



***Romantic Ideas For
A Memorable Valentine's Day***

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Romantic Ideas For A Memorable Valentine's Day

Valentine's Day is just around the corner, and this year, you want to make sure it's a memorable one.

Chocolate and cards just won't cut it. You want your loved one to feel special, to see that you put in a real effort this year, and most importantly - to demonstrate your love and commitment to your partner.

It doesn't matter if this is your first Valentine's Day together or your 20th, it's the one day a year reserved for couples. It gives us a chance to slow down the pace of the daily grind and to focus our attention on the one person who means the world to us.

The origin of Valentine's Day is steeped in mystery but legend has it that Saint Valentine sent the first Valentine's card while locked away in prison after trying to help Christians escape the harsh Roman prisons.

The valentine's card he sent out was to a young woman who just happened to be his jailer's daughter. She visited with him secretly during his confinement. Because they didn't have long to talk, he would hand her a small card with loving messages, and the beginning of what we now call "Valentine's Cards".

Saint Valentine sent his final card the morning of his execution with the scribbled words, "Forever in life and death, your Valentine".

Today, we celebrate Valentine's Day in a similar way, with the stores filled with your choice of heart filled delicacies, stuffed teddy bears, romantic poetry inked into the material of countless Valentine's cards that speak to the heart and represent our deepest emotions.

This guide, the "Romantic Ideas For a Memorable Valentine's Day" was written for the romantic in all of us, and even if you don't think you have what it takes to pull off an incredible memorable Valentine's Day, you might be surprised at just how thoughtful you really can be once you're given a bit of direction.

With these ideas, you will leave an everlasting impression in the mind and heart of your loved one.

From classic and traditional ideas that are always sure to win their hearts to unusual and creative ideas that will add a spark to your relationship, you will have everything you need to celebrate your love in a very special and unique way.



Linen Romance

One of the most traditional and classic ways of starting off a special Valentine's Day starts before we even put our feet to the ground. Serving the love of your life breakfast in bed is not only romantic, but it will put her in the right mood for the remainder of the day.

Even if you both have busy schedules and full work days, you can treat her to a special breakfast a bit earlier before you usually awaken. Set your alarm clock and rise up, you are going to make her an incredible breakfast in bed!

You could also switch it up to dinner in bed, which can be even more romantic as you're both winding down from the day, the lights are low and soft music is playing in the background.

Choose some comfortable (but sexy!) sleep wear, crawl into bed and share a romantic meal. Make sure that you set up the right atmosphere with clean sheets, scented candles, light music and turn off the T.V or phones. You want a quiet and intimate dinner between the two of you.

What you eat isn't important, and you can adjust the menu based on your partner's personal preferences. Make sure it's her (or his!) favorite meal, and make it last! Start off with finger food appetizers like fruits including

strawberrie, mangoes or raspberries. You can add biscuits, French bread or home made rolls (if you're up to the task!) into the mix, accompanied with cheeses and perhaps dip.

You could twist things up by creating a romantic picnic lunch by spreading a blanket on your rec room floor (or rent out a hotel room for the night so that you're able to give your partner a change of scenery).

Load a picnic basket up with your favorite goodies and make sure to set up a chilled bottle of wine or champagne. If you aren't sure what to purchase, consider a fruit medley wine such as strawberry wine.

Consider packing in a dessert, either whipped cream and strawberries, cupcakes with sprinkles, Valentine's cookies, anything that really celebrates the mood and represents your special day.

After your dinner, offer your partner a massage with oils to complete this romantic excursion.



Music Of Your Heart

Music plays a significant role in every romantic setting and what better way to show your love than by creating a compilation CD for your loved one with all of the songs that remind you of them.

With the accessibility of audio technology, you could record a special message at the beginning or end of the CD that describes what they are about to hear OR inject special messages in between songs that describe why that specific song reminds you of them, and what they mean to you.

Purchase printable CD covers from your local store and create a personalized cover for your CD. Add their name to it and the date and year, so that you can both remember the exact Valentine's Day in which it was given.

The songs don't have to be just the regular old songs either. Create a more personalized version of your CD by including songs from movies you've watched together, or from your first date.

What was the song that was playing on the radio when you had your first kiss? First dance?

If you're married, include music from your wedding, from the birth of your

children.

Music is part of all of our lives and it lives in the backdrop of our memories. Bring it to the forefront, show them you have been paying attention and give them a homemade gift that they will always remember.

Consider slipping the CD in their car for a fun surprise and make sure to wrap it up in pretty red paper!



Bubbly Intimacy

One of the most memorable Valentine's Day that I have ever had was so simple to create but yet so incredibly intimate. My lover had a bubble bath waiting for me when I got home from work.

Scented candles adorned all four corners of the tub, and a brand new fuzzy bathrobe, slippers and massage oils were carefully placed in a gift basket by the tub.

Oozing sensuality, I was instructed to get in and relax. He then began washing my body, starting with my shoulders, back, legs and even my hair.

This is the stuff that dreams are made of, and it's not only easy but affordable to set up.

