

THE AWAKENING PROJECT



THIS PROJECTS AIM IS TO HELP YOU AWAKEN AND
REALISE HOW MUCH POTENTIAL YOU AND EVERYONE
AROUND YOU HOLDS.



CHANGING TIMES

Since the year 2000 things here on earth have changed. By this I mean the vibrational frequencies and energies on the earth or surrounding the earth have changed. This means that time has sped up tremendously and things are evolving and happening at a much faster rate than they used to.

This is all new information that most people on earth are unaware of. This is a problem because people need to be aware of these changes so they can know what's happening and how to deal with and adapt to the changes so we as humanity can advance and move forward. These are new changes that are taking place and it is difficult for today's society to believe that these changes are taking place because many have been almost "brainwashed" into believing that none of this is possible. This is a huge problem and people need to take a step back and start thinking for themselves.

Too many people have been "brainwashed" so badly (through social media, news, television and many more) that they cannot think for themselves anymore and believe that they are actually having self development through these brainwashing

techniques. People need to wake up from this “sleep” and start using their brains or minds to think and act for themselves. This is a very important step that man kind needs to take in order to progress with evolution in order to realise that we hold so much potential, that it's almost unfathomable and we are blindly being led in the other direction. Please spread this information to as many people as possible or direct them to our email address as we do believe this is the first step to creating a higher conscious shift, thesecretsoflife7@gmail.com <3

This change took place as we passed through a vortex. "Our solar system is continually moving through space, solar systems move together in a harmonious rhythm. As the earth follows her orbit, the earth will occasionally pass through a vortex- a place of intense, compressed energy vibrations within the universe. It then moves into an Arc- a place of growth and expansion within the universe. The vortexes within the universe exist outside of time, space and gravity. For the past 25 years, our solar system has been travelling through a grand universal vortex. We entered this vortex in 1988, passed through the vortex centre in the year 2000, and left the vortex in the year 2012. This is a rare occurrence, as the last time our solar system passed through this universal vortex was about 26000 years ago. The Mayans documented this transition through the progression of days in their calendar. If you would like to find out more, Please go research the universal vortex and how it affected our vibrational fields" This means that new and exciting energy's surround our planet as we speak, or rather as you read. This is where our world went from the third world to the beginning stages of the fifth world or rather third to fifth 'dimension'.

Now with the new energies many of the world's institutions are collapsing (the people who screw us over) because this time we are in and experiencing the time of mankind's awakening and rise in level of consciousness. More and more people are actually waking up from their time of being hypnotised and controlled by the higher powers so spread the word please and help mankind for the better, instead of for the worst. What is so special about these energy changes is that they allow us to manifest things allot faster into our lives. Just by your thoughts and words you are attracting those things into your life at a pace you will find unbelievable.



These energy changes even affect the human body by you experiencing physical traumas and sicknesses with the same symptoms of flu and other small sicknesses so don't be worried if you seem to be getting sick more often. This is because our bodies are undergoing change and adapting to the new energy balances we face each day. Our bodies rearrange to accommodate the new energies (everything is energy). During this exciting time we are developing physical and emotional adaptations so that we are able to survive in the fifth world. Our senses of intuition, hearing and feeling are heightened. Yes this does seem sudden and chaotic but we have a great opportunity to grow in dimensions our ancestors couldn't.

This new time brings about the opportunity to let us as humans connect with all our relations in the web of life and gives us the chance to become creators of our own future. (This is where the law of attraction comes in and the use of the subconscious mind). We will now be able to do everything man is capable of and this includes the better use of our brains allowing many new and exciting possibilities available for us to achieve. These things and 'powers' are truly exciting and very real.



We can basically look at us as being a new species in this time of change as we never stop adapting and growing to suit our changing world.

