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By

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About the Author

Alexander Zielinski is a Mental Medium who channels ‘Constantine,’ ‘Whispering Wind’ and ‘Dr. Brolovan’ his Spirit Companion’s and ‘ELOPHYNY’ a Collective of light beings from another Star plane.

Alexander and his Guides are providing the following information, with the desire that the knowledge provided will assist those in the human form to grow and evolve spiritually during the next turbulent period of Mankind’s progression.

Introduction

The following Prophetic Predictions for America and the World are being given to humankind in order to help them create a new era, out of the chaos that will soon engulf this planet, in which to bring forth their birthright of a Natural and Divine Ascension.

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Extinction: Human Species

There was a time when the human race did not exist and there were only energy beings. Part of the Supreme Creator. Part of something much greater. A division of energy much as your systems delegate power with each being responsible for a tiny part of the greater picture and each being overseeing a few more to uplift and bring forth a knowing and experiencing to regain control of one's own mind and spirit, away from things that we do not yet understand at this time.

There is an experience within all of us that we cannot ultimately experience that which is deemed evil or negative or bad. We know only of these things from the human existence. It is important to know them only because, in all life, there is only true measurement of what is good and true by being compared to what is hate, evil, dread, wickedness.

A lifetime of flowers will not make one aware of how truly beautiful those flowers are unless that person has seen a greater problem or a greater

ugliness of nature or the human spirit. This energy is kept with you in your spirit form and allows for greater appreciation.

We are all part of a greater being. This being allows us to share energy and information and allows experiences to share. Just as germs assist a body they can hurt it. Lower forms of energy from the Creator are being made to excel, being brought up, motivated to enjoy a higher power and part of the everlasting energy and spirit.

As we progress, so does the Creator, the supreme being from which all energy and life flows. There is a time for change and that time is now. We are not alone in the universe and there is much help being provided behind the veil. The Creator allows these things to happen for your experience. For his/her experience. This allows for even greater compassion, love, and understanding. For each thing leads to the next.

This world was created to experience this world and returning to the pure energy being that you are. There is a need to experience the physical now that some have already done so. A test is more a measure of a being's worth the more difficult it is. Love is eternal in energy form and

you would not progress spiritually as fast as you would have, had you not experienced this human lifetime.

There are many things that are done in your favor, that of a spirit in a human lifetime, there are many things done for learning. This is as a testing ground, to be fully immersed in something and to be unaware of how temporary it might be will give the ultimate hologram world for experiencing a myriad of emotion and human experience. No matter if you believe your world to be temporary or not, there are still changes to experience and decisions to be made that bring about a higher or lower evolution in your spirit.

With that being said, there will be a future time when mankind will become extinct, like the dinosaurs, on this planet. There will be a time when this planet may no longer be the seat of human interest and existence.

What is more probably to occur through natural evolution on this plane is a return to the knowing of two bodies within your possession. Your physical body which is a temporary body, and your true self, which many would say is non-physical, a light being, nonphysical. It is

important to know that this is a training ground in which you interact, potentially, with many other beings, so far, not many have done so.

The point at which human life ceases to exist would mean that this training ground, in these forms, is no longer necessary. It would be important to say that if this were the case, there is much training to be done in other areas. There are others who need this place, there are others that you will not communicate readily with on this plane in this lifetime but many who do not cross communicate once you return to your true home. This place is only temporary. It is essentially a hologram. There are other beings here that are capable of transporting themselves in their one body between the two places, but these do not entirely act with you when you return home.

There will be a time when a new kind of evolution takes place. There will be a time when even the least experienced soul is the most experienced and it will be a new time for new experiences. Each time man progresses in this physical place there become new changes and challenges as those wishing to learn here require new tools and methods to accomplish it.

If there were a time of extinction completely there would be a new form. There will be times when the Earth is not the most hospitable place to reside, there will be other planets, moons, and other locations that will be inhabited by the human form. A change of form is quite some time away and nearly immeasurable accurately by numbers and ideology.

There are not many on your plane who can conceive this, but it is more important for them, as they read this, to know that all things require change, change is the permanent thing. Conflict arises in the self and with others, in actions, in thinking, in focus when we do not realize that change is the only permanence. Permanent is not permanent, all things are temporary. When you cease to change and adapt you are essentially stopping your own education, your own development as a being.

There was a time when there was not much experience on this plane and fewer experiences were had because beings were equipped in that way. It is less so now for beings to remain in one or two experiences in their entire life. Time by your clock is not picking up, your clock is not moving faster, but the rate at which knowledge is

acquired is moving faster. It is not necessarily a short attention span that moves focus so quickly between subjects and study matter and interests. The ability to overcome or quickly become well-versed in a subject is what many are here to do, to gain valuable insight in a quick time. That is no way to indicate that you must rush, but if you feel that you have moved through many different fads, phases, interests, or periods, it is most entirely true, simply because you have gained from those things what you needed.

There may be an interest for you later in your years and possibly later in lifetimes but there is no need for many things to be dwelled upon or within for an entire lifetime. As with all things these are not concrete rules, you may have an interest or a hobby, or a way of thinking that continues through an entire life, many lifetimes, or is part of your true being. As with learning the sense and presence of constant change, so should the ability to critically discern be taken upon yourself.

