

# **How To Protect Yourself From Adware And Spyware**

**The Ultimate Guide  
To Removing And  
Protecting Against  
Adware And Spyware  
On Your PC**

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# Best Anti Spyware Tools

These are some of the best anti spyware tools we've found. If you need to clean up your PC, try one or more of these now. Check out the free trials that are offered to see whether or not your computer is affected by spyware.

## [Adware Alert](#)

This works with Windows Vista as well as earlier versions of Windows such as XP. There's a free scan option so you can see whether you've been affected by adware or spyware.

## [Anti spyware with built in anti-spam](#)

Industry leading anti-spyware software from Pareto Logic, this also spots and quarantines spam messages that would otherwise clog up your email inbox.

## [Spyzooka](#)

Destroys spyware, stops unwanted pop-ups, prevents programs from hijacking your home page, gets rid of those pesky random error messages, speeds up your computer.

### [Internet Security Suite](#)

Complete security suite. Detects and removes spyware, adware & other parasites from your system. Also cleans out the Windows Registry to speed up your computer. Works with Windows ME, 2000, XP and Vista.

# Introduction

What is spyware? What is adware? You've probably heard of them because everyone that gets online is either bombarded with information about the products that can help to protect against these two things or get so much spam that they've had to remove it from their system.

Spyware and adware are two separate things but can be lumped together for one reason. That is that they are merciless in what they can do to your computer and to you.

- They risk your sanity with pop up ads.
- They risk your computer too, as too many pieces of adware or spyware on your computer and it will no longer work well.
- And, they will risk your personal identity, too.

Yet, there is much you can do for protection from these problems. The solution is twofold. You must get rid of any type of spyware or adware that is lurking in your computer right now. Then, you need to protect yourself from it entering into your system again.

The information and solutions you need, are within this e-book.

# **Chapter 1: Spyware Can Destroy**

Spyware and adware are two different animals. Each has the ability to make your life a mess. If you rely on the internet for anything or you rely on your computer for anything, it is a must that you fully understand what these things are and how they work.

The first key to protecting yourself from these things is to fully understand what they are. That will allow you to know how to not make common mistakes that cause spyware to get into your computer.

## **What Is Spyware?**

According to Microsoft, spyware is a term that describes any type of software that is used for such things as collecting personal information, changing the configuration of your computer, advertising and anything else that can be done. The catch is that spyware is downloaded without your permission. Usually, you won't know it's even there when it enters your system.

## **What Is Adware?**

The difference between spyware and adware is just a small one. With spyware, the potential could be leaked personal information to another source. In other words, someone is spying on you. With adware, though, the software is geared towards displaying advertisements.

## **Is It All Bad?**

Unfortunately, many people have been lead to believe that all types of this software are bad and should be avoided. But, that's not always the case. The fact is you may want to have certain types of this software to use.

Remember, to make it spyware it has to be downloaded to your computer without your consent.

Why would you want to have spyware that tracks your personal information? Why would you want those advertisements? You may actually sign up for a service online and when you do you may also agree to receive targeted ads.

Companies like this find it helpful to track where you go online and what you do in order to provide you with ads that are targeted to your interests. Instead of seeing ads that don't have anything to do with you, you'll see ads that are based on the places you've visited online.

In most cases, though, spyware can be something that annoys and even has the potential to do much harm to you and your computer.

## **Changing Configurations**

One problem that often happens with spyware and adware is that they can change your computer's settings, making it quite annoying for you to even log on. Here, they may change the web browser's home page. Or, when you search, this page can be changed. Some products even will make other changes to the actual configuration of your computer.

The problem with these things is that they are usually very difficult to change back. You may not have the ability to do this because it can be quite difficult.

## **Slowing Your Computer Down**

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