A story narrated by amature By Shivang dalwadi

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situations, with the clean purpose of the navigation of a set of life ideas. All characters and their

portrayal are fictitious, with no intentional resemblance to anyone dead or alive. Any semblance

must be accepted as pure coincidence and inadvertent.

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FOREWORD:

There has to be a humble admittance - Any word, however well meant and well spelt, is a

possible suspect of misinterpretation. There is a simple reason. People are in different

consciousnesses and culturally as well as personally inclined to a specific value-summation of

utilities. As a writer, it is a huge temptation to take liberties, with not only imaginations but also

with the words, as against their common and popular use. Do kindly accept my latitude with

language and personal coinages of words, as I understand, many times, they may not conform to

popular usages. I share with you whatever is part of my consciousness. All wisdoms say, what

stays with you is what sinks in. Wisdom is what we internalize. I share with you whatever I have

internalized in my life. This may not be mainstream but may have utility in some meaningful

way. I believe, as a reader, you shall enjoy this novelty and pleasant awkwardness of the writing.

CHAPTER 1

I is what we never acquiesces to be. Equally, we is what I eventually is seldom happy to accept to

stay as. They ensures, lives do not ever run out of the energy of variance. Evolution must stay

immortal; everything else has to feel incumbent upon it to burn as the fuel of cosmic conflict.

Objectivity?s encores do ensure; the symphony of the quantum of earthy

relativity keeps playing

to eternalize sanity of senses.

The innate exuberance of realisms may truly be in its randomized superpositioning. Still,

objective pattern-building of energies and un-patterning of subjective sensitivities for

personalized as well as collective utilities are fruition of life and living experiences.

It seems like a mystical revelation to be in the tempest of 3Cs - consciousness, cognition and

causality. The infinite possibilities of these three, engendering immeasurable, often

unfathomable chunks and slices of realisms, only ensure that validity of singularity of truth

remains evolutionary in time-space journeys.

Journeys need always beckon us to newer destinations of consciousness.

Still, it is bliss to be

back - back to home.

The mighty force of Beas River water, pursuant to the lusty pull of tangent slopes towards lower

plains and sensuous whispering of thick groves of woods on both sides, as if occasioning the

baser instincts to sweep away whatever comes on its way, presented this conflict to him in its

entirety and magnanimity. He knew; nature was the only true Guru as, it taught without the

slightest semblance of the preposterous pride and presumptuous purposes of teaching and $% \left(1\right) =\left(1\right) +\left(1\right) +\left($

preaching. No Guru could be as brutally objective and equally overpowering as nature. That was

why he was here.

Long ago, the river, as an individual, had outscored the patient obduracy of the colossus stature

of the mountain chains of Himalayas; working single-mindedly in charting out its passage,

cutting through the majestic establishment and finally, moving ahead, stamping the signature of

its victory over them.

Mid-stream, Mayank Mishra was sitting on a rock and continuously watching a small pebble on

the riverbed, which was holding still, probably for years, challenging the collective might of the

river current. The river flow was steep, yet the depth of river water was shallow and the clarity of

water allowed clear view. The green moss woven around the pebble was sure indicator that the

pebble was steady there for years. A small fish parked itself around the pebble, wobbling at the

moss, enacting the ballet of life. He was looking at the pebble for hours. Yesterday too, he did

the same.

When Mayank arrived at Manali; a lovely small town in the laps of Himalayas, three days back,

virtually fleeing away from the place he lived and worked, none of his

friends, colleagues and

bosses had any inkling of where he was and what he had in his mind. He first headed for higher

peaks of the Himalayas, spending a whole day on top of a large chunk of rock, twelve kilometers

away from the nearest congregation of population. He tried to jerk off what had happened that

made him to run away from his city, two thousand kilometers away and take shelter in mountains

in northern parts of India.

That happened sooner than he expected as the immensity of nature, the enormity and sheer

novelty of his positioning amid the inimitable surroundings unsettled him. He could not handle

the trepidation of nothingness and threat to mortal existentialism as he looked down at ten

thousand feet deep gorges on one side and almost perpendicular rise of thousands of feet high

mountains on the other. He rushed down and found a small dingy food stall beside the narrow

road. He ate a large serving of hot and roughly edged noodles with lots of chili sauce to pamper

his physical poise.

