

FROM THE

UNIVERSE ...

TO

YOU

*WHAT YOU'RE NOW HOLDING WAS AMONG
THE THINGS YOU ONLY HOPED FOR*

*#INSPIRATION CONVERTED INTO WORDS, DELIVERED STRAIGHT
INTO THE HEART OF THE READER. THIS ONE WILL TAKE YOU
HIGH AND LEAVE YOU THERE#*

-DAILY TIMES

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I have four words to sum up what it's like to be a vessel that carries a certain message to the world, Inspiring, Joyous, Interesting and Fun!

My grandmother, Betty, 80 years old, and I'm glad she lived long enough to witness the release of this book.

My Uncle, Meshack, hopefully this will give him a sound reason to brag about his nephew.

My dad, who made his transition into non-physical when I was still in 2nd grade.

My aunt Daisy, who taught me the importance of following my own heart before she too made her transition into non-physical.

Okay. Now here's the part where I list a very long barrage of names of life adventurers I want to thank (If you'll even read all these names): Kinny (just trying to get in her good side), Kara, Winny (no, that's not a typo, Kinny is my cousin and Winny is my sister), Sylvia, Thaps (just trying to impress you), Phalo, Entle, Chani, Sono, Kgali, Dear, Manana, Rati, KC Smith, Marious, James (the librarian), Sussie, Gopi, Davo, Willie, Kelefentse, Kegofentse, Leafentse, my team at Learn to Learn, my team at HELP368(just wanna see if you're still paying attention), Ernest (hopefully you won't raise any argument this time), Lele, Tumi, if I mention all names this book might as well be titled 'Acknowledgements'. Thank you all for your support.

Foreword

This book is about you and what you can become. It is about the simple things you can do everyday to make a significant difference in your life and at the same time impact those whose paths cross with yours. It is about your purpose for being here, it is about living in harmony with ALL THAT IS, it is about the magic of life and reminding you not only of the power that's around you but the power that's present within you in this powerful HERE AND NOW, closer to you than the air you breathe. Because for a while now the world has lost consciousness of miracles by assuming that all life is what happens around whereas real life is what happens within us.

“Deep within man dwell those slumbering powers, powers that would astonish him, that he never dreamed of possessing, forces that would revolutionize his life if aroused”

From a very young age I was taught that all experiences and conditions, either favorable or unfavorable were effects, but I was never taught that their causes could be found within me. And so I lived under the impression that health, wealth and happiness were the results of doing things in a manner by which one totally depends on chance, without planning or a system in place, I lived haphazardly... and I was wrong to do so. I then went on to believe that the government, plutocrats, trust and mining magnates, captains of industries and politicians had monopolized all opportunities and were cornering all wealth, still I was wrong for I saw a lot of many people thriving right under my nose. I knew that I had to believe in something because I was taught that **“everyone who is to make their mark in the world must believe in something”** and in one last desperate attempt I set out to become a doctor, I believed in my heart that in this way I would become wealthy, happy and healthy all at the same time, after all isn't that what life is all about? That was only until I came across a struggling doctor.

There and then I knew that profession had nothing to do with being wealthy and happy. Of course you will do best in a business or profession which you love, and which is congenial to you and suited to your locality; a Ferrari auto dealership would do better in the city than in the jungle. But aside these general limitations, wealth and happiness are not at all dependent upon your engaging in a certain business and this book will show you why.

After failing miserably for years as a young man and being wrong a dozen times in a row I decided to make **happiness** a study, I sacrificed my time for the study of happiness and I'm compelled to say. **If you wish to become wealthy then study wealth, if you wish to become happy then study happiness, and if you wish to become both then study both. This kind of study should be made available in all public schools and those who wish to, may take them as a study or the number of men and women who go through life as failures in our world will rapidly keep increasing.**

After a few tries I got it right, some get it right the tenth time around, Thomas Edison got it wrong like ten thousand times before he got it right when he invented a light bulb. And this book will reveal the mathematical certainty behind happiness, which of course, will lead you to whatever you choose to bring into your life experience, like wealth, success and health. You can gain knowledge

from your personal failures, or you can learn from those that failed, it's your choice to make. You don't need to get it wrong because **all answers already exist.**

Nothing excites me like seeing a man or a woman get it right mentally and experiencing change in all ways, going on to take their 24 hours each day and turn it into a life that others die dreaming of, those kind of people that turn a few hours into millions in their bank accounts and are at the same time happy in their relationships, those genius creators who have the influence and the power of money at their mercy. **It has nothing to do with what they have; it is about what they have become, wealth and happiness are just a reflection of their true being...** and if through the pages of this book you only come to the awareness of who you really are, my purpose will have been accomplished.