The thing is, that this energy change is real and happening right now. So I ask that you please keep an open mind and look at this from a different angle. Allot of the religious groups and even divisions within them have been placed there to mislead and deceive you (please do not take this the wrong way). Without you knowing it you may have been brainwashed into thinking that what you believe is real when it may in fact be the opposite. Man has got their greedy hands on these ancient prophecies and truths and has changed them or manipulated them to mislead us and keep us from the deserved truth. However as we speak the truth is slowly but surely leaking out and we will very soon be able to have what is rightfully ours. True knowledge.

Please do not be close minded and stubborn towards this as yet again you will only be shooting yourself in the foot. Think for yourself, act for yourself and live YOUR own life. No one else can live your life for you and you cannot live anyone's life for them, it is impossible so why even try? Focus on yourself, focus on self development and forget about negativity and live prosperously, look for the positive things in life and appreciate the beauty of earth and nature. Look after animals and treat animals the right way, they are there for us to admire so let's admire.

It's all a mindset and you can do it easier than you think you can trust me.

It is vital that you let go of old belief systems as times are changing and truths are now being discovered. We must look further and see that spiritual realms are here and REAL and they are more than willing to help us, you just need to ask. You must rely on your higher self (your intuition or gut feeling) because this is there to lead you in the right directions and keep you on the right path in life. You must realise for yourself that you are truly special and you can learn why and then take full advantage in the correct ways. Innocence, kindness, helping and love are very important things to start spreading as it makes your soul and spirit pure as well as attracts those things back into your life for you. Based on Karma. What you give is what you get. Simple. This then allows you to move on in spiritual advancement and there are many beautiful and miraculous things waiting for us at our next destination!

Creativity plays an important role in these changing times as what the mind can think about (perceive), it can create. We can look beyond earthly bound things and expand into things we thought were impossible. These truths have been hidden from us and it is time for change because it is most unfair and we as humans deserve better. YOU deserve better. Take your life into your own hands and do what you love and enjoy and live in happiness and abundance. It all boils down to our minds and how powerful they are and if we can learn (very easy) to harness the minds power, we can do very amazing things.

It is sad that many have been brainwashed into believing we are nothing when that is the exact opposite of what we truly are. Human beings are very special and we are very lucky to be human. We must now realise this and take full advantage of the opportunity we have been given.

There ARE things like spirits and higher beings so make an effort to connect with these elements as they **will** be of great help and aid to you. I say this from my personal experience and I can proudly say that I am guided by a higher power that I love huge amounts. You must keep in mind that these spirits and higher beings are not visible (as they are in higher dimensions) and they won't show themselves to you so don't approach the matter thinking - ahh ill only believe it when I see it - because that is ignorant and yet again you will only be putting yourself at a disadvantage. I don't mean to come off in the wrong way but I want to get to the point, and do not want to mess around as it is very important.

They will communicate with you through your thoughts and the way you think and also often communicate with you through numbers. So be on the lookout for numbers that you see repeatedly and in specific sequences as they hold specific messages that your angel or angels are trying to send you. These are also ways that the angels are trying to get your attention and show you that they are there with and for you. Once you start to notice these numbers and patterns you will see that they become more advanced. More numbers are often added into the sequence as the message that the angels are trying to get to you, will change and become more specific.

For a good example I saw the number 11 everywhere, in places such as digital clocks, billboards, phone numbers and basically everywhere I looked.

I started paying attention to these messages and then these number patterns changed to multiples of 11 such as 22, 33, 44, 55 etc, then after some time noticing these numbers they changed again to 222, 333, 444, 555, etc. Then again they became more specific and the numbers changed up a bit. It then went to 121, 131, 141. I could go on but I am sure you get the point now, ha-ha.

LOOK AT THE BEAUTY



These numbers are different messages trying to be communicated with you so please go look into it.

