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IDEOLOGY OF RELIGIONS.\* SCIENTIFIC PROOF OF EXISTENCE OF  
“GOD”: THE CATALOG OF HUMAN POPULATION.

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\*By the word ‘religion’ we assume religion as such, i.e. any religious movement and direction that exists in this civilization. By the word ‘church’ we mean—church as a place of divine services, regardless of beliefs.

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PREFACE

We would like readers to know right away our position as authors of this text.

We are not offering any new religion. We are not religious people. We are not people of faith. We do not believe in anything, because we prefer not to believe, but to know. We do not insist on anything, or call to any action. We do not express our personal opinion in this book; we presented only objective information as results of our research. And, we, as researchers, have nothing to do with religion or religious institutions. Our field is only research, and tools used in this research do not go beyond a strict scientific framework. We are researchers of ancient books.

The main goal of this book is to acquaint readers with an interesting discovery that we made: one of the oldest books known in this civilization contains, as it turned out, information about nature and structure of the human psyche. As researchers of ancient books, we were able to decrypt some of them. We found about 300

descriptions of human characters in one of these books, and we hypothesized that this book is the catalog of the human population. This hypothesis was confirmed after more than 25 years of testing using strictly scientific methods. And, we would like humanity to know about this discovery, and know how to use the information found in this ancient book to solve practical problems in their daily lives. And, first of all, to provide an answer to the question: “What is the human psyche and what is its structure?” since this question does not have a clear answer in civilization. For those who are interested in knowing scientific definitions of the Catalog of Human Souls (Catalog of human population) and human psyche (“soul”): “The Catalog of human population is a description of type Human by subtype structures. Subtype structure (“psyche”, “soul”) is a combination of individual archetypes, recorded at the genetic level (principle). Expressions and interaction of subtype structures in manipulation modes and phenological algorithms are described with adjustments for sex, age and cultural differences. Information is recorded on six factors.” This definition was developed and introduced by Andrey Davydov—the author of the discovery and decryption of the Catalog of human population (“Catalog of Human Souls”).

In the case of the Ideology of Religions, we tried to tell about this within the framework of a religious worldview; although we could have done it from a position of any other worldview. However, since the Catalog of human population also has another name—“Catalog of Human Souls”—we felt we should appeal to religion because religion is directly related to psyche (“soul”). Solely for this reason, we used the appropriate language—the language of religion. Ideology of Religions that we created is just one of the angles that allows one to look at our research product, and the sphere of activities of religious institutions is just one of the areas where the Catalog of human population can be applied. Since the Catalog can be applied in all areas where a ‘human’ is present. As we see it, even in areas where traditionally a human is not really taken into account; for example, in technological spheres.

To satisfy the curiosity of those interested in whether we have practical experience in creation of ideologies, and on what level—we can provide a couple of examples. One of ideologies titled Ideology of Monarchy was created by Andrey Davydov (the author of the discovery of the Catalog of human population) about 15 years ago, by order of the Head of the Russian Imperial House, Her Imperial Highness Grand Duchess Maria Vladimirovna. Another ideology titled Concepts of Terrorism, created in the beginning of the XXI century, became the foundation of

activities of the Anti-Terrorism Center (ATC) of the Russian Federation. It may be of interest that the author of the Concepts of Terrorism is also Andrey Davydov, the author of the discovery of the Catalog of human population. By far not everyone knows this fact. Today, we are also engaged in the development of an ideology, but this field does not apply to religion and religious institutions.

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Also we would like to draw readers' attention to the fact that we are not the authors of the "Catalog of Human Souls." We are researchers of ancient books. In this case, we are just translators of the text of one of these books that turned out to be the Catalog of human population. Our work is translation of text from this book within a strictly scientific framework, without introduction of subjectivity, and interpretation, and nothing more than this. We provide some information about us as the authors of ideology of religion and researchers of the "Catalog of Human Souls" in the Appendix of this book.