Half an hour later, he reached back to the top again, this time, a warm packet of Momos tucked

in his pocket as his life support mechanism. After an hour, a sheep wandered near him. A boy

with his herd was nearby. He offered a Momo to the sheep but it refused to eat and moved

towards the steep slopes leading to the deep gorge. He could not dare peep down to see where it

went. Soon, the rest of the herd followed it.

The shepherd boy came near him and sat near the Momo on the ground. He offered Momos to

the boy and asked him did he fear living in such conditions? The boy took a Momo but said

nothing. From his face, he could read that the boy had not understood the question. He felt

embarrassed to have asked such a stupid question.

He looked up to the blue sky above. It was immaculate with not even a spot of cloud. It was

mesmerizing. He kept his gaze and started to feel that he was actually rising high above and

penetrating the depth of the blue stretch, which first looked to him only like a thin sheet of

clothe. He felt his consciousness becoming light like a feather and surging above to sway past

the thickness of the blue sky to transcend into a world beyond.

Suddenly, he felt something pulled him down and he found himself crashed to the rock top,

where he was sitting moments before. The shepherd boy was pulling his hands and asking a

Momo for his little sister, probably a year younger than him. The girl was looking at him and

innocence was writ large on her face.

A strange feeling engulfed his consciousness. It was not happiness, not satisfaction, not thrill, not

affection, not compassion, nothing which he had ever felt. It felt he had landed in some

dimension, which could make him see not only the little boy and girl, but also himself from a

distance. It was like he was watching a theatre where his character was in a role-play with the

two kids. He saw, he took both the kids in his lap and made them eat Momos with his own hand.

He saw the three chatting and laughing. He wished to clap in joy but could not find his hands.

Two hours later, he was back in his hotel room and slept for hours; first time in the last one

A week back, it was that fateful night and the tumultuous dawn.

The mobile phone buzz stirred him in the bed but he ignored. Half asleep, he closed his eyes in

desperation to extend the inevitable. Minutes later, the landline phone started ringing and he

could no more carry his pretentious sleep. Still in the bed, he looked beyond the windows to

ascertain the march of the morning and the faint light outside made him uneasy.

Instinctively, he moved out of his bed and dragged himself towards the door to look for the

newspaper but it was not yet delivered. He felt relieved but quickly got irritated. Another bad

start of the day, as usual, even when the dawn had not yet smiled on him and said good morning.

Life throws up a queer spectrum of desires. As you are born, everyone desires that you wake up,

open your eyes and deliver a playful smile. But as a new born, you are mostly asleep as your

blank head ensures that you do so and you do so because sleep comes natural to you. As you

approach your death, all you want is a sound sleep and its natural prerequisite, the blank and

unburdened mind. But, in between the two points, you do not sleep well and even do not want to

sleep well as your desires make you awake.

It is probably this desire of humanity that has led to the coinage of the word good morning.

People desire to attain a lot and as time is always running away, they wish to compromise on

their sleep. That is why morning becomes so important in a person?s 24-hour journey of the day.

Morning ends the "undesirable sleep? and starts the chase of desires afresh. That is why in all

civilizations, people say good morning to each other even when most people would admit that

there is nothing so good about most of their mornings. Actually, there is only a valid good night

as it invites the sleep and halts, at least temporarily, the desire chase. Mayank Mishra was irritated. The phone calls so early in the morning had its clear signals. As he

checked the missed incoming call on his cell phone, he got doubly sure that his irritation was not

misplaced. The mobile phone screen flashed "missed call from editor? and he instantly knew

something was terribly wrong with the newspaper that hit the stands. As the News Editor,

Mayank was practically responsible for selection, placement and display of all news stories and

pictures accommodated in the newspaper he worked with.

Irritated he was, not because his morning sleep was disturbed, for he had adapted to sacrificing

his sleep for his professional commitments. He was irritated as he could not see the morning

newspapers to know if anything else went wrong, apart from what he already knew.

