

Star Beings.

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In Search of Reality - Book One

Psychics and Séances - A Journey to Understanding

We Are Not Alone: Extraterrestrial Encounters

Insights Into the Nature Spirits

Twisted Tales

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spiritwritings.wordpress.com dejay19@hotmail.com This book is dedicated to my editor and good friend, Pat. Without Pat's constant encouragement, belief in me and the validity of the guidance of the teachers are offering humanity this book may not have seen the light of day

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A teacher can never truly teach unless he is learning himself.

A lamp can never light another lamp unless it continues to burn its own flame.

The teacher who has come to the end of his subject,

who has no living traffic with his knowledge

but merely repeats his lessons to his students,

can only load their minds,

he cannot quicken them.

Rabindranath Tagore

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Introduction

Star Beings is extracted from my larger eBook *In Search of Reality, Book One*. This eBook provides the reader with a more compiled selection of answers to questions asked of my spiritual teachers as to how life on Earth originated. The compiled selection enables readers to learn from a multitudinous teacher's point of view; a a viewpoint vastly different to the theories we have been told by our scientists.

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Throughout my life there has always been interaction with spirit beings, extraterrestrials or space beings, and me. Spirit beings have always been a pivotal part of my life and our interaction is quite frequent. With the space beings, conscious interaction might have been absent for quite some time before restarting again. These multitudinous beings, their words, are now my tutors.

In the beginning, during my early years there were space beings who, from time to time, during the night, took me in my out-of-body state onto a spaceship. I have vivid memories of, as a small child, being operated on when a metal probe was inserted into my navel by a tall praying mantis alien. That particular event was terrifying, as were other experiences when I saw scary 'things' that visited in the dead of night and made me frightened of the dark.

Time passed, I matured and because of the interaction with white robed, gentle, unseen teachers who call themselves 'The Brethren' now understood why I had the earlier experiences. The Brethren and I mainly communicated via automatic writing so I had a record to refer to whenever I feel the need. They stipulated, as subsequent teachers do that my learning is to be as a question and answer format where I ask questions and answers are given into my mind and I transcribe them for reference.

Over the years the tutors have changed as my needs required and my level of understanding progressed. The 'newer' communicators now choose to remain unseen and unnamed. I identify their presence by a subtle energy change and the wisdom of their words.

These newer communicators come from various energy realities that interpenetrate our three-dimensional physical world. Multitudinous realties was their answer to one of my questions when I asked where they came from.

The group appears to be much larger now and is a study group that attracts numerous spirits, like-minded energies in whatever form or dimension they presently reside. There are those who are always present in our group. Others come to study the machinations of what is required to interact with a human being and, armed with the knowledge gained, may set up their own forum groups in whichever way or avenue they happen to be. Regardless of their desired path, all are manipulating energies in order to learn the ropes of diverse ways of working with energies different to their own.

The following is an example taken from one of our communications:

'All are in the process of learning different ways of attracting and repelling different energy and this is one such place where they can go and be of instruction to themselves while understanding more of other ways they can be accommodated.

All form chooses how they will process the information and use it to their advantage. They are able to see different elements of energy that perhaps were not presented to them before. They can, should they choose, delve a little more and study what life is like at any of the other avenues presented to be of advantage in their growth pattern divine. It is all offered for those who seek other ways to see what might attract their interest to grow, go that way'.

Knowing that there are different energies, possibly a variety of species attending had my curiosity piqued so at one forum asked what those there looked like. I was surprised to learn that not all at our forum choose to see others. As was explained, those there could see the energy colors and resonate to or feel the energies of others but if this interaction is not the present way they want to progress, they don't bother interacting any further.

My early understanding was that there was some energy place or level that stabilized different spirit energies so that those interested in attending our forum could do so. That does not appear to be the way and while I speak of attending, there doesn't seem to be a set place to gather for taking part in our discussions either. It may be that those who want to attend do so from whatever level they are at - perhaps in a more advanced way but similar to the conducting of meetings here on Earth when having a video linkup like Zoom that can connect people from all over the world.

