14 Days Step by Step Perfect Puppy Training Guide

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Introduction
The day you bring your new puppy into your home is an exciting time. You are bringing home a new member of your family and you expect that everything will be perfect. That happiness can quickly disappear when your puppy starts to misbehave.

It is not the puppy’s fault, they do not know any better. It is up to the puppy’s owner to teach them how they need to behave. This guide will help provide the information that you need to make your home a happy place for the newest member of your family.

The step by step guide will take you through the basics of how to train your puppy, and what to expect from the puppy. It will also offer you a variety of options for you to consider that will help both your puppy and you.

You should not wait to teach your puppy how to behave. It needs to begin from the time that you bring them into your home. If you read this guide before you get your puppy, it will help you know what to expect. If your puppy is already in your home, it is not too late. The information will still be useful for both you and your puppy.

Chapter One: You and your puppy – a welcomed addition to the family

It is definitely an exciting time for your family – having a new puppy to fuss over can have that effect on you. It is a fun time to remember and cherish. There are certain things that need to be done right before you take your puppy to his new home. This will make the transition to home life much easier and smoother.

Raising a puppy is not very different from raising a child. You will not do everything perfectly. It is okay to make mistakes as long as you learn from them. With a little help, a little guidance and a whole lot of love, you will raise a great puppy into adulthood.

Up to this point in your puppy’s life, he has been with his mother and other litter in a sterile environment. To make the transition smooth, it is advisable to make sure that your puppy’s immediate environment in your home be sterile as well.

The first week of your puppy’s home life should be quiet and idyllic. This does not mean your puppy should not be allowed to explored and meet other family members. Now is a good time to start teaching him stuff like his name, how to relieve himself in an area designated for that
purpose as well as leaning how to keep him on a leash. Learn how to supervise you puppy as this is very important this first few weeks. You may even talk to your puppy. Experts say it helps!

**Proper home care for your puppy**

Expect the first few nights of your puppy being home to be little challenging. Your puppy may sometimes feel the pangs of loneliness and may whine as a result. He has been removed from familiar surroundings, so this is to be expected. There are a few things you can do to care more for your puppy and make his initial stay less challenging.

1. Make sure your puppy’s sleeping quarter is in a small crate. Although your puppy will grow rapidly, you do not want to get a crate that is too large. It will not be comfortable for the puppy that is adjusting to a new environment.

2. This crate should be kept near your bed in a draft free area. It is important to get attuned to his cries at this point. If he cries, take him out to a relieving area and afterwards put him back into his crate. This is not the best time to start giving him treats or offer play time. He should get right back to sleep afterwards.

3. Get your puppy a stuffed toy. The best toy to give is a stuffed Dog toy. This toy will serve as his littermate and keep him company.

4. Never take your puppy to bed with you. This will help you avoid future headaches and bad habits. Learn to keep him in his crate.

**Training equipment that may come in handy**

It is not too early at this point to consider buying training equipment for your puppy. There are several types of training equipment that can be got easily from the stores to help tone your puppy’s muscles. Consider having training activities about 3-4 times per week. The inherent benefits of training equipments are:

- Improved body and sensory awareness
- Increased reaction and control
- Strengthening and increase of the trunk
- Stabilization, especially in weak areas of the body
- Elongation of the muscles and overall increase in the motion of the joints
- Improved balance and perception
Other Necessary Equipment

A trip to the pet store can provide you with plenty of things that they say your puppy will need. You can easily spend a lot of money on things that you will never use. There are some other pieces of equipment that can come in very handy when you are dealing with your new puppy.

- Travel crates – In addition to the crate that you use in the puppy’s bedroom, a crate that you can use when you are in a car is very useful. This will keep the puppy from being hurt whenever they are riding in the car. You would never allow your child to drive without a seatbelt. Keep your puppy safe as well.

- A bathtub – You can clean your puppy in your bathtub, but a separate tub may make the bathing experience easier. Your puppy will get dirty, so have the tub handy when you are ready to bathe him.