When I see all the African tycoons, captains of industries and millionaires both men and women I am not consumed by the power of just their money. No. I see the power of their focus. Their desires, their attitudes towards life, their thoughts about wealth and their actions which put life into the money they hold. Furthermore, their focus is so strong that the money they give away carries with it the gift of their power. To become wealthy, happy and powerful requires two things: Being in harmony with the Universal forces and concentrating your energy, attention and focus on a specific goal, and this book will show you how and why. This is not to suggest that there are only two requirements to wealth and happiness because there are other ways, however, I suggest that you begin your search by focusing on these two fundamentals.

NOTE: This book is not meant to add on the notoriously-written-upon subject of the power of the subconscious mind. Rather it is meant to stimulate you to the simple truth; **you can be what you will to be**, by virtue of the thoughts which you choose to entertain.

You will wish you could have been given this one as a life manual.

Believe, Focus and Go with the flow

Ofentse Motumi

*I*ntroduction

Important notice: When the time is right the Universe will send the right book, to the right people. This is the book, and you're one of the few right people. It's a collection of the wisdom that already exist, from the greatest authors the world has ever seen, from the finest philosophers that have ever walked the earth by far, world class athletes, business tycoons, famous actors and singers, from the biggest names that have ever lived, and from all the celebrated achievers in any field. Not all of them could write books but they all received lessons from life that they would love to share with you. When you read this book, don't rush to the end of it, don't be too quick to judge the principles laid forth, don't worry about the language because words don't teach anyway, just read it like it's a love letter that was written for you and you alone, like the entire group of these high achievers had been watching your life on a big screen from the day you were born and they all decided to come together to share ideas on how to assist you as the author listened to what they had to say to you and took notes. All of them gathering together with one goal and mission in mind: **YOUR PERSONAL SUCCESS AND HAPPINESS. Take it personally... it was written for you or you wouldn't be reading it, yes?**

Here's the deal, an inspired moment, will seed a thousand more, and you'll be receiving a few of those from within yourself as you go through these pages... inspired moments.

You're being invited to a party by a complete stranger, right now, to celebrate the life of someone you've never met. Should you choose to attend, however illogical it may seem, when you open your invitation card at the door, you'll notice that it's in your own handwriting. Then watch how warm and kind the greetings from the fellas will be showered upon you, by the most wonderful, familiar faces- everyone so excited, like you, because it turns out, you're about to meet the person you've always dreamed you'd one day become. This is my way of saying to you that you're not about to learn something new, you're about to be reminded of what you already know but had somehow forgotten, or maybe not.

It doesn't matter how young or old you are, it's never too early or too late to become the person you want to become and the time to become that person is now, there are no time limits to this thing.

You have a dream, that far I know.

You're showing up every day to make it happen even when nothing seems to be happening, I know that too.

So this is a call to continue holding on to that dream, while sauntering, winking, and hugging everyone, and watch the floodgates begin to tremble.

It's not the dazzling voice that's going to makes you a great singer.

Or clever stories that will make you a great writer.

And it's not piles of money that will make a tycoon.

It's simply about having a dream and wanting to live it so greatly that you would rather move with it and 'fail' than succeed in another realm.

You so have what it takes babe. And at which point, of course, failure becomes impossible and joy becomes the real measure of success. I love saying this... did you feel the goose bumps too?

A million 'Thanks'

CHAPTER ONE

A MESSAGE FROM THE UNIVERSE

Early one morning I was doing some reading outside. The sun was shining, and the breeze was blowing. I could literally feel the positive energy around me, and it felt amazing. Something sparkled my attention and influenced me to go for a walk.

As I was walking around the neighborhood I began to reflect on my position in life, how far I've come and where I am going... all with the help of the Source within me. As I began to express my thanks and gratitude, the breeze began to blow. As I progressed forward I was passing a beautiful oak tree covered in yellow leaves. The breeze began picking up a little more, and it started raining golden leaves of abundance down on me.

I kept walking. I didn't want to disturb the pure power of the Energy that creates worlds that had just made its presence felt through my physical reality. As I followed my heart and my inspired impulses, I started to head back home. As I turned the corner I once again expressed my gratitude to God, Source, and ALL THAT IS. This time with my hands lifted high, and my head held to the sky! As I continued on my path of non-disrupted energy toward my home, with my hands lifted high I began to notice one of those leaves trickling down from above (this leave had followed me three blocks over the same tree).

