



Your Guide To Great Nails

All About Beautiful Nails

Only if you take proper care of your nails will they look good. To keep your nails healthy and good all the time you will have to work hard on them. While at home, you can use a nail file, which is available in different sizes, shapes and designs.

To make your nails look beautiful, you can apply nail polish or use art nails. Art nails are basically fake nails that you can stick on your nail. Art nails are available in hundreds of designs and colors. You can choose from a floral design to a silvery tattoo design. You can even wear art nails that match with different dresses. As for nail polish, they are available in hundreds of colors and great shades. You can find every color from red to navy blue to even black. You can also find nail polish in glossy colors or with matte finish. One of the salient points of nail polish is that it can hide any flaw in your nail and at the same time provide a protective cover.

One of the most common types of nail polish is the base coat, which will prepare your nails for the actual solid color nail polish. The base coat will also protect your nails from getting discolored due to a color nail polish. The top coat of a nail polish also known as the clear coat is normally used on dry nail polish for protecting and hardening the color. It will protect the color from chipping off.

Tips For Keeping Your Nails In Great Condition

How do you get really stunning nails? Well! There is no magic involved. Here are a few tips that will help you to keep your nails in good shape and they will look great too:

- You can apply some nail varnish remover just prior to coloring your nails. You can use the varnish even if you don't need to remove your old polish. The main function of the varnish is that it will make your nails look better by removing any kind of dirt or grease. This will also help the nail polish to last longer and not chip off.
- French manicure is considered as the best treatment for your nails. There are times when you might have problems in achieving the right and the most perfect type of French manicure. In such a scenario what you can really do is use a white nail pencil just underneath your nail tip instead of the white polish you have been using so far. This will make your French manicure much easier.
- Always ensure that the waiting time after application of a nail varnish is long so that each layer gets enough time to dry. This will also ensure that you get a lasting finish.
- To remove excess nail varnish, always use a cotton bud to remove it from the top of the bottle. This will basically prevent the nail varnish bottle from getting glued shut
- There is several beauty and cosmetic companies that sell nail polish with matching lip stick colors too. Using the same color on your nails as is the color of your lipstick will definitely enhance your overall appearance. Alternatively, you can even use nail colors that are in contrast with the lip stick colors.
- It is always better to apply numerous thin color coats as compared to a single coat of thick color. Numerous thin coats mean that the nail polish will last longer.
- Avoid removing and then reapplying nail polish more than twice a week. If you remove and apply nail polish thrice or 4 times a week then it will make your nails dry. You can get a remover that has a built-in moisturizer so that you can protect your nails from drying.
- You should give your hand and fingers a little massage from time to time so that the blood circulation is maintained. Good blood circulation means that there will be good nail growth.
- The simplest is the solid color manicure. It employs the use of mild solid nail colors and basic neutrals.

The most important thing is that you should eat healthy so that the color of your nails doesn't become yellowish. As long as you maintain a healthy diet with lots of vegetables and fruits, your nails will look beautiful, healthy and will have a pink tinge to it. To make your style statement bolder, you can wear a different color on your finger nails as compared to your toe nails. At the end of the day, coloring your nails is just another way of pampering your self.

Artificial Nails: Perfect Nails, Every Day

False or artificial nails are the perfect solution for many “nail events” in your life. They are a perfect solution for replacing a broken nail. They are great as a temporary fix until your own nails grow out. And they are there – instantly. What is more, they can be applied yourself at home and, provided you select the right size and do something creative to eliminate the plastic look, they can appear entirely natural and convincing.

False nails can be applied professionally in the salon, or you can apply them at home using widely-available nail enhancement kits. They come with their own adhesive and are easily cut and shaped to the style you want.

So, assuming you want to fit the nails yourself, how do you get started? Here are the six simple stages:

- 1.** First, clean and dry your own natural nails. Then file and shape them in preparation for attaching the artificial nails.
- 2.** Then – very important – choose the right size artificial nail for each finger. File the edges if necessary to get an exact fit.
- 3.** Now spread a thin layer of nail adhesive over the whole area of your natural nail that will be in contact with the artificial nail.
- 4.** Position the artificial nail such that it is very close to, but not touching, the cuticle. Then apply a light pressure to the top for a short time to allow the glue to take hold and set.
- 5.** Once the nail is set firmly in position, file off any rough edges.
- 6.** Apply two coats of nail varnish of the color you require, then finish off with a layer of topcoat to seal it.

