

A hand with a tattoo and a black wristband reaches out towards several colorful balloons (yellow, orange, and teal) floating in the air. The background is a blurred, hilly landscape. The title text is overlaid on a semi-transparent grey rectangle in the upper half of the image.

# THE REAL LAW OF ATTRACTION CODE

LEARNING TO ATTRACT WEALTH, HEALTH AND HAPPINESS

# Introduction



Many people have heard about the Law of Attraction but few people know how to use it properly. A lot of people think that it is some kind of magic because they have heard stories about people wishing for things to happen and then they did. It is not magic but it is very powerful and in the Law of Attraction Code we will show you exactly how to use it.

The Law of Attraction is a universal law that has been around since the beginning of time. It is always there and always will be. You can't avoid the Law of Attraction so why not make it work for you? By reading this guide and following the advice given you can do just that.

In the first couple of chapters we will tell you what the Law of Attraction really is and how it works. This is essential for you to know if you want to use the power that it offers so do not skip these chapters. There are many different opinions on what it is and what it isn't and you need to know the truth about this.

You will learn exactly how to apply the Law of Attraction in your life in this guide. We have provided you with a step by step process for this. Yes it will take a little effort on your part and you need to be consistent. But this is really worth it if you want to manifest your desires.

If you have heard that all you need to do is think about your desires a lot and the Universe will provide them to you then this is wrong. There needs to be another ingredient which is action. Just thinking about something and then taking no action will never achieve anything.

One of the main reasons that people want to learn about the Law of Attraction is that they want to manifest more money and wealth. We have dedicated an entire chapter to this with the steps that you must take to make this work for you.

The Law of Attraction is real and it does work. But you need to know how to use it properly to get what you want. After you have read this guide you will have the Law of Attraction Code that you can use every day to manifest anything that you want. So what are you waiting for?

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# What really is the law of attraction?



## Chapter 1

Many people have heard of the Law of Attraction. But in our experience very few actually know what it really is. They have watched the movie “The Secret” and believe that all they have to do is hope that good things will happen to them and the Law of Attraction will make it happen.

It doesn't work like that...

And of course while they are sitting and hoping and nothing is happening they are quickly going to come to the conclusion that the Law of Attraction doesn't work. Well it does work but not when you just sit and hope that your life will change.

### Is it a Magic Spell?

The Law of Attraction is not a magic spell. Why do so many people think this? It's probably because they hear stories about people that used the Law of Attraction to win big on lotteries and receive money out of thin air.

You can't read a book like this on the Law of Attraction and then chant “abracadabra” and expect your life to instantly change. That just isn't going to happen. There is effort involved in making the Law of Attraction work for you and of course most people don't want to hear that.

They are a lot more comfortable with the thought of it being a magic spell that they can summon on demand. If the Law of Attraction truly was magic then surely many people would have used it in their lives and our world would look very different than it is today? So please get any thoughts of it being some kind of magic out of your head right now.

### A Common Belief about the Law of Attraction

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One of the most common ways that people define the Law of Attraction is something along the lines of:

***“When you believe strongly that something will happen then it will happen”.***

That’s a simple enough concept isn’t it? But the trouble is that this kind of definition there are too many unanswered questions. Does it mean that if you continually think about something that you want to happen that other things will not happen? What about if you accidentally think about something that you don’t want to happen?

Here is an example. Let’s say that at your work you have applied for promotion. You are going to use the Law of Attraction to ensure that you get it. But you have doubts about whether you are going to land the promotion as well as thoughts that you will get it. So where does that leave you?

Other people have also applied for the promotion and they know about the Law of Attraction too. So if they are thinking that it will happen as well how does that work? There is only one promotion available.

Do you see the problem with this definition?

## **The Four Elements of the Law of Attraction**

OK time for a reality check. We are now going to share with you what needs to happen for the Law of Attraction to work for you. There are four elements to this and you will quickly realize that thinking about something a lot and hoping are not going to make it work for you.

### **1. You have to know Exactly what you want**

Most people have a tough time with this. If you ask the average man or woman in the street what they really want from life the vast majority will not be able to tell you. In order for the Law of Attraction to work for you must be completely clear on exactly what you want.

### **2. Think about it and ask for it to happen**

The Law of Attraction is a universal law. Yes you do need to think about what you really want and you need to ask the Universe to make it happen for you. You will learn more about how this works in later chapters.

### **3. Visualize you already have what you want**

This is difficult for some people to grasp. Once you have decided what you want and asked the Universe to provide it you then need to visualize that you actually have it. You need to feel it, touch it, taste it and make it very real.

