

Lift the Veil -
Liberate Your Psychic Abilities
A free class to develop psychic abilities -

By Denise Freeman

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First Edition - Published May 2011

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Disclaimer

The author of this publication believes that psychic abilities are a God given gift and everyone has them to one degree or another. She also believe we were all made by God and therefore all paths lead to God. Many do not agree with this.

Thankfully, it really does not matter which side you personally have chosen. It will not affect your ability to use these gifts, whether you believe them to come from God or to be nothing more than one more step upon the evolutionary trail. They can work for you if you take the time to develop them.

This book was written from a non-religious standpoint. There may be instances where God is referred to, however it is not intended to be an attempt to convert anyone to any specific way of thinking. You should view the term God in whatever context you personally believe in. It will not affect your personal results.

Having said all of this, it is important to note that there is no magic pill anyone can give you that will instantly cause your psychic abilities to bloom forth like the flowers of spring. It takes time and effort to become good at anything in life.

How many people can pick up a musical instrument for the first time and play it perfectly? How many athletes win trophies the first time they pick up a ball? How many scientist and doctors know everything they must know to complete their jobs, without years of schooling?

So please do not expect to have full blown psychic abilities in a very short period of time. Occasionally, someone comes along with psychic abilities that snap open almost over night. This is extremely rare however and if you expect it to happen this way, you will probably be disappointed.

We can not guarantee these methods will work for everyone simply because we have no way of controlling the amount of effort or the quality of the effort you will personally put into it. However we can say that we have helped hundreds of people learn to develop their abilities and if you are willing to put in the effort, you can be one of them also.

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What are Psychic Abilities?

Before we can begin discussing how to develop your psychic abilities, we need to set a good working definition of what psychic abilities are. Sadly, the answer to that question tends to depend on who you ask, because almost everyone has their own ideas about what they are.

For our purposes however, we need to make sure that everyone is on the same page, so let's delve a little deeper into its meaning.

There are those that will say psychic abilities are nothing more than a theatrical performance, put on as entertainment for those that attend. Others see them as nothing more than fiction from the minds of some of the great fiction authors. These two groups of people probably have not taken the time to actually study the field as there is simply too much evidence that supports the existence of psychic abilities, to simply dismiss them as wishful thinking.

Still others believe as this author does, that psychic abilities are an as yet, unperfected ability that is 100% natural to mankind and a gift from God. It is truly one of those situations where if you ask 100 different people to define psychic abilities and you will get 100 different answers.

For the purposes of this book, we define psychic abilities as "receiving information in a way that is beyond the normally accepted physical senses of seeing, feeling, touching and tasting".

Obviously that is a fairly broad definition and could cover a lot of territory, yet to try to pin it down any further requires us to leave out one or more of the many ways in which psychic abilities have been known to manifest.

There are people who will not be satisfied with any definition until we can say with 100% accuracy where psychic abilities come from. They see the terms God and/or nature as being too broad or in an unacceptable way.

Where they come from does not matter because no one can prove their source any more than we can prove whether or not there is intelligent life on other planets. Known evidence seems to point to their existence just like with psychic abilities, but there is no 100% proof positive.

Some say there is proof that psychic abilities do not exist because no one has been able to measure how they work and in test situations, most people fail to perform.

To those naysayers, all I can say is that at one point in time, no one believed electricity existed. Even after it was discovered, most people believed it would never be of any use to mankind.

As little as 100 years ago, no one thought brain waves could be measured or understood, yet look at how often doctors are using brain waves to diagnose. They are even used in determining whether someone is still alive or not.

As for the lack of performance under test situations, this author believes that is more of a problem with a misunderstanding of what our current ability levels are able to produce, however it could also be our maker does not think we, as in human beings are ready for psychic abilities to be proven and accepted fully by society just yet.

Stop and think about. With the current path that mankind is on and the way we as a society have decided that a person value is dependant on how much money they have, full blown psychic abilities could be used to manipulate, cause harm to and actually steal from others whose abilities are not as well developed.

Almost everyone I have personally dealt with has had one or more experiences that could only be defined as some sort of a psychic event. That means there has already been literally millions of psychic events happen in our world. Keep in mind also that psychic abilities are actually talked about in the Bible. There are instances of experiences being written about in ancient writing dating back thousands of years before the birth of Jesus.

When you start comparing the instances in which people have had psychic experiences against the much smaller number of naysayers whose onely proof is their inability to measure them, the possibility of these abilities actually existing is much greater than then not existing.

By reading this book, I am assuming you are at the very least curious as to whether or not you personal have psychic abilities. You may have had one or more experiences you simply can not find a logical reason for. No matter why you came to this book, I urge you to read it with an open mind.

