
Dedication

To:

From:

Michael E. Ruge

“Man's main task in life is to give birth to himself.”

Erich Fromm

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To your Success: Health, Wealth & Happiness

By Michael E. Ruge

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Quote-A-Quote

To your Success: Health, Wealth & Happiness

...written to inspire you to undertake challenges in new and powerful ways. If you'd like to attract and inject positive energy into your daily life, this book belongs in your purse, pocket and desk!

"Keep my words positive: Words become my behaviors.
Keep my behaviors positive: Behaviors become my habits.
Keep my habits positive: Habits become my values.
Keep my values positive: Values become my destiny.

There is no dress rehearsal: This is one day in YOUR life".
Mahatma Gandhi

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Attitude is a little thing that makes a big difference.

Sir *Winston Churchill*

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It's also dedicated to great teachers like Tony Robbins, Mark Victor Hanson, Jim Rohn, Brian Tracy, T. Harv Eker and so many others--people who have lived the experience and taught the lessons so that we may never stop learning. Knowledge can be the most precious gift.

Michael E. Ruge

**Quote-A-Quote To Your Success:
Health, Wealth & Happiness**

I often quote myself. It adds spice to my conversation.

George Bernard Shaw

**Quote-A-Quote To Your Success:
Health, Wealth & Happiness**

Foreword

Time can come knocking on your door as Friend or Foe. Your perception of Time is the key. Depending on circumstances, you use it well, kill it, waste it or run out of it! Time challenges us daily as we prioritize, maximize and optimize!

We're all striving for keys to Health, Wealth and Happiness. How do you fast-track your career? How do you speed up your kids' development? How do you quickly learn to meditate? Accelerate your love life? How do you tune up your health? Gain ground financially? How can you hurry up happiness? Time plays a role in all of these.

We grasp at cues and clues in the ether. Like an Olympic sprinter racing for the gold, we speed along the path of self improvement--only to get bumped off by a feather. Are we really that fragile that we do not trust our own inner compass? We seek the elusive "it" factor. When asked to define "it" we create an image in our mind of "should." I *should* have a bigger house, better job, more hair, longer legs, less weight, nicer kids, excess cash and the perfect car.

Quote-A-Quote To Your Success: Health, Wealth & Happiness

What we *should* do is re-define our attitudes to health, wealth and happiness. It's time to make a pact – you and I. We're going to take a leap of faith together. Get ready to fly! Time is of the essence.

Sometimes the biggest lessons come from the quietest teacher. Trust that out there in the universe *IS* the answer you need. Don't expect to always get the answer you want, but do expect to get the answer that is right for you. Surrender to the universe and you will find that the universe is rigged with compasses and road maps for your journey – and success. That's your leap of faith. Growth and change will follow. That's a promise.

Let these quotations, hand-picked from thousands; provide quick insight into your current mindset. You'll find that they slice through old and tired ideas and attitudes. In an instant, you'll perceive seemingly insurmountable challenges in a different light.

Spend a moment of your precious time in the minds of these wonderful tutors—you will be richly rewarded. Gallop down the path of your own life and, when challenges and

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