He expected the call from the editor and was even braced up to face his usual annoyance with

something "wrong? he had done. But a call so early in the morning made him a bit scared of

some other error which he did not know of. He knew it well that once he got wind of the mistake,

he would certainly devise his response.

The first important lesson he was taught as a journalist was how to pass the buck on others and

save his skin as committing errors in the pressure deadline business like newspaper was a routine

affair. Only later, he realized that almost in all jobs, the mastery of art was not in allowing your

creativity a free flight to produce an innovative cut. It was rather in playing safe to avoid

unproductive and wasteful cuts.

That?s why; the genius in all organized works around the world had devised production strategies

that valued safety and conformity to fixed mechanical patterns more than anything. The

standardization of production process is the established benchmark; liberty to diversion of

innovation and originality is taken with suspicion. When this mechanical virtue became part of

intellectual aptitude of art and media, he did not know.

In almost all jobs, the bosses would tell their subordinates, "In our business, the deadline is

always yesterday". Mayank always thought, when someone is already made to be quilty of

"delayed start?, even before he commences, subsequent guilt hardly troubles anyone. It is like

humanity being guilty of the "original sin? of Adam and Eve and never being sorry for loads of

other subsequent wrongs.

He remembered, once he was interviewing the CEO of an FMCG major and had asked why

conformity rather than creativity was the preferred virtue in most established and organized work

systems. The CEO had said, "Stupidity and creativity are like twins. But, creativity is popstupidity.

If markets; the consumers accept it, a stupidity is quickly branded as creativity. But as

a CEO, I cannot take a risk as no CEO on the earth can predict which way the markets behave.

Genius can rarely be customized, it is usually accidental stupidity." The CEO had added on condition of not printing it, "when big time money is at stake, safety is

the only virtue for business; of course I save my creativity for times when I am with my wife or $\,$

in a seminar".

The lesser geniuses, the larger workforce, however have since ages designed the smart excuses

for not being up to the cut. The words like optical illusion, printer?s devil, computer error, server

snag, news swap, etc are the excuses that have been designed dexterously for saving a

journalist?s skin. O f course, they don?t tell you all about these in their induction programs for

trainees. That?s why godfathers are so important in all fields of activities, especially jobs.

Mayank was anxious to lay his hands on the morning newspaper to know the error so that he

could decide on the onus and then confidently ring back the Editor. He would not be shy of

accepting his fault, if it was his but would never accept an unnecessary interference on his

innovative cuts. As he entered the kitchen to make a cup o f tea, the mobile phone buzzed again.

He made up his mind to face it and also very quickly rehearsed his reply. He picked up the phone.

"Hello... Mayank.... we fucked them today... bloody you rammed their asses real hard this

time... congratulations", the editor b lurted out loud on the other side. Mayank fumbled with his response as the praise from his editor was unexpected. The man on the

other side was least bothered about the response as he continued his joyous exclamations over

how their front page scoop about the scam in medical entrance test results went exclusive and

how their copies were sold like hot cakes in the stands.

The editor was happy not because their newspaper was going to be the talk of the town but

because he was told by the circulation department guys that some hawkers refused to lift the

copies of the rival newspaper and insisted on increased quota of their newspaper copies. A rare

joy for an editor; the sales guys heaping praise on editorial genius is like a solar eclipse...very rare indeed!

"Nice placement, good display... brilliant judgment... you are a real bastard of a journalist ...

tonight I will cheer the scotch in your name", the editor exclaimed.

"Thanks sir, thanks ... it is indeed a good day for us", Mayank managed a reply.

"Enjoy you bastard, enjoy your day of glory under the shining Sun, there ain?t many such days in

the career of a journalist", the editor said and signed off.

Mayank murmured something, threw himself on the bed and slept.

The pre-dawn in the city belongs to the sweepers of the municipal corporation and the newspaper

hawkers. One clears the dirt and another spreads it. Murders, rape, loot, bungling, mishaps,

death, pain, sufferings and all possible negativities are splashed all over the front page and the

important page three- four city pages with great linguistic skills.

Importantly, all troubles need to

be assigned to governance and system, never the public. Readers love to know that whatever $\ \ \,$

wrong happened to them, someone else is to be blamed, not them. Early morning pride sails

them through their tough and humbling lives.

