

# Dream Interpretation As a Science

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**A Solution for All Your Problems  
The Cure for All Mental Illnesses  
Your Spiritual Salvation  
Accurate Dream Translation  
Dream Analysis**

Become a:

**Professional Dream Translator  
Scientific Proof**

See that it Works in Your Own Daily Life



**Real Examples of  
Dreams,  
Biographies,  
Translations,  
Treatments  
Full Psychotherapy**

**The Largest Collection in Existence of  
Different Dreams Translated for You**

by

**Christina Sponias**

# Dream Interpretation As A Science A Solution For All Your Problems

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# **Dream Interpretation as a Science**

## **A Solution for All Your Problems**

### **Introduction**

The scientific method of dream interpretation is a precise translation of dream messages.

This eBook will teach you how to understand dream language, so that you can learn what is really happening in your psychical world. After you read it, read **Craziness Prevention – Free and Safe psychotherapy through Dream Interpretation**, the eBook bonus you receive with **Dream Interpretation as a Science**.

**Craziness Prevention** was written before this ebook. I thought it was important to focus first on teaching you to use the knowledge you get from interpreting your dreams according to the scientific method because dream interpretation helps you prevent all mental illnesses and keep your mental health for life.

You will notice that some of the dreamers who participated in my summer offer for free dream translation and psychotherapy purchased **Craziness Prevention** and learned how to translate their dreams using the knowledge they acquired in the eBook.

However, now that I have written **Dream Interpretation as a Science** I believe that it will be better for you to start studying dream interpretation using this eBook first.

This book is fascinating because in it you learn the basics of dream language, and you see how dream messages actually help the dreamers, especially at the end of the eBook, when you see how quickly they were able to solve their problems once they understood their dreams through the translation.

Through the combination of these two eBooks you have a very valuable resource for learning about dreams. That's why it makes sense to give them to you both together.

It took me 19 years of translating dreams for many different dreamers to discover and verify dream symbology and ensure that my translations were correct. Now you can benefit from all this experience by reading these two eBooks.

I'm sure you'll find **Dream Interpretation as a Science** very exciting and interesting, and later, when you read **Craziness Prevention**, my explanations will make even more sense because you will have already seen their application in practice through the numerous examples of dreams translations and dreamer biographies.

In this eBook I am teaching you how to use the scientific method of dream interpretation in order to understand the meaning of the dream messages, by giving you a collection of dreams, biographies of the dreamers and dream translations along with my explanations.

This is a unique collection of real dreams from various contributors on the Internet who agreed to let me publish their dreams with a few details about their biographies (anonymously), so that you can understand how to translate your own dreams. I offered them free translation and psychotherapy, and they agreed to let me use their example as a lesson for you.

You will be able to verify that these dreams are real – they are not simply stories that I invented, because you will see that each dreamer has a different personality and writes in their own style.

You will see how dream messages have really saved people in practice by reading the dreamers' responses.

You will learn that you have a terrible enemy inside you: the wild and evil anti-conscience, your primitive conscience that

has not passed through the process of consciousness that your human side has passed through.

The wise, unconscious mind uses dreams as its way of sending you protective and informative messages in a symbolic manner, in such a way that the anti-conscience cannot also learn about them. Your enemy must not learn of the directions given by your protector.

You have to translate these messages in order to understand the guidance you receive in your dreams, the same way that you would have to translate an unknown language into your own language in order to understand a document written in a language you don't speak.

Always remember that your dreams are trying to protect you from the dangerous and evil anti-conscience!

Examine them with the spirit of a serious student who is trying to understand and follow the guidance of a very important professor, a professor who can help you analyze the workings of your own mind in the same way that a psychiatrist might. Your dreams have a basic function: to protect your mental health. So, you have to look at yourself as if you were a patient, and as if your professor is also your doctor.

The unconscious mind is always showing you your mistakes and why you make them. You receive warnings and see unpleasant scenes in your dreams because your protector is trying to save you from getting yourself into trouble.

You are not receiving messages in dreams because the unconscious mind wants to say "hello," but rather because it wants to help you and help you avoid the pitfalls of making bad decisions that can lead to disaster in your life.

Become a serious scientist who searches for the truth, and at the same time, have the humble attitude of a student with much to learn who is just embarking on his studies.

## **Dream Images and Their Translations**

When you translate dreams you translate images into words.

Here is an educational article that will show you the difference between a subjective interpretation of a text, and a literal translation.

