

INSPIRATIONAL LESSONS FROM INSPIRATIONAL PEOPLE

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DAILY AFFIRMATIONS
AND MOTIVATION FOR 21ST
CENTURY LIVING

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Foreword

As humankind, our power to learn huge amounts of data is among the biggest qualities we have. Frequently, however, we discover things that hold us back like limiting beliefs and think that the judgments of other people are true up. The pitiful thing is, many individuals who are willing to put us down, the ones that can make us question ourselves, never really make anything of their own journeys.

Rather than looking at anybody and everybody to teach you about life, we should look towards individuals that have really made a difference in their own.

Don't accept any of these as fact. If they work for you, then apply them; if they don't then merely dismiss them like you didn't read them. Hopefully some of them will click for you, and from this day forth their messages will supply mighty reminders of faith, humanity and peace in your life.

THIS IS 100% FREE REPORT

**Please, spread the knowledge
with everyone you know**

Chapter 1:

Nelson Mandela and Courage

Synopsis

*Comprehending what true courage is and how to
implement it in your life.*

Inspirational Courage and How To Get It

Nelson Mandela

Why is he inspiring? Nelson was a huge part of the anti-apartheid cause in South Africa. He was imprisoned for 27 years due to his attempts in leading the conversion for a multi-racial democracy but he finally triumphed with his mission.

What can he teach? Be courageous in your attempts and fight for the matters you believe in.

Quote: "I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear."

Developing Courage

Courage isn't the absence of fear. It's the strength to be whom and what you are, in spite of the fear! Here are tips to develop courage and release the fears that block us from accomplishing our goals.

1. Acknowledge the fear. Don't make excuses and name it something else. You can't defeat or move through your fear if you don't acknowledge it per se. You can fault somebody else, you can call it inconceivable or you can simply admit that you're afraid. Once you acknowledge that fear is in operation, you can start to alter it.
2. Acquire understanding from the fear. What am I founding this fear on? Opt to see a richer truth. We feel fear when we trust the lies that

our ego is telling us. We believe what we have swallowed as truth either consciously or unconsciously. What do you trust as truthful?

There's a story about loved ones that would assemble for holidays and special affairs and prepare a roast of beef. Each time they'd prepare it they'd prepare it the same way. They'd take the roast and lop off both ends and set it in the pan. This was a custom that was handed down from mother to daughter to daughter, etc., till one day, one of the daughter's husbands asked her, "Why do you lop off both ends of the roast?" She responded that her mother had always done it that way, "Let's go ask her." Then they went and asked her mother, and she answered that it was because that's the way her mother had always performed it. They chose to ask grandma and she answered, "Because that's the way my mother always served it. I don't do it that way any longer; we only did it that way since the pan was too small to hold it."

See the falsity in the fear that you have harbored. What rules have you determined for yourself? Do you prefer to keep living by them? You're the selector.

3. Dedicate to courage. Announce the deeper truth. Persistently reprogram yourself for success and brave actions. Remember that eminent love and great accomplishments demand great risk.

4. Confront the fear. Sense the fear and do it anyhow. Respect your courage. Take action.

- Respect yourself every time you face a fear. Particularly the little ones.
- When you have admitted its only fear keeping you back, you can proceed through it like a brave warrior.

- Parachutes weren't shown trustworthy by having individuals carry them around on their backs. The device proved its worth once somebody jumped.

Daily Affirmation

Everyday, in every way, I am becoming more courageous.

Chapter 2:

Russell Simmons and Being A Visionary

Synopsis

Having a vision and following through is a great benefit to you and your life.

Being A Visionary and Success

Russell Simmons

Why is he inspiring? Russell Simmons started Def Jam Records; a company that assisted in bringing hip hop music into the majority, and furnish millions of children that were living in the struggle a little optimism for a better future.

What can he teach? By no means think that you are above the guidance or intelligence of others. We can accomplish so much more when functioning collectively.