Unlike forums on Earth with everyone sitting through a meeting from beginning to end these entities, while they are at liberty to hear what else is being discussed, know beforehand exactly when the part they wish to know more about slots in. As explained in a later discussion, they are not bound by the same timeline constraints as we are which enables them to have what we would term 'prior knowledge'.

As one spirit said, 'We listen and what we need is there, provided as we require. We do not 'hang around' as you say, waiting for our turn. It is not the way and there is, we feel, a difference in 'timing' so to say that makes it all work of accord for all there as we require, then we withdraw'.

All of my books reflects my life-long quest: to interact with other personalities from different realities I know are 'there' and to understand, to learn and go beyond what our limiting five senses lead us to believe is reality. The knowledge and understanding gained is now offered to all interested readers.

Please note: The words 'souls' and 'beings' are interchangeable but to avoid any religious connotations the term 'beings' are primarily used in this eBook.

To find yourself Think for yourself Socrates.

Part One

Star Beings

'There are far better things ahead than any we leave behind'
C. S. Lewis

I seek to understand how and why we have been formed from the energies of the universe but in order to learn about this subject you have mentioned we would also need to unlearn preconceptions?

It will be along the ways you have just mentioned. You do have many unfounded preconceptions of what the universe is all about and how you all function within it. We will attempt to set you right with this, but first we need 'the clean sheet' so to say, where we can obliterate from your mind the ideologies and misconceptions that already exist on Earth.

For too long there has been an assortment of delusion purported to be true by learned academics. We are to set you right, free of the illusion of what exists, can exist, and how you fit in and function here on Earth. We seek to dispel the illusions, the misconceptions that exist within your understanding about your other realms of existence.

You function at the same time in many realms, not only in your perceived universe. There is life on other planets. While it may not be the functioning form that is here on this existence called Earth, there is life, make no mistake about that.

The life that you live here, exist in, is little more than a shadow of what exists on other parts of the universe, yet all you see there is shallow; where nothing exists at all. We are telling you now, you are wrong and while ever you hold firm to these concepts, it will always remain that way in your understanding.

We have been told for years that there are space beings, and that their craft have been seen by many down the ages. People have spoken about this and some artists have paintings depicting them in the sky, in the background of their paintings.

Many have relayed their experiences of being taken on a space craft and we have ancient writings that speak of this. I have had experiences along these lines, so believe and know that different space species exist. They must live somewhere and there have been planets mentioned so some of us do know about these beings. Is that what you are referring to?

It is along the way, but there is more. Have you ever wondered why these 'beings', as you call them, are not around for all to see? Why they choose secrecy and to communicate only with a few of you?

We were told by one such being that they did not trust Earth beings because we are too emotionally volatile and could change very quickly into behaviour which threatened them, the extraterrestrials.

Yes, it is the way, but there is more to this saga; and make no mistake, it is along the lines of a saga for it has, as you stated, happened where other beings have invaded, visited, observed, whichever way they sought to function here on Earth, they obliged themselves along their chosen way.

There are also said to be some of their extraterrestrial bases within our Earth. Some myths and fables of ancient cultures speak of the visitations and interactions of space beings. We have what is thought by many to be evidence transcribed in ancient text where different extraterrestrials have seeded us, and some species have fought battles here for control of Earth.

You do know this, many do, and it is so. However, did you know what you are all about here? You have heard about space beings that visit your planet Earth, but what about the other side of the coin where you all visit their planet Earth; the equivalent of your temporary home? Are you not curious to where you go, why and to what purpose, event, advantage you might gain here?

Yes, and it seems to be a consciousness thing, where we mentally come and go.

It can flow that way, but for you to co-habit there even temporarily, these other dimensions require you to have an outer covering of their energy force otherwise you do not interact, see what is there, nor are they able to establish any communication with you. You can see them perfectly plainly when you have this covering because it makes you vibrate of accord to their realm and way.

Then those who visit here, they have this earthly outer covering to communicate and to be seen by us?