Think about and practice the lessons that are included. Pay attention to what your heart says and you may be one of the lucky ones to find your psychic abilities open and blossom forth like the flowers of spring.

History of Psychic Abilities

Some of the first mentions of events that seem to be depicting a psychic event come from the writing of the ancient Sumerians from around 3000 B.C. The actual language of the Sumerians has been lost in history, however their written language used pictographs, much like the ancient Egyptians and it is through these glyphs that much is known about the history of mankind.

In fact, the first knowledge of record of the planet X also known as Nibiru, which has recently been proven to exist thanks to the increase in the capabilities' of our telescopes and satellites comes from the ancient Sumerians about 5000 years ago.

Sumerian writings also tell of a great flood with the gathering together of all the animals of the world, long before the birth of Noah. Was this a psychic prediction of what was to come or did the writers of the Bible take a previously recorded event and modernize it (for their time in history)? We may never know the answer to that question.

If the Sumerians were the only ancient culture to write of psychic events, we could perhaps pass it off as simply being works of fiction or perhaps the writings of superstitious people who lacked enough intelligence to know the difference between psychic abilities and the blowing of the wind. But the abilities appear in the written histories of almost every civilization since the Sumerians.

Ancient Greece, starting in about 570 B.C, consulted the Oracle of Delphi who was the priestess of the Temple of Apollo. Ancient writers who wrote of the oracle include Herodotus, Thucydides, Euripides, Sophocles, Plato, Aristotle, Pindar, Aeschylus, Xenophon, Diodorus, Diogenes, Strabo, Pausanias, Plutarch, Livy, Justin, Ovid, Lucan, Julian and Clement of Alexandria.

Astrology (which some believe is a form of psychic ability) is found in many ancient histories including the Babylonian, Classical Greece, Egyptian, Hindu and Mayan civilizations.

The Mongol Raiders including Genghis Khan from around 100 A.D., consulted with psychics before battle. One of the best known psychics of all time, Nostradamus, lived from 1503 - 1566 A.D.

It was about this same timeline that Pope Innocent III authorized torture during the Inquisition and this resulted in the deaths of thousands of people around the world, mostly women, who were accused of Witchcraft, yet in many cases, their crime was actually nothing more than having used a psychic sense or herbs for healing.

Our history is filled with cases where psychic abilities were used for both good and evil. Where all of these people delusional? Did they all suffer from some disease that causes them to hallucinate?

Common sense tells us there must be something to all of this for people living in almost every civilization during a period that covers over 5000 years to believe in psychic abilities, even if we can not measure it.

This author personally believes it is not a lack of experiences to prove the existences of psychic abilities, but more a misunderstanding of various Holy Texts of the world's main religions that prevent the majority of people from accepting their existence. Yet again, only time will tell who is correct on this one.

Misconceptions

Thanks to the over active imaginations of thousands of fiction writers and television producers in the past 50 years, we have seen a tremendous amount of misinformation presented via TV and Movies. Sadly many people tend to believe, most anything they see and the line between reality and entertainment is often so blurred as to be almost indiscernible.

Movies such as *Carrie* about a telekinetic teenager whose powers turned deadly after she was humiliated by her school mates and *Rose Red* about a house that contained spirits that killed the majority of a college group who took an autistic (and psychic) young girl there to spend a few nights doing research, have caused many people to literally be afraid of anything that even resembles psychic abilities.

To date, I have no knowledge of anyone using psychic abilities as *Carrie* or *Rose Red* did, however knowing the way human beings think about power, I could easily see the possibility of someone doing these things if they had tremendous psychic powers.

Other fictional works including *The Dead Zone* about a man awakened from a coma after 5 years only to find he now had the ability to read what has and will happen to a person simply by touching them and *Medium* about a woman who helps crack criminal cases for the District Attorney's office has led many to believe that before anyone can claim they have psychic abilities, they must be full blown abilities that are 100% right, 100% of the time.

In almost every field of work, there are people that can do a job and there are people that are great at a job. There are athletes that will never win the major trophies. There are writers that will never see their work published. There are actors that will never receive an Academy Award or an Oscar and there are doctors that can treat aches, pains and fevers but will never save a life in a tedious surgery.

Yet we give these people their due and allow them to be defined by their jobs. Why would it not be the same for someone with psychic abilities? Can there not be truly great psychics and ordinary every day psychics?

I strongly urge you to not allow the doubts of the naysayers to affect you and do not be disappointed if you do not become one of the world's top psychics. At the same time however, do not throw away the good that can come from being just a regular person with psychic powers. To do so only makes your life less than it can be, and you miss sharing a gift that you were meant to share.

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