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#### **4. Keep Believing it will happen**

Belief is very important with the Law of Attraction. You do not want to start thinking about things that may happen. You have to stay on track and firmly believe that the thing you desire will happen for you. Do not let any apprehension creep in.

#### **The Law of Attraction has been around for a long time**

If you think that the Law of Attraction is some new age fangled thing then you are wrong. Mass awareness of it is a recent thing but that doesn't mean that it is new. People have been teaching that a person's beliefs are essential for their destiny for centuries.

It wasn't until the 19<sup>th</sup> century that the Law of Attraction starting to acquire notoriety in the western world. People in other parts of the world knew about the Law of Attraction long before this. Initially people in the west started to use the power of positive thinking to bring about the changes that they wanted in their lives.

You have probably heard quotes like "you are what you think" and "you are a product of your thoughts". These go back centuries and the Buddha was among the first to introduce this kind of thinking. People in ancient cultures may not have realized that they were using the Law of Attraction but they knew that it worked.

So the first and most important step on your Law of Attraction journey is to believe that it works. Don't listen to the negative people who will tell you that it is nonsense. Only when you have total belief in the Law of Attraction will it truly work for you.

In the next chapter we will explain how the Law of Attraction really works...

# How the law of attraction works



## Chapter 2

Understanding how the Law of Attraction works is essential for you to be successful with it. The best way to understand how the Law of Attraction works is to think about the concept of:

### ***“Like Attracts Like”***

As human beings we all emit energy into the world. This energy will either be at a low level or a high level. If we are continually emitting low levels of energy to the Universe then we will get things related to these low energy levels back. Conversely, high energy levels attract things related to these high levels.

### **It's all about Vibrations**

The Law of Attraction is a universal law that is best understood by first considering the Law of Vibration. You need to know and believe that everything in our Universe is vibrating on a continual basis. From the smallest grain of sand to the largest planet it is all vibrating all of the time. Our brains have evolved to block this out so that we can observe a calm, still world.

The truth is that we would find it very difficult to handle everything vibrating around us. So the feelings of these vibrations, and the sight and sounds have been blocked out. But the objects are still vibrating. Scientists have confirmed that colors are nothing more than vibrations at a specific frequency.

You conceive your reality inside your head, and a conversion process has been undertaken so that life is easy for you. The Law of Vibration is real, and the next step is to comprehend that when two things use a similar vibration frequency they are attracted to each other. You are sending out vibrations with your mind at different frequencies to the Universe all of the time.

Like attracts like and your thoughts are what control your destiny. If you send out the right vibrations at the right frequency then you will attract what you desire. You have to be in tune with the Universe in order for it to manifest what you want. So the bottom line is:

Every positive and negative thing that has ever happened in your life was attracted by your vibrations. You are, and have, what you focus on. Your mind controls your destiny. So if your thoughts are negative, your life will be negative.

To make more sense of this consider the following human emotions that send positive vibrations to the Universe:

- Being joyful
- Being passionate
- Being excited
- Having an abundant mindset
- Being proud
- Being self confident
- Showing affection to others

When you experience these emotions your vibrations will have higher energy and will be positive. Now let's take a look at those emotions that send out negative vibrations to the Universe:

- Feeling disappointment
- Living a life of solitude
- Thinking that you are lacking things in your life
- Being sad
- Being tense
- A disorganized mind
- Being angry
- Feeling pain

The point here is that if you are feeling pain all of the time (pain about your life rather than physical pain) then the Universe will bring you more pain because it believes that is what you want. If you experience a lot of passion in your life then the Universe will send you more things to be passionate about.

So where does this all get you? Well in order to make the Law of Attraction work for you need to change the way that your mind works. If you are someone that is constantly complaining about everything then you need to stop doing this or you will continue to receive more things to complain about.

**Tune your Mind to change your Destiny**

The Law of Attraction works, but it is not about hope. It is about communicating with the Universe in the right way and having belief that the law will work for you. Your connection with the Universe is very important, and the more tuned your mind is, the greater the connection you will make.

Think of the Law of Attraction as the “Law of Thinking”. Thinking in the right way is the secret to the Law of Attraction and the secret to success for you. In this book you will learn how to apply the Law of Attraction step by step, so you can be truly manifesting abundance in your life.

Your brain is all powerful and whatever direction your mind wants you to travel in is the path that you will take. Everything that you have or don't have in your life right now is a result of your thoughts and your mind. So you need to tune your mind into what you want and let the Law of Attraction help you to get it.

Sending out high levels of energy and positive vibrations to the Universe on a consistent basis is what it is all about. But you cannot achieve this by just sitting and hoping. Hoping is useless. You need to be totally clear about what you want and truly believe that you are going to get it.

