

THE UNTOLD STORY OF THE SOUL

BY CEM ILYAS EKER

THE LIVING JIVA



THE UNTOLD STORY OF THE SOUL BY CEM ILYAS EKER THE LIVING JIVA AND SRI NITYANANDA PARAMASHIVAM

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Foreword

- This book is meant for the real leaders in the world and those who are about to fully awaken all dimensions of themselves. It is not an ordinary or commercial book for the sake of profit. It was designed the way it has been written on purpose and shall give you all answers you need for all issues in life. This entire content is purely dedicated to the ancient and sacred vedic scriptures, the oldest spiritual texts called Vedas and Agamas, the series of Upanishads, Bhagavad Gita etc. and the Initiations by my beloved enlightened master “Sri Nithyananda Paramashivam” to become more user friendly for mankind. The Vedas purely describe the ancient and authentic enlightenment science, wherein the Agamas explain the applied science of the Vedas in pure form. This book is the essence of all the greatest teachings put together and has been chronologically built, literally as a guide for you, to represent the spiritual evolution you are going to be initiated into.

Note from the Author:

"All the knowledge that this book contains is about awakening the soul (Sanskrit: Jiva) through the realization that God(Ishvara), the Source, Paramashiva or however you choose to call it, is experienced through initiation of an enlightened source, reflected back through our own efforts to reach that source: the seeking, which is being experienced, because we are more and more listening to its call, that is happening by its grace. When you made your whole way through this book, you will understand how to start to live enlightenment right away. One disciple once asked his enlightened master: “how do I know I will have gods grace?” The master beautifully replies: “All efforts you put into reaching god, is already by gods grace.”

“I bet you read a lot of books like me in your life and have seen, if you are an intelligent person, that most of the books talk too much about one and the same issue that could be summarized in three pages. This book shall give you an overall guide to reveal all steps of your inner evolution and upcoming inner awakenings you are already experiencing or are about to experience at first place. This entire content goes hand in hand with my own experience and is a pure reflection of me and will reflect your innermost as well. This is a bold statement, but I am responsible with these words I am sharing. I wanted to give you my greatest understandings I have cognized throughout my manifestation journey from beings who have a God consciousness. You will definitely love this book. I really believe that enlightenment is possible for every being, even animals. If this book will be shared, without your own effort, you will already have done the ultimate unto them.

INTRODUCTION

THE INITIATION - FROM THE COSMIC YOU

I wanted to point out to you, that..

You came across this book because you decided to take up the responsibility about the way you see yourself, how you see and respond to others and how you feel about you wherein you are about to cause a major shift in human consciousness, because of this divine intention. This book has the power to change the entire collective consciousness when this book is being shared all over the world. This book is designed to enlighten you just by reading and contemplating it. It is a great compilation and summary of all the greatest teachings for human beings, most of it, especially being revived by my master Sri Nithyananda Paramashivam, an incarnation of Super Consciousness on this planet Earth, metaphysically guiding me to support his vision and dedicated mission for humanity to have another super conscious breakthrough for the evolution of mankind. This book has the power to awaken your dormant potential and will be a daily guide to keep you inspired, to maintain your integrity towards the being who you really want to be- with knowing that your intention to be is where you feel your life is of most value for you and others.

Being always inspired is who you are looking for inside of you. You are coming back to your center, your core of being, your values and desires in life and start to recognize yourself as the source of your power and worthiness, if you keep entering into that and that becomes your life context by sharing this knowledge than this is entering into spirituality. The Cosmic-YOU! Being inspired by the knowledge that comes from the very source. Your spirit raises yourself by yourself and others to a higher possibility of existence, which is the intention of the highest consciousness."

"Treat this book with respect it is deserving. It is there for you to turn your immature conclusions and questions about life into solid answers and that turning to an experience, a successful

result. It has heard you and found a way to get to you. This book came to existence because you asked for it.

Years back I told everyone that I would be writing a book without really knowing why..

All puzzle pieces came together through this book. In my young age the Sanskrit term "Jiva" popped up in my life and it resonated with my very being, which in itself means "Soul".

Since then it became my spiritual name I have chosen, as the very initial sign of my purpose. Later I added unknowingly the Sanskrit term "Shakti" unto it, which means Power. To that time I was not yet introduced of the existence of my Master. Years later living in the monastery complex of my guru he shared the meaning of this Sanskrit terms. Jiva Shakti is **one cosmic principle of Super Consciousness**. It means, "the power of giving/enriching". There are four fundamental cosmic principles (in Sanskrit: tattvas) which are:

Integrity (Vaak Shakti) The power of words

Authenticity (Mano Shakti) The power of thoughts

Responsibility (Buddhi Shakti) The power of feeling

Enriching (Jiva Shakti) The power of living

This book will be life changing as you already read through the introduction. In this manner, I am happy for you that you have chosen to go the sacred path, that which is YOU.

Let's not use too many words for the introduction of this book, the time has come for you to have continuous breakthroughs just because your power of intention co created these letters, which are the letters you wanted to manifest. Your own power, are the letters you are reading right now.

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CHAPTER 1

THE ROOT CAUSE OF ALL COLLECTIVE MENTAL BLOCKAGES IN CONSCIOUSNESS WHICH ARE ONLY A SIDE EFFECT OF ONE SINGLE ROOT CAUSE.

It all started once you were an **innocent child**, let's say for an example you wanted attention from your father to show him how good you are doing at something, or you are able to do something that you have learned, but your father was not able to give you his attention due to various reasons mainly because of his own absence within himself and it happened repeatedly.