This is a very exciting journey so please enjoy. These times that are ahead of us are truly something to look forward to so spread the love, be kind to as many people as you can each day, help as many people as you can each day, laugh as much as you can, increase your vibrations, live in happiness and abundance and take each day one step at a time. Live in the present, enjoy every second of every day. There is no such thing as the future because it hasn't happened yet and the past is nothing but a memory. Try not to hold on to a bad memory because it's just a memory.

Look at life as a whole instead of the good and the bad times. Life will always bring you the bad times... but these are meant for you to learn from and grow from. If you can find good in the bad... that is when you truly learn and further develop.

I personally wish you all the best on your life journeys and adventures.

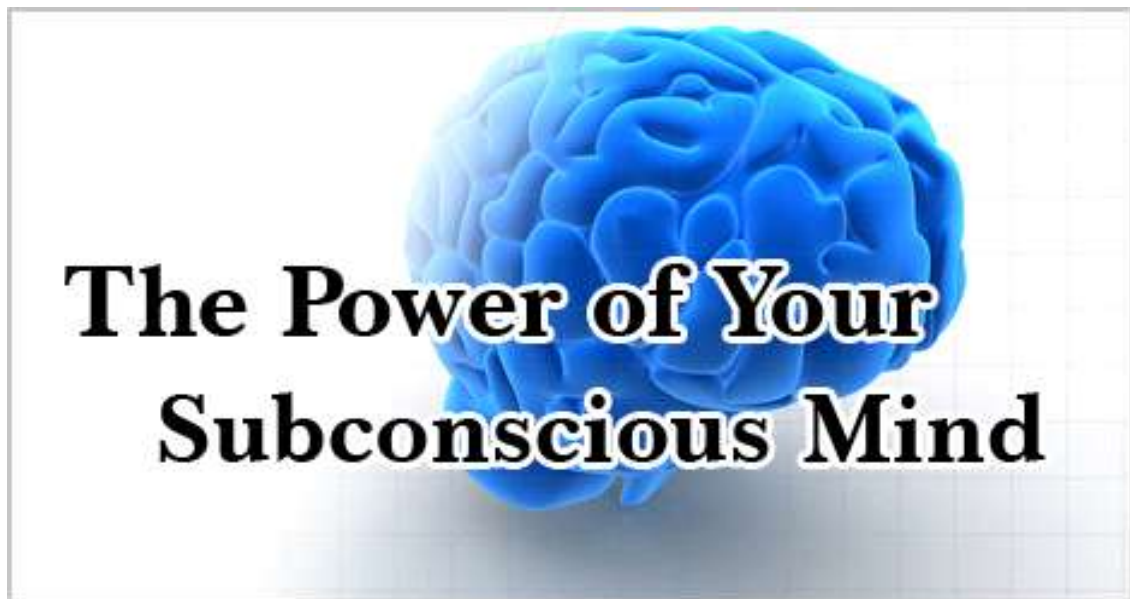
Links for some good info

https://en.wikipedia.org/wiki/Earth_Changes

<http://wakeup-world.com/>

<http://wakeup-world.com/2015/02/03/are-higher-vibrations-making-you-sick-intergrating-the-energetic-shift/>

HOW THE MIND WORKS AND HOW TO USE IT !!!



How the mind works

There are two parts of your brain or rather your 'mind'. These are made up of the conscious mind and the subconscious mind. Your conscious mind is the part of the mind that sees through and with the eyes. While the subconscious mind is the "blind" mind, it cannot see anything therefore it cannot believe anything.

The conscious mind is used to take in, input through the 5 human senses, these being smell, touch, taste, seeing and hearing, and then interprets that information.

It then sends these interpretations to the subconscious mind for processing. The subconscious mind then manages these inputs and once these inputs have been arranged and managed, it will then provide the body with the actions and beliefs of what the subconscious mind has been fed (if these inputs are negative, you will experience negativity. If they are positive you will experience positivity). This is why it is vital to be conscious of what you are feeding your subconscious mind. The trick is, to fill your subconscious mind with all the things you want and dream about (simply by seeing the things you want through visualisation and pictures)

because it is your subconscious mind that creates your life for you. Also just for your information your intuition and psychic powers arise from your subconscious mind or the pineal gland which is also well known as one of the chakras. Your aim must be to fully develop the power of your subconscious mind as life will become a breeze.