In this Appendix we are satisfying the curiosity of those who understood well what the Catalog of human population is and would like to know a little more about us, as well as for those who did not understand this the first time. Since the latter will at least have an opportunity to acquaint themselves with other people's opinions about the "Catalog of Human Souls." However, they, of course, have a right to consider the following people complete idiots, as they took some horoscope for the Catalog of human population: employees of scientific institutions of Russian Federation such as the Russian Academy of Sciences, Institute of the Far East, for example, well-known scholars of Oriental Studies throughout the world such as Doctor of Historical Sciences, Professor Vladimir V. Malyavin, or Doctor of Philosophy, Professor Anatoly E. Lukyanov, very good specialists in the study of ancient texts, and so on, the highest ranks and analysts of the Russian Federal Security Service, employees of U.S. Department of Homeland Security, who provided us with political asylum, employees of FBI, etc.

However, do note that all individuals and organizations listed above not only got acquainted with a brief introduction to the Catalog, like readers who take the stand "This is a horoscope", "This is another utopia" and "I decided that this cannot be," but also checked this information. Meaning: they tested in practice. And, only for that reason alone they have concluded that the Catalog of human population is not

a utopia or a horoscope. They did not do it on the basis of "it seems to me," as no serious business, no serious researcher, particularly in the scientific environment can afford such, to put it mildly, "liberal approach." Especially since in order to make sure that the Catalog of human population is the catalog of human population there is no need to be a "genius" or have access to the decryption technology. Verification can be done very easily and is available to any person: one can either take descriptions from the Catalog of the human population (free demos are available here <http://www.humanpopulationacademy.org/human-programs-demo/>) and compare them with real people, their individual qualities, life algorithms, etc., or one can use information about how this or that person can be controlled, apply it in practice, see the reactions and get real results from manipulation. Also, without a doubt, the educational level of a person plays a significant role; and, especially if it is none existent, as it is known, even the most clear and detailed explanation of the issue cannot raise it, as this process usually occurs within higher education institutions.

It is known that the level of education and the level of difficulty of tasks solved professionally significantly help a person understand any new, complex information. And, help him determine how the obtained information can be applied in his daily life and affairs. Intellect of a person is as trainable as his muscular system; if training does not occur, then normal operation of the intellectual factor does not occur. A long time ago we noticed (and not only us) that people who are far from scientific activities, or from professional activities such as, for example, politics or special services, but mainly people who are far from possession of sufficient educational level—are sometimes unable to immediately distinguish the Catalog of human population from horoscope, numerology or something like that. And, there are specific reasons for this. For example, professional activities that require one to solve global problems like foreign policy, make him not only think globally, but also worry about the consequences of his decisions and actions. Since he knows that any mistake could cost him not only his position and status in society, but often his life as well. Probably due to this reason, for example, major politicians and businessmen, officials, not to mention the employees of special services, usually do not take long to understand what the Catalog of human population is, what they need it for, and how it can be used on practice. These people usually understand and highly value any opportunity to obtain reliable, accurate information about people who interest them. They know exactly what they need it for, and what will happen if they will not have this information. Also,

they usually do not take long to ponder the question: do they need to have the instrument to influence other people or not.

However, from our point of view, the Catalog of human population (also known as the “Catalog of Human Souls”) is, so to speak, that kind of “heritage of ancestors,” which belongs to each one of more than 7 billion people living on planet Earth. However, at the same time, for example, a housewife, a store clerk, an accountant or a plumber by definition do not have the same level of knowledge in the form of education like, for example, an analyst at an intelligence agency, a major official or a politician, or a university professor. And, for this reason for many people things really are quite difficult to understand. Unfortunately, we are forced to note that we faced a situation where a high percentage of the human population, regardless of nationality, not only have difficulty with, so to speak, “adding 2+2,” but even, as it turned out, have difficulty reading texts and comprehending what they read. At one time, this phenomenon has highly astounded us. In addition, so-called “ordinary, simple citizens” tend to think that they do not really need knowledge of other people and the ability to control their behavior. Although in reality this is not true.

