

# **The Ten Dirty Secrets of Getting Enlightened**

**(A madman's guide for instant enlightenment)**

**by: MG**

**A Down and Dirty Guide  
To Get Enlightened  
For The Man Who's Fed Up with  
Gurus, Scriptures and Meditations.**

### **Warning:**

You may get nothing in this book to cling and follow, you may lose your current track of so called meditations, contemplations and consolations; you may dump your masters, burn all scriptures and lose your identity of "Who you are?"

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## INTRODUCTION:

Why dirty secrets?

Simple, because we never attract towards anything that is sober and decent.

Dirty is attractive, dirty is appealing, and dirty may be dangerous.

There is great appeal for sex and meditation since the beginning of the universe.

I answered why 'dirty'.

Now why 'ten'?

Why 'ten dirty' secrets?

Why not twenty or hundred?

I don't know.

I like 'ten'.

It seems like 'Ten Commandments' of Jesus, that's why Ten.

Who knows people may know me for centuries for my "Ten Dirty Secrets of Getting Enlightened"

Who knows?

Anyway,

Meditation is dangerous. Meditation may bring you to the point where there is nothing good or bad. It may wash out whatsoever you have earned through lots of hard work, and education. You may find that your securities are in fact insecurities. And the relationships and love you are clinging right now are in fact your insecurities and escape form loneliness.

You may lose your identity, and persona.

From centuries meditation is considered as something arduous and sacred. And that keeps everyone away from meditation. For these people meditation is going away from society, and to become a monk.

Renounce. Give up.

But it is very coward to run away from the society. Actually society is a test. Only in this big madhouse your abilities can be test and you can find your center. Or you may find that there is no center at all!

Otherwise how will you know that you become a Buddha?

Even a Buddha has to come back to society. So why leave society in the first place?

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I don't think it's essential to apologize for my good English as I am not here to teach you English.

One more thing that is of course NOT very much essential to mention here, that this book has no copyright. You can use it, misuse it or claim as your own, I'll not mind, because I don't have mind.

And don't take me responsible if you lose your original track of Sadhna or what you may think as Mediation.

**SECRET ONE: Kill your guru**

Kill your guru!  
Drop your master.  
Yes! That's right.

This is the biggest lesson one can ever learn. It doesn't matter how much your guru is wise or enlightened, his light is not going to help you to become enlightened. Guru is your ultimate safety but enlightenment is **RUNNING FROM SAFETY**.

You are not enlightened as long as you are a follower and dependent. One is confused and following different gurus. It creates more confusion.

Get clear.

Nobody is going to clean your shit.

You are not going to understand a Buddha, because you are listening to him through **YOUR** conditioning, your past experiences, concepts and confusion.

Clarity and order is Meditation.

Do not bother what masters are telling; first look deep within the mess and chaos you have created. Look into the mind; watch it and you will find clarity of perception.

That perception which is free from all prejudices and concepts is your real guru.

Of course in the end you are **NOT** going to find out **ENLIGHTENMENT!**

But I don't want to make you disappoint and upset right now.

Otherwise you are not going to read this book seriously and thoroughly.

Don't you?

Well...

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## SECRET TWO: Burn all scriptures

Burn all scriptures!  
Burn all books and knowledge!

It is enough reason to burn them all that you are NOT enlightened yet, after reading all this holy shit since thousands of years.

This borrowed knowledge is the source of your confusion and as long as you are dependent on this knowledge you will remain dumb ass.

Books and borrowed knowledge is your shelter and safety. You are repeating and quoting endlessly and shamelessly others. And your so called education is nothing but repeating others.

Isn't it?

Now give it a full stop.

You will feel much relax after this.

No more reading holy shit, No more repeating others is only your dirty mantra.

Why fill our minds with what others have been told? It may be holy and scared but it is not your OWN experience.

It may be good for them, it may be right for them or it may be right for that time when they lived and died.

And most important thing is that I don't want you to be crucified just for quoting Jesus or Socrates. You talk your own shit and then get crucified.

And one more important thing, which I would like to point out here, and also which you forget in evolution of mankind, that you have got a hundred grams of flesh which is called BRAIN. It has got network of trillions and zillions of cells, having their own individual consciousness and infinite correlation.