This is where the law of attraction comes into play and therefore proves that the law of attraction is not a hoax! If you want to focus on getting something, all you have to do is start the process of thinking about what you want then that thought will proceed into your subconscious mind which will act on your thought and therefore that thought will be in tune to the vibration with the universe and the result is you get what you thought about.

*(Have you ever noticed if you don't want something to happen and you think about how it would play out in your head and you give such emotion toward that happening, it happens? I choose to give a negative example because more people will relate to a negative example instead of a positive one because of the mindset we have all been brainwashed into having. If you want examples, your TV (subliminal messages and subliminal brainwashing also known as "**masonic mind controll**" please go research it.) your cell phone, social media, you're news papers, news channels and basically everything now days. If you can learn to be conscious of these things and pick them up you can learn how to not let it affect you. So no one is saying get rid of your phone or TV just become aware).*

The subconscious mind is always working. It never stops functioning. This is the reason as to why you have dreams at night. (And they can seem so real it's scary. So therefore the more you can create those images in your subconscious mind of the things you want in life, the faster those things will appear).

The main thing to remember is that you or rather your subconscious mind must be in total vibration to the universe in order for you to get what you want. (to do this you must express and feel the emotion that the specific thing you want will give you, for example if you want a specific car you must feel the emotion that driving that car will give you and therefore your vibrations will attract the vibrations you want to experience). You must be able to use your conscious mind to give you what you want. You must be able to use all of your senses to experience what it is that you want (you must visualise what it is that you want and use all your senses to imagine what it would be like, so you would feel the steering wheel, you will smell the leather of the seats, you will hear the sound the engine makes and so on. The more real this becomes for you the faster you attract what it is that you want and in this case it is the car.

Another way to look at how the mind works between the conscious and the subconscious mind is to think of it from this point of view:

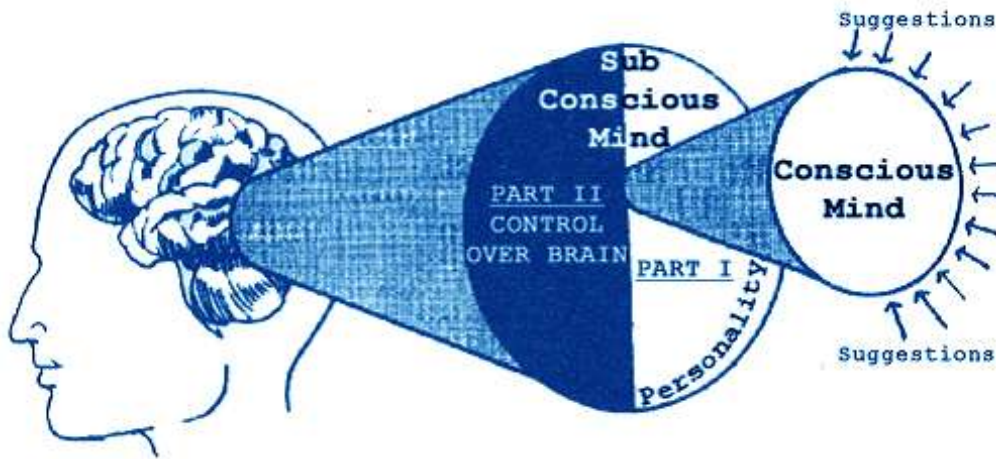
When you develop a thought, it is analyzed by the conscious mind and it starts to send electro-chemicals within the brain. As the chemicals travel through the brain, neural pathways are opened and the data passes through the brain further. As the data travels, additional cells in the brain are imprinted with the data being