### **Dream Interpretation and Poetry – Interpreting Love Poems**

<http://scientificdreaminterpretation.blogspot.com/2008/09/dream-interpretation-and-poetry.html>

You have to learn how to translate the symbols into words, instead of simply trying to guess the dream's meaning through the filters of your conscious mind.

You will discover that it is easier for you to translate other people's dreams because the images that appear in their dreams are not images you are familiar with, while in your own dreams you see images with scenes that belong to your daily life. You are used to seeing your shoes, your house and your car, for example, in a certain way that is familiar to you. These are things that you are attached to, so you give them a personal definition, instead of a general definition that exists for them as objects.

When you see your own house in your dreams, you think of it as you are used to at first. You do not simply translate this image saying: this is my psyche. Instead, you continue to think of your house in the way you are used to thinking about it in your daily life. It is difficult for you to transfer the meaning of your own house to the symbolic definition it has in your dreams.

When you analyze other people's dreams, you will simply exchange images for their meaning and complete the translation of the rest of the dream using meanings derived from the primary symbols. Your observation is objective,

because you look at the dreams from outside, without personal attachment to the images.

You have to do the same when you analyze your own dreams. When you translate the meaning of an object in your dream you must stop seeing it the way you are familiar with when you are awake.

You will see examples of dreams and translations from dreamers who read **Craziness Prevention** and tried to translate their own dreams, along with my corrections.

These are good examples, because these dreamers really cared about the meaning of their dreams and their translations. They also cared about the psychotherapy provided to them by the unconscious mind. They found real help and relief in the dream messages.

Other dreamers found some relief and were helped with a few points, but because they had not read **Craziness Prevention**, they did not experience the quick evolution experienced by the students who learned the basics of dream translation. Those that had read **Craziness Prevention** were trying to understand their dreams themselves, and received my help in translating parts of their dreams.

Of course, these students are only at the beginning of their studies, therefore their knowledge was still limited. However, you will be able to follow the development of their capacity to understand the dream messages.

This is the most important aspect for those of you that are trying to learn and follow their example: you will see how people who previously knew nothing about dream translation learned to translate the meaning of their dreams by reading **Craziness Prevention**. Now, imagine how much more easily you can learn to translate your own dreams with the help of **Dream Interpretation as a Science** and **Craziness Prevention**!



You will not only learn how to translate your own dreams, but you will learn enough to become a professional dream translator like me, and learn to translate other people's dreams and give them psychotherapy.

After reading these eBooks, you will need to practice until you become a perfect dream translator with the ability to translate all dream messages instantly.

I spent 19 years studying the meaning of dreams and trying to discover the cure for schizophrenia, psychosis and all mental illnesses that cannot be cured. In the process I helped many people find peace, health and happiness after despair, depression, suicide attempts, serious mental illnesses and all kinds of tragic experiences, before I dared to present my work to you.

Today it is perfect, and this is why you can learn in a few hours what I took years discovering.

It is my pleasure and my honor to be able to provide you this knowledge in simple form. I am sure you will understand that it is a real blessing, and you will be grateful for my sacrifice during all these years. I worked very hard in order to be able to give it to you in a way that you can easily understand it, and start seeing positive results immediately, rather than after many years of study, like me.

## Dream Logic

Dream language follows a different logic, a logic that is opposite to the logic of our conscious mind.

Our human conscience is selfish and it is led by our ego. The ego obliges man to pursue something he will never reach and try to possess things he doesn't really want. It is therefore absurd and it ends up in craziness and despair.

In addition, the human conscience is under-developed because only one psychological function is well developed in everyone's psyche and another one half-developed. This means that our conscience is quite idiotic and needs to be developed.

This is why dream language cannot follow our logic. We have to learn how to follow the logic of the unconscious mind if we want to understand the meaning of our dreams.

Here is an educational free report that will show you the meaning of logic:

### **Craziness and Logic**

<http://mentalhealthforlife.blogspot.com/2008/09/craziness-and-logicfree-report.html>

Now that you understood the meaning of logic, you can understand the logic of the unconscious mind.

The logic of the unconscious is saintly and wise. Therefore, it gives importance to the general happiness and mental health of the dreamer for the span of his or her entire life, and not only for the present moment.

The unconscious mind is the wisest human conscience that exists, therefore its advice in dreams is the voice of wisdom and sanctity inside your brain giving you lessons, explanations, warnings, and premonitions.

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