- Food and water bowls – These may seem obvious, but there are plenty of choices that you will find. It is important for the puppy to quickly learn where their food and water supply is and the right type of bowls will help identify this.

- Child gates – These are needed to keep your puppy out of places in your home where you do not want them. The gates are the best way to train a puppy about where they are allowed.

- Microchip – This device is implanted in your puppy. If the puppy is lost, they can be located using the microchip. This should be done as soon as possible when bringing a puppy home.

- Grooming Supplies – It is never too early to get your puppy used to being groomed. Brushes, toothbrushes and doggie shampoo are some of the things that you will need to keep your puppy looking good.

- Exercise equipment – A walk is a great way for a puppy to get exercise, but they need more than that provides. The type of equipment that you can get will depend on the size of your home. Dog runs and toys that induce activity are the best way to allow your puppy to get the exercise they need.

- Pooper Scooper and Doggy Doo bags – When you do take a dog for a walk, make sure you have something to pick up the poo that they leave behind. It is the right thing to do and your neighbors will appreciate using this piece of equipment.
Clothing – If you want to dress up your dog, make sure the clothing you choose fits. In cold environments, it might be necessary to provide clothing to keep your dog warm. Remember that your puppy will grow quickly and that you will need to make sure that the clothing you have is not too tight.

Chapter Two: You are in charge – be the pack leader

You should be the center of your puppy’s world. Make this known to him early by being the one that brings him his food, take him out exercises and walks, and also be the one that teaches him to do things. The most important however is feeding. Once you have established that connection with your puppy as his care giver you have strengthened the bond between you both.

Puppy Nutrition

Puppies just like human babies are growing rapidly. Their muscles, organs and bones are forever taking shape and as such they need extra nutrients in order to fuel this rapid growth. You should start your puppy on solid food by the 4th week of life. This is mainly because they are no longer able to get the calories they need from their mother’s milk alone. If you are going to feed him dry food, be sure to moisten it first until it feels spongy before giving it to him.

When it comes to selecting high quality puppy food, your veterinarian should be able to recommend something. In the first 6 months of life, the nutrient needs of your puppy are forever changing rapidly. Your best bet would be to ask your veterinarian for recommendations since he is most experienced with puppies and will likely recommend what would be most helpful for your puppy.

Balanced Diets

The type of balanced diets that will suit your puppy’s needs will need to comply with the standards set forth by the Association of American Feed Control Officials (AAFCO). When purchasing your puppy foods, be sure to check the label to make sure it conforms to AAFCO nutrient guidelines. Any food you purchase should be able to state in the labels the life stage for which the food is most suited for. If any food is labeled for “growth” or “for all stages of life”, it is probably a good choice for your puppy.
It is time to access your puppy after feeding him a particular food for 6 weeks. If he is playful and energetic with a thick shiny coat, then he is probably digesting all his nutrients and there are no cause for alarm. His feces at this point should be brownish.

**Good feeding habits**

Puppies should be able to feed at least thrice a day until they are at least 6 months old. After 6 months, feeding him for at least twice a day is normal. Remember to make use of feeding guides on the labels of foods. Adjust the amount of food available to your puppy weekly; this will help keep him in optimal condition. Puppies need lots of calories in other to fuel their growth. It is best to evaluate your puppy’s body conditioning score to make sure he is getting the right amount of nutrients.

In some special circumstances, it is possible for large bred dogs to develop skeletal and joint problems. These conditions can be worsened by overfeeding. In other words, if your puppy is a Great Dane, Labrador retriever or even a Doberman pinscher, do not over feed him. There are puppy foods made exclusively for such large bred dogs which are usually designed to control growth. This makes such foods a little lower in calcium and phosphorus than other puppy foods but rich in fiber.

**Choosing the Food**

There are hundreds of varieties of food that you can choose from to feed your puppy. Dry food, wet food, dry food that can be served wet are just some of the choices. You can choose a name brand dog food or you can save money by choosing a generic dog food. How are you supposed to know which is best?

Before you decide on the brand of food for your puppy, you need to decide whether you want dry food or wet food. There are pluses and minuses to both of these foods.