Yes, they have developed technology that makes them impervious to your elements because, for a time, their outer covering is like yours. They may not look quite the same, but they vibrate at the same resonance to your kind.

What about their space craft? They would also have to be of the same element, otherwise the ships would not be seen by us, and would not be compatible to their occupants, who now have the earth element vibrations.

We do not go that way today. We are interested in educating you to what other species inhabit your time-frame existence. We do not choose to get involved at this juncture with the dynamics of what is about with the technology of sorts of machinery. We are interested, as we stated, with bringing you forward, introducing you to your kind. Your kind, to our way of explanation, are other beings who exist on your timeframe.

These are your kind, make no mistake about it. You are all composed of the stars. Some are vacating the earth-frame existence to experience, take up temporary domicile at these other levels of planetary existence. You will be interacting more with these kinds because you are all 'shifting up a gear', so to say. You are all preparing for a shift of energy divine that will make you more understanding and receptive to all that is about.

These other beings will bring you along, for they are also 'shifting up a gear'. It is part of the changing conditions that are about and all go as one.

We have been told that since the end of 2012 there was a big energy shift that took us all forward.

Then we do not enlighten you there, but where does the energy flow come from and to what purpose, what advantage does it contain?

It is said to awaken us, make us finer of spiritual body and more able to work with the newer, incoming energies all will experience. All was understood to mean every living energy thing on planet Earth, including the Earth.

That is what it is. 'All' is inclusive to all energies divine.

I would like to stop now and read our notes from today. Would you mind if we continued this discussion at another time?

Then we go that way. Peace and blessings be upon you, now and forevermore.

Masters of Destiny.

Tell me and I forget.
Teach me, and I remember.
Involve me, and I learn.
Benjamin Franklin
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After reading my notes, I now wonder about the extraterrestrials, star beings that come here to Earth. Some are said to be friendly, some not so friendly. We are told, warned by others, that we have had our DNA changed and we are being manipulated and have been for millennia. We are also told that there have been great battles fought between different extraterrestrial races over the sovereignty of this planet. How does this fit in with what you have been telling us regarding illusion and creating our reality?

It still fits in. Comprehension is there for you all, those who choose to see and be a part of this way. It does not change what we have previously stated and continues that way; you are still masters of your destiny. If you interact, or see, or communicate in any way with those not of your earth sphere it was not just something that happened to you.

As we told you before, all that comes into your experience is there because of choices; your choices. It is still part of the grand plan you have designed for yourself to understand more and experience more.

It is the way it is for all of you. If your Earth was taken over by some other species, and we say again, the other species will be a part of you because you are all, you will have programmed it in to experience this.

Tumultuous times, yes, they might be but you are only there participating because of your desires. Nothing can befall you if you have not programmed it in for the experience.

You are not scapegoats, victims of anyone, any other energy. We have told you so and cannot reiterate it more to you; you are not victims. You are at all times in control of your destiny.

You have also mentioned or issued a caution about us getting too involved with our different attractions such as cell phones, television and other electrical things that are slowing our body and dulling our brains. The body is affected by just sitting and watching our media outlets and the brain by the banality of many of the programs.

There is also a suggestion that this is done deliberately by vested interests; some not of this planet or perhaps their third reality minions who seek to take over Earth by dulling the population so they cannot see what is happening or think for themselves. Is this the way?

It may well be the way. We do not allude to or get involved with this issue. Should you choose to be or go that way, along that line of reasoning it will be as you say. For again, we state, you cannot experience what you have not programmed to yourself to be an experience for your learning and understanding. If you choose to participate along this way, you will gain much for it is impossible for you not to gain, to learn and understand more.

Well, if we see something along the lines we have just discussed and participate, if we don't like the experience, can we change it?

It may be the way. We are not privy to your strengths or desires. We are generalizing here when we state what we say and offer to you. You asked our opinion and we gave a clear understanding to you. We recall we did not say possibilities were endings.

