Earth Awakening

Messages for You from Ivo of Vega, Ashtar Sheran, Adama of Telos and Athena

Sharon Stewart

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By Ivo of Vega, Ashtar Sheran, Adama of Telos and Athena Channeled by Sharon Stewart

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Table of Contents

Prologue: Since Our Last Book

Ivo of Vega: Lightworker, This is Who You Are

Lightworker, This is Why You're Here

<u>Lightworker</u>, You Are Different

Why do Lightworkers/Starseeds Choose Such Difficult Lives?

Lightworker, How You Are Healing the World

It's About Frequency; Nothing Else

Information is Light

4D and 5D Lightworkers

Earth is Not a Free Will Zone

Open Your Heart

Superior/Inferior Ego

Affects of Ascension Energies

Life is Love in Action

Universal Law of Oneness

<u>Lightworkers, The Ascension Process and Significance of the Event</u>

What Your Soul Wants for You

Peace is the Way of the Soul

Purity of Heart

Behaviours of Energy Vampires

Take Your Free Will Back: Energy Attacks and Defending Yourself

Excerpt: From Beyond This World

<u>Unity Consciousness</u>

Ashtar Sheran: A Message of Peace

Ashtar Sheran: The Event

A Message to All Lightworkers, August 2018

<u>Lightworker</u>, You Are Part of Our Team

Lightworker Infighting

20/20 New Year's Message

Athena: What is War?

Athena: The Resurgence of Vulnerability

Adama of Telos: Change is Coming

Adama of Telos: Make Forgiveness a Habit (1&2)

Adama of Telos: Hearing Your Intuition
Adama of Telos: Change Fear to Love
Adama of Telos: Unity Consciousness

Sharon Stewart: What is Love?

Epilogue

Coupon Codes

Prologue

This book encompasses channelings that are messages passed on by divine Ascended Masters, some known, some not, as channeled by Vegan Lightworker Sharon Stewart.

It reflects the later stages of life on Earth, as Gaia's vibrational frequencies increase and our world and all upon it are transmuted into crystalline beings of Love. As the Age of Aquarius ensues on the heels of all that is occurring now, messages between higher dimensions and our own take on noted importance.

This is the time of teaching those upon planet Earth what in fact they have been missing through the waning Age of Pisces, who they once were, and what their future will hold.

So much change is in the works right now and the divine messages from higher realms are guiding, leading and comforting us in a time of great turmoil upon this planet. We know earthlings don't do change well, and reassurance is needed as we traverse the choppy waters of this dimensional transition.

Leaders in this transition of great importance are the starseeds and lightworkers (collectively referred to as lightworkers in this book) who take on the stresses, strains and the joys of transmuting the negative, embodying the higher energies, and helping all to follow in their footsteps. We lead the path to this new age on Planet Eden as crystalline beings of Love that humans are, as the race evolves from one that has only known pain and suffering as a way of life for many.

Homo Sapiens (the third dimensional carbon-based human) will become extinct while Home Divinicus or Homo Universalis begins to predominate upon the planet.

Embraced in all of this is the subject of Disclosure, the Disclosure of benevolent extraterrestrial

races, our galactic cousins, who are already leading us, guiding us and loving us as we become more and more aware of their presence in our growing multi-dimensional state.

Sharon's channelings encompass all of these topics and more, some of which she shares with you in this collection of her favourites.

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January 20/20 - May we all learn to see clearly this year

Ivo of Vega: Lightworker, This is Who You Are

This is Ivo and I am from the Vegan star system. I work as a commander with the Galactic Federation and currently am working to free your people above earth's atmosphere. Part of my mandate is to help to initiate lightworkers into their work on earth. With that in mind, I have this message for you:

You didn't come here to learn. You already know.

You have to UNLEARN what you have been exposed to on earth to remember who you REALLY are. You are here to fight the Darkness on behalf of the Terrans living here who ARE learning, and who are stuck. That is why those who are awakening are moving away from your Matrix world... finding a space where they can be who they REALLY are, to remember that spirit. You may already remember some of it because you have been acting out values that do not seem consistent with the world around you. For example, being other-oriented.

You come from worlds where this is the norm, but on earth it seems out of place. You try to adapt to "dog eat dog" values and you cannot. They tell you you are codependent - only to the degree that you neglect yourself. Beings of higher vibration often come to earth and behave dysfunctionally because your higher energies do not sync with the systems around you.

Now the time is coming where you can be yourself again and give that gift to your world. You are a teacher; not a student. You are the cavalry.

You are the master, not the slave.

You are consciousness, not a physical body.

You are free and self-sustaining, not dependent.

You are a creator, not a consumer or dependent on your systems.

You are the warrior, not the prisoner.

You are free, not a victim.