I kept walking with my arms raised and hands wide open, and that leave landed in the palm of my hand. I closed my hands and dropped to my knees and let my feeling of thankfulness soar and flow in a way I've never thought possible! I tucked that leave in my pocket and skipped home in pure Joy! True Bliss

-Fellow Life Adventurer

Every day you've been moving mountains, touching countless lives, performing mind-blowing miracles. Every day you've been succeeding, you've been setting an example, and everyday you've been changing the world. Every day of your life you've been demonstrating

magnificence. But you've gotten so used to this powerful being that you are that it all looks like 'normalcy'

You don't always see it, but everything, even at this very moment is playing to the tune of your song.

Every day things keep on getting better and better.

And right now you're the kind of person you once dreamed you'd become.

In the process of this beautiful thing called life you've been learning to detach your dream's manifestations from the illusions that now surrounds you, you've been releasing yourself from the heavy burden of figuring out the 'hows' and learning to trust what can't be seen.

That's how we recognize an illumined soul.

And I must say, you're disassociating, releasing and trusting like never before.

Sometimes, as usual, circumstances and disappointments bump you off track, and it's a bit difficult to believe that it's the beginning of an even bigger dream coming true, that could not have come true on the track you were on. But that's always the case.

Yeah, always... always.

You never lose anything, stuff just goes away from you because you've grown in a different direction, no exceptions.

And, it's not that you're off track, but that you think you're off track, which becomes true not because it's true, but because you believe it's true... a Genius creator like you can never get off the track.

And the best way to change this is to begin thinking that you're on track now.

If you can get sure in your beingness, your walk through life, whether it's in your own room or the far flung reaches of the earth.

Understanding and appreciating your sacred place in eternity for the moment and the unrecoverable time that's been bequeathed for the task, everything else will take care of itself.

And you're doing that so perfectly as you read this book.

WOW... YOU ROCK!!!!

So many people have never noticed the rhythm of nature around themselves, its flow, or merely felt the breeze that carries the birds. They've never wondered as to who taught the earth to keep rotating around the sun, or who told the ocean; "you can only come this far", neither have they observed the stars and the moon hanging on nothing.

Well, the same power, force, energy, spirit that keeps the earth rotating is within you, yes, you. The same force that holds the ocean from breaking boundaries can be found in your depth and the same hand that holds the moon and the stars from falling has its source in

the purpose of your harmonious unfolding. Before you were born, you existed in my Mind. I knew you would be needed at this exact time in history and without you, I THE GREAT I AM, I the Universe, I your Higher self(whatever you may choose to call me), I would not be complete. Without you there would be a void in humanity, in your family, in your community, in your country and in me; from the very start, from birth you were destined to discover the great secret of life. You were created with a special purpose that no-one but you could fulfill because no-one here on earth can do what you're here to do... for centuries this world has been yearning for your presence.

You have been destined for great things.

No-one else in the entire Universe can do a better job of being you than you, no-one can do what you're here to do. No-one has, can, or ever will

Regardless of your past failures and disappointments, have courage, have faith, be 'the kind of person' that sticks around, make them wonder why you're still smiling because the only thing standing between you and your magnificent life, the only thing in between you and your wealth is the person you've become and you can always get better. You cannot become a great person by waiting for the world to recognize your greatness, live a great life and let the world catch up to you. Once you discover how great and powerful you are, then your mind, heart and soul will never let you give up. You're a person of substance, YOU ARE SUBSTANCE, you're very important, in fact, you're the reason the sun came up today.

No-one else in the entire Universe can do a better job of being you than you, no-one can do what you're here to do, so put that smile back on your face, don't let anything bring you down, you hold in your hands your own fate, you just have to be willing to go through whatever it takes to get to where you want to be. This is not about how hard you get hit, it is about how hard you can get hit and stand back up with a smile. And now having arranged and prepared for your arrival on earth for such all eternity I could not let you get it all wrong and so I set out to place this book in your hands, I re-arranged myself, I touched someone somewhere and the chain was intended at you! SMILE, because you're that important to me that I would go that far just for you. The powers that rest in you are beyond measure and **yes you can just go through life settling for whatever that comes to you but why would you do that?** Now is the time to arouse those slumbering powers within you and in the next few pages you'll learn how, believe me, you're going to surprise yourself.

And once you master the art of using these powers then your life will no longer be limited, all your thoughts will break their bounds.

Your consciousness will expand in every direction and you my friend will find yourself in a whole new, great and wonderful world. Yours will be the life that others dream of. Your family will be proud of you.