Quote: “I’ve been blessed to find people who are smarter than I am, and they help me to execute the vision I have.”

Becoming A Visionary

Have you questioned how to become a visionary? It’s crucial to comprehend that having a vision is unlike really being a visionary.

The individual who has vision is one who views possible developments and events that might happen in the future. The visionary, on the other hand, is an individual who brings about a particular consequence based on ideas and goals that once only lived in their minds. Here are some tips on how to become a visionary.

1. Treasure people. This means everyone – not just particular people you care about. Each and every individual on Earth has a particular mission or a unique function in life. Value the special and not so special gifts, skills, and personalities of other people as you never know what lesson you’ll get from them.

2. Assume responsibility. You shouldn't assume the position that you're a victim of circumstance. You solely are responsible for the affairs you experience, the selections you make, and the consequences of those selections and experiences. Putting blame on other people for your selections or mistakes will keep you from learning from these errors and bettering your life.

3. Endeavor to learn and improve. You should know and comprehend that the job of self-improvement is ceaseless. It's a ceaseless cycle, and it revolves systematically as we advance through life. Working to better yourself, the lives of those around you and the cosmos will make you among the top visionaries! By taking steps to better yourself and seeking ways to improve the Earth, you'll begin to consider solutions more creatively.

4. Detect the positive effect of challenges. You must comprehend and approach all states of affairs like they're an example and you should always endeavor to learn something from them. Transform your thinking from thinking that something is bad to trusting that regardless how negative it seems, there's something positive to be gained from it.

5. Get moving to make your dreams come real. Finally, but not least, if you're trying to become a visionary, you must be able to dream and do.

Daily Affirmation

"I am a visionary. I set trends and others follow."

Chapter 3:

Warren Buffett and Growing For Success

Synopsis

Being successful doesn't always require doing the biggest thing right off.

Growing Into Success Works Also

Warren Buffett

Why is he inspiring? He is one of the most victorious investors of all time and became the world's richest human being at the age of 77.

What can he teach? Being victorious isn't always about taking on the largest challenges. It's about continually growing and conquering the feats you can handle.

Quote: "I don't look to jump over 7-foot bars: I look around for 1-foot bars that I can step over."

Growth and Success

Thousands of books and reports have been written about the matter of personal growth. Many alleged experts and gurus have tried to deliver assorted points of views on this matter and a lot of them are right altho some have simply missed the boat! Sending many of us into dissimilar levels of comprehending. All the same, it's up to each of us to choose whether we want to become successful or not.

Here are some essential principles for formulating personal growth and success:

1. Acquire good time management techniques. Make time management a personal issue. Don't just author a bunch of material in a note book or diary without dedicating to it. Design your day ahead of time. Screen your calls and don't waste time on frivolous

calls. Make blocks of time in which you can sit and form your thoughts. Find a fruitful project to do on a day-to-day basis.

2. Cause your life to be fun! Life is all about fun. Nature is occupied with pure goodness... be part of this experience. Don't go around making self-justifications or making others life poor. Like everything you do! The mystery of living is that you're part of a fuller universal picture. Your life is really important within this big plan of being.

3. Formulate and punctuate your personal slogan. Your personal slogan helps to define you. It's your statement of purpose for success and personal growth. Live by it and perpetually and let it shape your thinking towards a greater level of accomplishment.

4. Be brave and relentless. Having a solid self-will will put you ahead of the game. Your thoughts, inventions and creative ideas won't be profitable without you being brave and relentless. Don't stand at the sidelines of life. Get involved and be part of this deep experience of life's hope!

5. Get in touch with your higher power. Through positive prayers, meditation, service to mankind and everything inside nature let your life soak up the total goodness therein. Forever think positive. Encircle your life with positive people. Take nature walks to regenerate your inner being. Discharge all stress from your life by slow breathing and spiritual exercises. Live in the present!

Daily Affirmation

I am still and receptive to Life and Growth.

Chapter 4:

Princess Diana and Kindness

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