Consider, for example, a housewife who, so to speak, “sits surrounded by four walls” all day long, has little contact with anyone, has a husband, children, relatives, with whom she has to communicate every day, but with whom she has problems with all the time. And, these problems exist simply because she has nowhere to get information on how to properly communicate with them; what they need and what they do not need; what they want, and what they do not want; she is unable to correctly identify the reasons behind their actions, their true motives, let alone qualitatively affect them, and even her children. (This is reality, even though in 100% of the 100 cases, women prefer not to acknowledge their complete helplessness in this matter, even to their own selves.) Even if big-scaled plans, high aspirations and ambitions are not inherent in a person (since we know that this is not implanted in some of the subtype programs), everyone still has something to lose. It is unknown for whom the consequences will be more severe—a woman with children, whose husband left due to her illiterate treatment of him, her experiments with him and other frills, or an official, who got fired from his job due to his illiterate behavior in contact with, for example, someone who is superior. The second usually has at least something to live on (his savings), while a recently single mother might not, and in this case she and all her “brood” fall into the public “millstone,” where they are, figuratively speaking, made into ground-meat. Or consider, for example, a simple clerk with a wife, multiple children, elderly parents

and in-laws getting fired from his job only because he was unable to correctly communicate with colleagues and bosses, even though he executed his duties properly. In fact, a major politician or a businessman for the sake of gaining or keeping his own well-being needs to do exactly the same thing as a housewife: know the person (or people) with whom he/she communicates, know how to communicate correctly instead of random guessing or saying whatever he or she wants, and be able to manipulate people if required. Nothing more. The principle and the process are always the same everywhere, regardless of what area of human activity the Catalog of human population is applied in. In this sense, all people are the same: from a president of a country to a representative of the lowest social strata.

As it is known, Jesus Christ did not write books. And, from our point of view, he did the right thing because it is a significant loss of personal time. However, Jesus engaged in a different kind of unrewarding activity—preaching. That is: in that what we, who must fully decrypt the ancient treatise Shan Hai Jing, do not have an opportunity to engage in. Unfortunately, we have neither the time nor the possibility to personally educate the masses about the existence of the Catalog human population. The reason is the enormous amount of research that we have yet to do, and, first of all, further decryption of the ancient source that turned out the Catalog of human population.

Simple arithmetic calculations showed that in order to tell each one of more than 7 billion inhabitants of the earth about the “Catalog of Human Souls” for just five minutes—more than 66,000 years are needed. Even with work on weekends, and without breaks for food, sleep and general living. Therefore, we decided that explanation of this subject, at least briefly, but in writing, would “cost” us much cheaper. It is very likely that the amazing person named Lao Tzu, the author of the famous treatise Tao Te Ching (which according to our data is one of the books-commentaries to the Book of Mountains and Seas), reasoned in a similar way when, according to the story, he stopped as he was moving away in an unknown direction, and satisfied the request of the head of the border post Yin Xi (Guan Yin-Tzu).

To those who are interested in our other books—to date we are authors of more than 300 published books. Most of these books (about 290) are descriptions of individual programs and manipulation modes of *homo sapiens* from the Catalog of human population. Also, among our books are four scientific monographs, which

are chapters of a coming textbook on Non-Traditional Psychoanalysis as a scientific direction, based on decryption of Shan Hai Jing. The titles of these monographs are: From Carl Gustav Jung's Archetypes Of The Collective Unconscious To Individual Archetypical Patterns; Archetype Semantics: How It Corresponds To The Concept Of An 'Image': How Archetypical Are Images; Society: A Community Of Manipulators And Their Subjects; Can Archetypical Images Have Chimerical Images (Moscow, 2005). In addition, there are four books with complete descriptions of four subtype structures of type *homo sapiens* in the form on an individual program and three manipulation modes to each program. Despite the fact that these books present such serious (from the point of view of practical application) information, they are written in a simple, popular style. The title of this book series is Manipulative Games For Women: Instruction For Exploitation Of Men. Many of these books can be purchased in electronic format from Smashwords online distributor (see the author's profile—Andrey Davydov (CatalogOfHumanPopulation)). Very likely, it is also still possible to find some of the books from the series Manipulative Games For Women: Instruction For Exploitation Of Men (2005 edition) in print via Amazon. A few of our books that were also written in a simple, popular language on issues of gender relations (in other words, relationships between men and women) are available via Smashwords as well: How Men Turn Women Into Nothing; World History Of Turning Women Into Mats; Women's Thirst For Power Over Men—A Way To Utilization; etc. Also, there is a book on the subject of creation of artificial images in regard to parents-children relationships titled Ahnenerbe—Your Killer Is Under Your Skin, as well as articles about the Catalog, such as: Shan Hai Jing: Myths Or Structure Of Psyche; Human Manipulation Modes: Either You Are A Manipulator Or You Are Manipulated. And so on.

