

# TALAASH

A SEARCH FOR THE TRUE MEANING OF LIFE



by  
**AiR**

Discover Your True Self

# TALAASH

A Search for the True Meaning of Life

By

**AiR**

Copyright © AiR Foundation 2016

AiR asserts the moral right to be identified as the author of this book.

All rights reserved.

No part of the content (of this publication except images) may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without the prior permission of the publisher.

Printed in India by **Navya Graphics**, Bangalore.



*Not This,  
Not This.*

*Thou Art That!*



# **FOREWORD**

**J. P. VASWANI**      **SADHU VASWANI MISSION,**  
10, Sadhu Vaswani Path,  
Pune - 411001.

Today man stands on a planet of limitless promise. He has been able to set his foot on the moon. His rockets go flying past the distant planets. He has been able to station satellites in space. He is eager to control the forces of Nature. But he has not learnt the lesson of self-control. His anger flares easily. He becomes an easy victim to temptations of flesh. The civilization he has built is crumbling beneath the burden of his own weight.

The author of this small book believes that a new civilization needs to be built. I have known him – Ravi Melwani (AiR) – over the years. His emphasis is not on words but on life.

I shall not speak, I shall not talk  
With all my strength, I shall still walk  
The way that leadeth to the Lord.

May this little book inspire many hearts to live the life that is life indeed – the life of simplicity and sympathy and service, of new awakening and self-realization.

**J. P. Vaswani**



# **PREFACE**

I was the happiest man on Earth.

My life experienced 25 years of achievement, success, wealth, happiness, name, fame and everything that one could dream of!

Then one day, it suddenly occurred to me – what is life all about? Is life just about making money? Or is there more to life?

We earn and earn only for others to burn what we earn. Is life beyond making money? I found that happiness doesn't come from making money but rather from spending it. So, instead of making more money, I stopped, shut down my business and decided to make a difference instead. I decided to live a life of fulfillment instead of living a life of achievement. I decided to let peace and tranquility take me to contentment and fulfillment.

My life was transformed...

For 8 years, I lived an amazing life, travelling from one country to another and spending my money doing humanitarian, inspirational and spiritual work. My life was absolutely amazing, peaceful, tranquil, joyous and fulfilling. How could somebody be happier than me? Not only did I have pleasure, I had success, contentment, fulfillment, liberation, tranquility and peace. I felt like I was in a state of absolute bliss.

To me, after working for 25 years to achieve success, these 8 years were a reward. I thought my life was



absolutely fantastic!

But then something happened...

After 8 years, my Guru questioned me, "What is the true purpose of life - the true meaning of life?" He provoked me to go on a search - a *Talaash*.

At that time, for me, life was all about happiness. In fact, the goal of life was happiness, and while I had achieved happiness first through pleasure and then through peace, I definitely felt that there was something missing in my life. It seemed like I was on a plateau of happiness and there was no further peak. I found that my life had no purpose!

I went into deep introspection and asked myself if there was a third peak of happiness, the first peak being Achievement and the second Fulfillment, and as if from nowhere an answer came to me! Yes, there is a third peak of Happiness called Enlightenment! Now was it time for another transformation - a second one? I packed up my life and decided to climb the third peak.

In this book, I share my journey and my search for the third peak and for the true meaning of life. How I discovered *Ananda*, everlasting joy beyond Achievement and Fulfillment - the Bliss that knows no bounds.

Let's start the journey!



*'GU' means darkness,  
and 'RU' means light.  
GURU literally means  
"the one who brings you from  
darkness to light".*