## Subjective Thinking

In order to get the most out of the Law of Attraction you need to switch to subjective thinking rather than objective thinking. What's the difference? Well with objective thinking you believe something is real only if you can see it, hear it, touch it, smell it etc.

With subjective thinking we believe something is real first before we see it. So for example, you believe that you are going to get the promotion before you get it and then it happens. Subjective thinking is like dreaming. You will need to practice making the transition to subjective thinking because it is critical for the Law of Attraction to work for you.

You need to understand that your perception of what is real in this life is a manifestation of your thoughts. This does not mean that things around you are not real but they are present in our consciousness. We are able to change things in our dreams and when we apply the Law of Attraction correctly we can change our reality as well.

In the next chapter we will explain about the “default process” and why you must overcome it to truly make the Law of Attraction work for you...



# Overcoming The Default Process



## Chapter 3

It is very likely that since you were a child you have spent a lot of time and energy focusing on small and unimportant things. Over time this builds up and before you know it these irrelevant things are actually controlling your life. We call this the “default process” and it is critical that you change how you think to stop this.

Have you ever thought to yourself that a certain situation was “beyond you”? Or thought that you were powerless to do anything about a situation that was heavily impacting your life? You are not alone here. Most people do this and the problem is that when this happens you relinquish control over your life.

This is counter to the Law of Attraction. To truly develop the Law of Attraction Code that will work for you throughout your life then you have to take back control. You need to start focusing on things that are essential for your development and not let the default process rule your life.

### **It is all about Belief**

We have mentioned belief a few times in this book already and we will continue to do so because it is so important. Here is an example of having a firm belief helps to win the day for you.

Imagine that you want to do something but you do not have the finances to do it. This could be anything from investing in training to learn new skills or travelling around the world. It doesn't matter what it is.

People that succumb to the default process will quickly come to the decision that they cannot do whatever it is that they want because they lack the funds. They will give up on the idea and move on to something else that will not move them forward in their life.

But the person that has true belief and is a subjective thinker will not dwell on their lack of funds too much. They will focus on getting whatever it is that they want. They will see themselves having this thing in their life already and by using the Law of Attraction they will manifest it in their life.

At this point you may be thinking that this is not a practical thing for you to do. The fact is that you don't have the money that you need so surely that is it? We are asking you to change your thinking here to believe that you already have the finances to do the thing that you really want.

Use visualization techniques to see that money in your bank account and experience how good this feels. An outcome may be that you make a loan application and because you feel so certain that you have the money already your loan will receive approval.

Your energy levels will be so high and your vibrations so positive and strong that the people at the bank or finance institution will feel this and will be confident in your ability to repay the loan.

People that follow the default process will not emit high energy levels and strong positive vibrations. They will not be confident of being successful with their loan application and may not even make one in the first place. If they do make the application then they will send out the wrong signals and will probably be turned down.

## **Intensify your Thought Process**

To really make the Law of Attraction work for you it is critical that you intensify your thought process. You need to make the transition from objective thinking to subjective thinking and believe that you already have what you want.

A strong believer in the Law of Attraction never lets the default process rule their life. They are in total control and are the center of all the things that are happening around them. Seeing beyond the default process is a change that you must make. It will take time and effort but it will reward you in the end.

In the next chapter we will discuss opportunities and luck...

# Opportunities And Luck



## Chapter 4

Have you ever turned down an opportunity because you thought it was too small to get involved with?

Or maybe you were just too lazy to look into it and get started?

People often complain that there are no opportunities for them to change their life and achieve their desires. They believe that their current job is all there is and this limits them severely.

Opportunities are all around you. Even having some free time to pursue an interest or make some extra money is an opportunity. The reason that you don't have what you want in your life is not through lack of opportunities.

What most people do when they come face to face with opportunities is say "no". We want you to start saying "yes" to some or all of these opportunities. Now this doesn't mean that we want you to get conned or anything like that. By saying "yes" you are agreeing to look into the opportunity to see if it is for you or not.

When you have the Law of Attraction on your side then you will find that some of these small opportunities turn into much bigger opportunities. You see the people that have these opportunities to offer know that most people will turn them down flat. But when they meet someone positive who says "yes" then they can open the door to bigger things.

If you are offered an opportunity always check it out first. Today we have this wonderful thing called the Internet where you can spend a few minutes searching to see if the opportunity is credible or not.

Whatever you do don't ask your family or friends for their opinion. Unless they are positive minded like you they will tell you that it is a waste of time and sounds "dodgy" to them. Of course they do not know anything about it and they say they are trying to protect you.

