

HOW TO



FROM

LIFE

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HOW TO GET MORE FROM LIFE

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TABLE OF CONTENT

INTRODUCTION

THE WANT MORE DESIRE

FINDING OUT WHAT YOU REALLY WANT FROM LIFE

GETTING WHAT YOU REALLY WANT

WHY YOU SHOULD WANT MORE

YOU WANT MORE? START FROM YOU

PRINCIPLES TO FOLLOW IN GETTING MORE OUT OF LIFE

TIPS TO HELP IN GETTING MORE OUT OF LIFE

GETTING MUCH MORE FROM THE CREATIVE YOU

GETTING MUCH FROM BREAKING RULES

GETTING MORE, REJECTING INFERIORITY

GETTING MORE BY ENJOYING LIFE

GETTING MORE BY REGRETTING NOTHING

GETTING MORE BY DOING LESS AND DOING MORE

GETTING MORE BY SHOWING GRATITUDE

GETTING MORE BY CANVASSING HELP

GETTING MORE, CREATE YOUR BEATS

GETTING MORE, LEARNING FROM FAILURE AND PAIN

INTRODUCTION

Issues of life could be especially tricky looking from the position of wants and desires. The degree of insatiable needs and the quest to meet them has being the cause of worry for many a soul. Pragmatic steps have being developed in time past as an assuage to help cope with dire situations that come as a result of this quest but it seems the cogent solution has seemed to elude man

Glaringly, society is loping from the demeanors that now exist. Striving to have the best of life continue to be an ever increasing war that has always being fought and will always be fought. The better life seems a paradox of some sort as it never seems to come however hard one tries. Admitting, any true passerby in earth's path will

agree that the measure of what the better life means is self-defined i.e. dependent of who is defining and what he chooses to compare with in his definition.

From my sight of view, the concoctions that had characterized the better life seem a parody. I have seen people struggle with themselves in search of what the better life should be. From my parents, my friends, relatives, acquaintances, neighbors who are my first experimental apparatus to my students as well as those I watch from a far point of view. I have observed that imbedded nature to have more from life

From a child, that instinct for more is glaring. I remember always desiring more biscuits from my mom more than my siblings as matter of right. My sisters had the same attributes and

we'd often come to a compromise because of the limitations that posed a challenge for our having more. I see same in almost every child I have come across - more biscuits.

Deep down in our hearts, as much as we pretend to be content for so our moral and academic system teach us, we have this unsatisfied appetite that throughout life will continue to hunt us. It is that instinctive appetite that pushes us to get another car if we had one, get another house if we had one, and grow infinitesimally. We want more.

My dad always poked this question to me as a student at the university; is the money you have enough for you? Well I often betrayed my conscious desire to prove I am a man so I'd reply, I am content but you know I can never be satisfied. He would often give a knowing nod

and I often smiled because he understood.

Man's needs can never be met. He continues to need no matter how much he gets.

The difference though between people who to a certain degree reach the level of peace with themselves is their ability to appreciate these instinct as part of them, understand the power that empower these instinct and how to make it work for them.

One truth is that it is never wrong wanting more. In my African culture, it is assumed that a child who desires more than he has being given exhibit an attribute known as "longer throat." Parents see those actions as disgraceful. Well, the beauty about life and why we live is that we live to always get more.

The quest for more has left many in our prisons, some have gone insane and others are

squabbling in one disaster or the other. But for those who know that the need more life is only a usual part of our daily existence, they are able to establish an uncommon peace with their mind and soul even if all the more they need is not within their privy

As much as we want more, more does not come by itself. It requires some instigating and triggering. You need a new car? You'd need to earn to buy. You need a new house? You will have to work extra hard to invest your money into the house.

The school of many frustrated beings is the result of a misunderstanding between, their desire to get more and how to plough to get more. A farmer expects more yields and he could be frustrated if his yield per acre is lower than the average. He may plough and weed and

get the same result except he understands the power in the fertilizer and acquires knowledge on how to use the fertilizer correctly and then uses it.

You need more? Are you striving for that more that has failed to arrive? Be patient. Life has a way of helping you get more out of it. The secret to getting more is what this book provides in very practical yet glaring visual concoctions. This book will keep your quest strengthened as you develop into these new truths. You may be discovering for the first time. Don't think you know until you have finished reading this.

