

***MASS MURDER***  
**From a Spiritual Perspective**

By

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## **PREFACE**

Alexander Zielinski is a Clairvoyant Medium who Channels '**CONSTANTINE**' (a highly evolved energy being) and '**ELOPHYNY**' (a Collective of light beings from another Star Plane). Alexander is also a Reiki Master who utilizes 'Energy Healing.'

Alexander and his guides are providing the following information with the hope and desire that the knowledge provided will assist those in the human form to grow and evolve spiritually; to truly come to understand their connection to each other as they seek truth and peaceful awareness of who they are, where they come from and what they seek to accomplish in their life through service to humanity.

Visit his website at: (**LotPatrol.com**)

A message from Constantine: I wish to share with you how to create peace and end suffering for yourself and others in this world. Once you've read this, if you feel compelled to share it with a friend, a

neighbor, a relative, or a stranger please do so. It does not matter their beliefs as we are all the same.

There is a need to create peace and end suffering for one's self, the city and the world. Peace to your own being may seem impossible and so might that of bringing peace to others, but know that bringing peace to others fosters peace in you.

Simply consider the following; for yourself, focus on what matters to you, but only the things that you can carry from this life to the next no matter where you believe you may or may not go.

There is no need to worry about gathering money and possessions for yourself when they are not taken from this world when you make your exit. There are those in this world who have far less than you, their basic needs are not met. They need food and shelter. Share with them. Not only through money, but by direct action; help your neighbor!

Time for daily reflection, meditation or prayer (the term is not important for it is all the same action and creates the same outcome) for understanding yourself, for creating peace and that peace may spread throughout the world can begin in as little as five minutes per day.

There is no need to force ours/yours/others beliefs onto another person or group, no mass level of restriction is necessary. Peace and Love is experienced when each person

understands that there may be differences visible to the eye, but that we are all the same; we are all souls/spirits/energy/minds/brains having a life on this earth.

We all have fears, hopes, and wants; there is no reason for fighting and segregating when we are all truly the same, only born from a different position and time on this earth. Letting others share their own beliefs and world views; not forcing others to believe a certain idea or restricting another's actions, beliefs, movements, and so forth.

Outlawing, banning, or belittling the mind or thoughts of another only further alienate us from that person or group making it more difficult in the future to make amends and create peace.

In worldly affairs we should respond with an ambulance and food, not guns and violence. Access to food, shelter and education will eliminate many wars and the suffering experienced by many throughout the world. We can each see that we do this as well as our elected officials.

We should work for peace; we should be a peacekeeping force. Start here, start by having patience, start by helping the less fortunate, start by helping those who need the basic necessities of life. Focus on your mind, your beliefs, your virtues; these things matter the most.

Open your mind to your potential, the potential for peace, the possibility for love. Look at the world around you and see how much of those already exist.

Ride a bike, walk, hike, camp; not simply to save money or to cut down on pollution, but to experience the complex beauty that nature has provided.

Thank you, I only wish for your happiness and that peace and healing be created in your environment. Be kind to those you encounter.

***CONSTANTINE***

## **INTRODUCTION**

When taken over the course of a lifetime, many will encounter Mass Murder incidents. The causes are not bad parenting; they are not the neglect of society. These situations are built to occur in the manner in which they do, so that all can experience the methods and practices of the recuperating process.

In the death of many individuals it is necessary to know that not many have gone by free-will which brought them to this point. Many go by predetermined time, method and place. This offers an educational experience for those who are directly involved in the chaos and the ensuing frenzy of recovery.

There is much done to circumvent these processes; many actions taken to prevent such measures, but they shall always occur, loss of life shall occur by individual or seemingly natural causes.

The detriment to the self by ignoring them is not always obvious, but there is much here that should be reviewed; the detriment to the being that has experienced war, the person who has neglected themselves and is now suffering



what your medicine deems a behavioral episode.

Many who are involved in these actions or witnessing them or those who observe and learn of them, simply cast judgment on those individuals involved. Many times the incident is not for anyone other than those directly impacted; your media will share it, it is no less a lesson for those involved than for those who observe it through the media.

Do not cast doubt; many wish for a quick resolution, an 'eye for an eye' and some method of prevention instilled so that their safety can be ensured. There is no escaping the fate that men instill in themselves before entering into this human contract.

This type of mass murder incident is not to cast fear, no moment should make you fearful, but no emotion should be ignored. If you are fearful you should observe the reasoning, the cause, the direct relation between actions and your emotions. Validate them and determine if they are true and accurate; that they are exactly yours, not simply the cause of hysteria spreading through a population being accepted by those who are receptive and not truly discerning for themselves what is real and true for their highest true form, and what is willingly accepted simply because others are experiencing it.

It is necessary to know the safety of all beings is not as assured as all think.

There can be many mechanisms in place, and not necessarily through human error, though it often presents as such, there is an occurrence that must be observed and experienced.

There are businesses made out of protection and walls, security, but no wall or fence will truly provide you security. Being secure with one's self is the only true security, living without fear, nothing should be feared, and nothing should be feared when it threatens to take from you. There is nothing that can be truly taken from you that is truly of your being. Nothing can be lost that is always for you, that is truly for your being. That which can be taken is never truly owned and is merely a temporary possession or state of being.

These are true things. Do not fear; care for one another. Search for the cause of these episodes in society; not in a single parent flaw or nurturing absence. While this may pinpoint for comfort the cause of the episode, it is not something to dismiss, they should be addressed in terms of those who wish to change or should not be blindly entered into, and that is a great deal of what occurs now.