While the “protection” thing is comforting people do not always mean what they say. You are an adult and you do not need their protection to look at an opportunity. Most of these people live under the spell of the default process and believe that everyone should have a job.

## **It's not just about Money**

There are all kinds of opportunities in life. It is not all about money. If you get the chance to meet new people then you should take it. You just don't know where this can lead. If you are single you might meet your soul mate through these new people. It has happened before and will continue to happen in the future.

When you apply the Law of Attraction to your life anything is possible. You will start to send out higher levels of energy and strong positive vibrations to the Universe and you will attract many more things than you did before. Love, happiness, wealth, and excitement it is all there waiting for you.

## **What about Luck?**

Here is a classic story that you may be able to relate to. You are in the shopping mall car park and someone calls your name. It is a girl that you went to school with and you haven't seen her in years. She is getting out of a very expensive luxury car and she has the finest clothes. There is a very handsome man by her side who later find out is her husband.

You chat with her and she tells you that she and her husband run a very successful business. She has a house in a part of town that you can only dream about. It is obvious to you that she has a lot of money and her life is on track.

So what do you think about all of this? Here is what a lot of people will say – “she has always been lucky!”

What you don't know is that a few years ago she had very little money and was living out of a beaten up car with her man. They had just kicked off their business and there was not much money coming in. They started the business with nothing and took massive action.

She made her own luck and that is what you need to do as well. We are not saying that there is no such thing as luck. Some people do win lotteries but they still have to buy a ticket and choose some numbers. The chances of you sitting at home hoping for a major change in your life are extremely close to zero.

To make the Law of Attraction work for you it is essential that you present yourself to the Universe as someone that is deserving of what you desire. Sitting at home doing nothing thinking that the world is against you will never help you to attract anything worthwhile. It will just attract more misery for you. You need to show the Universe that you are willing to look for opportunities and act on them. If you are offered an opportunity then if it feels right you will look into it further and get started with it if everything checks out. You are not someone who waits around for things to happen and you certainly don't base your future on luck. In the next chapter we will show you how you can apply the Law of Attraction step by step...



# Applying the Law of Attraction Step by Step



## Chapter 5

OK this is the moment you have been waiting for. We are now going to provide you with the steps that you need to take to significantly increase your chances of Law of Attraction success. These steps have worked well for most people and will assist with tuning your mind and developing subjective thinking.

Do not think that you are going to get results from this overnight. This has happened and could happen to you but in general mastering the Law of Attraction takes time and effort so please follow these steps closely:

### 1. You Must be Clear about what you want

Most people are not clear on what they want from life. Some people don't have any idea at all. In order to connect with the Universe you must have specific goals or desires and your reasons for wanting these things.

You may not be a big believer in goal setting, but it really does work as it gives you a crystal focus and that is critical with the Law of Attraction. Some people don't like the idea of goal setting because they think it is too hard to do. By following this process you will see that it is quite easy to write down your goals.

Take out a piece of paper and draw a line down the middle vertically. On the left hand side you need to write down what you want, and on the right hand side please write down what you don't want.

When you are writing on each side, add a reason why you want or don't want the things to happen. It will probably help you to start with the things that you don't want first. These should come to you more easily.

As an example think about the things that you don't want when it comes to money. You don't want to be stressed because you cannot afford to do something for your life partner or your children. You don't want to be in debt.

You don't want to work too many hours and miss time with your family. You don't want to be stressed out about paying the bills. You don't want to be wearing the same old clothes forever. And so on.

Now in the left hand column you can turn these negative statements into positive desires by writing what you do want adjacent to what you have already written. So an example would be adjacent to "I don't want to be in debt", you will write "I want to be completely debt free".

Do this for all of the "what you don't want" statements that you have written on the right hand side of the paper. You should find this pretty easy to do because they are just the opposite of what you don't want.

As you are writing what you want, ask yourself the question why you want it. The reason for this is that it will stir up emotions within you, and you will be able to analyze those great feelings and they will drive you on to achieving the goal. It also gives strong meaning to the goal, and will strengthen your connection with the Universe.

Don't rush this goal setting exercise it is very important that you get it right. Carry your list of goals around with you at all times. You will need to refer to your goal sheet regularly at the beginning, and it will inspire you to take the necessary action.

By writing a list of goals and attaching strong feelings to each of them, you will send the right signals to your subconscious mind and in turn to the Universe. Your energy emissions will rise to a higher level and your vibrations will be a lot more positive.

## **2. Add a Time Dimension to your Goals**

Your goals are really taking shape now. You have written what you want and why you want it. Now you need to add a realistic time frame to manifest each desire. The Law of Attraction may not manifest your desires on the exact same date you write down, but if you are realistic and follow all of the other steps then it shouldn't be too far away from your target date. It can even manifest early for you.

