE—A FABLE			. 297
PHILOSOPHY OF FURNITURE .			. 303
A TALE OF JERUSALEM			. 313

#### CONTENTS.

			PAGE
	THE SPHINX		320
	THE MAN OF THE CROWD		328
	NEVER BET THE DEVIL YOUR HEAD		342
K	"THOU ART THE MAN"		357
	HOP-FROG		380
	FOUR BEASTS IN ONE; THE HOMO-CAMELEOPARD .		395
	WHY THE LITTLE FRENCHMAN WEARS HIS HAND IN	A	
	SLING		407
	BON-BON		416
	SOME WORDS WITH A MUMMY		441
	REVIEW OF STEPHENS' "ARABIA PETRÆA"		467
	MAGAZINE-WRITING—PETER SNOOK	1	495
	THE QUACKS OF HELICON.—A SATIRE		514
	ASTORIA		530



# THE SYSTEM OF DOCTOR TARR AND PROFESSOR FETHER.

URING the autumn of 18-, while on a tour through the extreme southern provinces of France, my route led me within a few miles of a certain Maison de Santé or private mad-house, about which I had heard much, in Paris, from my medical friends. As I had never visited a place of the kind, I thought the opportunity too good to be lost; and so proposed to my travelling companion (a gentleman with whom I had made casual acquaintance a few days before), that we should turn aside, for an hour or so, and look through the establishment. To this he objected-pleading haste, in the first place, and, in the second, a very usual horror at the sight of a lunatic. He begged of me, however, not to let any mere courtesy toward himself interfere with the gratification of my curiosity, and said that he would ride on leisurely, so that I might overtake him during the day, or, at all events, during the next. As he bade me goodby, I bethought me that there might be some difficulty in obtaining access to the premises, and mentioned my

fears on this point. He replied that, in fact, unless I had personal knowledge of the superintendent, Monsieur Maillard, or some credential in the way of a letter, a difficulty might be found to exist, as the regulations of these private mad-houses were more rigid than the public hospital laws. For himself, he added, he had, some years since, made the acquaintance of Maillard, and would so far assist me as to ride up to the door and introduce me; although his feelings on the subject of lunacy would not permit of his entering the house.

I thanked him, and, turning from the main road, we entered a grass-grown by-path, which, in half an hour, nearly lost itself in a dense forest, clothing the base of a mountain. Through this dank and gloomy wood we rode some two miles, when the Maison de Santé came in view. It was a fantastic château, much dilapidated, and indeed scarcely tenantable through age and neglect. Its aspect inspired me with absolute dread, and, checking my horse, I half resolved to turn back. I soon, however, grew ashamed of my weakness, and proceeded.

As we rode up to the gate-way, I perceived it slightly open, and the visage of a man peering through. In an instant afterward, this man came forth, accosted my companion by name, shook him cordially by the hand, and begged him to alight. It was Monsieur Maillard himself. He was a portly, fine-looking gentleman of the old school, with a polished manner, and a certain air of gravity, dignity, and authority which was very impressive.

My friend, having presented me, mentioned my desire to inspect the establishment, and received Monsieur Maillard's assurance that he would show me all attention, now took leave, and I saw him no more.

When he had gone, the superintendent ushered me into a small and exceedingly neat parlor, containing, among other indications of refined taste, many books, drawings, pots of flowers, and musical instruments. A cheerful fire blazed upon the hearth. At a piano, singing an aria from Bellini, sat a young and very beautiful woman, who, at my entrance, paused in her song, and received me with graceful courtesy. Her voice was low, and her whole manner subdued. I thought, too, that I perceived the traces of sorrow in her countenance, which was excessively, although to my taste, not unpleasingly, pale. She was attired in deep mourning, and excited in my bosom a feeling of mingled respect, interest, and admiration.

I had heard, at Paris, that the institution of Monsieur Maillard was managed upon what is vulgarly termed the "system of soothing"—that all punishments were avoided—that even confinement was seldom resorted to—that the patients, while secretly watched, were left much apparent liberty, and that most of them were permitted to roam about the house and grounds in the ordinary apparel of persons in right mind.

Keeping these impressions in view, I was cautious in what I said before the young lady; for I could not be sure that she was sane; and, in fact, there was a certain rest-

less brilliancy about her eyes which half led me to imagine she was not. I confined my remarks, therefore, to general topics, and to such as I thought would not be displeasing or exciting even to a lunatic. She replied in a perfectly rational manner to all that I said; and even her original observations were marked with the soundest good sense; but a long acquaintance with the metaphysics of *mania*, had taught me to put no faith in such evidence of sanity, and I continued to practise, throughout the interview, the caution with which I commenced it.

Presently a smart footman in livery brought in a tray with fruit, wine, and other refreshments, of which I partook, the lady soon afterward leaving the room. As she departed I turned my eyes in an inquiring manner toward my host.

"No," he said, "oh, no—a member of my family—my niece, and a most accomplished woman."

"I beg a thousand pardons for the suspicion," I replied. "but of course you will know how to excuse me. The excellent administration of your affairs here is well understood in Paris, and I thought it just possible, you know—"

"Yes, yes—say no more—or rather it is myself who should thank you for the commendable prudence you have displayed. We seldom find so much of forethought in young men; and, more than once, some unhappy contre-temps has occurred in consequence of thoughtlessness on the part of our visitors. While my former system was in operation, and my patients were permitted the

privilege of roaming to and fro at will, they were often aroused to a dangerous frenzy by injudicious persons who called to inspect the house. Hence I was obliged to enforce a rigid system of exclusion; and none obtained access to the premises upon whose discretion I could not rely."

"While your former system was in operation!" I said, repeating his words—"do I understand you, then, to say that the 'soothing system' of which I have heard so much is no longer in force?"

"It is now," he replied, "several weeks since we have concluded to renounce it forever."

"Indeed! you astonish me!"

"We found it, sir," he said, with a sigh, "absolutely necessary to return to the old usages. The danger of the soothing system was, at all times, appalling; and its advantages have been much overrated. I believe, sir, that in this house it has been given a fair trial, if ever in any. We did every thing that rational humanity could suggest. I am sorry that you could not have paid us a visit at an earlier period, that you might have judged for yourself. But I presume you are conversant with the soothing practice—with its details."

"Not altogether. What I have heard has been at third or fourth hand."

"I may state the system, then, in general terms, as one in which the patients were *menagés*—humored. We contradicted *no* fancies which entered the brains of the mad.

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