It's recommended that you don't wear artificial nails for more than a few weeks at a time – say a month maximum. Then remove them and give your natural nails a chance to breathe and refresh their growth.

It's also important that you always use proper nail adhesive and never just ordinary glue you might find around the house.

To remove artificial nails, soak them in a non-acetone polish remover until they start to dissolve and come away. It's very important to avoid acetone and other chemicals with an acetone-base. They will damage the surface of the nail, affecting the shine and also thin and weaken the nail plate.

Also, don't try to peel off the artificial nails without first soaking them in polish remover, and certainly never, ever try to break them. This could result in serious damage to your own nails below.

Following the simple steps and guidelines given here, wearing artificial nails will be not only a simple and trouble-free process but also a delight to behold!

“What's A Manicure?,” Alex

A manicure is a cosmetic beauty treatment for the fingernails and hands. A manicure can treat just the hands, just the nails, or both. A standard manicure usually includes filing and shaping of the nails and the application of polish.

As part of the manicure, treatments for hands usually include soaking in a softening substance and application of hand lotion. The word “manicure” comes from the Latin manus, meaning “hand,” and cura meaning “care”.

The process for a manicure begins with ensuring that the working area and tools are sanitized and conveniently located. This might include sanitizing the working surface, such as a table top, placing clean metal implements into a jar with sanitizing liquid, and having sanitized towels and such near the working area.

Normally a manicure starts with sanitizing of the subject's hands. Old nail polish or artificial nails are removed. The hands are then cleaned with soap and hot water and rinsing with hot water. During the next phase of a manicure, the fingernails are then trimmed and filed to the desired length and shape using a fingernail file. Metal nail files can be used for rapid removal of nail material, however, fine glass files are preferred. Disposable two-sided emery boards can also be used.

Proper filing technique starts with the file at the outer edge of the nail, moving towards the center. This is repeated from the other side of the nail to the center. The file should not be moved back and forth in a saw-like motion.

The cuticles are then pushed back with a cuticle pusher. A cuticle pusher is simply a wooden stick with a flat end, sometimes wrapped in cotton. Metal cuticle pushers should be used with great care, as they can damage the fingernail matrix. Orangewood is the preferred material because of its softness.

In this phase of the manicure, the fingernails are polished with a polishing board made of hard foam, paper, or plastic. A softer foam layer is added to each side, and fine polishing surfaces are placed on the foam.

To conclude the manicure, in most cases, the manicurist applies at least one layer of either clear polish meant to strengthen weak nails or several layers of color polish and top coat. A manicure is usually finished with a hand massage using hand lotion or oils.

Do It From Home: Manicures & Pedicures

When you need to do manicure or pedicure at home, it is very important to have knowledge of it in general, and the requirements in particular. If you feel the need of a system of manicure / pedicure and wandering, then the following mentioned system would be of great help to you. So for creating a perfect manicure / pedicure system at home, you will need the followings:

- 1 pack of cotton balls
- 1 polish remover
- 1 emery board
- 1 nail trimmer
- 1 cuticle remover
- 1 bottle fingernail polish
- 2 toe separators
- 2-5 paper towels

Now you definitely would be interested to know, how the above mentioned items will help you in doing manicure / pedicure.

Nail Polish Removal

Take cotton balls as many as you need them, soak each finger well with nail polish remover, so that your fingernails true color start appearing. Use a very less quantity of nail polish remover to remove the nail polish. Since nail polish is extremely drying, never soak the nail in it, especially the cuticle. Keep the good contacts of your nails with the nail polish.

Soaking and Removing Cuticles

Your cuticle is like a foreskin. It is found at the bottom of your nail, where fingernail cartilage and skin meets. To remove cuticle, soak your nail in warm water for 3 minutes or less. Now use cartilage remover to push the cuticle down.

Trimming Your Fingernails

To trim out toenails, use nail clippers. To reshape or shorten nails, simply use nail clippers. If your nails are hard, soak them in water before trimming. If you have soft nails, do not trim after bathing or washing, because in doing so you may cause damage, which sometime may lead to infection. Do not cut too short toenails, because doing so increase the chances of developing ingrown toenails.