CHAPTER ONE

THE WANT MORE DESIRE.

The introduction to this book might have given you at face value the measure of the characteristic of the want more desire. Some school of thought might view this desire as morbid and perhaps unhealthy. Their point of view is only from their own selfish stance desiring only for themselves and not seeing the vital element in other people's desire that could also lead to the overall development of their own good.

The cause of conflict in the world is not farfetched. These falls on the failure of humans to actualize the want more desire. Followers

want more from their leaders, leaders want more from their followers and around the thin line is the center of conflict which if not managed has the capacity to inflict grievous wounds as in the case of wars fought in the middle east and other parts of the world.

Your mind cannot afford to live in conflict, when it has the capacity to attain the common good and get the more it so desires and deserves. I have accepted this viewpoint that the reason I live is to get more. I now reject the thought that I am selfish considering that it would not be a great life being stagnant. Think about this. A flowing river that gets more water stays fresh while the pond that only holds water stays stale except it is refreshed.

There is constant refreshing that comes with a knowledge that you are getting more of

whatever you are doing or want. It's a natural feeling that is instinctive in every man. You obtain satisfaction when the quality of your input is being seen in the increased output all around. The conflict with self comes when you observe the discrepancy of input and output which either keeps you where you are or where you were, which your target isn't. You discover you are losing sleep, deep in thoughts about getting more and how to get it.

A classmate walked up to me one afternoon at the university and asked "how can I read and understand what I am reading like you do? I really wanted to improve on my grades." I replied that myself I wasn't where I wanted to be but that I was on the road. If he could jump on my vehicle, we could ride on together. He thought I had achieved. He was suffering from a personal conflict because he seemed to be

expecting some improvement in his grades from reading and he never did and now he needed help. Was I the help? Perhaps a limited help, because personally, I also was unsatisfied with where I was. I needed help too. But if he joined me , he could learn fast and improve to where I was but he soon would observe that once he starts getting C grades, he will desire B grades, once he gets B, he would desire A

Here we see relativity at work. Einstein was probably right when he said that there is relativity in everything which includes our want more desire. What could be some persons 'want more' is some other person's starting desire. It is this continuous increasing desire that keeps the cycle of life refreshing and changing, ups and downs.

You desire more? Accept it as a natural instinct.

The want more life has the following attributes

- It is a WILLFULL desire. It is a desire that comes deliberately and intentionally as you live life. Because no one loves to stay stagnant, it is deliberately triggered when you pull for change.
- This desire is AROGANT in nature. It is determined and this causes it to push for more, to leave where you already are for a higher ground, some place you have never being but hope to be.
- It is NEO-PROGRESSIVE. This means that if you truly desire a change towards progress, you are in a right direction having this desire.
- It is TRANSFORMING. You can get more than you bargain for. Because it triggers you

to act towards what you want with possibilities for more

- It MUSTERS. The enormous capacity about this desire is that it helps you gather, collect and assemble whatever you want and need.
- It is OSURATING. It develops in you the stubborn persistence to push for what you want even when faced with road blocks.
- It is REVERBERATING. It keeps coming and doesn't easily leaving until it is met.
- It creates EAGERNESS for change. You can't have change if you don't show some eagerness to have it.

The desire for more is what keeps the world in an upward development trend. Nations at the top of the development cadre think they have not gotten enough and those up developing want to attain the status of the developed.

Those who are underdeveloped want to see some signs that they are developing. This desire fuels the fire that springs forth chains of high risings, roads, hospitals and buildings.

If you are satisfied with where you are, it may mean there's something wrong with your thinking faculty. You may be a moron. We need to anticipate better things.

There may be that tendency for staying put at that place when you seem attaining some degree of success but the want more desire instigates you to get ahead and achieve more. If you truly want to achieve more, you have to instigate that desire, trigger it and see it do more than you ever anticipated.

Life is a lot more fun when you get the things you want. You will certainly agree that when everything you need is at your fingertips, you

will find life a lot easier and stress less. The
want more desire is what elevates your
thinking faculty towards desiring a much easier
life as much as you can.

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