processed (creating a memory). The conscious mind then attaches emotion to the thought based on its perceived interpretation of the data (so if it is something that made you feel happy, you will always relate to that memory as being happy). This increases the vibration of the thought and at that time a belief is established (what you see is what you believe, this is a mistake). This belief could be based on truth, reality or a lie. (Be careful about what you believe because it can affect your life dramatically. For example today's society have been brainwashed, through masonic mind control, into thinking you **NEED** an education to do well in your life, when that is not true at all. Meanwhile they do not teach you about these things that we are discussing which **CAN** and **WILL** affect your life aswell as teach you how to have a truly happy and successful life. It also teaches you that **YOU** are in control of your own life so do not let anyone else live your life for you). This belief is then sent and stored in the subconscious mind. This data can then be accessed and utilized in the future by the conscious mind to either support or deny any further thoughts that are set in the subconscious mind. (so if something ever pops up that is new to you and you may think to yourself, Nope that's incorrect. This is because you have been lead to believe it is incorrect)

When the conscious mind receives the same input again, it is the job of the subconscious mind to locate and provide that data that was stored the last time and send it back to the conscious mind with an emotion of some type included. This will then send out a vibration and if this vibration matches to the vibration of the universe this will then in turn create and manifest what it is that was thought.

Therefore it is vital to only focus on positivity because constant negativity will bring and attract negative vibrations into your life. (this is where the saying the rich get richer and the poor get poorer comes from, because the rich are constantly thinking they have enough money for everything they want and in turn they create the ability to have enough money for what they want because they **BELEIVE** they do. The poor are constantly telling themselves they don't have money for certain things so in turn they create the circumstances of never having money for the things they want because their subconscious mind creates those circumstances. Unfortunately that is how they have been programmed to work.)

HOW YOU CAN ALTER AND WORK IN HARMONY WITH THE SUBCONCIOUS TO GET WHAT YOU WANT IN LIFE.



There is no doubt that thoughts do direct your actions and thoughts are very powerful and can help you accomplish many things if you do it correctly.

WHAT YOU THINK IS WHAT YOU DO AND WHO YOU ARE.

If you think poverty you will always live in poverty and if you think of prosperity your life will always be prosperous. The secret is in the way you programme your mind.

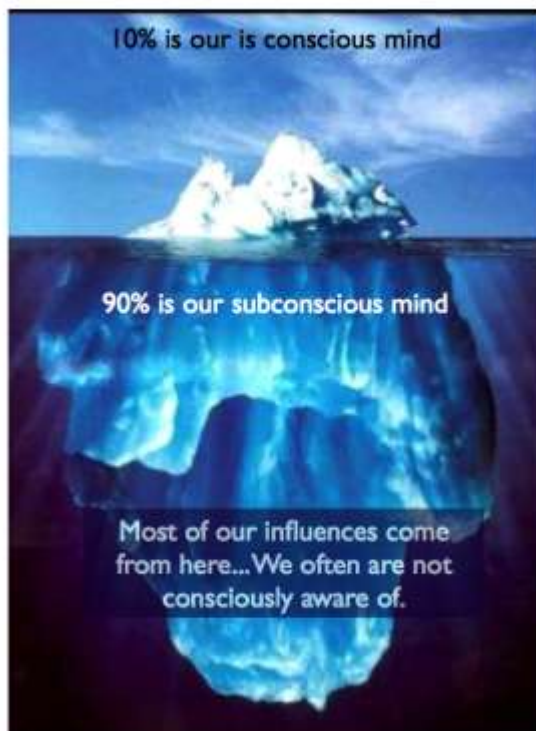
There are people who are kind hearted and never do a thing wrong but due to their mindset, life always seems to be nasty to them or hurt them in some or other way. There are people who are good and hardworking and only want to make a success of their lives but their mindset holds them back from doing so.