Wars are simply followed for reasons that the warriors do not understand. What the war's purpose is truly accomplishing is not for the individual who is the warrior. When they realize

this, many are conflicted without some other knowing because of the loss of life.

While many of these are lessons and experiences required, many are coming to this knowledge faster than anticipated and not requiring a full experience. Yes, even in the school of life there are those who pick up the lesson faster and slower than others. It does not mean that you are gifted in life, some learn to tie their shoes readily, some prefer Velcro and easy shoes, and others will learn when they are ready. You cannot change the thinking of an individual; they must change it on their own. You can present facts, but forcing will accomplish nothing. Making information available and not seeing differing points of view as the enemy, on any level, will express the best chance for change. It is not something to be feared.

***ELOPHYNY***

## **Chapter One**

### **Definition of Mass Murder**

This book will only concern itself with Mass Murder, aka Mass Shootings. There will be no information dealing with Serial Killing or Spree Killing.

Finding a true definition of Mass Murder will not be as easy as one might expect; for there are different groups and agencies with their own definitions of what constitutes a Mass Murder to them. Therefore we will use the general classification as listed by the Federal Bureau of Investigation.

The FBI uses the following basic definition which states that; One, a mass murder must involve four or more murders which occur during the same incident or attack. Two, there should be no distinctive period of time between the murders, and Three, the murders usually occur in the same basic location or area during the ongoing attack.

## **Chapter Two**

### **Three Mass Murder Examples**

#### Example One:

In San Bernardino, California on December 2<sup>nd</sup>, 2015 at approximately 11am the mass shooting and attempted bombing occurred at the Inland Regional Center in a large rented banquet hall. An estimated group of seventy-five employees of the San Bernardino County Department of Health were engaged in their annual holiday employee party.

The first shooter was Syed Rizwan Farook, a Health Department employee and was an American born citizen. The second shooter was his wife Tashfeen Malik who was Pakistani born and became a permanent resident of the U.S.A. Both were living in the city of Redlands, California. Together they shot and killed fourteen individuals and seriously wounded another twenty-two individuals. The total death count including the two shooters came to sixteen dead.

They were armed with 9mm semi-automatic pistols and AR-15 type semi-automatic rifles. Several Pipe bombs were also found at the shooting location but

had not been detonated by either of the married couple.

Because of their online/internet activity they were later, after a full Federal Bureau of Investigation were labeled to be 'homegrown violent extremists' who were radicalized over a several year timeframe which led the two murderers to personally commit to actions of martyrdom through jihadism. No connection to any in-country or overseas cell or terrorist network could be found or proven by the FBI.

Within four hours of the mass shooting the police caught up with the two perpetrators and both were killed during the ensuing gun battle.

This Mass Murder is listed as a 'workplace shooting' by law enforcement.

#### Example Two:

Charleston, South Carolina Shooting on June 17<sup>th</sup>, 2015 took place just a few minutes after 9pm at the Emanuel African Methodist Episcopal Church. The mass murder occurred during an evening prayer and bible study service. Nine people were gunned down and one other was wounded.

The lone shooter was Dylann Storm Roof who had attended the bible study, a twenty-one year old who believed in White Supremacy ideology and later confessed he was hoping to start a race war with his

attack on the predominantly black church goers.

Dylann Roof was taken into custody by police in Shelby, North Carolina the following day. A .45-caliber semi-automatic pistol known as a 'Glock-41' was found to be the weapon used in the mass shooting.

After the authorities determined the crime was race related Dylann roof was charged by the State of South Carolina with nine counts of federal hate crime charges.

Dylann Roof had operated a website which not only spoke of his negative feelings toward Blacks, but also his negative feelings concerning Hispanics, Asians, and Jews.

### Example Three:

Sandy Hook Elementary School  
Massacre on December 14<sup>th</sup>, 2012 in  
Newtown, Connecticut around 9:35am  
Adam Peter Lanza, age twenty, shot and  
killed six adults and twenty children. It  
was later discovered he had killed his  
mother before going to the school which  
brings the total death count, including the  
shooter who committed suicide at the  
scene, to twenty-eight.

This shooting incident was originally  
classified as a Mass Murder, but later  
seen as a 'Spree Shooting' due to the

earlier murder of Adam Lanzas' mother, Nancy, before the second incidents of murder took place at the school.

Adam Lanza used a semi-automatic rifle called a 'Bushmaster XM15-E2S' and a Glock-20SF semi-automatic pistol during his attack. Another semi-automatic, a 9mm Sig Sauer pistol was found at the scene but not used during the fateful event.

These are just three examples of Mass Shootings which have occurred within the United States of America.



## **Chapter Three**

### **Media: Bought & Controlled**

Be aware that global corporate conglomerates have bought and taken control of the majority of mass media outlets. That in turn gives them the power to control all news and information; which is then disseminated to the general public at large through their deceptive censorship practices.

That means you will only receive the news and information the corporations and certain governments want you to have. This control gives them the power to control world events.

It is important to know that the last word on truth is settled with the person receiving the information. Perspective may play a role in judgment, but know that perspective and understanding can be changed and opened. It is the attempt of many to share this information without bias.

Speaking words without certain motivation is difficult on this planet, and there has been much to cause mistrust, therefore not a good deal of information is accepted by the large populations of people. This is because of their previous

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