- **Cost** – dry food is typically less costly than wet food. The type of food you can buy may depend on your budget.

- **Storage** – When you buy a bag of dry food, you can put it into a container with a lid. The food will be good for several months. Wet food is not as easy to store. Once the can has been opened, it will have to be used in a fairly short time. You can store an opened can in the refrigerator to extend its life. The length of time that you can keep the food will also affect the amount of money that you spend on food.
• Nutrients. Wet food can be over ¾ water. It will pass through the dog very quickly. This means that the puppy will not always absorb all of the nutrition that they should with wet food. Dry food takes longer for the puppy to digest. This allows them to absorb more of the nutrients in the food.

• Dental Health- Dry food can help a puppy clean their teeth, Wet food can be trapped in the teeth.

Some people might think that a moist food would be a good compromise for people who cannot decide between wet or dry food. Studies have shown that this type of food is higher in preservatives and salt and may not be as healthy for the puppy as the other types of food. It is best to stay with either wet food or dry food.

Another option would be to use a combination of wet and dry food. One meal of wet food followed by two meals of dry food could be the right combination for some puppies. It is a good idea to consult with your vet to find out what the best combination of food will be for your puppy.

The brand of your food is a matter of personal choice. They are similar, but you can choose a brand based on the price, the ingredients or the reputation of the manufacturer. Be aware of what is in the food and whether it contains natural ingredients or not. There have been reports in the past of food that made dogs ill. It was not manufactured properly and has been removed from the market. You need to be aware of any stories you see about contaminated food products.

Treats

Dogs love treats and puppies are no exception. Treats can be used as rewards for good behavior or they can be offered to help supplement the puppy’s health. It is important not to overdo the treats. You also do not want to use table food for treats. If a puppy gets used to eating food from the table, it is a hard habit to break.

You can choose from different types of treats. The hard treats can be used to help promote dental health. Treats can also be used to help with doggy breath. When choosing treats, follow the same guidelines you use for introducing any new type of food to the puppy’s diet.

• Make sure that you give it enough time to evaluate how the puppy handles the treat
- Stay away from the moist treats that are high in salt and preservatives
- Do not overdo the treats. A puppy should not fill themselves up on the treats
- Choose the treats that are appropriate for your puppy’s size
- Keep them in a place the puppy cannot get to

Chapter Three: Tips to keeping your puppy healthy

So you have finally decided you have the most adorable pet in the whole world until you found his piddle right in your furniture or in the middle of your living room carpet. This is when you begin to realize it is a big responsibility owning and maintaining a dog. You need to prepare yourself fast for such eventualities and others.

Potty training – a necessary evil

The best ways to potty train your puppy to be attentive and pay attention to particular details. The first step is to make sure your puppy is always within your sight. This is where having baby gates is important so as to keep your puppy from wandering around the house. If you happen to notice your puppy sniffing around or see him squat, quickly scoop him up and take him outside to relieve himself.

Also if you just finished feeding your puppy, take him outside to go potty about 10 minutes later. A thing about puppies is that they will always need to go potty after eating or drinking. So be prepared for that. This also means you should be able to control what your puppy eats and when he eats it. This gives you a greater measure of control over his potty. When you take him outside after eating, remember not use this time to play with him. Stand around and wait for him to go.

In cases when you are probably occupied or need to go to work, you need to consider crate training your puppy. This ensures the safety of your puppy or extended periods of time when you are not able to take care of him. It is equally important chose a crate that is large enough for your puppy to give him room to play. Crates should never be used as forms of punishment. Always remember to take him out to go potty before putting him in his crate. Soon your puppy will learn to hold it while he is in his crate until you are ready to take him out to go potty.
When it comes to potty and crate training, consistency and repetition are the way to go. When potty training, always use the same exit door and take to him a particular spot in the backyard. He will come to associate this spot with potty. When he becomes more independent, he will learn to go potty in this area on his own.

You may also consider using potty training pads. They have lined pads that are scented to attract puppies to potty on them. Learn to leave clean potty training pad near the door you want the puppy to use as this will help alert you when he needs to go.