In the text of the Ideology of Religions we tried to explain the key questions concerning the "Catalog of Human Souls." Unfortunately, it is not possible to do it fully in a format of a brief overview. From our standpoint, regardless of how civilization evaluates this information, we had to share it. And, do it in the most popular, accessible form, directly, openly, honestly and without embellishment. We tried to not introduce subjective judgments, personal opinions into this work. We presented the results of our research, presented facts and tried to present justifications and confirmations to these facts.

However, we do not want to be treated like gurus on the basis that we shared this information. We do not claim the position of teachers. From our point of view, this

would mean that we already know it all, are perfect, and do not need to study anything anymore. We are more comfortable with a position of students, who still have a lot to learn. We consider the position of students more adequate and reasonable for us.

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We are happy to get readers' opinions. However, we are not asking for evaluations of the information that was presented. Anyone's evaluations are not interesting to us. By the word 'opinion', we mean that our opponent has familiarized himself or herself with the offered information in its entirety, analyzed it, drew conclusions, and can support his or her opinion with specific facts. We are not interested in any other types of opinions. Since we, on our part, care to support that what we state, we therefore think we have the right to expect that our opponents will also provide arguments in favor of anything that they state. As far as judgments: since we are not the authors of information offered in this overview, but are only sharing it, we see no point in getting someone else's ratings. We do not think that we or anyone else has the right to and is capable of judging that what has been done by our Creator. According with famous phrase from Tao Te Ching: "Those who speak, do not act"—just talking about the Catalog of human population does not interest us. We are more interested in spending this time on further research of the Catalog and other ancient books, the information that concerns us personally, our lives, our goals, and not on study of opinions of others. We ask to try to not involve us in such processes. We have done more than enough talking about the Catalog for over 20 years: in regular communications, in the scientific community, in media outlets, and so on. By and large, quite a wide range of reactions to this also have been identified long ago and they are predictable. Opinions of people of this civilization are "like copies" because these opinions are not products of intellectual activity of subjects, but are products of their "artificial operating system." They are too boring for us. We have already studied this question in great detail. Therefore, we ask not to be surprised that we prefer to speak with any person about the subject matter specifically, to discuss that specific information from the Catalog, which he has already received and is mastering.

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As already mentioned, we are not gurus. And, we do not wish to be. We have a completely different mission, goals and objectives. We think that it is none of our business what readers will do with the received information. We have done our part as researchers: the “Catalog of Human Souls” has been found, decrypted, and returned to civilization. At the cost of our own health, we have made it available to the masses. Religious institutions, and not only they, are notified about the existence of the Catalog of human population. Therefore, the next step is up to civilization. And, it does not matter to us, if it will be religious or any other institutions. It will turn as it will. If religious institutions decide that they do not need the “Catalog of Human Souls,” we will respect this choice. The Creator awarded free will to a Human. This free will is not, so to speak, “horizontal” (due to the fact that *homo sapiens*-bio-robot has a limited selection on how to survive), but “vertical”: to seek to “God” as the model, or—to the level of an animal. And, we are obligated to respect any choice. If this civilization decides that it does not need the Catalog of the human population, we are ready to stand aside because we have the proof of existence of the Creator. We do not need to believe that “God” exists—we Know it. And, for us this Knowledge is enough.

