the GLAD GAME REVISITED

YOUR 21 day JOURNEY into Vibrational Alignment

Empowering YOU to Emerge
as the perfect
MATCH
for
YOUR
DREAMS & Aspirations

Book 1 - Divine Orchestration

By Alva v.H

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BOOK I

DIVINE ORCHESTRATION

BY *Alva v.H*

Disclaimer

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Grown-ups never understand anything, for themselves, and it is tiresome for children, to be always and forever, explaining things to them'.

- Antoine de Saint Exupéry.

DEDICATED,

With LOVE and PRAISE,

to - ARIE and JONA,

Who chose to share their Journey, with mine.

And thus,

serve as - my true Avatars,

on this Path of JOY!

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FOREWORD

'Whether we name Divine Presence Synchronicities,
Serendipities or Graced Moments, matters little.
what matters is the reality, that our Hearts have been understood.
Nothing is as real as a healthy dose of Magic which restores our Spirits'.
- Nancy long.

Dear Reader,

I WELCOME you on a wonderful journey.
It takes Courage to embark on the path of self-discovery and you have taken the first step now.
It is my desire to assist you on your quest by sharing with you the information I am about to reveal.
In this Book you will be initiated into my *'Glad Game Revisited'* process.
A process that has proven to be a turning point in my life.
I truly believe that what I have to share with you will be of Great Value to you, and will serve you well.
My mission, if you will, is to inspire you as you set on the path of remembering who - YOU REALLY ARE.
Realizing and recognizing this wonderful Inherent Wisdom you carry within you, and eventually to be stirred back into RE - Alignment with the Grand Power that creates worlds - with Source Energy.
You will RE-discover this inherent power that you carry within you, just waiting to be awakened.
This power is the force of your Spirit, Body and Mind which when brought into alignment can create wonders.
This is a power greater than you have ever imagined.
A force that when unlocked can work miracles on all Levels of your existence.
The journey you are about to embark on is a Journey of Love.
A journey which may seem challenging at times, but one that is deeply rewarding as it connects you back to yourself, unleashing wonderful inherent Gifts of Expansiveness and Creativity.
It is my privilege and Joy to share this discovery with you as you emerge from a place of resignation, doubt and disappointment to one filled with WISDOM, STRENGTH, EMPOWERMENT and LIGHT.
I wish you Bon Voyage!
You are about to set on a wonderful, magical and inspiring journey, a Journey back to YOU!
May you Enjoy every moment of it.

Yours Sincerely,

Alva v. H

'When you Dance, Your Purpose is not to get
to a certain Place on the floor.
It is, to enJOY each step, along the way'.
- Wayne Dyer.

MY STORY...

Mine is quite an ordinary one.
It is neither an adventure filled Story of courageous pilgrimages to Ancient sacred cities of the past in pursuit of some magic word or formula of sorts, nor of 'a life threatening experience' of any kind.
Since I can remember myself I have always been on a spiritual quest, and still am.
My quests however have been and still are for the most part inwardly oriented, as it is my strong belief that, that which we spend a life time searching for is in us waiting to be tapped on and RE-kindled, at all times.
We all carry this magical potential of everything we are really meant to BE.
We are so designed!
My *'Epiphany! - Moment'* revealed itself unexpectedly as I was going through long forgotten personal belongings in my cellar one day and stumbled upon the book - 'PollyAnna' a best-selling 1913 novel by Eleanor H. Porter.
As it may well be that you are not familiar with this term, as it came to be later, I am enclosing a short Essay as an Appendix at the end of this book, should you care to read more about it.
But actually the Story of events has little to do with the essence of the revelation, and the immense effect it had on me at the moment I rediscovered it so many years later.
In this very Single moment the answer to everything I have been searching for, for decades, was wonderfully made clear to me.
Experiencing long periods of deliberate alignment, during which life seemed to FLOW in perfect synchronisation, with my visions and Aspirations - The universe presenting me wonderful gifts of Joy, Love and Abundance with absolutely no effort on my part, and then again, times when all but the above was present. Thinking I must have made a wrong turn, somehow, somewhere, I would then set upon trying to put some more effort and force myself back into reaching this lost state of BLISS.
Each and every time going through the process of RE-calibrating myself anew, with a growing sense I was missing something, some elusive 'detail of utmost importance' that which brings it all about so perfectly in place.
And so it came to be that at that moment, holding that book in my hands I recognized beyond any doubt this truth revealed to me in its full magnificence yet simplistic genius.
The pattern I was following only intuitively for years became real and tangible for the first time.
That was IT.
You see, up until this moment I was not fully aware of this 'Waltz Dance' I was performing for quite some time now as being an indicator - and as such pointing - in the direction of my visions all along.
I must admit I was neither as a child nor later on, a great fan of 'PollyAnna'.
This happened much later on, only after 'the Re Discovery'.
I was anything but *'Pollyannaish'* as a young girl, carrying with me a sense of 'Love-Hate' relationship towards this character.

