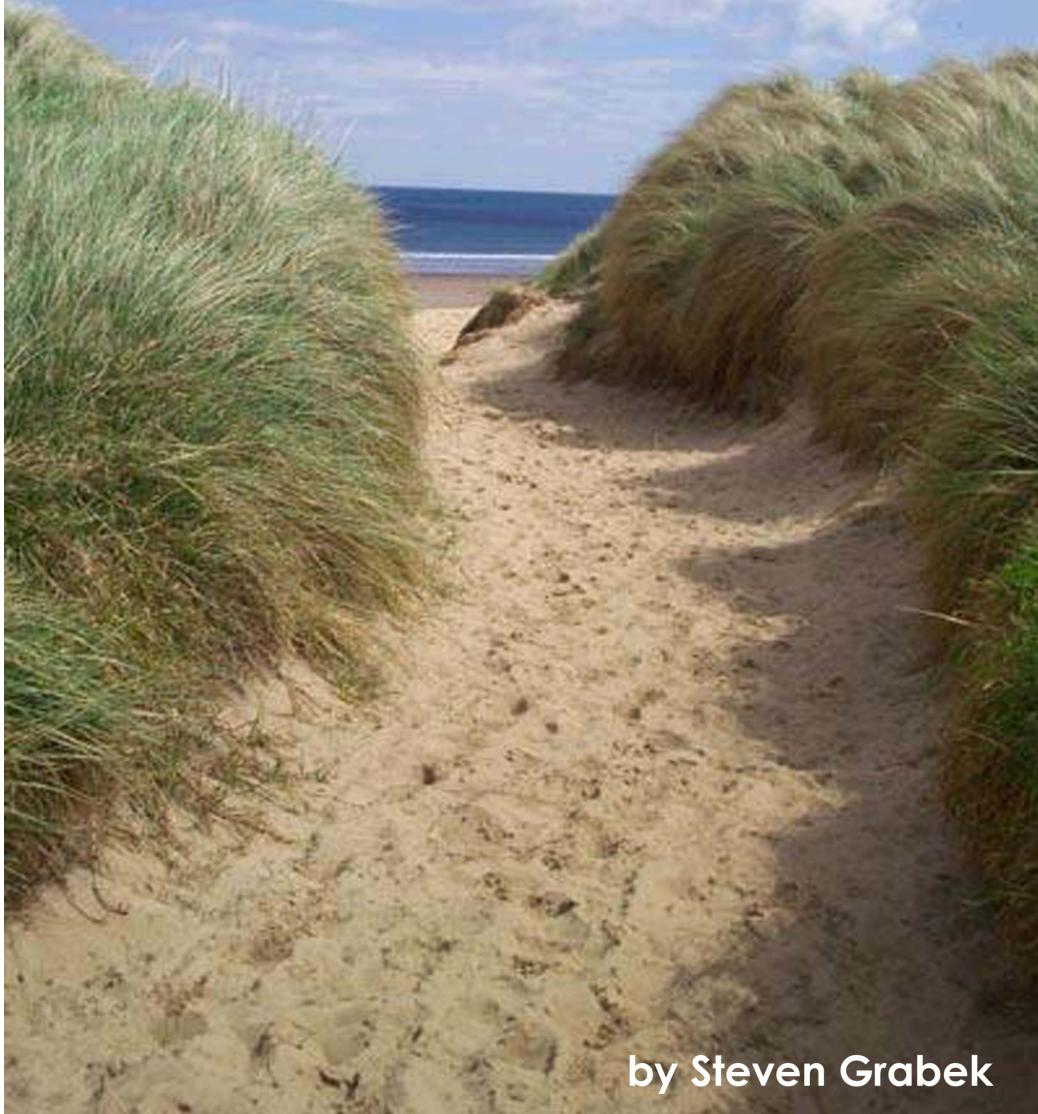


101 Motivational Quotes

Your daily dose of motivation



by Steven Grabek

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Introduction

“People often say that motivation doesn't last. Well, neither does bathing - that's why we recommend it daily” - Zig Ziglar

By definition motivation means that which motivates, that which makes us take action towards our desired goals and which gives purpose and direction to those actions. Now we all know that very often we lose our motivation and we allow procrastination to dominate our life. With out our motivation we stop taking action and doing the things we really want to do, we stop achieving the things we really want to achieve and we stop believing we are capable of becoming who ever we want to be.