## Part 1.

### Why People Do Not Believe In “God”

Religion, unlike science, has existed for many centuries. Despite everything, it continues to exist today. From our point of view, this clearly indicates that humanity can exist without science, but not without belief in some “Higher Powers,” something supernatural that, unlike modern science, has the ability to solve any problems of humans. One can admit this to himself or not, it does not matter. And, even more so, it does not matter whether this role is filled by biblical "God" (or those gods, which religions offer to consider gods) or not.

However, at some point (it manifested most during the era of the so-called scientific and technological progress) religion in human life greatly receded into the background. Unfortunately, this process continues. It is called the religion

crisis. Several theologians and Church hierarchs recognize the weakening influence of religion on society as an existing trend. It was not by accident that Pope Paul VI was forced to admit that "Modern civilization is moving towards an increasingly growing and complete secularization.." Scientific studies also show a progressive withdrawal of believers from church and religion: less than half of respondents answered that they believe in "God," but most of those who admit to being believers actually do not maintain relations with church.

Moreover, according to some of our data, people only declare that they believe in "God." No one really believes in him because human intellect is created in such a way that people are just unable to take something seriously, if there are no reasons and no evidence. To entertain themselves—sure; to play with it as a toy—why not; to dream—no problem, to declare something—sure, but to believe (to really believe)—never. And, unfortunately, this situation relates not only to congregation.

There is another apparent reason to claim that people of this civilization do not believe in "God": their real lives, their actual behavior, their real motivations, goals and objectives. All of the above is either very far from the Creator's "Plan," or even in a completely different range. Then, what faith is there? For example, the belief that fire can burn severely causes people to behave carefully with this natural phenomenon. In regard to our Creator, nothing similar is observed—only declarations. (Below, we present arguments from real lives of people, which do not correspond to the "Will of our Creator", "His Plan" by any parameters.)

If a person really believes, not just declares that he believes, then he acts in line with his beliefs because human beings are simply unable to live and act somehow differently; that is just how they are made. If we draw an analogy with computer technologies, a human is a living machine that works exclusively on programs. Hence, a purely logical conclusion that if people do not live according to that what was prescribed by our Creator, then the words "God's Will" is an empty sound to them, and they do not really believe in "God." If they believed, then the so-called "God's Will" would serve as a single directive, the only, using the computer language, program that they would implement in their daily lives.

From our point of view, departure of humanity from "God" is a very destructive tendency for the human civilization. It is known that prior to today's civilization there were other civilizations that have disappeared at some point; were erased from the face of the earth. From our point of view, their collapse or destruction

occurred for only one reason: humanity's loss of Spirituality. And, Spirituality is derived from phenomena such as "Soul" and "God."

As researchers, who consider Spirituality to be the basis of life and Human development, we began to look for deeper causes of the loss of value of religion in the lives of modern people than those that have already been announced by theologians, religious scholars.

And we found the answer.

From our point of view, the main reason is that today religion and church are not able to respond to all of the information requests of modern educated people. And, first of all, to questions like: "Who am I?", "What am I?", "What are the qualities of my personality and what are my natural talents?", "What is the meaning of my existence?", "What is my personal mission?", "How should I live?", "How can I develop?", "What is my personal path to "God"?"

We are talking about not general answers, but answers, which take into account that one person is different from another, answers for each individual.

After all, people expect solutions from any religion, philosophy, ideology, and primarily to issues regarding self-knowledge, self-identity, self-assertion, self-actualization, finding a personal value system, personal philosophy, as well as filling life with meaning, understanding people's motivation, and, of course, recipes on how to live. However, religion and church ceased to be key suppliers of life recipes, key helpers in solving all human problems. While people are used to hoping for at least some support, help from Higher Powers (as more powerful, developed, knowledgeable, able to protect, to help, to teach) that they can get through the "Intermediaries of God."