Your friends will call you 'blessed'

Your neighbors and your competitors will call you ‘favored one’, enemies will be green with envy and all those who see you will call you “lucky”, critics will assume it’s fate but you, my fellow life adventurer, will have tapped the infinite source of power, right from within yourself and it will spread unto the nations. And all this will come as a result of becoming ‘a certain kind of person’. If singing is your natural talent you’ll make a fortune by singing, if your passions lie in the arts or painting fine portraits you won’t dare do any other work but that which makes your heart sing, you’ll become rich, powerful and happy doing just what you love, if that’s your heart’s sincere desire. If you’re a great thinker you’ll follow through the steps of Socrates whom was declared the wisest in his country and whom upon hearing this tried to prove it untrue by approaching those who had claimed some wisdom in order to question them about the virtues.

If you’re an undiscovered mathematical genius then you’ll dedicate your life to mathematics and go beyond Pythagoras, Newton, Srinivasa or Einstein. The best book has not yet being written, the greatest engineer has not yet been seen, the best mathematician has not yet emerged because no human has yet used a quarter of their potential. A hundred years ago everybody asked what’s still there to discover in the sciences, philosophy or mental capacities of humans. As Berton Braley puts it in this wonderful verse:

*“For the best verse hasn’t been rhymed yet, the best house
hasn’t been planned, the highest peak hasn’t been climbed yet,
the mightiest rivers aren’t spanned;*

*Don’t worry and fret, faint hearted, the chances have just
begun, for the Best jobs haven’t been started, the best work
hasn’t been done.”*

If you’re a theologically inclined, the principle laid forth before you will enable you to spend your life in theology and will possibly find a way to reconcile faith and reason like Thomas Aquinas intended: His theory for example, holds that the world is characterized by definite causal relations. According to him, if you use a stick to move a stone, then the stone is caused to move by the stick, which in turn is caused to move by your hand, and so on. In this chain of events, there are no uncaused causes; rather there are effects of previous causes, which then becomes causes themselves. However, the crucial point is that this backward chain of causality cannot continue indefinitely. At some point there must be an uncaused cause-the thing which started the whole chain of causes in the first place and according to Thomas, this uncaused cause is God, such is his report.

The bottom line is, you’ll spend your life doing what you love and if you desire, you will also accumulate wealth through that science as a result of applying the principles you’re about be reminded of.

Being happy and wealthy both at the same time is an art, it’s a craft that anybody with a brain can master and perfect, it is mastered by ‘being’ and not ‘having’.

You attract success by the person you become, success is to be attracted and not pursued.

The power is in you, all tucked in.

BE HAPPY FIRST

If you're not happy the reason for your unhappiness is because you've decided not to be happy. But the good news is you can turn that around anytime you choose

Your purpose in life is Joy, and that's more than achievable because the Joy you feel is determined by the thoughts you choose and not circumstances. As a matter of fact, circumstance come in response to the thoughts you have given great emotion to.

And you can master the art of joyfulness by dedication and practice.

It is the way you think, the way you choose to see things that brings you Joy.

Your purpose in life is Joy, and that's more than achievable because the Joy you feel is determined by the thoughts you choose and not circumstances. As a matter of fact, circumstance come in response to the thoughts you have given great emotion to.

Make your happiness a priority, forget about what others will think or say because the only way to make those you love happy is by being happy yourself.

“Take care of you for me, and I will take care of me for you” bears the stamp of the Universal approval

Get your priorities straightened out, and put happiness at the top of the list because if other things take precedence, they will interfere with your efforts to feel good, it's not selfish to focus on your own happiness, it's noble. So just like a well-managed business needs a plan of action, design your own plan of happiness because those who fail to plan, plan to fail and they are on their way there. A successful pursuit of happiness requires a plan, so set happy goals and make certain your goals are specific, reasonable and relevant.

Do those things that make you happy because happiness is not a destination you arrive at, it's a journey, it's a process that never ends and you can't be done being happy. Set yourself tasks from which you'll gain satisfaction and have fun but make sure that you'll gain a sense of achievement, because the more you achieve greater success, the happier you will be, and the happier you are the more you'll achieve. And once the circle of happiness and achievement begins, it will only grow wider and wider, it never stops.

Learn to control what you can control and let me deal with what you can't control and be wise enough to know the difference. Spend a few minutes each day in a quiet place where you can be alone and undisturbed; sit erect and comfortably for at least ten minutes and let your thoughts roam around your dream land, think about the things or people you love, think about those things you appreciate and are grateful for, do your best to remember the best moments you've had in your life, especially with those

people you love, if your focus is pure, chances are they'll call, send an email, or make contact.