You create your own reality and every single thing that has ever happened to you in your life, you have attracted to yourself through your thinking patterns and mindset. I know it is difficult to believe but this is new found evidence and there are powers out there that do not want you to know about this and how to do this, because it is your absence of not knowing how to do this, that allows them to control everything! Please be open minded and just try it, it's just how you think that's all it is.

People tend to look at things from a conscious level as this is the state where things are easier to believe. What they see in front of them they believe is real. The conscious mind makes up only 8% of your mind whereas the subconscious makes up the remaining 92%. Therefore if you can learn (and you will) how to use the subconscious mind, things will happen allot faster for you in your life.

Start with the small things first so you can see for yourself that it actually works! And then progress on to bigger things. This is important because the more belief you have in this the more it works for you. If you only listen to your conscious mind, you will not get far because it limits you to what you only see in front of you. (in our day and age these things you see with your conscious mind have been deliberately put there by “higher powers” to mind wash and control you. If you are aware of this you are very far ahead of the average person.

The mind is like an Iceberg



We have conscious control of

- Willpower
- Analysis
- Decisions

RAS - Acts as a gateway between the conscious and subconscious mind

We are on auto-pilot when it comes to

- Beliefs
- Values
- Identity
- Self Confidence
- Habits
- Emotions
- Resist to change

If your subconscious mind has been programmed properly, you can experience untold amounts of prosperity. Basically anything you can imagine can be created for you, that is why many business people tell you the bigger you dream the bigger your reward. The only limiting factor that stops us from evolving and being able to use our minds to their fullest potential, is the fact that people can only see or think

what is in their conscious mind and this limits their abilities beyond comprehension. If the eyes can play tricks on you then so can the conscious mind.

If you listen to your conscious mind then you will NOT get very far as what you see is what you believe and scenarios have been purposely put in place for us to believe so the higher powers can keep control of the masses. Therefore most of what we have been led to believe is FALSE. Think for yourself and live for yourself, this is the first step to finding freedom. If your subconscious mind has been programmed properly you can experience untold amounts of prosperity and you can basically have anything you want or achieve anything you put your mind to.

"You can do anything you set your mind to" -Benjamin Franklin

Everything that happens to us on a daily basis not only affects us consciously but subconsciously too as the conscious mind feeds the subconscious mind. If you read a good book you will have happy thoughts and if you read a horror book 9/10 times you will have a nightmare...see how this works? If you focus on what today's society presents us with in the news, media etc you absorb that and then it affects you in the ways that they would want it to affect you. This is why it is vital to think and act for yourself.

Remember the way you act now is the way you have been programmed to act, from your upbringing and what you have experienced in your past. This is a very important concept that you must understand and retain. Just by understanding this and remembering it will help you tremendously.

The life you have right now, no matter what you have or don't have, the way you act or don't act, the attitude you have towards everyday life has all been a direct result as to the way your mind was programmed from your early age up until now. But you can change this if it is what you want. It is all in your hands. You can do anything you dream about. Just believe you can!

It is extremely important that you monitor your thoughts and keep control of what passes through your mind. YOU are in control of your own mind so do not let anyone else interfere with what you think or believe. Unfortunately many of the belief systems that have been put in place that many people believe in, are false, misleading and are put there to keep you from knowing the truth as well as keeping you from further advancing as a human. This is to keep you powerless. However today, the fact that you are reading this could be a HUGE step forward for your future.

It is our greatest pleasure to be of such important aid to you.

It is time for humanity to step away from the 'control freaks' and start living pure, happy and self induced lives as every human being deserves, as we are truly special and capable of untold amounts of greatness!

A good example on how the mind works is if you think of a garden, if you plant a whole bunch of seeds you cannot leave them there to grow without taking care of them. If you leave the garden unattended, weeds (the people who are constantly

greedy, negative and ultimately spends most of their time bringing you down) will grow in-between the seeds you planted and take away all their nutrients and suffocate the beautiful seeds you planted, however if you maintain the garden and look after it you can avoid these situations and have a beautiful garden with many gorgeous plants. Basically if you look after your mind and what you allow for it to be influenced by, it will reward you with lots of beauty and happiness.