But fortunately for me as it happened to be, the MESSAGE of it had been subliminally delivered all along.
So as I was intuitively led into following her footsteps, I was secretly initiated into this magnificent Ritual so as to later on be able to recognize the life force it carries with it and turning this Message into a Conscious Decision to live by.

'The limits you may currently experience within you,
have given you the idea that Awakening and Enlightenment, as you know it, are your end goal.
Be assured,
Even your most happy and loving expectations, are just a glimmer
of all the great and powerful potential
YOU personally are intended to have and use as the YOU are intended to BE'.
- From the teachings of Abraham.

YOUR Journey begins -

Since you have chosen this book to accompany you at this time It can be assumed that you may have gone through your share of disappointments along the way, and therefore understandably must be harbouring resentments, feelings of powerlessness and self-doubt within.

Or it may well be that you find yourself in the midst of some 'undesirable situation' at this time in your life experience.

You may be suffering the loss of a loved one or a soul-mate.
You may be bodily in a compromising situation.
Maybe your financial well-being is being threatened.

All of which are serious predicaments, and they certainly seem to appear so from where you stand right now, very disarming and insurmountable, I agree.

That is why you were intuitively directed to the Message which makes up this book so as to present yourself with the Chance out of this reality, and You Will!

This book is so designed in order to gently guide you on your way back to your normal State of being, like coming back Home - from a place of fragmentation, self-doubt and powerlessness to one of true understanding and appreciation of who you truly are.

By the time you have finished reading and implementing this process you will be able to see more clearly.

In other words, beyond Reality and further into Acceptance, Resolve, Healing, Well-Being, Abundance, and Prosperity.
Able to move forward to the NOW you really deserve and the YOU that you truly are!

In order for us to start *'on the right foot'* though, I would like to make a few suggestions.

I will be sharing my knowledge with you on faith.
In return I ask of you to follow just a few principles to the best of your ability.

Be PATIENT

That is, patient with me and my assumptions, ideas and convictions.
Patient with these teachings, the book, and the process ahead.

But first and foremost be patient with yourself, which means truly and honestly appreciating where you are right now at this moment, all set to take action.

Although You may experience Grand Moments that will lift you up, some discouraging ones that would threaten to rob you of your faith and energy, may also be in store for you as part of the process.

That is why you are to remind yourself at all times, that you have made a CHOICE and a courageous one at that.
Give yourself time and space to let things unfold as they should.

Keep an OPEN MIND

The knowledge and assumptions I will be sharing with you may at times seem rather odd, to contradict or not follow your own set of beliefs at best.

Bear in mind though, deliberate change requires courage, and you have proven that already.
Your courageous nature emerged by your initial act of will.
Your desire to welcome the change brought you here and now!

When in DOUBT -

Take a break and contemplate the following - Will it be possible for you to just for a while 'make - believe'!?
...to actually pretend you accept and are in accordance with 'this nonsense'... - which is exactly the terminology your subconscious mind will be using at the onset.

What could really happen then?!
Ask yourself this question and set your mind accordingly.
You will find it easier to move on, at least for a while longer...

practice PERSISTENCE

Do not let emerging doubts and worries turn on you to the point of deterring you from pursuing with your quest.

Move on, even when but in small steps. Better yet -
You do not want to rush it anyway although it is understandable you would tend to want to do exactly that at least initially.
But know this -
It is best you go at it slowly and continuously rather than forcing it 'into being' all at once, only to encounter growing inner conflict and disappointment.

It is very important that you do not see this experience as a burden or a chore to be done. Instead, let your intuition guide you through it with Ease and IN Joy!

'The Universe is completely and utterly, in love with you.
No matter how many mistakes you make, no matter where you are in your life,
no matter what, YOU think of YOU,
the Universe, loves you - for all eternity'.
- Rhonda Byrne.