The glory for newsmen however, is not in cramming the pages of the newspaper with negative

news and writing it in a style that would beat a blockbuster movie screenplay but, it is indeed in

doing it exclusively. The joy is not in how good you are but in how bad you made the rivals

proved out to be on a given day.

Mayank looked at the bundle of newspapers as he left his bed a few hours later but did not care

to read them. He, like most journalists, read them only when an error would be pointed out. He

recollected the morning conversation with his editor and shook his head as if he wished to throw

away the memories from his head. He however smiled. He smiled because in his ten-year career

in the newspapers as a journalist, he could never anticipate right whether he would receive praise

or punishment in the morning for what he did late night in the newsroom.

He remembered; the editor was not very convinced of this medical entrance exam result scam

story last evening when it was shown to him as he was not confident of the credibility of the

reporter. He was sure that the story would fall flat as a front page scoop because it would not be

exclusive. He doubted the source would also leak it to other media persons. Mayank had insisted that he wished to play the story as a front page scoop and had also rewritten

the story to make it impactuous. The editor had left the office late evening making clear that the

story should ideally be covered as "also ran? story on the lower half of the front page but not as

front page scoop. Mayank had taken the challenge and as usual, he took the

risk, cross-checked

with his sources and ran the story as front page top scoop with a banner display.

He expected the editor?s ire next morning but once again he was proved wrong. The story went

exclusive and that made the editor happy. But despite editor?s praise, Mayank was apprehensive

as his journalistic intuition warned him of trouble ahead. How the rival newspaper could miss

such a big story, he wondered. His apprehensions proved right as the day progressed.

By the time, the reporters gathered in the newsroom for the 12 o? clock meeting, the editor had

received many phone calls which made his morning bliss disappear. A call from the deputy

general manager of advertisement had also made him nervous. He sent a message from his

chamber to the reporters that he would not take the meeting and the chief reporter should go

ahead with it. There also was a one line instruction that no follow ups of today?s scoop will be

required.

Mayank did not react when the editor briefed him of the situation at hand and asked him to

proceed on leave. As a true journalist, he had the intuitive perception of bad things and vibes. As

he had entered the office, the body language of the guard on the ground floor, the reception girl

and his own colleagues and the calm in the newsroom had made him realize that bad news was $\$

coming his way.

A chaotic news room is a sure sign of a satisfying morning for the readers and peace and order

there means a disaster for one or other journalist. As a news editor, he had witnessed the fall out

of a peaceful newsroom on some of his colleagues but this time around, not others but he himself

looked to be on the firing line.

He made extra efforts to look nonchalant and put up a normal voice as he asked the editor, $\mbox{``I}$

think, you should be honest to me; I can understand, after all I am in this profession and also

with you for such long years. Don?t hang me on this leave thing.... simply tell me, am I being

sacked or ?"

The editor was agitated and interrupted him, ".... look Mayank, I am not in a mood to entertain

your crap. I am already running out of patience. Can?t you see where we have landed ourselves!

The chief minister of the state has asked the public relation department secretary to stop all

government advertisements to us and you know what it means! Our monthly billing is one crore

and forty lakhs a month, do you listen, and we are not losing our pocket

moneys but the

lifeline...! Go and sleep well. Be positive; take this opportunity to relax as leaves are so rare in a

journalist?s life. But do not leave the city, the boss is coming."

He was about to leave when editor said, "You know, when a lightning strikes in the sky,

someone on the earth below has to lose his luck. Trust me, only the poor are ruined in rain...you

and me live in concrete houses."

Mayank looked deep into the eyes of his editor and could not get the vibes he was expecting. He

could easily see the face of the man in the eyes of the editor who had clearly run out of luck. He

had seen many soldiers sacrificed to save the skin of the general but this time, he was the general

who was taking the innocent blood and the poor soldier was too young and a favorite with him.

"The reporter is not at fault. He just had a story and I took the decision to run it as front page top

scoop, even when you had disapproved of it. So, I should be kicked out not him", Mayank said

sounding determined and assertive.