The secret to beating procrastination is that we need to keep motivated. Every day we must do something, anything that gets us motivated, whether it's listening to your favourite song, going for that morning run or simply reading some quotes. Every day we must motivate ourselves because when we are motivated we have energy, we have ideas and we have dreams and we pursue those dreams with our unbounded faith that we will achieve them and more.

To help you stay motivated I have compiled some of the best motivating quotes from famous speakers and historical figures. Read just a few each day and contemplate the meaning and philosophy behind each quote. Pick your favourites, the ones that resonate with in you and stir up a desire to get moving and take action. Write them down and place them where you can see them each day - at home, at work, in your car, in your wallet, in your purse, in your briefcase, anywhere and everywhere. That way at any time wherever you are and whatever you are doing you will always have your daily dose of motivation.

Steven Grabek

101 Motivational Quotes

Quotes 1 - 6

The world has the habit of making room for the man whose words and actions show that he knows where he is going

Napoleon Hill

Circumstance does not make the man; it reveals him to himself

James Allen

The greater danger for most of us is not that our aim is too high and we miss it, but that it is too low and we reach it

Michelangelo

Your life is in your hands, to make of it what you choose

John Kehoe

Let others lead small lives, but not you. Let others argue over small things, but not you. Let others cry over small hurts, but not you. Let others leave their future in someone else's hands, but not you.

Jim Rohn

I challenge you to make your life a masterpiece. I challenge you to join the ranks of those people who live what they teach, who walk their talk.

Anthony Robbins

Quotes 7 - 12

The secret of getting ahead is getting started

Mark Twain

For true success ask yourself these four questions: Why? Why not? Why not me? Why not now?

James Allen

Issue a blanket pardon. Forgive everyone who has ever hurt you in any way. Forgiveness is a perfectly selfish act. It sets you free from the past

Brian Tracy

Our greatest glory is not in never failing but in rising up every time we fail

Ralph Waldo Emerson

Learn to enjoy every minute of your life. Be happy now. Don't wait for something outside of yourself to make you happy in the future. Think how really precious is the time you have to spend, whether it's at work or with your family. Every minute should be enjoyed and savoured.

Earl Nightingale

Far better it is to dare mighty things, to win glorious triumphs, even though chequered by failure, than to take rank with those poor souls who neither enjoy much nor suffer much, because they live in the grey twilight that knows neither victory nor defeat.

Theodore Roosevelt

Quotes 13 - 18

We are what we repeatedly do. Excellence, then, is not an act, but a habit.
Aristotle

Impossible is a word to be found only in the dictionary of fools.
Napoleon Bonaparte

Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbour. Catch the trade winds in your sails. Explore. Dream. Discover.
Mark Twain

The only way of finding the limits of the possible is by going beyond them into the impossible.
Arthur C. Clarke

It is hard to fail, but it is worse never to have tried to succeed.
Theodore Roosevelt

Fortune favours the brave.
Publius Terence

Quotes 19 - 24

Ah, but a man's reach should exceed his grasp, or what's a heaven for?

Robert Browning

People often say that motivation doesn't last. Well, neither does bathing - that's why we recommend it daily.

Zig Ziglar

Desire is the starting point of all achievement, not a hope, not a wish, but a keen pulsating desire, which transcends everything.

Napoleon Hill

People become really quite remarkable when they start thinking that they can do things. When they believe in themselves they have the first secret of success.

Norman Vincent Peale

Men are born to succeed, not fail.

Henry David Thoreau

What we can or cannot do, what we consider possible or impossible, is rarely a function of our true capability. It is more likely a function of our beliefs about who we are.

Anthony Robbins

Quotes 25 - 30

Every human has four endowments- self-awareness, conscience, independent will and creative imagination. These give us the ultimate human freedom... The power to choose, to respond, to change.

Stephen Covey

All the breaks you need in life wait within your imagination, Imagination is the workshop of your mind, capable of turning mind energy into accomplishment and wealth.

Napoleon Hill

There is just one life for each of us: our own.

Euripides

If you believe in what you are doing, then let nothing hold you up in your work. Much of the best work of the world has been done against seeming impossibilities.

Dale Carnegie

There is no such thing in anyone's life as an unimportant day.

Alexander Woollcott

All successful people men and women are big dreamers. They imagine what their future could be, ideal in every respect, and then they work every day toward their distant vision, that goal or purpose.

Brian Tracy

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