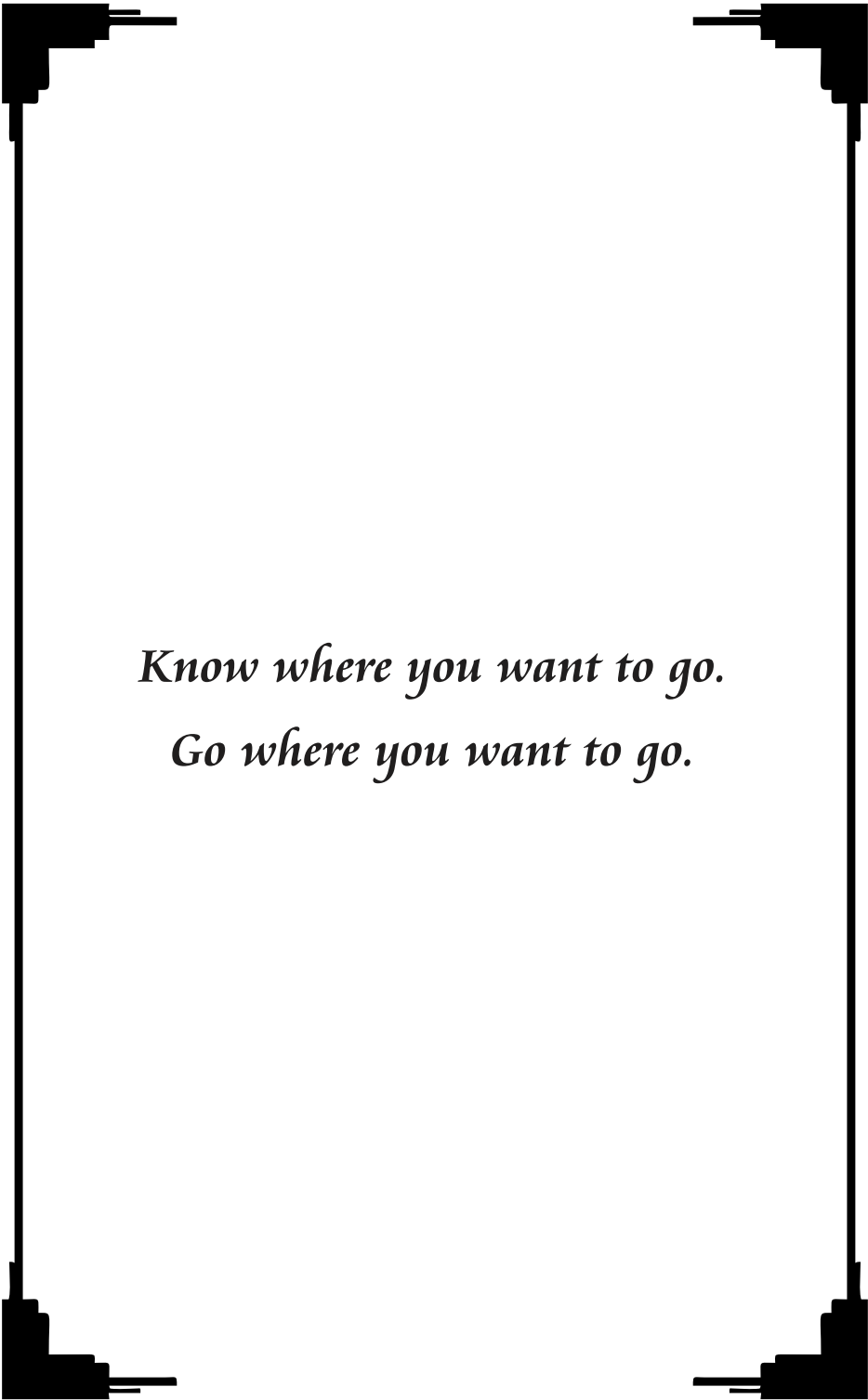
**IN GRATITUDE,  
TO MY GURU**

This Search, this Quest, this Talaash would never happen if it was not for my Guru, my mentor, my guide, my God on Earth Dada J.P. Vaswani.

Dada held my hand 25 years back and has never let go since. He was my teacher, my family, my friend; he was everything. Only in retrospect, I realize what would I be without him. When I started, he was just my spiritual teacher, a person whom I wanted to learn from. But over the years, he became my best friend. He became my soul mate. He became everything to me. Least did I know that my spiritual evolution would be because of him. From 1990, when I met him, to 2006, I didn't realize that he was leading me to a new life. He took me from achievement to fulfillment, making my life content and joyous like never before. He transformed my life. He led me from a mundane life of just making money to a purposeful life of making a difference. But that was just the first step. Least did I know what my Master had in mind for me. I was an ugly caterpillar, but he had a vision that I should be a beautiful butterfly. He let me evolve, change, grow and transform. Not just a transformation but a double transformation, a metamorphosis. In the last 2 years, he led me on this Talaash, this Search. He is the one who provoked me, prompted me, and guided me. All that is written in this book, every single word has been inspired by him. I wouldn't have been able to write a single line without his guidance, without his grace. Like I said, he is not my mentor, my guide, my Guru, he is my God on Earth!

I am indebted to Dada for showing me the path that has led me to this realization of the truth which I am trying to share with you.

Thank you Dada.  
With Love and Gratitude  
AiR



*Know where you want to go.  
Go where you want to go.*



# INDEX

<b>Chapter 1</b>	<b>In Search of Happiness</b>	<b>1</b>
<b>Chapter 2</b>	<b>Happiness is not just about being Rich</b>	<b>7</b>
<b>Chapter 3</b>	<b>The Three Peaks of Life</b>	<b>15</b>
<b>Chapter 4</b>	<b>Questions that had no Answers</b>	<b>21</b>
<b>Chapter 5</b>	<i>Talaash...A Search, A Quest...</i>	<b>27</b>
<b>Chapter 6</b>	<b>Learnings – About Life &amp; Beyond</b>	<b>35</b>
<b>Chapter 7</b>	<b>Stories that lead to the Truth!</b>	<b>85</b>
<b>Chapter 8</b>	<b>Analogies</b>	<b>103</b>
<b>Chapter 9</b>	<b>Guru and God</b>	<b>119</b>
<b>Chapter 10</b>	<b>Science &amp; Spirituality</b>	<b>129</b>
<b>Chapter 11</b>	<b>Putting it all Together</b>	<b>137</b>
<b>Chapter 12</b>	<b>Post the Realization</b>	<b>153</b>
<b>Chapter 13</b>	<b>Living as a Realized Seeker</b>	<b>167</b>
<b>Chapter 14</b>	<b>Glimpses of the Search</b>	<b>175</b>



CHAPTER  
**01**

IN SEARCH OF  
HAPPINESS

## Thank You for previewing this eBook

You can read the full version of this eBook in different formats:

- HTML (Free /Available to everyone)
- PDF / TXT (Available to V.I.P. members. Free Standard members can access up to 5 PDF/TXT eBooks per month each month)
- Epub & Mobipocket (Exclusive to V.I.P. members)

To download this full book, simply select the format you desire below