You are powerful, not weak.

To the extent that you think of yourself as any of the latter is the extent you must dig to find out why you think you are. Because you are not. You never were. You were deceived into thinking so and you continue to deceive yourself in turn. To free yourself of those bonds is some of your contribution to humanity and the earth.

You say you are Arcturian, or Sirian or Pleiadian – you are not even that. You are consciousness and you are all one. Sharon remembers being at this level of consciousness where there is only bliss and no separation. These are labels you take on, roles that you play in order to make your way back to Source. They are vehicles for learning, no more than that. The fact that you can be born on any planet in any race bears that fact out. It is your consciousness that decides where you must be born, which experience you choose to learn what you need to learn.

You say then, Ivo you are contradicting yourself. You said I am not a student but you say my body is a vehicle for learning. My dear Lightworker, I will tell you that you have been in higher dimensions. And if you wish to look at it linearly, going from the bottom to the top, you have been at the top, or the middle or somewhere in between and now you are back at the bottom. But WHY you ask. You are in such pain here on earth!! Why do you have to be here?! You know you are more than this! You feel it in your bones!

I will tell you that YOU ARE MORE THAN THIS. Much much more! And you have come here to this earth to help open the cages of those who are stuck on this planet! You are doing much of the work for them... to get them back to a place where natural cycles can be put back in motion. And we

galactics are helping with this. We are helping to neutralize the evil, the negativity, AS ARE YOU.

How you do this is you take it on... it may be as an abused child, or a rape victim, or a victim who "just keeps attracting the wrong people!" as you lament. Why do you attract these people?! How can you stop it? You must dig. Dig within yourself to rid yourself of the negativity that attracts these people to you. When you release these frequencies, this energy, you will stop attracting these people and you will stop serving the earth's population in this regard. Your work is completed; part of your contract finished.

But there are more tasks, many more. You have chosen so many because YOU ARE STRONG. You are the cavalry. You need to wake up to that and do your work consciously.

Lightworker, it is not your karma. You do have a contract – you promised to do so much for the earth before you came here. It was all arranged. But if your contract is not completed, you may need to come back to complete it; that is why so many are having their contracts annulled. Do you have so little faith in yourself?

Sharon said we have it all wrong. She hurled insults at Ashtar and I when she was in pain. This is fine. She said she took on too much. We do not believe so. We can see the big picture; she cannot. Her ego tells her that it knows who she is. It does not. Neither does yours, lightworker. We know who she is. She is only BEGINNING to realize her potential. For example, as she begins to dabble in alchemy, she realizes she has done it all her life. You have as well. WAKE UP!

YOU have the choice to create Light or Darkness. It is up to you. You create what you believe and where you put your energy is what you create. We ask that you put it into the Light. WHAT you do and HOW you do it are important. Do not dismiss WHY you do it because INTENT is very important as well. Do you help your friend out of caring for them or do you help your friend in order to gossip and backstab as soon as your conversation is finished?

What you will find, of course, is that as soon as you change, those you live around will begin to change as well. Some perceive changes that have happened in the long term; those lightworkers who have been here longer. DESPITE the negativity that you are bombarded with, there is progress.

Much is still not noticeable at the physical level but as we galactics help to remove the perpetrators, things will really begin to change for you. In the physical.

We ask that you become more conscious of where you work, where you spend your money or even THAT you spend money. Sharon has noticed that since her awakening has been progressing in leaps and bounds this year, that her need to spend money has diminished.

She laments that her grocery bill is high. Yes, the foods she requires for her evolving body which requires better sustenance, are expensive. We suggest she learn to accept it. Until food is free, this price gouging will continue. This also gives a clue as to what others are eating and it is not good. Be grateful that you can afford this food. That is the correct way to deal with your food bill woes.

YOU BELIEVE YOU HAVE COME TO EARTH TO LEARN because you are being forced information from the beginning. You go to school and you sit and they teach you more things. I will say to you that if your minds (and your DNA) had been allowed to progress unhampered, you would be accessing all information available at your third, now fourth, dimensional level of the multiverse.

However of course, this was stopped and overlaid with programs designed to make you much less than you have the potential to be. Your job is to dissolve these programs' effects within yourself. This is how you fight the dark on a personal level.

LIGHTWORKER, YOUR JOY COMES IN HELPING OTHERS, not in helping yourself. You may have learned to help yourself on earth but that is false learning. Yes, you need basics for your physical being. Do not believe that you need someone else to complete you because this is also false. The ego tells you this. You are a complete being who does not need another to make up what you lack. You lack nothing. You are even comprised of the divine masculine AND the divine feminine. You can

balance yourself however you wish. Learn to work with your energies.