If you choose to change your learning it may be the way but if you recall, we cannot state how strong your motivation is, or how strong your desire is to not complete your course you set. Again, you are thinking as a human being. You are limiting your desires and self in this way.

We feel we have answered your questions succinctly as you asked in the start of today's missives, we have kept all we answered simple and to the point.

And we appreciate it. Now I will read back what you were kind enough to explain to us.

Peace and blessings go to one and all. We go now.

The Chicken or the Egg Conundrum.

Life is either a daring adventure or nothing at all.

Helen Keller

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Something that has baffled those who chose to think about it is the conundrum of the chicken and the egg and what came first, the chicken or the egg? To look for an answer I think we need to go back to when our Earth became habitable for life.

In my opinion and for various reasons life could not have just naturally appeared as we are led to believe. There had to be assistance from somewhere, possibly other entities not of this Earth. I would like to now discuss this please.

Then we 'fill you in' as you say. This planet was designed for life but life did not exist here because of the tumultuous planetary existence that evolved. It (all?) needed to settle down so that existences, primates, and the like could be transported there with a success rate opportunity.

All life, existences, was transported to Earth from other places, avenues. They were not seeded here (on Earth?) from one particular planet but were experiments from several species not of this Earth planet. The several species (space beings?) were undergoing experiments of life but did it also as 'a gift', so to say. A gift of life not capitalized on at their existences. It was to be an educational way while at the same time to bring life to the Earth and the sanctity (sanctuary?) there.

Your Earth was undergoing tremendous changes but had settled down in many places enabling it to sustain life. However others who saw a way of advancing their causes, experiments, and the like that could not be achieved on their or other planets nearby intervened. So Earth became a source field of all sorts of experiments upon the primates, the life forms of this new habitation.

We seeded you all. The first human beings, the first primates, the first of everything were brought to this planet for its survival. Without life this planet would cease to exist because all life brings life. Do you understand what we are saying?

I am not sure I do. Please explain.

We are telling you that you do not live in a vacuum; all are energy and each energy feeds into the (universal?) grid and creates more energy. So wherever you are, whatever you do, you are creating energy. You are needed to continue 'the force', shall we say. To create more of what makes the cycles spin. You all need to harmonize, to create your own ways of development for in doing so this will enlarge the scope for all who follow. It also enhances those who already exist, domiciled upon this third dimensional plane.

Your Earth Mother is a living entity who thrives upon the energies supplied by her little charges. Be it human, animal, vegetable, mineral as you say, she needs the energies that are engendered by each and every one of her little charges. She survives and puts out her own energies that enhance this particular part of the energy grid, the Universe.

You have mentioned that you seeded all including the first human and the primates. Does this mean we came from monkeys?

In no way are we implying this. We are merely stating that humans, as a special species, came along with the primates, that is all. One did not evolve to the other as you say.

Then what were the first humans like?

They were prototypes, an experiment. They did not follow a path that others had formed before on their domiciles. The early humans were a unique breed made special to adapt to the needs of the planet. We seeded them in various areas to give them a better chance of survival and then we watched to see their success rate with that survival.

Many died as the climate was still harsh and survival was grim but we continued because we believed in our success rate in the breeding program. We had achieved success and were loath to see it falter and die. We achieved success and little by little our colonies survived.

Are you the Anunnaki from Nibiru? The space people that Zecharia Sitchin, the Russian American author spoke about?

No, we did not achieve our way along those formats of the Anunnaki. We see and understand but we did not experiment as was done by others. Our way was to enhance, to bring life to this planet in forms we felt were best suited for survival. We did not experiment with living entities already upon the planet. We went a different way.

You mentioned that you did not experiment with living entities already upon the planet. Didn't you previously say you had brought all life forms here?

Yes, we did go that way but we did not alter in any way what we had created that was now domiciled on Earth and doing well. We chose another way which was to harmonize, to observe and wonder at it all. We did not interfere with another source of power, of influence for to do so would put us at constraints and that was never meant to be.

So, there were others, space people, who came in and tinkered, changed what you had created.

