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ACKNOWLEDGEMENTS

Nobody writes an ebook entirely alone. I want to thank my angels and guides who've inspired me to put this book together so as to help others open the door to spirit. Their inspiration and love has changed my life in a wonderfully profound way and I can't imagine my life without them!



I also want to thank my beloved mama in Heaven who always told me:

“Honey, there isn't anything you can't do.”

Words I live by to this day.

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Who Are The Angels?

Angels are all around us.

Whether you realize it or not, you are surrounded by heavenly beings that are here to help you. Not only do they want to help you, their purpose in your life is to help you in every area.

Life is not an “every man for himself” endeavor. You can certainly live that way if you choose, but not enjoy the spiritual gifts that heaven has for you?

Angels are the heavenly embodiment of God’s energy sent to us from heaven. They love and assist us our entire lives. Before we’re born, we set a life plan for ourselves containing the lessons we are to learn in this life and on a soul level.

Your life plan is precisely what, where and with whom you are meant to be. There’s nothing in life more fulfilling than being on course with your life purpose, or your soul plan.

It doesn’t matter if you want to be a millionaire, a business owner, or a parent – living your life path in this lifetime according to exactly how you planned it before you were born is by far the greatest gift and most successful accomplishment you can achieve in this lifetime.

There are two types of angels that assist you. Guardian angels and the Archangels.

Guardian angels can be souls that once lived a life on this planet. Some feel that this description pertains to spirit guides, the more I connect with the angels, the more the line between the guardians and spirit guides blurs.

When we’re born we’re given at least two guardian angels, without exception. These heavenly souls are assigned to be with you your entire life and offer you their loving and divine help, as well as their guidance and support according to what you have set out to do in life.

Indeed, the life experience of your guardian angels has a lot to do with the life lessons you’ve set out for yourself. Many times, these angels are related to us, but it’s not always the case.

As you live your life and grow, you take on more guardian angels, especially in times when you want, need or ask for help in your life.

Most guardian angels stay with you your entire life once they come to be with you

Our angels play a very important role in our lives.

They're assigned to us at birth and stay by our side, loving and guiding us, until we return home. There are many different types of angels, each with their own unique role to play in our lives.

Everyone loves angels and for good reason. They signify love, courage, strength and guidance. It's no wonder that people get angel tattoos, adorn their homes with Christmas angels during the holidays and make snow angels in winter. Some people think that angels only exist in heaven and don't interact with us at all.

Well, I'm here to tell you that they sure do!

First of all, did you know an angel's wings aren't use to fly, but rather to denote which phylum, or level, they're from? Each phylum has a different color wing tip. So you can always tell which angel is present by the color of their wing tips.

The Phylums of Angels

There are ten different phylums (heirarchy) of angels, all with their own personality and area of specialty. You can call upon them at any time, depending on your needs. They all exist to help you while you're here.

1. Guardian Angels

The Guardians are the first phylum. They radiate with love and glory and appear with a beautiful white light surrounding them. The color of their wing tips is silver. The guardians are our protectors and are here to keep us safe. They assist us with our fears and phobias.

2. The Archangels

The Archangels are the second phylum. The four main archangels are:

1. Archangel Michael (Archangel of the South, Essence: Fire)
2. Archangel Raphael (Archangel of the East, Essence: Air)
3. Archangel Uriel (Archangel of the North: Essence: Earth)
4. Archangel Gabriel (Archangel of the West: Essence: Water)

Archangels have white wings with blue tips. Their primary purpose is healing and they're also messengers of hope.

The Archangels use a scepter to heal by touching us with it in the area of our body that needs healing.

Their totem is the wolf and their element is rain. Their stone is aquamarine.

3&4. The Cherubim and Seraphim

The third and fourth level of angels are the Cherubim and Seraphim. They're known for their beautiful singing abilities. The difference between the two is that the Cherubim have beautiful singing voice and the Seraphim possess a vibrational/tonal ability.

Together their music is indescribable and beyond words.

They are truly the most joyous phylum of angels. They have white wings with rose colored tips.

Their totem is the canary.

5. The Powers

The fifth phylum of angels are The Powers. Their primary purpose is healing. While the Archangels use a scepter to heal, the Powers use their wings by sheltering you within them.

The Powers use their energy to heal. The electrical force that comes from them enters your body and heals you cell by cell. They're quite large in size.

Their totem is the falcon, known for swiftness and perseverance. Their element is the moon. Their stone is the emerald, which possesses the healing color of green.

Their wings are white with greenish white tips.

6. The Carrions

The sixth phylum of angels are The Carrions. Their primary purpose is to escort away dark entities when they die. Their sole mission is to stand back until a dark entity passes into death.

The Carrions protect our world and The Other Side from darkness. They are the reason dead dark entities don't exist on earth.

Their totem is the raven and their element is the wind. Their stone is the opal.

7. The Virtues

The seventh phylum of angels are The Virtues.