Realism is important here. If you have a lot of debt then putting next Thursday's date as a target to be debt free is not realistic. A year from now would be more realistic. It is possible using certain strategies to pay down debt quickly.

OK so you now have your goals and you have stated when you want them to be manifested. You have made a great start to the Law of Attraction process. You have to have belief and patience that this is going to work for you. You will have to take additional action as well.

## **3. Use Positive Affirmations**

Affirmations are very powerful and what you want to do now is to create a list of them that support your desires or goals. You want to write each affirmation in the present as if the goal had already been achieved. So for a goal of “I want to be debt free” the associated affirmation will be “I am completely debt free”.

You need to be prepared to say your affirmations either out loud or in your mind on a regular basis. This means at least daily and more often if you can. When you get up and just before you go to bed are good times to do this. Why? Because saying your affirmations when you wake up will set you up for an action packed day. At night you can dream about your affirmations.

Your affirmations will find their way into your subconscious mind after a while. This is exactly what you want. Your subconscious mind is constantly communicating with the Universe and will provide the right focus for you. It will help you to change any limited beliefs that are producing negative thoughts. This is critical, as negative thoughts will lead to lack in your life.

#### **4. Time to take the Correct Action**

If you are one of those people that believe that the Law of Attraction will just give you whatever you want without you having to do anything, then you will end up very disappointed.

You will need to take consistent action to manifest your goals. The reason is that each bit of action takes you closer to your goal, and your subconscious mind will feed on this and continue to send the right vibrations and energy levels to the Universe.

Always have your goals clearly in your mind, and remind yourself of the feelings that they conjure up inside you. If you have a decision to make in connection with one of your goals then consider how each option feels to you.

Act on those decisions that “feel right” to you. If you truly believe in the Law of Attraction, you will never miss out on opportunities as the Universe will keep bringing you more. So you can be confident that your feelings about something are right.

Working like crazy and taking massive action is not always the path to success. You need to work smart, and only take action when guided by your intuition. Break your goals down into daily tasks and work on these every day. There are normally short cuts to achieving most things, and the smart people always find them.

Take a consistent step by step action approach. You will never be able to anticipate the exact steps that you need to take so do not concern yourself with this. If something is not working then try something else. Keep the faith in the Law of Attraction and it really will work for you.

Keeping your goals in mind all of the time and taking action to achieve them will stop any vibrations from your subconscious mind losing their strength and deteriorating. If these vibrations deteriorate, then so will the signals that are sent to the Universe.

But it is not all about action taking. You have to check to see if there are any limiting beliefs holding you back.

## 5. Identify Limiting Beliefs

We all have ingrained beliefs. Some will serve us well and others won't. When you were a child you learned a lot of things from your parents and those around you. If your parents continuously told you that "money was the root of all evil" then this is likely to be an ingrained limiting belief that you don't want and you need to get rid of it.

You can replace these limiting beliefs by substituting other statements through the subconscious. Affirmations will help here. If you have any negative beliefs about money then you can create affirmations such as "I love money and money loves me", "money will enable me to help others" and so on.

You have to identify and remove these limiting beliefs if you want the Law of Attraction to fully work for you.

In the next chapter we will discuss how to use the Law of Attraction for money and wealth manifestation...



# Money and Wealth Manifestation with The Law of Attraction



## Chapter 6

Most people are interested in the Law of Attraction because they believe that they can use it to manifest money and wealth in their lives. You can use the Law of Attraction for this but you need to know how to use it correctly to get what you want.

The first thing that we want you to understand here is that the Law of Attraction is not just about money. You can use the Law of Attraction in all areas of your life. In fact we highly recommend that you use the Law of Attraction to develop yourself and become a better person. But this chapter is about manifesting money and wealth so let's focus on that.

### Decide on what you really want

Clarity is power with the Law of Attraction. Do you dream about being wealthy and having financial freedom but never specify exactly what they want? A lot of people do. This is a fundamental error when manifesting your desires through the Law of Attraction. So you need to define an exact amount of money that you want.

If it is just a sum of money then this is easy. You just need to ask for a specific amount such as \$250,000, \$500,000 or \$1 Million (or whatever your desired amount is). If you desire some other form of wealth, such as a house or an expensive car, then you need to describe in detail what the house would look like and the exact make and model of the car.

### How will you Serve to get this money?

One of the biggest myths about the Law of Attraction is that you can use it to get something for nothing. This is untrue. You must give in order to receive. That is how the Universe works. A lot of the

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