People tend to lean on religion and philosophy as a source of wisdom known since the ancient times. However, philosophy, from its true purpose (namely a guide with life recipes), turned into a cheap compilation of philosophers' fantasies on the topic of "my love for wisdom." In this sense, religion cannot offer anything either: religion does not have a guide, a manual with personal life recipes for every individual on who should live how and for what.

As for those recipes that religion does offer—as a practical guide, they do not hold water from the point of view of a modern person. Here is why. Human life is

multifaceted and full of situational varieties, while the information from sacred books is too general, not specific, and certainly not situational. In addition, recipes offered by religion are for everyone, and do not take into account differences that exist between people.

Here are some simple examples. Religious sources do not have information about what this or that person must eat, if he has a serious disease. And, the same set of nutritional recipes for all people or reliance only on chemical means, as a rule—do not save. One person must eat this, while another person that. Often, this alone can help a person heal. Ancient sources state that food is the best medicine. As for relying on “God’s” help, healing by “God”: it is practically impossible in the case of a modern educated person, as he or she would rather run to a doctor or a pharmacy. As a result, a disease often remains with a person for life and transitions to chronic. The question is: where to get information about who should eat what and in which cases. However, religious sources do not provide such information.

Also, it is impossible to find information in the sacred books about what professional fields are suitable for every specific person (as it is known, every person has different talents and abilities). A wrong choice usually leads to a number of very negative consequences. Since in nature if you try to make a bird swim like a fish, and a fish fly; or a snake gallop, and a horse crawl—the result will not be positive, neither in regard to their health, nor efficiency and effectiveness of their operations. Practice has shown that it is the same with humans.

There are also no indications of what specific physical activities this or that person must engage in (again, taking into account individual differences); and, not just one activity, but a range. It is known that if there is no physical activity, there is no health; and if there is no health there is really nothing else either. Hence, people need this information.

And, where is information about what wardrobe a particular person should have; what are the styles, materials, and colors, specifically for each person? People are not animals and it is common to wear clothes in human society. However, for some reason every person feels comfortable and well only in certain styles of clothing, certain materials from which they were made, certain colors, and rejects all others.

There is also no information available on where and how a man and a woman, specific John or Jane, can find not just a sex partner for one night, but a partner

with whom he or she can be harmonious, happy their whole lives and raise children together. By the way, in some religions—sex life is considered a sin, a taboo. Which, in turn, not only does not help solve any sexual problems, but also puts a person in a difficult position. From a medical standpoint, lack of sex is either impossible or highly damaging to health. As a result, it is easier for a person to abandon religious requirements and religion as such than to follow such a recipe.

And, where in religious sources is information on how each particular person must develop their intellect? Through which specific actions, study of what specific informational sources? Where, what time of day, with whom, according to what algorithms?

And, where does it say what natural climatic environment is suitable for living and optimal functioning of this or that person? Or, for example, what specific emotional states are normal, usual for a particular person, and in what range and how powerful? And, what are the algorithms of these emotional states? Instead, all that is offered is the same experience for everyone, and emotions that go beyond the "permitted" are advised to be controlled. Although experience shows that very few people can do it because emotions cannot always be controlled by intellect.

And, where in sacred books is information about what specifically a person should do in order to establish contact with another person (personal, friendship, business, professional, sexual)? What specific steps to take, so that another person hears the request or provides the demand guaranteed, listens to the advice, does as required, or what will be better and more appropriate? Or, for example, what to do specifically if someone tries to harm you? To accept? To love your neighbor? Not to kill? "Turn the other cheek?" Alas, in most cases this is either ineffective or completely impossible. After all, at the level of survival instinct—any person wants to survive and protect himself and his loved ones from harm. Plus, situations always require more flexible solutions. And so on. There are many similar examples.

As a result, religious books and religious institutions cannot provide a modern person with individual, thorough, detailed, specific recipes. However, people need to know how to live and how to act. And, they need this information every day in various, ever-changing settings and situations. Yes, of course, religious workers sometimes try to help, but it does not work as it should because their recipe is given without knowledge of what constitutes a person asking for a recipe, what are

his qualities, true needs, and abilities. As a result, a recipe that is perfect for one person might not be suitable for and could even be harmful to another.