You slowly started to develop a thought current that you are not deserving attention, or you are not lovable or good enough, you did not get the support or approval from your higher authority.

Within a certain timeline you have unconsciously chosen **to believe** this thought current to be true, your ability to will gave life to those patterns. As a child you did not know the meaning of this belief yet, but later on you became more aware, you have

forgotten that you formed this belief and started to become dependent on other opinions to carve your identity. The problem is, that your belief impacts almost every aspect in your life and closed the doors of infinite possibilities. **Your power has been buried within you and you lost the connection to your innocent true self. The core of your being has been split and decreased in value.**

Let's put it on a list and see how the root cause builds up and expresses the blockages. This understanding can liberate you and give you the basic clarity about you and why society has ended up the way it has been. We became what we have been contemplating in our life.

The primordial thought current, the root cause or the seed started by the major Incompletion that has been sowed in you by yourself like: I am not good enough, I am not lovable, I don't deserve it and so forth.

It is the concept of guilt itself.

1) This root cause has hit your core of your being, which is your **self-worth, self value**. This has caused a separation between you and you.

It has created a cut and separation and loss of your own will, which led to a feeling of powerlessness and insecurity. (Muladhara Chakra)

2) This sinful act that can be described as guilt that has been sowed in you, created fear that expresses through the senses, because the mind is rooted on the senses. **Fear is the first phenomena because you have created a fiction of being cut apart and that has given you a sense of death, weakness and mortality, because of the loss of your own will (Independence)**. This fear is the second expression of the blockages. You will see how everything fits together as the blockages are building up in order. **(Svadhithana Chakra)**

3) The next blockage after fear expresses as worry/doubts. The problem is that worry itself influences all outcome of your actions. The mind built on senses through past experiences

which is only knowing a problem. The concept of victim hood is born.

Worry/Doubt is the next phenomena after fear, where you start questioning with who, what, when, why, where and how. You become stuck in worry and question your very authenticity, your existence. **(Manipuraka Chakra)**

4) The next blockage after fear, then worry, comes attention need as the further expression.

Because you have separated yourself by losing connection to your core of being. You stopped giving attention to yourself, your own consciousness and started to demand approval from others in order to keep yourself temporarily feeling better and worthier. It is also demanding and holding on onto others opinions, plus the need to fit in. **This is attention need. (Anahata Chakra)**

5) After your fear, worry, attention need comes **jealousy**. This expression of blockage comes from your very non alignment with yourself, where you try to fit in other circles of people and adjust yourself to others or try to fit into the society. You are jealous of people who are much more confident and express themselves freely without limitation in their unique expressions. This also causes that your inner image that you project outside is more than how you feel within about you, over-compensating and inside of you- you feel much lesser than you think. How you show yourself outside is not in alignment with how you are inside and try to add masks after masks to cover your lower inner image, which leads to in-authenticity and lies. The concept of hypocrisy is born.

(Vishuddha Chakra)

6) After fear, worry, attention need, jealousy comes **seriousness**, an expression of insensitivity, unfriendly and

dishonoring behavior. Seriousness comes from Sirius or series of thinking. Trying to create more conclusions to defend your lower identities. This blockage ends up in judging people and gives a feel of unpleasantness, heavy weight on oneself by not surrendering the identification rooted on the senses, which is pure fiction and not existential reality.

People became too serious and end up in the series of thinking. It is pure tension and dullness through unforgiveness. It becomes a stagnant attitude, demanding, not yet understanding that each judgment we make is attached as a burden on our own consciousness, because there is only one consciousness. It also expresses as being strict and criticizing, making others responsible rather than being responsible for the way we see ourselves and how we feel and respond to others. The concept of ego is born.

(Ajna Chakra – spell: Anyha/ traslated as “The Will”)

7) The last expression of blockages turns out to be deep **discontentment and depression**, feeling a meaningless depth in our existence. A feeling of being isolated and separated from everything else. Emptiness. The feeling of emptiness is the concept that is being born, because of our own absence within our self.

(Sahasrara Chakra)

Note from the Author:

When you look at the numbers from 1 to 7, you will discover that the series of blockages were linked to the chakras, main energy centers in the body. Once you know how everything is building up, you will know what needs to be done to clear all of them at once: by going to the root, which is your self-inner image. The core of your being, your self-worth, the value you give to yourself. Your true identity has been replaced with a

faulty generalization of a human being and immortality, which is still just another concept to justify our limitations.

**You must complete with your past story
and make negativity redundant in your life to rewrite your
future.**

Most of the people are still writing the same story over and over and over again, without realizing that they project their past into the future, which is indeed, interconnected through this very moment.

Whatever has happened in the past, it is already over. Why are they still holding on onto something that is already over? They are thinking they **must shoulder it and share their story, which is only their victim hood, hoping they will earn consolation from others, validation and respect, for their hard attitude and performance they provide.**

They think because of the hardship they have experienced and the hard work they have done they must receive some sort of consolation to feel better, all only for status. Here I am talking about your state of being, not status.

Being stuck in the past is called a vicious cycle and pulls them back and keeps them in a prison. It creates an immense burden and weight on their heart where whatever they are picking up as a project they quickly lose interest and intensity in life and are never able to be fulfilled, rather than letting go and letting life be as it is and step into the space of possibility, freedom. It takes too much of their inner space to maintain memories and miss the beauty and auspiciousness right in front of their eyes, actually their very magical existence. They are always complaining and missing life. If you want to change your life

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