

DHYAN VIMAL



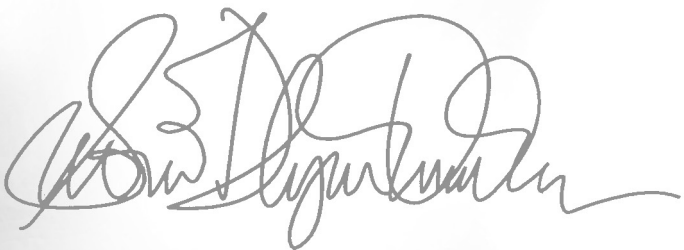
What Is Love?

zazen publishing house



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A handwritten signature in black ink, appearing to read 'Dhyon Vimal', written in a cursive style.

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FOREWORD

What is Love is the second in this series of books for those who want to savour the enigma that is Master Dhyan Vimal in smaller doses.

All titles in this series are basically transcript of spontaneous talks delivered at various times. For the reader to understand and appreciate the true essence of the Master's style, certain inconsistencies and new 'terms' coined by him are left as they are.

We trust this new series will serve to help introduce more readers to what the Master stands for and what he has to offer humanity at large.

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Love & Freedom

8th February 1998

One

“Love and freedom are two sides of the same coin,”
this is the statement I heard from Osho.

Love and freedom are two sides of the same coin
but in our whole life, love has been the way we form
bondage. Love has been the way we trap somebody,
love has been the greatest nightmare for us.

In the name of love, we have been much tortured,
horrified. In the name of love we lost our freedom,
in the name of love we have at times prostituted
ourselves.

Let's understand what love is, let's understand the implication of it, what does it mean to be alone? What does it mean to be together?

Or is it possible for us to ever be in love?

So far love is, I love you and you are mine. I love you and you are to follow me. I love you and you have to be my disciple. This love that exists now makes another person non-existential.

The way we love now, the other person has no rights. In the name of love we remove all rights from the other person and we push them not to have individuality. We push them so they don't exist, only you do.

You do this in many ways. When you love somebody and the person does something opposite to you, you are hurt ... why?

Because there is an expectation. There is this stuff called possessiveness. You want to hold the person in your arms and the person is to become blind, deaf, so the person only loves you.

Man hasn't come to the maturity to love and to be alone. To love and to be alone is to become a grownup. It is to have the ability to love someone so totally and at the same time not running away from the fact that I am alone.

It is a fact that we love because we don't want to be alone. It is our subtle trick to avoid ourselves from being alone.

We cannot bear being with ourselves, we need an escape. We need somebody else with us. We need somebody else to hide our hurts, so we create relationships and we put in this stuff called love. So we may convince ourselves that we are not alone but the fundamental and undeniable fact is that you are alone.

You'll be alone, you'll die alone.

Nobody ever comes to know you really. If in this life you come to know yourself, that's good enough.

Then how do we live in relationships?

How do we relate with people?

If you drop the fear of being alone, you would watch yourself appearing a little bit cold, you don't need anybody. You are happy by yourself.

But then something bursts forth in your heart and for the first time you love, and this love is not possessive.

You understand the other has their mind. The other has their life, the other has their individuality and you would never violate it.

Right now, what love has done is violate your rights. It has taken away your being from you. You are not there but you remain in the relationship because you are afraid to be alone too. So that which holds both of you together is just the fear that you might be alone.

It is time to grow up. It is time to accept the fundamental fact that one is alone and love is so beautiful.

The greatest treasure has become the greatest poison. The highest nectar in this life is to have the ability to love without possessiveness.

I love you so much, my heart aches but I bow down to your freedom. I touch your feet at your birth and your glory.

I am not in anyway trying to run away from being alone but I am so grateful that I set my eyes on you. That I had a chance to embrace you. To smile at you.

This man lives a very sensible life, very, very sensible. His life is so passionate, he grows. He is a blessing but for that, one must come to be true to oneself.

People cannot accept truth. Truth is the furthest thing that they are looking for. They want to dilute themselves into romance, into anything that can take them away.

But the fact that keeps coming up again and again is that I am alone. That's why no relationship satisfies. All relationships are somehow hollow. If it is based on escaping from your aloneness ... wrong medicine.

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