This goes for your mind as well. If you continue to feed negative thoughts (which are created by the higher powers through feeding us negativity via television, news and many other things) into your mind these thoughts will be stored into your subconscious mind and then you will act according to what is stored in your mind and thus this is how they control humanity. However if you can break away (and you really can right now!) from the chain of negative thinking and fill your mind with uplifting and good thoughts these will also get stored in your mind and therefore your mind will create what it is that you continuously think about and what is stored in your mind. Happy thoughts = happy life. Very simple.

Remember the subconscious mind does not know right or wrong or good or bad, it only processes what it receives.

You have to be in control of what your subconscious mind processes, you yourself can stop bad thoughts reaching the subconscious mind and therefore you will have the right MINDSET to be who you want to be and live the life you want to live.

In some cases you might have to alter your original and core beliefs in order to replace them with more productive beliefs. Do not be afraid of this as what you believe in now may be exactly what the higher powers want you to believe. I know you might now think that what we are saying is unbelievable, and if you feel that way then I do encourage each and every one of you to go do more in depth research for yourself. Please do not turn your head away from this as that will only lead you in the wrong direction. We are here to help Humanity and show as many people as possible the light that is waiting for them.

As you learn and grow in life you start realising what it takes to become prosperous and wealthy and therefore allot of your previous programming must be altered to achieve these things and you can start right now! It's just a thinking game you do not have to do anything else but think. Obviously you can't just sit on your ass the whole day because the opportunities you attract will take longer to find you, so go out, do productive things with your lives and the opportunities will start presenting themselves quicker than you could imagine. That is how simple it is.

How to replace your old mindset is very simple. You need to continuously give yourself positive affirmations, you need to continuously tell yourself what it is that you want and who you want to be. You need to change your mind set with words and phrases that will build you and help develop a better attitude, personality and mindset.

There are many steps you can take to help you change your previous mindset but remember that mindset was built over however many years you have lived so yes it will take a bit of time to reset your mind but that is okay because of the fact that you are now consciously making these changes it will happen 100 times faster just by being conscious of this change.

Fill your mind with the things you want and not with the things you don't want. Yes you will still have bad days and bad thoughts but the less you have, the better off you will be and remember you control what you think, it will get better with time and practice. Persevere, as you have no idea of what the mind is capable of and it is my personal belief that this is what the higher powers are trying to keep us from knowing...your own potential and our potential as humanity is beyond fathomable.

The more time you put into the resetting of you mind the more results you will see and that is a promise! You need to tell yourself that you want to change and you are the only one that is in control of that change, so take it step by step and keep at it!

Who knows when you will reach the point where you can manifest anything you want into your life rapidly! Is this exciting or what! :D the more you fill your conscious mind with the things you want the more those things get stored into your subconscious mind which will then be created for you.

If you think about a computer and how it can be reprogrammed to act differently and behave in a certain way you can see that the mind is the same as it is the mind that controls what you do. Don't forget that there is no technology that is as powerful as your mind! So just imagine what it is capable of.

Positive thinking will bring you a successful life.

LINKS THAT YOU CAN USE FOR GATHERING MORE INFO AND LEARN MORE
ABOUT THE MIND.

<http://www.7steps2success.net>

http://www.7steps2success.net/Subconscious_Mind?gclid=CjwKEAju67SvBRC1m5zPv4GboAUSJAB6MJ1kHX6pUTtyUv7I7B9QKjO8yNEMa_gF7yXwyV-K7vASRoCKQvw_wcB

<https://www.linkedin.com/pulse/20140709035542-39932686-seven-techniques-that-could-reprogram-your-subconscious-mind>

<http://www.wakingtimes.com/2012/12/05/how-to-reprogram-your-subconscious-mind/>

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