There are certain words you can use to help your puppy associate these words in potty. You may consider saying “Go potty, good boy! Good potty!” this way you are training him to understand what needs to be done and when. Remember to praise your puppy anytime he goes potty in the appropriate area. Dogs are pleasers they always want to please their masters. Praising your puppy will encourage him throughout the process.

*Your puppy needs exercise*

Maintaining a daily dose of exercise is good for your puppy’s physical and mental well-being. Exercise can help avert life threatening disease like arthritis and help your puppy lead a more fulfilled life. Just like humans, dogs are prone to obesity related diseases. Exercises help to keep him healthy. It is good for his mental health as this will help curb destructive tendencies like incessant chewing, digging and nonstop barking.

The amount of exercise you give to your puppy will depend on his stamina, health condition and age. Rigorous exercises should be suspended until he is of age. Some dogs like Dalmatians, Labrador retrievers, Border collies and Jack Russell terriers are built more for exercise than others.

Generally, your puppy needs 5 minutes of exercise per month of age up to twice a day. What this simply means is that your 3 month old puppy will need a total of 15 minutes of exercise and at 4 months, he will need 20 minutes of exercise. The type of exercises you engage your puppy in should include a variety of activities like swimming, playing with dog exercise balls, and going for short walks on a leash. If you puppy is tired, allow him to rest before starting over. If he does not resume walking, please carry him home as he may be over tired.

Your puppy will generally feel happier and sleep better at night after good doses of exercise.
A collar and leash may be your best friend

Collars and leashes allow you to have a better control of your puppy especially when going for walks. It helps in teaching skills and discipline to your puppy. There are different types of leashes available for your leash. Before you make the choice of what type of leash to use, consider which ones better serve your needs.

- If you are thinking of taking your puppy for walks in the park, the flexi-lead leashes are your best bet. It helps the puppy be able to explore away from you. The length means your puppy can have a measure of independence while still under your custody. However, using this type of leash is not a good idea if you are in an area with high foot traffic or off-leash dogs. This is because the line may wrap around your puppy’s necks or around a person or another dog’s leg.

- Chain leashes look really nice and are good for puppies who like to tug and bite the leash. However, metal leashes are much heavier than you think; they are heavier than nylon or the leather.

- The use of leather leashes are encouraged because they are the easiest to hold on the hands.

- If you are considering going for nylon leashes, be aware that they can cut into the hands or even give your puppy a “leash burn”. The good thing going for nylon leashes is that they hold up well after repeated exposure to the elements.

Training Classes

There are plenty of people that can train their puppy on their own. There is nothing wrong with this. If you are confident in your ability to train your puppy, go for it. It is a fun experience that you and your puppy will remember. The bonds you form with your puppy while training them can last a lifetime. But what do you do if you are not sure how to train your puppy? Where can you turn?

Training classes can be done as early as 6 weeks. It is a good idea to wait until the puppy is a little older before enrolling in any classes. Most classes can be done for puppies up to one year old.

There are solutions for people who need help potty training and leash training their dog. You can find experts who will teach you how to be the pack leader. The choices you have include instructional videos, online support, books and classes. You need to figure out which one of these will fit in your schedule and your budget.
You will find many places that offer training classes for both you and your puppy. You need to understand that you are an important part of the equation when it comes to training your puppy. When you look for classes, you can check several different places

- Your veterinarian may be able to provide recommendations about the classes you need
- The local animal shelter may offer classes or will know places that do
- The local pet store may offer classes or will have a list of trainers that offer the classes
- Friends and relatives could provide the recommendations that you need

When you are looking for classes you will need to make sure that you will be able to make it to the classes with your puppy. You can turn over all of the training of your puppy to another person, but how will your puppy recognize you as the pack leader when you do this? The classes will not only teach your puppy what to do, it will also teach you the techniques you need for your puppy. Many classes require the person accompanying the dog to be at least 16 years old. Check this requirement before enrolling in any class.