"Don?t try to be my dad. When I was your age, I too enjoyed being a messiah even while I knew

it quite well that none in seven generations of my family was one. Always remember, you are a

servant of a baniya (trader) and you waste your talent singing the song of universal brotherhood

in front of a butcher. Preserve these sweet sentiments for your girlfriend; she will be impressed

and suck it. May be in return of your baby talks, she will give you a yummy fuck like a well-paid

whore. Push the door when you move out", the editor said in low murmuring voice and turning

away, pretended to look busy scanning stories of the day on the Newstrack. The chief reporter outside was waiting for Mayank as he had got his facts ready. The rival

newspaper editor had done the trick. He too had this story about the exam result bungling as the

source had shared the leak. The rival editor however chose not to publish the story and late night,

he phoned the personal secretary of the chief minister informing that they were not going ahead

with the story. The editor however lied to the personal secretary saying that the story was

exclusive. The rival editor also had it confirmed earlier that Mayank was taking the story as front

page lead scoop. Mayank could guess who in his newsroom had leaked the piece of information

to the rival editor.

In a rather smart move, the rival newspaper had made the chief minister to believe that there was

a political conspiracy behind the scoop to embarrass him and his government ahead of the crucial

assembly by-polls and Mayank?s newspaper was playing in the hands of the opposition.

Everything is fair in love and corporate wars. It was nothing unusual. However, unlike other

wars, it was difficult to make out who was fighting against whom and whose behalf. The

warriors were not lined up against each other as in traditional wars and loyalties were always at premium.

Mayank smiled and remembered his hunch in the morning when he had doubted how the rival

could miss such a big story and there was something bigger than what looked like a simple miss.

He thought of going back to the editor?s room to inform him what he had just learned but quickly

decided against it. He recollected the editor?s word, "don?t try to be my dad?. He was sure he

knew more.

Next night, Mayank took a train to New Delhi for his onward journey to Manali, the

mountainous resort. He had nothing specific in mind, but was sure, he would return to his town

only when he would have made his mind of his journey of life ahead. It was long due.

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CHAPTER 2

Twelve years back, when he was only 22, Mayank had experienced something which would

eventually decide not only his thought process but also his life journey. It was a hot summer day

and there were too many guests in his house. He liked being with people but that night he got

irritated by the negative talks that the entire family and guests were indulging in and decided to

sleep alone on the roof of his house.

Summer nights are not usually calm but that night he could hear the whistle of the train ten

kilometers away. There wasn?t anything particular in his mind and as he rested on his back, he

started to look the sky above.

It was a dark night, no moon shining and stars competed with each other for attention. Mayank

kept looking at the stars. He had recently read about the theories of the origin of the universe and

naturally, he started thinking about the origin of universe, continuing to gaze at the dark sky. He

always created in his mind an imagery of what he thought and learnt. But he could not create an

image of a gas ball exploding to create universe and subsequently creating the galaxy systems,

his own earth and on it his own life. He had never clearly understood the theories of creation of

the universe and that?s why that night his thoughts became confused as he kept watching the

endless expanse of the dark sky and the millions of shining stars. He tried to relate his existence

with the infinity of the universe, allowing his mind to travel deep inside the darkness.

It was around two o? clock that he lost it.

Probably, he had dozed off for 15 to 20 minutes and suddenly he was awake and his mind went

blank. It was a rare feeling for him. He could sense that he was what he was. He could certainly

make a distinction that he was well awake and not sleeping, could feel that his eyes were seeing

things but his other sensory faculties were blank. His mind could not connect to him as he

remembered neither his past moments nor could he feel any moments ahead. When you are in your full senses, your being, your existence registers a clear and explainable

connect and continuity with past moments and those which will come ahead. The mind knows

that I am sitting here for the last ten minutes and will sit for another five minutes, etc.

Mayank however could not connect. All he could feel was that he was among the stars and deep

inside the universe. Seconds later, he could realize that he had a body which he could feel as

separate from the universe where he found himself a few seconds back. The realization was

followed by a strange but very powerful feeling which he could not register as never had in his

life he had such a feel. He was terror struck as he clearly missed the gravity and felt the awe of

the enormity of infinite universe. In a quick succession of changing realities, he found the feeling

of the hard roof surface beneath him, felt a bit assured but next moment fatal fear gripped him as

he felt himself completely alien to his body.