Many of you may like to write this important fact on your foreheads,

**I HAVE GOTTA BRAIN!!!**

Isn't it?

Then use it dude.

It is not a store room for colleting garbage! It can also think.

Yes, your brain can think new ideas, and invent something totally new which can surprise you.

Why waste time in reading, quoting and discussing others?

Write something!

Talk something, original and virgin.

Some holy shit, so that others can read you, so that others can listen to you!

Give some sutra, give some mantra. After all this is a sign of a Buddha. Here Buddha means not Gautam Buddha but a person having his own tube light.

If you are light unto yourself, means if you are having your own tube light only then you are a qualified Buddha. Having our own light means USING our own little shitty brain.

Hmmm?

Is that clear?

Nobody can give that to you, that little sacred, holy ... light!

Didn't you see that little aura around your enlightened master's face, in photographs?

Well it's actually photographer's trick, but something like that.

Ok, we learned that not a single book or Holy Scripture can give it to you. And not a single technique can give you intelligence. Intelligence can not be produced by any method or technique, however cleverly discovered by a master or guru, a technique of meditation can not liberate you.

A technique of meditation...Opps! I'm already talking on...

SECRET THREE: Throw away that meditation

My dear lazy friend,

Good news for you.

No early morning wake ups!

Yes, throw away that meditation.

What is meditation? Isn't it continuity of mind?

I am going to meditate for twelve, fifteen years and then one day if that **Old One** pleases then I may become enlightened and meantime I'll remain asshole. This is our meditation. Isn't it?

A repetition.

And repetition makes your brain dull and mechanical. We are so dumb, somebody tells us how to seat, how to breathe, how to watch. We just follow.

Meditation is rebel.

Rebel my friend REBEL,  
 Otherwise who is going to crucify you?  
 Who is going to poison you?  
 Unless you are no more a rebel to society, its pattern and bullshit tradition you are not a real messiah. You are just a vegetable.

A follower.

Aren't you?

And they are telling you, meditation is to put your mind aside, going beyond mind.

Ok then one seating of meditation is enough. Why taking so much time.

Everyday you meditate and put aside your mind for a while and as soon as you finish your meditation you pick it up again, why?

Drop the mind, and be finished?

Your so called meditation is not real meditation at all; it's just a trick to continue fighting with mind to keep it alive.

If I'm wrong then stop reading, no point in wasting time.  
And if you can not stop reading than I assume that you are convinced with this point.

Ok, next point,

They say we are going step by step.

Step by step we are going to get free from the mind. But this is the way of mind to go step by step to be continued and never put an end, and be finished!

If one day in the future you are going to drop your mind, as your theory promises, then remember that future will never come, because meantime you will carry the same mind.  
Don't you?

And whenever you will drop the mind it will be always present moment, ok?

Can you sense the logic of this point?

Then why not HERE?

And why not NOW?

And if you are going to drop your mind here and now then no technique is needed.

Because technique is TIME.  
Technique is MIND.  
Technique is HOPE.  
Hope is FUTURE.  
And Future is ...MIND.

As long as you are meditating your mind is expecting - something is going to happen, Nirvana, Samadhi, and that expectation is mind. That mind which was hankering for money, prestige and sex is now hankering for Nirvana, Moksha and Samadhi.

Is there any difference?

As long as you want something however sacred it may be, your mind is going to be continued, and we don't want to stop search. That is the trick of the mind.

Enlightenment is not an event which is going to happen one day in the future but it is hidden in the understanding of the tricks and ways of mind.

It is NOW! Right now you can look into the mind and confusion and become free.

Right now you can drop everything you are carrying unnecessary since ages and be finished. It is not a question of meditation. Unless your eyes become fresh and innocent how can you see Him?

As long as you are looking through concepts, theories and beliefs how can you look into Reality?

This is the real meditation, to drop all that is rubbish. It is to empty and clean your mind.

Do not find excuses through daily routine of meditation and prayers; just be finished once and forever!

This is the test of courage and confidence!

And He is ready as soon as you make space for Him

But we are afraid of being finished. We don't want to drop our stupidities and miseries because that's the only property we have got. Because that is the only our identity of "Who am I?"

Even if suddenly God comes in front of you, you will tell him wait I want to search you, please not now.

And he comes only when you are empty and clean. That is the only rule.

And if you are really with me then you will find him...

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