Yes, that was the way it was, happened. We watched, observed but did not interfere. To do so would have denied those who chose to experiment their path divine and it was not to be the way it was to be.

I am really getting confused here. You have created a new life form that is meant to develop, prosper, and enhance the planet they have just been seeded on. They are going well and then another group of space beings see this and come in and start experimenting on the new life forms, our ancestors.

What about our path divine? We must have had a spark of divinity, of God if you like, or we would not have lived?

Yes, it is the way but you are looking at a very basic level with ignorant eyes. Your understanding is primitive and your thoughts take you away from a situation you still do not understand.

The Council of Elders (democratically chosen interplanetary beings?) decreed that we do not interfere because to do so would have rendered issues that were unstoppable if they had proceeded. We felt, the elders felt, it would be better and more astute to stand back and watch what developed with the primitive life forms we had created.

They would survive, we were sure of that because what was being done would not have caused their demise. Therefore we would observe and see what would be achieved when 'our charges', so to say, went another way to what we had envisaged. It would still serve us well for we had achieved our aim which was to successfully seed this planet Earth.

We did not see harm as such for our charges to be altered to be a slightly different way which would take them onto a slightly different path of evolution. You do it your way with your experiments on your primates and other animals. Was it, what had happened to early humanity, so different to what you are perpetrating upon those who also share this planet divine? You have created changes within their frame, their lifespan has now taken a turn with the change, but they will go on and become what they are meant to be. It was along this way with early humanity.

I never thought of our experimentation on animals like that until you just mentioned it. You have given me much to think about and I would like to finish now and read the information you have provided today. Thank you for your guidance.

Then we leave you now. Peace be upon you all, now and forevermore.

Early Human Prototypes.

All of our dreams can come true, if we have the courage to pursue them.

Walt Disney

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I have read yesterday's information and found it very interesting. As always though, what you say brings in other questions. Can we continue on with what was discussed yesterday?

We abide by your desires.

Firstly, different space beings created a prototype of the first human? I will stick with humans for the moment.

Yes, it went that way.

Okay; we are not machines and need some form of spark or energy to get us going. How did that come about?

You have always contained the spark of the divine.

But not at the start when we were being created. How did we get activated to be able to think, to move, to do all the things us as humans take for granted as part of our humanity?

It is true that you needed 'a spark' as you say. We have the technology that provides that spark. We can activate non-living tissue and get it going, able to reproduce itself in any way it is programmed or desired.

We do have the technology and in the near future your scientists will create living flesh from an inanimate subject. You will then understand and see for yourself for it will be broadcast and published over all media recalls. You will understand then and those of you astute enough, will acknowledge this is part of the upward swing of education that is being fabricated and brought down for your understanding.

It is all a part of the conditioning going on in and around your planet Earth; to those in existence there. Much is to come into your existence that has lain fallow but is ready for reactivation.

Then we had it before?

That is the way. Yes, you had more advanced technology in your Earth's past for we did not just drop you here and forget. We observed, that is so, but we also advanced you along the way when we felt the desire was there. Where you could understand and work with what we offered we brought it into your consciousness, your existence. We expected with this that you would change and be uplifted to gain what was your right. And many times we succeeded with our aims and we saw you prosper.

Yet some of the energies (humans?) were warlike and strife broke out between different nations. Families fought families and this wasn't meant to be. However we had given you your divine right to be free creatures and this meant we did not interfere with your decisions, your choices. We watched and waited for sanity to come to the survivors and we speak this way for there were mighty battles fought upon your earth plane. Not only by the residents, the local inhabitants but others not of this world who sought supremacy over all.

So we had complications but still we resisted the temptation to interfere with your choices. We watched and we waited until the turmoil died down and then we approached the survivors of our little band. We guided them to a better way by showing them what could be and they mostly complied. Unfortunately for our little band of survivors there was still what we refer to as the rogue element that interfered with our desires for the upliftment of all.

There is an element of needing to succeed in many of you and it is not always to the betterment of your kind. We do not interfere, we observe and then, when we see we have a chance of success we again look for survivors. What we are referring to has not been a recent event for we have been conditioning the survivors of our little band almost since arrival here and survival establishment was secured.