THIS BOOK...

has been crafted with Love and Care and is presented to you in the hope you may make the best use of it to further your state of Well-Being, Joy, Harmony, Abundance and Prosperity as you journey through your experience of life.

It is written around the core belief I hold which is based on the premise that all is already given. Hence we are already, NOW - 'there', at all times - there where we wish to BE.

We already have all we need, all that which we believe we need in order to experience HAPPINESS.

Therefore, given this notion we are already complete and whole to begin with.

In other words, only when we Re-learn to SEE and FEEL our experience differently, will we be able to witness the miracles around us.

This Re- learning process in order to be able to see and feel our NOW as such, is the prerequisite for our HAPPINESS.

The 'Glad Game Revisited' process is as such a method to guide you in this direction.
It is designed as a powerful TOOL to achieve this GOAL.

That said, know this, the common belief which you may still hold at this time is one that follows along the lines of your 'Pre - Conditioning' up till now, which is for the most part based on the assumption that Gain of any kind is only to be achieved through effort, hardship, labouring and complexity.

As you will discover this is not the truth that lays within those Teachings you will be presented with in this book.

The process you are about to go through may seem simple, natural, and easy to learn and follow - yet it is at the same time profoundly powerful.

It will free you from the need to seek any further.
As you will have reached - *'Long Lasting Vibrational Alignment'*, essential for the achievement of your Goals.
It will reveal the secret of your True Sovereignty and Creative Force, the fundamental principle Great Mystics have been teaching all along, which is at times either misunderstood or badly interpreted.

In order to proceed along these Lines of Thought, you will - in Book I - be first led to come to some general understandings of these Universal laws in form of a short 'THEORY COURSE', submitted to you in a concise manner using practical terms.

Along this course it may appear to you that certain ideas tend to repeat themselves as they will be dealt with, on different levels, revealing different aspects of the same.

This will ensure that as you arrive to Book II - which is the 'PRACTICAL COURSE' and are initiated into the 'Glad Game Revisited' Modalities you will have already gone through the necessary cognitive SHIFT and are ready to receive and allow for it to serve its purpose.

You will move along with 'Playing the Game' for Three Weeks - during which time the RE-Calibration and necessary 'Frequency Adjustments' will take place so as to have you vibrationally Aligned and ready for Book III - which is the 'MANIFESTATION COURSE' where you will finally have emerged fully transformed and ready to be guided through the process of Manifesting Your Desires.

In order for you to achieve this Goal - leaving behind your old beliefs - and becoming the Manifestor you were supposed to be - a Designer of your Dream Life, I kindly ask of you not to rush it through the first two books.

Make sure you proceed with the practical part of the teachings only after having read the theory section in full.

Just one more thing before we advance - I will be using terms such as:
Source Energy, Infinite Intelligence, Source Intelligence, God Within, Universal Intelligence, to name but a few.

You are free - and actually advised to do so - to replace any given name to that which best resonates with you, as they are all in essence ONE and the same.

It is however important that the term you personally choose will deliver the emotion attached to it as you go along.

And now as we finally move on to the 'Task at Hand',
Only this remains to be said -
Expect Miracles, and Nothing Less!

FIRST CHAPTER
the VOICE of the UNIVERSE

"There are only two ways to live your life.
One is as though nothing is a miracle.
The other is as though everything is a miracle.
The most beautiful thing we can experience is the mysterious.
It is the source of all true art and science.
He to whom the emotion is a stranger,
who can no longer pause to wonder and stand wrapped in awe, is as good as dead
—his eyes are closed.
The insight into the mystery of life, coupled though it be with fear, has also
given rise to religion.
To know what is impenetrable to us really exists,
manifesting itself as the highest wisdom and the most radiant beauty,
which our dull faculties can comprehend only in their most primitive forms — this knowledge,
this feeling is at the centre of true religiousness."
-Albert Einstein.

the SPIRAL of EXPANSION

The Universe as we perceive it, observe it and experience it is not all there IS. This formless substance is pure energy - a vibrating, pulsating, resonating, magnetizing Force.

At the molecular level constantly in MOTION.
When addressing this wonderful idea, we have the choice of three different Aspects which make up the One. In spiritual terms as God, Higher Power, Spirit or the

Universe. In mental terms as Infinite Intelligence, Universal Mind, Divine Mind, Formless Substance.