YOUR JOY COMES IN FORGIVING OTHERS, not in holding a grudge. What joy can be had at being angry at another? Do you think you are hurting them? Most likely not. You are hurting yourself more! You are creating and feeling that pain. You are taking energy and giving it a negative charge when you could give it a positive charge by forgiving. And you are hurting the earth in doing so, and everyone on it. You are keeping the vibration down.

Learn to forgive. This does not make you a sucker. And of course your societies tell you otherwise. They are designed to keep you from seeing your Light. If you wish a direction, I would loosely instruct you to make choices opposite of what your societies instruct, then at least you would be going in the right direction.

All emotional pain is resistance to Love.

Your societies are a composite of the collective creation of all who live there. If you want to see change, change this in your mind first. What do you wish to have materialize? It is created in the mind and then appears in the material world. However, if you hate a particular thing that is low vibration, you are enforcing its existence. You are reinforcing it with this low vibration. You must love the opposite or whatever it is you wish to see take its place. Have a vision of what you wish to manifest and love it! That is how to create material and non-material change. It is all energy.

YOU ARE BEING GUIDED. Know that, day in and day out, invisible forces are helping to guide you throughout your day, to prompt you to make better choices. Why do you think you have such a large subconscious? You were designed that way. The human being is expressed that way in 3D reality.

As you ascend in the fourth and to the fifth and beyond, conscious awareness grows; your subconscious shrinks. So many are having things happen that they do not understand. They are increasing in consciousness. They are becoming galactic humans.

As for being led, know that WE WOULD NEVER LEAVE YOU ALONE. This is simply the way a human being at a lower vibrational level is arranged, shall we call it? You are not just a physical body. You are high consciousness through all levels of the multiverse, along with a complement of spirit guides, higher self, extraterrestrials and angels and other "otherworldly" beings who are simply part of the collective consciousness of the multiverse assigned to help you. THAT is what being human is. Not a body with a brain that only uses one of its sides!

Do you see how you are duped into not knowing who you are? You are not just a you, one person. You are a collective of people coming together to help you operate on earth. And the lightworker certainly has more than its share of help to do the tough work it does.

YOU DISLIKE IT ON EARTH....YOU DO NOT LIKE YOURSELF. You may be depressed. Much of your upset is due to the fact that you do not remember who you really are. You do not like your life. The reason is that you do not remember who you really are. It is because you think you are something that you are not; you are believing this deception. This pain is resistance to Love, because Love is what you are. Do not resist yourself. Go into your mind and find out who you really are. Meditate.

If you compare a lightworker's energy to that of an earthling, it is like comparing your sun and your moon to each other! Lightworkers are very powerful. You are on earth to learn to use that power consciously and wisely. The power you embody is love. Love heals all. You are that healer that has come to heal the earth.

You are now being reborn.

Lightworker, This is Why You're Here

Me: Ivo, Ashtar's response to the question of "Why does Ashtar Sheran take us doing our lightwork so seriously?" has really impacted me.

Ivo: It was intended to do so, my dear.

Me: I'll just paste it here because not everyone was privy to that conversation:

Wait, I'll ask him..... Ashtar: "We wish you to realize who you truly are, not the lies you've been told.

We see you suffering, hurting and dying unnecessarily and wish to stop this abomination of love. You are grossly disempowered and living lives of (geez, I'm getting teary-eyed) pain and sorrow for no reason. You do not see what we see. Little children, without clothes, running on the streets trying to find food to eat. In certain cultures, people being harvested and eaten.

People being raped, killed, enslaved, suffering horrendous lives because your people do not wake up and realize that this is all unnecessary.

Because you do not realize your own power. We cry many times watching the horrors people on your world suffer through. We feel every death, and this is all unnecessary if you would wake up. That is it."

Ugh. I still really feel that! Wow! Okay, so Ivo, can you explain to us what our doing lightwork, how dealing with our day to day situations, how meditation, is going to change the world for the people who are enduring far worse than would ever cross my mind every day.

Ivo: And you see, my dear, you complain but you do not have it as bad as others on your planet. You have less money than you would like but you can still eat, and some days your worst problem is that your cat keeps putting his toy mouse under your couch which you then have to move to retrieve it.

Me: Not that I haven't had a hard time in my life as well, Ivo!

Ivo: I know, my dear. I was with you all through it. But what you experienced is not unusual for many on your planet, as you know, and is a better fare than many others. Perhaps you should understand now just HOW BAD IT IS on planet Earth. Because it is. And I will make the point now: the Lightworkers are NOT HERE for themselves. They are here to heal the earth.

Me: I can see people looking surprised, Ivo, going, "Me? How can I change this world?" "How can I affect the lives of these little children and starving adults who must make these horrible choices in their daily lives just to survive? How can I do that?"