It is important to know that learning is taking place at all times, and learning about the self is taking place, failures are failures, not life ending abruptions, they are opportunities for change. For many, the thought of life ceasing on this planet is

unbearable, but when you consider the purpose of this place, the purpose of your presence, the purpose of learning change and learning all of its experiences, there is nothing to fear. There will be greater experiences elsewhere.

It is not important for you at this moment. The future now, and in the long-term, is a bright one. New challenges. New experiences. New forms to possess with your being and new forms to interact with in conversation, mentalism, and communication. Touch. It is all for you. You can experience new forms and other communication with other beings or forms with your true being while still connected to your physical body. Understand change and you will understand the universe. It is not to be controlled, it is to be symbiotically understood and cohabited with in a mutually beneficial and educational experience.

Atlantis Revealed

The certifiable proof of the existence of this ancient realm will be forthcoming soon. There is much to say about Atlantis before any questions are answered. Many believe this is a mystical place full of space travel and special powers. And on many levels, this is true. But simply because it was a different time with different ideas and the society was focused at all, this does not make it superior to that of other societies and other people.

The fallacy is to place them above or below present or other civilizations. The fallacy is to place them superior because of technology. There are many errors in all humanity and civilization due to free will and the direction it chooses to pursue. The goals of the self and preplanned issues shall always stand and the majority of them be met and achieved no matter the circumstance, but because of free will, the ability of others to join a group, the ability to remain an individual or take on the identity of a group, this is what causes change in direction.

There were many more souls living adequately, that is to say they were achieving something consciously, they were actively engaged in their world on many levels, not many distractions as you might see today in your lifetime. While not always beneficial to the self or to the society or to any of us at any time, they were part of groups, they were connected, they knew and acknowledged this unlike today where most would consider each and every living thing, action, and thought, a separate compartmentalized thing that does not impact any other.

So, they were aware of many things that it would seem only a few know now, many others now feel this, but they do not readily know what it is. Simply because they know then what they knew did not mean that they necessarily used it in protective or positive ways. Just as many now use things negatively or simply differently than intended for the positive or true purpose.

Also, it should be said that positive is not always the true purpose of many things. While uplifting, loving, peaceful and positive shall always be the desired result, the desired attention, the desired feeling that all things in nature and existence shall want to express or receive, these

things do not always occur, and they are not always negative to experience them. You are here, all civilizations are here to learn and educate.

There was much in Atlantis that was technologically advanced compared to other civilizations of the time and those that immediately followed. They would be considered advanced by today's standards, some would view them as archaic, but it is because they used different methods for achieving the same results in many areas.

There were many crystal and mineral based technologies that powered their civilization. They had the ability for long distance transport by ground and air. There were limited abilities to be transported from place to place without the use of some device such as a vehicle. This would be some type of device similar to the science fiction transporters. You could be in one place and be sent to another place without the need to self-travel hundreds of miles.

The importance of all of this, what it hinged upon, was that many were capable of using more of their mind, and by measurement, if they were

not using more they were very much in-depth able to use their mind in a way more than simply as a storage device for information. They were aware of what their minds could produce. The ability of the mind to impact physical objects, the power of their thoughts. It is very real and possible to produce an outcome based solely on the energy that you emanate from your being and into the world.

Many were aware of these and many other things became possible because all energy was directed upon it. All had independent lives outside the group but there was much more done as a group, as a whole, for the benefit of all of mankind as you could say. The ability to direct energy as many displays you have seen in science fiction fantasy, these things were not fantasy, power came from the power of all.

There were many destructive things that occurred, such as your researches who created weapons out of initially good and true and medical discoveries, many things, nearly all things can be weaponized if that is the intention of a few.

Healing was done so by internalizing the force of nature and by the use of minerals. There was not so much outside synthetic medicines. The body was treated with high regard in terms of what was placed into it and what was done to honor and protect it. There were still daredevils, there were still accidents, but the methods used to treat them were less barbaric than even the most civilized standard practices of today.

There are many on this plane who feel this way now, there is a knowing that something else could be done in medicine, some practice it, but major revolutions in terms of treatment and prevention will be coming to your plane as these individuals increase in numbers and varied research begins.

The ability to transfer energy was important, from being to being, from place to place, there was a greater understanding that the force behind all things, thoughts, actions, solid objects, all was energy. The ability to transport extrapolated energy from an individual to be combined with the energy of others to be used to create solid objects or to impart the energy into another for the benefit of health was afforded to them by many who researched this area.

There was a greater emphasis and understanding of the body that is not directly physical. Many on your plane now in this existence wish to work in medicine but ignore this part of the body, if they cannot touch it, it does not exist. This will change for many. Small at first, then many. The ability to communicate over vast distance without the use of an intermediary. There are some who knowingly and unknowingly accomplish this now, in full conversation and in small snippets of feelings and thoughts. There was not a telephone per se, there were devices which could amplify intention and messages but that was all initiated and received by others through the self. There was higher regard for the self, there was more unity within the group.

Destruction came because there was less balance. The group shifted. The group became centered on power while smaller faction's attempted to retain their old ways. Earth based power, science, and medicine will slowly start to mimic what was achieved then, there was less negative impact when you live as they did, promoting cohesion through all life systems in the body and those that occur on the planet and in the solar system. There is much done to control

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