Mayank had the first encounter of the massive and unintelligible fear of the formlessness of

existence that night. The fear gradually gave way to shock but for an hour he continued to feel

the formlessness of being. His existential sense of time and space returned to him in a few

minutes, though in very feeble strength but his biological and animated connect with his body

continued to elude him for an hour or so. He had never faced such strange and unexplainable

feelings and that too in an assemblage unleashed to him in such fast successions. He felt very

unsettled and his mind was in a complete flux. But still, he felt deeply defeated and embarrassed

that his faculties were so weak that it could not help him handle the crisis. He gained his full self

an hour later but soon lost it to an overwhelming bout of sleep.

An array of medical tests in the next one week made it clear that nothing was wrong with him, at

least biologically and physically. As Mayank was settling to forget the incident as one off

accident in his otherwise good life, the feeling revisited him and it was day time. He was in a

busy market and with a friend when he lost connect with his body like that night. This time

however, there certainly was some improvement compared to the last experience. He continued

to do the shopping and other usual activities. He clearly felt his existence split into two. He felt

himself separate from the body which was doing all the activities as usual, very mechanically

though. He once again lost the sense of time and space. This time, the initial fear however was

less intense and soon gave way to utter confusion.

He could understand that his experiences had nothing to do with body but the mind. He

consulted a neuro physician and he told him it was some sort of a panic disorder and he would do

best to jerk it off his mind. The doctor asked him to stop doing deep thinking on issues, beyond

his comprehension.

The doctor attempted to trivialize the issue telling him that majority of people on this earth had

some mind disorder or other in varying intensity and most of them afforded to live out their lives

carrying them reasonably successfully.

"Sanity is a fine like a strand of your hair and most of us stand on the border; often

susceptible to cross the line, inadvertently or otherwise", the doctor said. He told him jokingly, "I

am a doctor of minds but even I have a phobia that someday my wife will kill me. But still, I

enjoy a delectable sex with her. It is rather my phobia that helps me do that as I always do it as if

this would be my last with her".

As these bouts became regular, Mayank turned determined to find a pattern to it. After few

months, he could feel he had better control over his body even when he encountered varied

degrees of formlessness and disconnect during such bouts. Mayank was not sure what the right

way to deal with his problem was but he was however very sure that he could not do what his

doctor advised. He could not jerk off the issue. He had to confront it and find an answer. His

natural inquisitiveness egged him to do two things - understand the problem in its widest

possible connotation and then find a lasting solution. He hooked on to all available resources on

fear factors and especially the mind mechanisms.

Knowledge is embarrassing. It exposes us to the world of stark objectivity for which we are not

always trained and prepared. You feel discomfited by the ignorance you had

lived so far with

and the subjectivity you indulged in. The knowledge about the complexities of brain and an

interpretation of humanity through mind perspectives made him feel and live the shame of

stupidity. Though he was too young to fully understand the intricate artistry of mind universe, he

learnt his first major lesson of life - the criticality of communication in the overall intelligence of

intellectual universe. It was ingrained upon his sensitive perception that he had to invest lots of

time and energy to understand two core ideas — the media and communication, to understand life

and its intricacies in entirety.

He was truly awestruck by the enormity and extent of mind disorders the humanity was faced $\ensuremath{\mathsf{A}}$

with. There were so many phobias that he was almost sure that there was nothing that did not

have the potential to spark off fear in a human mind. He was truly apprehensive and in great

dismay that anybody at any given time could be affected by one mind disorder or the other. He

was more troubled by the knowledge that people in large number all throughout ages in the long

history of civilization were in great pains and sufferings because of something which doctors say

were actually never there. A fear that was never there, a reason not fit for being depressed, a

disability which never was one but the mind did accept them as if they were. And the scare that

humanity has entered a phase where mind disorders would be the largest destabilizing factor for

larger population made him very determined to find a lasting solution to it.

After initial confusion, he arrived at the truth that if devil could be in the mind, so could be God.