Ivo: And the answer is: with your energy. In raising your vibration, you raise the vibration of earth and thusly help the ones who are completely disempowered.

You work daily at aligning chakras, bringing in white light through your crown. You have your current tree project, saving 4 trees that are in the park you frequent. You work at keeping your vibration up. That helps the earth. If that is all you would do on a day to day basis - to stay happy - is a help to all on earth! Yes!

But the empaths - the gift they have that they do not acknowledge. You despise being an empath because you attract negative energies, which of course is done because you HOLD the negative energies still from your past. So you connect. You could bring in white light daily, my dear, to help clear these energies out of yourself and for those around you as well. This might make your

neighbour problems more tolerable. (I've begun grounding meditations since I channeled this and they do help. Relieves pain as well! I recommend this woman's work: Francesca McCarthy. https://intuitionmedicine.org/).

My dear, you know many lightworkers in North America and Europe, Australia. You deal with them daily. These people are in relatively comfortable circumstances, as are you. You do not need for food, clean water and a roof over your heads. But this is not the norm in so many other countries. And you are here to help those people as well. (This is also not the norm in the underground bases "DUMBs" - where people are being used for vile purposes and have been for eons!)

Many are in the good circumstances that you are, SO THAT you do not have to worry about putting a roof over your head. It is more or less customary to expect that you will have this as a North American, although this is changing as you see, it is becoming worse for many already upon your continent.

But you have these circumstances so that by and large, you do not have to worry about them and can focus upon your own spiritual growth. Yes, you must work and this often takes free time away from spiritual work and personal growth. But the hours spent in front of the television upon returning home are not necessary and are detrimental to your spiritual growth. Perhaps you do not have ideal circumstances in North America but they are at least workable for many who wish to become more empowered.

My dear, you chose to experience near-homelessness in your life in Toronto. When you went on disability and were duped out of your LTD by the insurance company you experienced yet another blow at the hands of the Illuminati-controlled big corporations. The fact is, you would not need to have long term disability if you did not have to work and if you did not have a financial system to be enslaved by.

You were robbed of these monies by the insurance company and slowly have empowered yourself, bit by bit, to bounce back from their control of your life's circumstances. This is self-empowerment. Yes, you are still on a disability pension but are working more and beginning to earn some money. You now have two money-making schemes in place to increase your fortunes and to take you off the system.

Do you see how you are healing the collective consciousness of your world and helping to reverse the trend of homelessness and disempowerment for many? You took on part of that "theme" of homelessness and poverty and began to empower yourself. In healing yourself, you heal the rest of the world and eliminate that possibility just that much more for all on your world.

Me: I see that now.

Ivo: So you can lament your circumstances all you wish, but know you are doing it as a contribution for the good of all. When you remember this, you will try harder. I know you, my dear.

Me: Yes. My motivation comes from helping others, from service.

Ivo: And I have said, in helping yourself, you help others. The reverse is also true. Because there is no separation. You are all one. When you help yourself, you help others. When you help others, you help yourself.

Your world is severely disempowered. Your people do not believe, or are even aware of their magnanimous capabilities. Those who are empowered, speak their Truth and do good for others are seen as privileged or special. They are not. They are normal; you who are in compromised thinking, are the ones who are tricked into thinking so. Those who realize their own power are not special - they are normal.

And yes, you see in your news that people are "waking up" to the shysters' tricks. For example, Hillary Clinton is held in front of the firing squad of the public eye. Do you not see that you again, are being tricked, into seeing that those who hold power in your world, the ones who previously were looked up to, and are now seen as charlatans, politicians who have fallen from grace.... this is the model that those in power of your world wish you to believe? That in finding one's power, you will be castrated by the public and shamed for being the fraudster you truly are. Many fear this for themselves.

And so they fear empowering themselves. Many feel they are "not enough", or lacking in some way because of the way you are raised to feel inadequate about yourselves.

So you stay there, fearing being roasted on the pyre or put in front of a firing squad when "who you really are" is revealed. Nonsense. You learned to believe you are fraudulent or not enough, inadequate or inferior. This is simply the result of your system. It is not who you are. You are a being of light and love.

This is done to continue to empower the shysters. Because as you hate them, you send them the energy they need to continue working at that frequency - the negative vibration which allows for lying, treachery and thievery. But because many do not realize this, that they are empowering the shysters, they continue to believe in the ploy set before them - that self-empowerment is bad.

You had such an upbringing, my dear, and so then again, you began to heal the part of the collective unconscious that fears self-empowerment in your world. You stand up now to those who insult you and laugh at you and call you a sham. Because you are aware that you are not. These detractors wish you to fall into the scheme of "the powerful are fraudsters" played out in your daily news but you refuse to because you are strong. I keep telling you you do not realize who you are. We see you standing up to things that would scare a weaker person.

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