Once you have signed up for the class, make sure you attend. It is in you and your puppy’s best interest to attend all of the classes so that the training is done consistently.

Instructional videos can be an alternative to people who cannot find a class that they can attend. You can use these videos when they are convenient for them. They are very effective if they are used correctly. Consistency is the key to using videos. Try to do the training at the same time on a regular basis. Keep the training environment similar so that the puppy will know that it is time to learn.

The downside of videos is the inability to get feedback from the experts who made the videos. You will have to rely on yourself to make sure that the techniques you are doing are working.

You can use books in the same way that you use the videos. The techniques that you learn in the books can be taught to your puppy. The support that is offered with books is not very good. You may not be sure if you are doing things right. The only way you can tell is by the behavior of your puppy. If you are getting the behavior that you want, you will know that you are doing it right.

Online resources for training can include videos and written material. This is a combination of the videos and books that may be more comprehensive than using one method. You will also have access to support person’s to help guide you as you train your puppy.
It does not matter what method of training classes you turn to. Both you and your puppy will benefit from what they are teaching. It is a great way to start your puppy off on the right track in your home.

Training Equipment

One of the keys to training is to have the right equipment for the job. When you have the right equipment, you will find that training the puppy is much easier and is much more effective. There are many types of equipment that you can choose for to help you with your training.

- Collars that prevent pulling – Often referred to as choke collars or pinch collars, these will discourage a dog from pulling on the leash as they are walking.

- Electronic Fences – These consist of two parts. A wire that is buried in the ground and creates a fence perimeter and a color that will shock the dog when they go over the wire. It can teach a puppy what the boundaries of a property are.

- Dog Whistles – These have been sued for a long time. The high pitch can heard by a dog, but not by a human. A puppy can be taught to respond to the whistle in the way that you want.

- Doggy bathrooms – The use of carpeting and fake grass to teach a puppy to do their business in a specific area may take time to work, but it can be done. People used to put down old newspapers, but there are now pieces of equipment that are much better.

There is all sorts of equipment that you can use to help you train your puppy. The best piece of equipment in the end is your time. If you give that to your puppy, you will get the best results. All of the other stuff may help, but your time will always work.

Chapter Four: Now to the tricks!

Instill discipline in your puppy

You puppy is prone to several disciplinary problems due to no fault of his. It is usually good to start early to teach him basic disciplinary skills that will help him develop. Instilling discipline in your puppy will also save you pains later on.

HOWLING
Howling is a form of vocal communication used by dogs. This they do in other to attract attention and also announce their presence to the outside world. Howling can easily get irritating and your puppy may fall into this habit to your irritation. If your puppy is howling, it is good to rule out problems first. For example, if your dog’s howling is done at times when you are at work, it means, he is suffering from separation anxiety. Some puppies and by extension dogs often howl when they are sick. So you should rule out these situations before deciding to discipline your dog for howling. If your dog is sick, take him to a veterinarian immediately.

If your puppy’s howling is caused by a trigger like the sound of a passing siren, the howling will usually stop when the siren passes. This type of howling usually isn’t excessive. If and when howling becomes excessive, you need to learn some desensitization and counter conditioning (DSCC) techniques to help him stop. DSCC helps to treat fears, aggression, anxiety and phobias. There are people trained in using these techniques to quell bad behavior in puppies. Inquire from your veterinarian of the availability of such an expert near you. It is good to bear in mind that any animal behaviorist chosen to look at your puppy be professionally certified.

**DESTRUCTIVE CHEWING AND BITING**

Chewing and bite are normal process of growing in puppies. You should expect your puppy to sometimes bite and chew his way around. However, it becomes a problem when chewing and biting becomes destructive. The first thing to do is to decide the root cause of your puppy’s chewing problem. The number one reason may be separation anxiety and a way to relieve boredom. If your puppy, whines, chews, barks, urinates, is restless, paces when he is left alone, it is a sign that he is anxious and lonely.