In scientific terms as Energy or Relativity or further more into Quantum Physics, where it is known as the Field of All Possibilities.
The mental, the spiritual, and the scientific aspects of the laws of life - any or all of it is there, for this Power - however we may conceive it - is the source of everything we desire.
It is perpetually awaiting our recognition and will create, attract, and guide us to inspired Action.
It will magnetize and mould itself to whatever form we desire if we align ourselves with it through certain laws - called Universal Laws.

Newtonian physics, or the mechanistic model of life, has coloured our thinking, creative processes, and external structures, for a while now, making us believe in duality and separation as ultimate realities.

But with the insights gained through Quantum Physics, alongside the wisdom of the Great Mystics, it is now known that this may be seen as more of an 'Omni-Action' than mere interaction, a Unified Field out of which multiplicity arises - the ONE appearing as the many.

As we dive deeper into the nature of reality, as described by cutting- edge Quantum physics and Mystics of every age, these ideas reveal themselves as a magnificent all-encompassing truth which in essence is the all that IS.

More than just giving us a larger framework in which to live in, this new model of life enables us to depend more on the invisible side of reality - 'Primary Causation' - than the visible.

We now know that the Atom, once believed to be the building block of life, is not solid at all - it is 99.999% empty space.
Hence, what we perceive with our senses, what we have built our whole world on, is based on 0.001% of reality.

If that number represented our level of sight, we would be walking around blind - which turns out to be truer than most care to admit.

So it would appear that everything is made up of *nothing.*
But this 'nothing' is quite full of 'Something' - vibrating with Energy and Information, it is the field of all that is - a field of Creation, a field of Opportunities and Life.

Within this field are we - like a wave upon the ocean - individual but inseparable.
When we understand that we are not merely a person, but much more a state of consciousness without boundaries, we confront the reality that everything and everyone 'out there' is actually an extension of that which is 'in here'.

This invisible Realm of Energy and information is where divine ideas exist - where the flower blooms even before it emerges from a seed.
where the perfect idea of YOU is before you are born, and where the perfect idea behind everything, known and unknown, resides - waiting to be discovered.

The nature of the Eternal Realm, whether we call it God, Higher Power, or the Quantum Field, is Omnipresent, or in other words Everywhere-Present simultaneously.

But as that idea of Omnipresence breaks into space, it takes on progressive expressions of being everywhere present.
Our history of movement may well be seen as an example of the application of these laws into what we call our experience of life.
In this reality where the unfolding of the eternal idea of Omnipresence is consequent and expanding, we are actually Co-Creators on the 'Cutting Edge' of this field.

'If the whole universe has no meaning,
we should never have found out that it has no meaning –
just as if there were no light in the universe and therefore no creatures with eyes,
we should never have known it was dark.
Dark would be without meaning'
- C. S. Lewis.

The First CAUSE

Co-creation is the divine idea behind all Forms of existence.
An idea which is uniquely expressed through each of us.

This understanding of these fundamental archetypes or building-blocks of the Quantum or Spiritual realms are Omnipotence, Omniscience, Omnipresence, Infinity, and Eternity.
As we look around, we see unlimited forms of power, in people and objects, in an ever-expanding expression.

Omniscience - All Knowing, All Intelligence - hence, for example our ability to access almost any channel of knowledge we could ever need as an expression of this idea, as well as an expression of Omnipotence and Omnipresence.
We could also look at the idea of Infinity and realize that all expressions of space are relative expressions of this idea.

We contemplate Eternity, and realize that all expressions of time are expressions of that as well.

Once we have fully grasped these forms we further more come to the understanding that ideas such as Love, Peace, Freedom, Joy, Prosperity, Well-Being and Harmony are but expressions of these ideas, mixed and matched in an infinitely unique variety.

In this unified Field of Expression, we are completely supported.
Everything is conspiring to awaken us to our True Identity and fulfilment of our Great Destiny.

We can relax into this truth, lean on it, and from this deeper sense of peace naturally allow our life to unfold in ways that are truly beyond our imagination.

When we realize the true nature of life and see that everything is already in this field within us, we drop the struggle.
We discover that self-actualization and true fulfilment are not about adding anything, but about SEEing our True Self.
Releasing everything, and allowing our life to unfold according to its perfect pattern.