Even in the case of animals, the situation is much better. A person gets detailed recipes regarding any animal from reference books, encyclopedias, textbooks: how to recognize them, how to distinguish from each other, how to interact with them, how to raise them, what to feed them, how to treat, tame, and hunt them. This occurs only because there are catalogs of animals, and in those catalogs are clear descriptions of particular types. In the human community such descriptions are not presented. Then, what kind of basis for giving advices, recipes from the category of "what to do?" and "how to live?" can even be discussed? On what basis then can one person advise, recommend something to another? On the basis of his or her own ideas? If a person would try to act in such a way with any animal, then it is unlikely that something positive would happen, as either he or the animal would suffer.

Therefore, from our point of view, it is absurd to consider recipes from an adviser, who does not have information about what specific qualities on all factors (intellect, physiology, nutrition, emotions, sexuality, environment) the requestor has. Since, in this case, there is no basis for the issuance of recipes. To continue the analogy, if a person did not have information on how to tell a cow from a crocodile, then having fed silage to a crocodile and some meat to a cow—he would get only two corpses.

Unfortunately, a single recipe for all people does not exist and by definition it cannot exist. This is well illustrated in practice. However, religious institutions do not have the other kind of recipes—the individual ones.

However, criticism of religion is not our goal. We think that science must help religion gain its original status in people's lives: the status of the main source of recipes of life and information about a Human. From our point of view, this is exactly how church can regain its status of the primary social institution. However, more importantly, through religion and church people will be given back core values: "Soul," Spirituality, "God."

Regardless of race, nationality, or religion, every person seeks spirituality, and that is a natural desire. However, it so happened that in our time there is no religion that can give its adepts the recipes mentioned above, including recipes on how they can become individuals equal to the Creator (no matter if it is "God," Yahweh,

Mohammed, Buddha, etc.). At the same time, for example, the Bible states: "And God said, "Let us make humankind in our image, according to our likeness" (Gen. 1:26). Then, where are people like him, for example, like Christ? Christ did not claim to be "God"; on the contrary, he said that he was not "God," but a human being, a "Son of God." Then, to be human and a son or a daughter of "God" means to have qualities and capabilities that Jesus demonstrated? After all, synonyms of the word 'likeness' are 'similarity', 'analog', 'equality'. If it is not so, then which of the sources we must not believe: the Bible or the thesaurus?

We are not offering discussions on this topic. For, as practice shows, all intellectual discourses lead only to even more confusion and speculation, while the problem does not get solved. We have attempted to work specifically on the solution to the problem and turned to ancient books. Since, as it is known, there are books much older than the Bible, Torah, Quran, etc. Some of these books date tens of millions of years back. Studying one of these books (according to some researchers, this manuscript dates 21st century BC), we found answers to all of our questions because this book turned out to be nothing other than the "Catalog of Human Souls." It is a catalog because this book contains descriptions of about three hundred models of psyche of *homo sapiens*. Moreover, it holds detailed instructions on how this or that person can realize the main "Divine Plan": make himself or herself "the image and likeness of God." In this book—about three hundred ways to achieve this state for humans were discovered.

It turned out that "God"-Creator has taken care of the "Crown of His Creation" and left humanity a detailed instruction in the form of about three hundred descriptions on who is who, who has which innate qualities of psyche and physiology, character traits, life algorithms, functions, talents, etc. And, also left to the children recipes of life on all six factors: intellectual, physical, nutritional, emotional, sexual and environmental. That is, in this book, "God" lovingly left information on what each specific person should do: how to live, how to behave in certain situations, what to do, who to be, and, notably, how a human being can become like the "Father." Paradoxical as it sounds, it is not difficult to accomplish, there is no need to, for example, sit facing a wall for 10 years, to torture or strain yourself, or to limit yourself in something. All that is necessary is to study. However, first, it is necessary to have recipes, step-by-step instructions on how to do it.

You will be able to get acquainted with information about the "Catalog of Human Souls" in more detail below. From our perspective, what is most important is that

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