Sometimes, your dog may bark and chew when he is hungry. In this case, it is a sign that you should feed him immediately. If your puppy sucks at fabrics for protracted periods of time, it is sign that he may have been weaned too early. You may have to consider seeing an animal behaviorist to fix this problem. Again, it may also be that your puppy is teething and therefore has the tendency to chew and bit on objects.

Here are a few suggestions to help curb your baby’s biting and chewing tendencies.

- You may give your puppy ice cubes to help with the teething process. Teething is a normal part of growing up. You should expect your puppy to go through this phase. Hopefully, this phase will pass as he hits and passes 6 month of age.

- Provide alternative toys that your puppy can chew on instead. Whenever you notice him chewing on a fabric or chair, gently guide him into chewing the toys instead.

- Invent activities that will distract him from chewing. Take him for exercises or play with him at that point. Remember, that chewing is a normal behavior of dogs. Teaching him
to differentiate between what should be chewed on and what should not is important. Teach him gently but firmly. In time, he will learn to differentiate between what is right and what is not.

**Greeting people in the Home**

One of the first things that people do when they have guests come over is to put the dog in another room and close the door. Or they use the dog crate to keep the dog from becoming a pest to their guests. Instead of locking the dog up when people come over is to teach them to behave when people come to the home. They should not bark when the doorbell rings and they should not race to the door to greet the guests. This type of behavior by the puppy should not be accepted.

It is also very important to teach the puppy not to jump up on a guest as they enter the home or to lick the hands of the person. Inappropriate sniffing also needs to be discouraged. Puppies can be taught how to behave properly when guests arrive as long as you are consistent and have patience.

When you notice that people do not want to come over to your home after you have gotten a new puppy, you might want to think about how your puppy behaves when guests arrive. With the right amount of time and training, your guests will not even realize that you have a new puppy in the home.

**Improving your puppy’s socialization skills**

In simple terms, socialization means learning to be a part of the society. Socialization in regards to puppies means helping them become an integral part of the human society. This makes to feel comfortable with humans, environments, building, noises, sights and smell. Most times, puppies learn socialization skills all by themselves. Thy do not need any special training to do this. Then, again, it is also important to aid your puppy though this process.

The best time to socialize your puppy is from 3 weeks of age. After 18 weeks of age it becomes increasingly difficult for them to accept new experiences and may likely be wary of people and events. Socialization for puppies is very important because it teaches them social skills that will make them become much more enjoyable and relaxed. It reduces the possibility of aggression in your puppy. The wider the variety of experiences, your puppy is exposed to, the better his chances of relating well to these conditions.

The ways to social your puppy is to take him places, events, see sights, let him experience sounds such that you would be comfortable with him in these conditions. It all depends on the type of lifestyle you planned for you puppy. Basically take him out and let him perceive sight and sound of trains, garbage trucks, and school yards of screaming children, crowds, cats, livestock or crying infants.
Always learn to monitor your puppy during the socialization experiences. If you see your puppy cowering at his own party, it means he has not learned anything good about strangers. Ensure he has the right amount of exposure and praise him for his efforts. Give him a special treat when he does something good with people. You may also consider enrolling your puppy in puppy classes where he will be taught basic socialization skills. Consider this to be a puppy kindergarten class.

**Teaching Your Puppy**

There are many things that your puppy will have to learn. It is important to remember that it is a puppy and will not immediately behave in the manner that you want. As you try to teach your puppy’s basic discipline and how to interact with others, the teaching techniques that you use are very important. If you use the wrong techniques, your puppy will not understand what behavior you expect from him. When you use the right techniques, the puppy will quickly learn what is right and what is wrong.

*A Rolled up Newspaper*

This technique has been used many times. When a puppy does the wrong thing, they are hit on the nose with a rolled up newspaper. It is no different than spanking a child who has misbehaved. It is not the best way to teach a child and it is not the best way to teach your puppy. Hitting with a newspaper is a destructive way to teach a puppy. It is much better to use constructive techniques that reward the puppy when they behave properly.

Another training technique is to rub the dog in the mess they make in the home. This is another technique that does not work. Any type of destructive technique to train your puppy needs to be avoided.