Consider leaving your lover to soak and relax while you escape to set up a delicious meal. There's nothing better after a warm and relaxing bath than a hearty meal to finish the night off.

If it's later in the day, lead them into the bedroom where you have the traditional setting of flowers, chocolates, music and serenity, while you dance with them (slowly!). All your partner wants on Valentine's Day is your attention, your acknowledgement, and of course, you. The best

memories are always from the simple gestures of love and devotion, so don't over think it.

Look deep into their eyes, give them your full attention. Take your time with every little thing you do.

When washing their body, circle their skin slowly with a new, clean sponge. Wash her or his hair thoroughly including combing it out, and massaging the scalp.

Purchase bath oils that will provide a relaxing and silky bath. Try out a fun and sensual bath game, and make sure to warm up her towel by throwing it in the dryer for a few minutes before she (or he) is ready to get out.

If your partner prefers showers, you can spice it up just the same. Opt for a nice, candlelit shower with music, candles or incense.

You can have a lot of fun with this and it will be a night to remember.



Messages in A Bottle

If you have trouble being romantic, or perhaps you even feel awkward expressing your love openly, this is a fantastic way of getting your message across.

Messages in a bottle will take your lover back to the romance novels of her youth, and represent secret love that every woman will melt to.

You can purchase a message in a bottle from www.personalcreations.com where you can personalize the etched message that will be carefully entered into the plastic bottle.

If you are considering the previous romantic idea of an intimate bath together, you can always leave the message in the tub where they can playfully find it.

You can also hand write the messages and leave them around for your partner to find (think, mirrors, car, her or his shoes! - Anywhere and everywhere so that the entire day is filled with finding love notes from you.

One of my friends put their own little twist to the messages of love idea. Rather than just messages professing his love, he created a romantic treasure hunt where each message was a clue as to what to do next. The "treasure" led her to a romantic picnic dinner, and following, a sunset walk.

Planning out a romantic and memorable Valentine's Day doesn't have to be expensive or complicated.

On this day above all others, it truly is the thought that counts.



Go Ahead, Rub It In

Another classic and romantic idea pulled straight from Saint Valentine's little black book! It's no wonder that massages are so incredibly adored as our skin is the largest sensory organ in the entire body.

To prepare, you will need to purchase massage oil or lotion, keeping in mind that your partner may prefer specific scents.

The next step is to set up a massage "bed", which could be a flat tabletop, a padded exercise mat laid firmly on the ground (make sure to place a warm blanket or thick towel on top of it to make it more comfortable).

Make sure to eliminate any noise and distractions, by turning off phones, cell phones and other mobile devices, shutting off the T.V and if you have children, call Grandma to baby-sit! This is a time meant for just the two of you and you want it to be as peaceful and relaxing as possible.

Also keep in mind that you want the temperature in the room to be comfortably warm. Place a few warm towels near the area as well so that you can wipe your hands, prop your partners head or body more comfortably and in case of spills.

Turn on some romantic music, based on your partner's personal

preference. If she or he likes jazz, play some!

If they're a classical or country fan, load up a CD with their favorite music. Just keep it turned down.

You want it to be in the background with your hands in the forefront. Work your way all over your partner's body, taking your time.

Men: Read that again, **take your time!** You want this to truly be a pleasurable experience for her, and for her to feel as though there is no hidden agenda. You are there to show her that she means the world to you and that you want to make her feel relaxed.

Consider adding fun props to the massage, including feathers, silk scarf or even a blindfold.

Get creative and put your own signature mark on this special night.



She's Got That Loving Feeling

Ladies, don't let your man fool you! He wants a romantic Valentine's Day as much as you do. In fact, men often have the need to feel loved and desired even more than us women!

So, to kick off his Valentine's Day in style, here are a few ideas to get you started:

Gifts Galore

Today is the day to spoil him rotten! You want to start by following the classic traditions of showcasing your love on this very special day.

Consider a stuffed animal and if he's a sports fan, try for a teddy bear wearing a jersey or t-shirt with his favorite sportsteam logo.

Buy him something he's been wanting but would likely never buy for himself, like a music CD, DVD, clothing, or anything else that is affordable and bound to be a hit.

Don't forget the chocolates, a romantic card or get a little wild and have a sexy photo taken of yourself that is framed and ready to deliver!

Top it off with a romantic dinner, and it doesn't have to be fancy food either! A cold beer, hot pizza and his favorite T.V show or movie will hit

the spot!

If you're in the position to purchase tickets to a game, event or concert (or anything else that takes him out on the town for a memorable date), do it!

You can keep the theme going by purchasing him items with hearts but remember, you want him to be able to enjoy these items long after Valentine's Day so one pair of heart boxers or a small pack of heart shaped guitar picks is plenty!

Just don't forget about him. It's been deemed a "woman's holiday" but we both know, it's not, or rather it shouldn't be.

He deserves to be loved, adored and pampered just as much as we do, so plan out a special "guy date", and show him that you want Valentine's Day to be about showing him how much you care.

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