We have plenty of archival evidence from all around our globe to show that our distant past was, in many ways, far more advanced to what it should have been, or was expected to be. In some cases we now appear to just be catching up. It is also said that many of the technologies we have now we have because of space beings and their technology.

There are many of your species who are in contact with 'extraterrestrials' as you like to call us. We are still in the background influencing those who are receptive, but we do not interfere. We do not program others to do our bidding in whichever way, for to do so would influence them to our way and they need to develop their own way.

Are there still other space beings that do influence us? I do know from personal experience that my non-physical body was sometimes taken into a space craft and examined, maybe also experimented on? Others speak of their being taken in their physical body but I don't remember that as my experience. I know that on these space craft there were two different species of space beings and other experiences I've had were with other species. Two of them were friendly, helpful ones.

I communicate with you but don't know what you look like or where you come from. Are you of these space beings I've mentioned?

No, we are not of their kind. We are different and if you allow us a feeling of 'fatherly love', shall we say, you were created in our image. We are not gods but to those early prototypes of humanity, we were perceived as gods. We no longer show our ways, our countenance fearing that this emulation could once more proceed. We do not see any advantage to either species so do not go that way again.

I also understand that you have said you prefer not to identify yourselves or give names but could you at least tell us what planet you come from? Is it in this universe?

We do not go the way you desire. We feel it is best not to get involved with who is who, what species and from where. As we stated, judge us by what we say and what we offer in support. It serves no purpose to seek us out.

Then I will leave it at that. I will also finish our discussion for today and we can take up again tomorrow.

Then we go that way. Peace and blessings be upon you, now and forevermore.

Why Do Beings Choose to Incarnate into Physical Bodies?

A mind all logic is like a knife all blade.

It makes the hand bleed that uses it.

Ratindranath Tagure

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I have been thinking about what you have said and the information given and now seek more information about when you 'seeded' this planet. I would like to know when spirits, beings, came into the prototypes that were here and why.

Yes, we can lead you forward with this information. Beings came into physical bodies when they choose their way. Their way was to sort out the avenues and adventures they wanted to attain. It is not one swell (wave? group?) of beings that entered physical bodies for much deciding had to be undertaken. This was a new existence and for many the way, the source was not clear.

They understood what was about at the time and what they chose to experience, undergo, was limiting in many ways to what they had previously experienced in other avenues and on other planetary existences. They needed to be careful and choose wisely for their demise could have been imminent if they had gone the wrong way with their choices.

I understand what you are saying but would it have mattered? From what I understand many did perish because of the conditions and the way the Earth was itself undergoing changes. As spirit, they could not be destroyed so couldn't they come back in another physical body and try again?

While it is true what you say about spirit being indestructible it not as you say. The physical body is not made entirely of the same magnitude of energy that an abiding being is or contains so it can be cast aside. However in doing so there is a certain decorum to be followed; a 'process' as you say. They, an incoming being, cannot just pick and choose at will. There are other considerations to be met to cover needs.

Surely there wouldn't be a shortage of spirit beings wanting to incarnate, to learn and experience what this new destination had to offer.

The course, once set, was to be obliged. The being needed to be able to attain a certain level before it became eligible to incarnate here upon your earth plane existence. If they were knocked out of the game too soon, they had not attained that level and so had to go back and learn more of what was required.

There were many beings eager to incarnate and experience what was here (Earth) on offer but many of those beings, we felt, were not ready. Gung-ho, we understand is a word used on your earth frame and it suits what we mean to say quite well. To try was a challenge they wanted to meet but it did not go that way for many who sought to avail themselves of what was here.

Many who came here, or wanted to advance themselves with the experiences here came from other ways, other planets and other dimensions that were compatible with what was offered here. They felt they had the necessary requirements. All could see the pattern of what was developing here and each wanted to extend their 'wings' so to say and achieve their aim which was to gain more experience that could not be attained at other levels.

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