*Use Positive Reinforcement*

When you are training the puppy, make sure they are rewarded when they do the right things. If they use the bathroom outside instead of inside the house, let them know that they did a good job. The type of positive reinforcement can vary. You can use treats to reward good behavior. You can also tell them they are a good puppy and pat them on the head. Either way the puppy will try to repeat the behavior to get the reward again.

Another key to training a puppy is patience. Even though you are training them in the right way, they will still do things that are considered to be bad behavior. You can let the puppy know they have done wrong. One punishment can be time spent in their crate, but you need to be careful
about this. You want the crate to be a place they are happy to be in and they might get confused when it is used for punishment.

While it is important to be patient when training a puppy to behave properly, it is also important to scold the puppy or reward the puppy for their behavior when it happens. Make sure that the puppy knows immediately if they have done something right or wrong.

**Basic commands**

Much of your time spent teaching a puppy tricks will be involved on basic behaviors. Howling, chewing, and barking are all important tricks that your puppy needs to learn. But what about the other tricks that many dog owners like to see their puppy do? Can you teach a puppy some basic commands at an early age?

The answer is that you can teach young dogs new tricks. They may not always learn them easily, but with patience and persistence, a puppy can learn a few simple tricks to show everyone.

- **Roll over** – When teaching this trick, choose a soft surface such as grass or carpet. The puppy first needs to be taught to lie down. Speak in a firm, but not an aggressive voice when issuing the command. Once the dog is lying down, use a treat and a gentle motion with your hand to get them to roll over. Keep repeating the process with the command to roll over until the puppy is doing it on their own.

- **Shake Paw** – This is an easy command for puppies to learn. Try putting your hand in front of the dog as you say the command. If the dog does not put the paw in your hand, gently lift the paw and shake it up and down. Reward the dog for the behavior. Keep repeating the command and picking up the paw until the puppy does it without your help.

- **Jumping through a hoop** – This trick is a little harder, but the principles are the same. Make sure you have enough room for the puppy to do this. Offer them a treat if they go through the hoop. You can start out with the hoop on the ground and getting the puppy to walk through. Gradually raise the height of the hoop until the puppy is jumping through it.

Not all puppies will be able to learn these tricks at a young age. It is something that requires time and patience. Eventually a puppy will start to perform the tricks that you want to see. The key for the teacher is to be consistent. You have to be willing to devote the time that is needed on a regular basis. This is the best way to reinforce the behavior that you want. If more than one person is working with the puppy, make sure you are all doing it in the same way. That consistency is important to the puppy.
Prepare for emergencies

Emergencies are a normal part of life. They can come in various forms. Emergencies require that you keep your puppy safe. The method to keeping your puppy safe is to prepare for an emergency ahead of time. Below are some tips to get help you get started in preparing for an emergency.

1. Go get yourself a Rescue Alert Sticker
When you paste this kind of stickers in your home, it will help people and rescuers know that pets are inside your home. A Rescue Alert Sticker may carry any of the information below:

- The phone number of your veterinarian
- The type and numbers of pet in your home
- The name of your veterinarian

In cases of emergency and you have already evacuate your pets and by extension your puppy, write the word “Evacuated” across the sticker. Rescue Alert Stickers are available from Animal Welfare League shelters.

2. If possible arrange a safe haven
This is very important tip. Remember that if it isn’t safe for you, it probably isn’t safe for your puppy. Since not all evacuation units accept pets, it is important to determine beforehand the evacuation units that are most suitable for your circumstances. Here are a list of things you can do while arranging for a safe haven for you and your puppy.

- Contact your veterinarian for a list of preferred boarding kennels and facilities.
- Ask your local animal shelter if they provide emergency shelter or foster care for pets.
- Identify hotels or motels outside of your immediate area that accept pets.
- Ask friends and relatives outside your immediate area if they can take in your pet.

3. Get your emergency supplies and travelling kits ready
Buy an evacuation pack and have it handy and ready for use. Make sure everyone in your household knows where it is. Make sure the kit is clearly labeled and easy to carry. The most essential items that should be in your evacuation kit are:
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