As described by many authors, Artists, and Composers going through the process of creativity where they experience a sudden 'Tapping Into' this Dimension of their being, through which they can SEE the whole painting already done, or SENSE the whole book already written, or literally HEAR the completed piece of music playing.

In this 'State of BEing' we find ourselves as CHANNELS of CREATION taking 'Divine Dictation'.

"Are you looking for me?
I am in the next seat.
My shoulder is against yours.
You will not find me in the stupas, not in Indian shrine rooms,
nor in synagogues, nor in cathedrals: not in masses, nor
kirtans; not in legs winding around your own neck,
nor in eating nothing but vegetables.
When you really look for me,
you will see me instantly—
you will find me in the tiniest house of time.
Kabir says: Student, tell me, what is God?
He is the breath inside the breath."
—Kabir.

COSMIC order

Most of us float along with the experiences of life. When everything is flowing smoothly as we expect it to be, we are happy.
If we end up in bad situations, we throw a temper tantrum and complain about how unlucky we are at life.

Being the passive observers, we assume the role of a victim when something happens to us which we actually had better avoided.
The knowledge of the 'Law of Attraction' helps us to wake up to the fact that everything that is happening in our lives is only the result of what we are constantly FEELING and THINKING.
This fact can liberate us from the position of a passive observer to a proactive one.

The Law of Attraction tells us that we can consciously choose our life experiences and by thinking and feeling positively, we can CHANGE our realities for the better.

The means to put it into practice is through the power of FOCUS -
As we shift our focus from the negative to the positive, we start to change the experiences in and around us which in turn completely change our life. Fact is, this power to create change exists for us all. Furthermore, we all use it without even knowing so, without exception.

'All that we are is -
the result of what we have thought,
What we think, we become.'
- Buddha.

universal THOUGHT

The law of attraction "began at the Beginning of Time".

Evidence to this theory has been found in relics of many ancient cultures and old civilizations throughout History.

The existence of the 'LAW' was recorded on the Emerald tablet, dated 3000 BC - with the Inscription - 'As WITHIN, so WITHOUT'.

The ideas that make up the Law of Attraction can be also found in writings of all faith based religions throughout the centuries, to this day.
The Bible is filled with stories of individuals applying the Law of Attraction to tremendous effect, only they did not call it that.
Abraham, Moses, King Solomon, Paul, even Job - they all used it.

So did Mohammed.
As did Buddha, waiting by the stream for Enlightenment to come, Knowing beyond a shadow of a doubt that it would.

The Law of Attraction is the farthest thing from New Age.
It is timeless, and its application is as ancient as the origins of humanity.
The Law of Attraction is in agreement with religion because it recognizes a force that is at once part of us and greater than us, and from which all things flow.

That 'Source Energy' has many different names, but whichever one we choose to call it, the concept is the same.

In essence, it is merely in our role to express a desire and then to trust this greater power to guide us there, in doing so, ALLOWING - 'GOD'S WILL', to Be Done.

It is the very core of Faith - and it is precisely what the Law of Attraction teaches.
There is nothing in the Law of Attraction that defies or negates any Religious Teachings.

For instance -
"Ask and Ye shall Receive" said Jesus,
and so does, the Law of Attraction.

The Law of Attraction preaches Acceptance - It teaches us how to become vibrationally Aligned with the idea of receiving that which we have asked for.

Once we have Asked for whatever it is we wish to receive, the Universe has already begun the process of delivering it to us.

The difference between this concept and religious doctrine is really just a matter of semantics.
If the word 'ASK' is replaced with the word 'PRAY' and the word 'UNIVERSE' with the word 'GOD' we realize we have literally summarized what pretty much every great world religion has to say on the subject.

Welcoming 'GOD'S LOVE' into our heart is the same as the practice of ALLOWING in the Law of Attraction.

Resistance is resistance, whether we are resisting God or resisting our own *'Deservingness'* of being Happy and fulfilled.
Trust is trust, whether we are trusting God or trusting that whatever we ask for, we are given - if only we are ready to Receive it.

For a Buddhist the ultimate purpose of life is liberation through purification of the mind.

In order to achieve this State of Mind one learns to practice Detachment instead of Attachment.
However, this could be fully achieved only by renunciation of everything existential and eventually becoming a Monk.

Ordinary people still expect Earthly Pleasure, and rightfully so.

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