The Virtues assist us with our life charts. They help us to make changes to our charts whenever needed. They also help us with our life and charts on The Other Side before we come here to Earth to live another life. They're an incredible phylum of angels that help to guide us before we begin our journeys here on earth.

Their totem is the dove, the symbol of peace. Their stone is silver and their element is water.

They have white wings with pale blue tips and a silvery blue luminescence.

8. The Dominions

The eighth phylum of angels are The Dominions. They watch over us and permanently record our actions and good deeds in the Akaschic Records. They typically don't assist us on the earth plane but do their work for us on The Other Side.

When we need assistance, our spirit guides will sometimes go to The Dominions instead of The Council because of The Dominions' thorough knowledge of our charts

Their totem is the cougar, which represents strength and dignity. Their element is earth, which signifies grounding and the lives they record. Their stone is the bloodstone.

They have white wings with maroon tips.

9&10. The Thrones and Principalities

The ninth and tenth phylum are The Thrones and Principalities and are considered the highest phylum of angels. They represent Mother and Father God's armies.

The Thrones and Principalities come to us when we're in any type of danger. The Thrones are Mother God's army and The Principalities are Father God's army.

You can call upon these phylums of angels to protect you or your loved ones when in a difficult or troublesome situation.

The Thrones are more active than The Principalities, who act more as guardians-at-the-gate. The Principalities are in charge of cities and nations and are the protectors of spirituality and religion. They have incredible power and grace and are the highest phylum of all angels.

Each phylum of angels are here to assist. Call upon them at any time.

They're a gift from our Creator and are here to help you.

A Centering Meditation

As humans, we spend so much time in our minds, thinking about one thing after another. We rarely, if ever, take time to turn off all the unimportant thoughts in order to focus inward, where inner peace resides.

If the thought of meditation scares you, it's really a lot easier than you think. It was difficult for me when I first started meditating because I couldn't keep my mind still. It's a problem for anyone who has never meditated.

A friend told me about [The Healing Waterfall](#), which is a beautiful guided meditation and that's how I learned to meditate. I recommend it to all of my students too. It's such an incredible way to start meditating.

This centering meditation will bring your consciousness into your heart, to the center of your body, which is where your angel meets you. Find a comfortable quiet spot where you won't be disturbed. If you record this exercise, allow a minute or two between each step.

1. Close your eyes. Feel your breath rising and falling in your body. As you inhale, inhale through the belly, expand it. Allow the weight of your body to push the air out.
2. Place your hands on your heart. Feel the beat of your heart, the life force energy within you. Feel your heart pumping blood to every part of your body.
3. Keep your attention focused on your heart and your heartbeat. If your mind wanders, simply bring it back to the center of your heart.
4. In your mind's eye, see a flame in the center of your heart. This signifies the spark of the Divine within you. It's the essence of who you are. Connect to this flame and feel what it means to you.
5. Exhale fully. When you are ready, open your eyes.

This exercise can have a wonderfully positive affect on your life. You can use it any time of day, wherever you are, whenever you don't feel centered and it only takes a minute or two. You can do it at your desk, while you are sitting in your car, at a red light, etc.

When we think of the angels, we often think of heavenly beings with wings. While that is true, they are also our closest friends and supporters. When we take the time to focus on our Divine light within, we bring ourselves closer to our angels and their message.

The more you meditate and focus on your Divine flame within, the closer you bring yourself to your angels.

Automatic Writing – Communicating With Your Angels

Our angels are assigned to us for protection, guidance and love. Even in our loneliest moments, we're never alone. All we have to do is call on our angels for guidance in every area of our life.

Your angels are just as excited to communicate with you as you are with them, and there's a very simple technique that you can use to communicate.

Automatic writing has been around for centuries. People have used it to speak with their guides, angels and loved ones in spirit.

It doesn't require you to do anything unusual. Simply sitting in a comfortable position with a pen and paper is all you need. If you're like me and want to bring through messages quicker, you can use a computer keyboard.

Now, there are two types of writing when communicating with your angels. There is "*automatic writing*" and "*automatic dictation*".

When you're automatic writing, you're not aware of what's being written. You feel a sort of floating sensation, as though you're floating above your keyboard.

With automatic dictation, you're fully aware of every word you're writing and the information comes to you either in your mind's eye (clairvoyance), by hearing it (clairaudience) or by knowing it (claircognizance).

The whole process of automatic writing is really very simple....don't complicate it by allowing your mind to analyze whether or not it's you or your angels.

Most people think the process is going to be hard and that they're not "qualified" to communicate with their angels in this way. Humbug!

I assure you, you're very qualified to communicate with your angels!

Before you begin, it's a great idea to have a journal that you can keep solely for your communications with your angels. As your conversations with them progress, you'll be able to refer back to your increasing progress and read all the messages you received.

You don't need to make this a ritual with candles, incense or other types of paraphernalia. You can certainly use them if you like, but they're not required. All you need is your willingness to let your angels "in" no matter where you are.

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