He accepted that if devil was a man standing beyond his worst of disabilities and negativities,

God was there standing just on the opposite side of it. He, standing beyond the best of the

potentials and capabilities of his positive and uninhibited mind, was his own God. He got to

know; mind is a mechanism of unlimited potential. All he needed to know was what limits and

inhibits minds in its journey towards Godliness. He realized that mind was a value-neutral and

objective media. What it opts, the devil or the God is not its own choice but depends on

something which programs it one way or the other. He came to a conclusion that communication

to mind was the crucial thing. And the mind accepted thoughts and emotions as communication.

Mind needed to have the right communication to head towards Godliness. That?s why, positive

thoughts and emotions to a new and un-programmed mind were important.

He also understood that the problem with contemporary world was that minds were being

flooded with negative communications since childhood. We have loaded our minds with lots of

negative thoughts and ideas. The mind has been negatively programmed even before we could

realize. The early socialization, prior to our own rational awareness, the hereditary inputs, the

very competitive social environment etc send negative communication to mind. He realized;

thought was the core programming language of mind. The thought is largely a social product and

that?s why the society is primarily responsible for creating either devils or gods. He could

understand the importance of a positive and constructive society in creating good minds. It was a

cyclic chain. He could also understand that a society at any stage was more suitable for creating

more devils than god.

He came to a conclusion that two things were very crucial inputs for mind and they needed very

clear understanding. First was fear in its entirety and complete complexities and second was the $\,$

sense of real and unreal. He understood it quite well that he needed to comprehend the spectrum

of fears and its dynamics. Getting to the core of the multi-dimensionality of fears would make

him understand the mysteries of life well. He was also not bothered too much by the enormity of

the task. The management of fear would be tough but he was sure; it would not be as tough as

the management of hunger, management of greed and management of sexua lity which humanity

had failed to do.

The acceptance of the primary need to understand fear helped him in unexpected way. As he

grew up, he actually developed an objective perception about all his fears and anxieties. This

objectivity helped him understand the power of the conscious mind over unconscious and subconscious

mind. Not that he could conquer all his fears and anxieties but he had better control

over his fears. His conscious mind stood him in good stead with a power of analyses of what was $\frac{1}{2}$

happening to him and why. This assured that fear was never out of control to reach a stage of panic.

In the progression of time, he got inclined to the idea that fear was actually good for him, or for

anybody, who could have the objectivity standards to understand it. Fear was a very positive

signal about the incidence of an unattained and unprepared mind. An unknown thing or idea

cannot spark off fear. A known thing or idea has the similar capacity. It is things or ideas in

between the two ends that create fears. A rope in a semi-dark room makes one panicky as it

looks like a snake but even an actual snake in a totally dark room fails to create fear. A snake

generating fear is good thing. The snake experts also know that its venom is deadly but they do

not fear it because they have complete knowledge about snake behavior and all possible

dynamics of its threat perception. Fear is an instant invite for positive action. Fear makes you

accept that something is wrong and negative with your mind programming. You need to delete

the program and write a new one with complete and objective knowledge about something which

unleashed fear. Fear is an invitation to become your own god by embarking on a journey towards

the best of your own potentials.

As he developed good understanding of fear, he realized that the formlessness, or what the

doctor called unreality feeling was also not a bad thing either. He actually stared to use the

unreality experience as a constructive tool. The objectivity standards also made him take his

formlessness as just a media, like anxiety and fear. This formlessness or unreality was valueneutral

and presented an opportunity for greater objectivity benchmarks. A very beneficial

proposition for humanity!

He began to understand that minus or plus; pain or pleasure; was not the ideal state of being. It

had to be a zero - a truly objective, value-neutral position. Most sins and aberrations of humanity

were committed when humans drifted too far either in the plus of pleasure or minus of pain.

Humans committed acts of banality and benediction, omission and commission on the basis of

his or her judgment of the reality he or she perceived as facing at a particular moment of time

and space. Quite often, the real which was identified as real was either more on the side of plus

or minus, often off target of the real.

