



7 Tips to Creating a
Sizzling Sensual
Massage Experience

7 Tips to Creating a Sizzling Sensual Massage Experience

Brought to you by :

www.erotic-massage-guide.com

Copyright Your Information Ltd

All rights reserved.

No part of this book may be reproduced, stored in a retrieval system, or transmitted by any means, electronic, mechanical, photocopying, recording, or otherwise, without written permission from the author.

Per the Digital Millennium Copyright Act we will prosecute anyone found to be stealing any content from this e-Book or relevant website and using it in any fashion.

Disclaimer: This information is not presented by a medical practitioner and is for educational and informational purposes only. The content is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek advice of your physician or other qualified health provider with any questions you may have regarding a medical condition.

Table of Contents

Introduction	4
Chapter 1 : Taking the Time to Create Your Erotic Massage Atmosphere	5
Chapter 2: Location, Location, Location	8
Chapter 3: Talk for Goodness Sake!	9
Chapter 4: Take Your Time and Explore the Territory	11
Chapter 5: The Massage Oil	13
Chapter 6: Alternate	15
Chapter 7: What You Should or Should Not Wear	16
Conclusion	17
Free Report	18
Erotic Massage Stories Wanted	19
Resources	21
License Agreement	23
Affiliates / Win - Win !	24

Introduction

We all want to relax, and we all want to find ways to help us relax. That can be through sitting in a hot tub, enjoying a movie, or it can be through a sensual experience that comes from a sensual massage experience.

What exactly is a [sensual massage experience](#)? Well the fact of the matter is that our skin is the largest sense organ on the body. Simply by touching the skin, you can create a deep emotional and mental connection.

Massage has been proven to reduce stress levels, and it can help your health in a multitude of ways. Whether it is through improving circulation, the immune



system or helping the brain develop itself, sensual massages go far beyond an act of intimacy between partners. It is a way to tune the body and the mind together, while sharing a very personal experience with someone you love.

Through sensual massage, you can even ease muscles, headaches and take care of some allergies. On top of this, it aids in digestion and helps the nervous system.

There really seems to be nothing that the sensual massage can't do, making it something very special for your body, and your relationship, and something you and your partner should definitely look at.

In this booklet, we will look at what sensual massage is, and how it works for the body and the mind

1. Taking the Time to Create Your Erotic Atmosphere

When you decide to perform a sensual massage, you need to begin with the preliminaries of the massage.

These come in the forms of the set and setting, lubrication and communication.

Set And Setting

First, you need to turn off all the phones in your home. You do not want any disturbances when you are trying to relax with a sensual massage. Then, turn out the lights and light the candles or soft lamps. It would also help to burn some incense and turn the heat up so that you are not too cold when you are lying around naked.



Put a blanket or sheet over where the massage will be, whether it is a massage table or the floor, and make sure you have the [oils](#) and lubricants nearby. If you want to create a nice setting, you can have fake fur and feathers that can be

used to tickle the skin and delight the sense of touch

Try putting on a [CD of soft music](#) that can be on repeat so that your whole room is filled with calming sounds and lights that will make both of you relaxed.

If you are giving the massage, take a look at your fingernails and cut them if you need to. This will prevent some painful scratches during the sensual massage.

[The Accessories](#)

There are many items you can have to make the sensual massage just a bit more sensual. These are items like candles, lotions and more. The candles and lotions will work great to create a relaxing atmosphere that will have the two of you enjoying the peaceful and sensual experience.



Another tip is to put on some soft and [relaxing music](#) in the background. Nothing seems to relax us more than being able to listen to relaxing music. When the very air around us is filled with [scented smells](#) and wonderful and relaxing music, we feel better about the situation and we have a greater ability to relax in the new environment. Try and find some music that uses soft tones and is very quiet. You won't be able to relax when you have Thrash Metal in the background, so having some quiet soft music is perfect.

Another idea for the music is to have something like rainforest sounds. We evolved from the forest and the wild, so for us it is very calming to be able to listen to those sounds in a relaxing environment like a sensual massage. Just be careful to choose something that is not too loud. Birds chirping, rolling waves, the soft wind are all good bets for sounds you want during the sensual massage.



2. The Location, Location, Location

They say in business, that it is all about location, location, location. Well, the same is true during a sensual massage. You want to make sure that the sensual massage location is perfect for a relaxing environment. Most people do not have massage tables and this means that you will have to find an alternative location for the massage.



There are plenty of places that will work in the house, including the bed and the couch, but you can also use the floor. As long as everyone is comfortable and there is nothing digging into them during the massage, you should have no problem finding a great location.

If your intimate life needs a kick start then I would advise not going anywhere near the bedroom!

Change the record. Add some fun and novelty in your life – why not try out the living room, guest room, or even better : a hotel room.

Another great location is outside. This does not mean in a park, but on your own property where you can be free of prying eyes. Something like along the pool, on the lawn (with a blanket) or even in a lounge_chair will work great. Make sure that you do this at night, and make sure you are somewhere private unless you want someone wondering why there are candles in the yard.

3. Talk for Goodness Sake!

Communication

Communication is also very important when you are giving a sensual massage. You should be open to hear what may be getting in the way of your partner's comfort. As well, requests to go to the bathroom, a harder or lighter touch, or for the heat to be turned up should be expressed.



It is important that the person you are massaging is feeling comfortable, and listening to what they ask shows that you are paying attention to their feelings, and that will create a greater sense of pleasure for the person who is receiving the

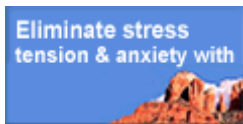
massage.

Talking about what is going to be done in the massage will put everyone at ease. This will help the experience to become more fulfilling and relaxing, which will make everyone a lot happier with what is being done.

A word of caution : Avoid discussing problems, work, kids, the outlaws, or the taxes. This is 'us' time, so keep it light, friendly, fun and relaxed. Use the occasion to pamper your beloved with touch and compliments. Tell them what you love about them, their body, their touch.

You always want to maintain contact with the skin of the person who you are massaging. This may be one of the most important factors in the massage. This is because by keeping contact with the person, you will be able to never let them slip out of the relaxing trance that they have entered into. That will allow them to become even more relaxed during the sensual massage.

As we have mentioned, being relaxed is key for this. Failure to be relaxed will let the thoughts of the day enter your mind, which will only lead to problems for you during the massage. The sensual massage is the bubble in which you are isolated from the world. Remove your hands and fail to make contact with the receiver, and that bubble will be burst.



When asked whether men were uninformed about a woman's body and desires - 76% of women answered Yes

Thank You for previewing this eBook

You can read the full version of this eBook in different formats:

- HTML (Free /Available to everyone)
- PDF / TXT (Available to V.I.P. members. Free Standard members can access up to 5 PDF/TXT eBooks per month each month)
- Epub & Mobipocket (Exclusive to V.I.P. members)

To download this full book, simply select the format you desire below