You might find sitting still and focusing on these things extremely difficult or you might conquer with ease but this practice is of great importance, do this preferably in the morning, it will put you in a positive state of mind for the day, feel the joy deep inside, smile and take ownership for your own happiness.

You may take this practice a step further and during this time use your imagination, see yourself with the good that you desire, close your eyes and wonder how you'd feel if all that was already yours, you don't need anybody's permission to think good feeling thoughts and that's true freedom. It is not the industry you're in that will determine your happiness because there are people in your industry that are happy and there are those that are not. The greatest Joy you can ever experience is right beneath your worries just waiting for arousal, don't feel sorry for yourself, that won't help.

There's absolutely no relationship between your happiness and circumstances unless you believe there is. So instead of being sad or feeling sorry for yourself, remind yourself that happiness is a choice, embrace the little things that make you happy and see yourself blossom with joy from inside out.

Your happiness is not something you're going to stumble upon along your adventure in this life experience, you were born with all the emotions you'll ever feel tucked inside you, but now you want to uncover it, uncover it like a diamond in the rough, and all your experiences will prove to be the polishing process. Fortunately most people get so pre-occupied in the polishing process that they lose sight of the main purpose: HAPPINESS. "He's missing the forest for the trees" is a well-known saying meaning that a person can get so caught up in the details at hand that he misses the main point. All the unhappy people fall into this trap when it comes to the main purpose of life. What is man's purpose here on earth? To be HAPPY! But what do they do instead? They focus on the details at hand- climbing the corporate ladder, accumulating wealth first, running children to every conceivable sporting event, participating in this or that committee. They've lost the bigger picture.

Take a moment, take a harder look at your to-do list.

Is there anything on it that is meant to make you happy?

What can you cross off and exchange for something of real and lasting significance?

The purest ambition is to be HAPPY!

And if you're not happy, you can start being happy. Now!

Your happiness is not something you're going to stumble upon along your adventure in this life experience, you were born with all the emotions you'll ever feel tucked inside you, but now you want to uncover, uncover it like a diamond in the rough, and all your experiences will prove to be the polishing process

The best part about starting this process now is that like a gold coin that you thought you had lost years ago, and find it at the back of a drawer while cleaning, not only will the coin be beautiful as it once was, but you discover that it has become even more valuable than it used to be. DO NOT POSTPONE YOUR HAPPINESS.

It is not going to be achieved or accomplished by any work you do but simply by choice.

Happiness, this greatest of study, is not the work of your hands but the work of your heart.

There are different phases when it comes to happiness, it's happiness in your marriage, happiness in your job, happiness in your finances, happiness in your relationships with your family, friends, colleagues, etc. But it all begins with being happy with yourself, each phase has a graduation ceremony. Be sure to meet me in each stage. I am the Universe.

THEN PASS IT ON..

A smile is infectious and happiness is contagious. This is a scientific fact: That happiness spreads like a blessed disease.

Being happy with yourself is loving yourself, that's the highest form of emotion. And one thing that all fascinating people have in common is that they're all in love with life.

Think of a summer day, when skies are blue and there are no clouds, when the heat is intense and the sun rays are scattered. That is, they have no particular focus. If one person in that kind of weather condition could use a broken root beer bottle or a microscope to focus those sun rays onto a paper, in seconds the paper will ignite. This is the power of focus in its purest form. I, the Universe, repeat myself. When something works, I use infinite variations of the theme.

The focus of the sun and the focus of your attention are two such variations of a natural law.

The scattered sun rays can be focused to increase its power and bless the receiver. The way you feel everything

BE HAPPY, THINK POSITIVELY AND EXPECT THE BEST and others will know you as the best, your life will serve as an example and not a warning to the observers, men and women will take your words and with them they will remold their characters. Your life will be a central point where all come to refresh and recharge their powers. Your radiation will be so powerful that your presence alone will bring comfort to the troubled minds. With everyone you meet, sensations will be pleasant and the flow of life and energy will never cease. With this massive power consciousness though, comes great responsibilities.

You cannot discover all this truth and your life remain the same, nothing will ever be the same again, ever. Nothing in this world of substance has any power over you.

You might have spent years in search of this simple truth, in philosophy and in religion.

Along the way you might have gotten discouraged and weary. At some point you might have thought you have found it, in some great teacher or some great book.

And here you are now, with this book in hand, still in hunger and not knowing where to go, or if you should even go.

The same applies to the man or woman that has already felt the presence of that great truth within but is in need of confirmation.

This is it, You have 'arrived.'

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