Mayank later on developed mastery over the craft and called it a trick. He could actually help

himself on the onset of the bout of formlessness. Whenever, he felt his body and senses were too

overwhelming or ruffled up, in minus or plus, and he could commit a mistake, he would slip into

what he called the zero-mode. He had developed a way to trigger off the formlessness bout and

as he welcomed it, he gained on the objectivity benchmarks for himself. In the years to come, he used the technique to avoid many sins and wrongdoings which men his

age would commit with aplomb. As he passed his prime of youthful years he was happy to

discover that he had developed two personalities. The formlessness had turned into a personality

which he felt remained silent and in the backstage, giving frontstage to his physical personality

which was socially interactive. He successfully used one of his two personalities interchangeably

to derive best of results for him. He even enjoyed his split personalities simultaneously, realizing

very well that this had made him an enigmatic person in the eyes of most of his relatives, friends

and colleagues. The liberal of them would call him maverick but most would prefer a "confused?

tag for him.

* *

CHAPTER 3

Mayank was not that young to allow any momentary lapse of reasoning and take a fleeting

decision. Though 34, his disposition suited a 45-year old. A week earlier, he felt an urge to do

something even at the risk of being labeled hasty and rash. However, coming back from Manali,

he had his mind in poise and clear on what he wished to do and how. The mountains had stoned

the poise in him.

He rang up the reporter who had written the scam story and as he had expected, the reporter had

been handed over transfer orders which would mean he would quit his job. Reporters are very

reluctant to change their places. It takes years for a reporter to build his contacts and his worth

depends on his contacts.

He could sense a shade of anger building up inside him. Perhaps, his own anger and frustration

with his profession had piled on the incident. As a journalist he had so many issues which he

held dear to his heart and wanted a patient hearing from his editor and owner of the newspaper.

Let alone as a professional; as a social person too he believed he had genuine questions which at

best needed clear answers but at least, he expected sympathetic audience to such questions.

His anger always liberated him. It gave him the energy to vent his feelings, to bring up queries.

He believed that inquisitiveness was a growth sign. He would never allow his simple and $% \left(1\right) =\left(1\right) +\left(1\right) +\left($

innocuous "why? to wither away. Anger was his critical energy that jolted him out of the inertia

of status quoism that the social milieu around him would often slap on his face. Anger would

give him the energy to extend strong support to his instinctive inquisitiveness by adding the stubbornness of his determined self.

He used his anger to ascertain that at least things were seen in right perspective. He was always

very clear in his mind about the fact that judgment about a justified action can be postponed but

not the judgment of a justified thought position. A fact will remain a fact even if its practice be

procrastinated or even stopped. What irritated Mayank most was that most people, who were in

the positions from where taking right judgment and that too at the right point of time would

make the world a better place, would simply not do it. The tragedy is that most often, they would

use all power at their disposal to kill the question itself. Naturally, the questioner became first

victim.

For the larger society, rooted in inertia and status quoism, a question is like a poisonous snake.

People with baton of socio-economic and political authority are so panicky of the venom of nonconformity,

which a question has the potential to unleash, that they are quick to thrash its head.

Often, innocuous and well-meaning questions and questioners are killed in the panic over the

threat to peace and order of suitable conformism.

Questions are important. God is the biggest question. The religion is the mother of all questions.

The greatest tragedy of humanity is that today religion smothers more questions than it was

suppose to answer. Regrettable it is that on the name of religion, mediocre and conformist

answers are being forced on masses and many meaningful questions are not even allowed to

breathe.

Since his childhood, Mayank had witnessed his family members stifling questions which he

asked innocently. He would be hushed up and told that it was bad manners. Often, discipline was

considered the primary virtue and even his innocuous curiosity would be bracketed as

undisciplined behavior. Discipline as the greatest morality was not always acceptable to him as

he saw it as a non-reciprocal tool of outdated notions of societal conformity.

Even later, in his school, in college and in his career, he would be faced with the authoritative

structure that emphasized and enforced discipline, pouncing on any chance to kill even the most

innocent inquisitiveness. A slap would always save the burden of thousands of unconvincing

words for the authority. And why would anyone anyway consider it an authority if it didn?t slap!

This only made him become sure and more confident of the righteousness and justification of his

natural inquisitiveness. The nervousness that he could see his questions

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