Filling Your Nails

Use emery board to make your fingernails smooth and good looking. You can use emery board to smoothen the ends of your fingernails. Do not use emery board to scrap your natural nail surface at all. This will make the nails surface rough.

Exfoliating & Moisturizing Hands and Feet

Now use sugar wash to massage your feet, legs, arms and feet. Rinse your hands first and then use pumice stone to rub away callus and other rough surfaces on the bottom of your feet. Now, rinse the scrub of your feet and legs. Now, use moisturizer or some other soothing cream for your hands and feet that may heal a cracked and rough dry skin.

Polishing Nails

Remove excess moisturizer using polish remover. Polish your nails and dry them between coats, preferably minimum of four coats. If you have weak or brittle nails, place one or two coats of ridge filling nail polish on the nail as base coat to shore up the nail. Two coats of a colored nail polish are next, followed by a topcoat to add luster. Use foam toe separators to fingers, while polishing. Allow drying the polish.

Nail Care Techniques

The Do's and Don'ts of Nail Care

Do's

- Leave your nails without nail polish once in a while at least in order to allow them to breathe.
- Keep a pack of hand lotion or cream near the kitchen sink and use it each time after washing your hands.
- Wear gloves while doing housework or gardening and rub some hand cream or lotion before putting on the gloves.
- Apply oil to your nails whenever possible in order to strengthen them.
- Include ample quantities of calcium and vitamin A in your daily diet.
- Keep your manicure set clean in order to prevent any infection.
- Have a professional manicure done at least once a month.
- Prolonged exposure to the sun is not good for nails and a lot of swimming will dry them. This can be encountered by keeping the nails and cuticles well moisturised.
- Before doing chores like dusting or gardening, first dig the nails into a soap bar. This prevents dirt from getting embedded under them and also make them easier to clean later.
- To keep nail polish intact in the bath, smooth a little skin cream on it before going for a bath.
- If a nail breaks, we can get, professional help in fixing 'false' nails. Otherwise, try to file them down. If the break is bad, remove all the polish from that nail and mend the break with a small piece of cello-tape, cut to fit. Then re-apply polish.
- If nails are brittle and break or split easily, keep them oiled.

Don'ts

- Don't use your nails on a job that can be done just as well with a pair of scissors, pliers or a hammer
- Don't file nails when they are damp.
- Don't cut cuticles
- Don't wash clothes or dishes in very hot water
- Don't bite or chew your nails.

- Don't clean your nails with a sharp metal instrument – use a nail brush and orange stick instead.
- Don't be seen with chipped nail polish – it is a sign of careless grooming.
- Don't leave your hands in detergent for long.
- Don't peel-off your nail polish as you wish to – always use a nail-polish remover.

Nail Polish Selection

Whenever we use nail polish, we should select the shade carefully. Deep toned polish looks good on long and slender nails. Pale colors make short nails look longer and they also look good on small, delicate-looking hands.

Nail- Length Decision

As regards the nail-length, not everyone can manage long nail. If we do a lot of typing or housework , play the guitar or are a sports freak, long nail are not for us.

File, rather than cut, as cutting weaken the nail and cause it to flake. File in one direction only from sides to center, using the softer side of an emery board, not a metal file. Aim for a rounded tip: the shape at the tip should reflect the shape at the base to make a perfect oval.

Bonus Tips For Beautiful Hands

- If your elbows have been darkened, apply a mixture of lemon juice mixed with milk cream. Wash off after 30 minutes.
- To get rid of elbow darkness, you can also apply a mixture of cucumber juice and lemon juice (in equal quantities). Wash off after 15 minutes.
- If there is a lot of hair on your hands, apply a smooth paste of gram flour and oil on them. Wash off after 30 minutes.
- Massaging hands with almond oil is most ideal in order to maintain them in a good condition.
- If the hands are stained or discolored, rub a little lemon juice or hydrogen peroxide on the stain after washing and before drying the hands. This lightens the stain.
- For big hands, wear exotic bracelets high on the arm and wide ornamental rings.
- Slim, small hands call for daintiness in the choice of jewellery and nail polish shade. Narrow bracelets and rings with delicate elongated settings look the prettiest.
- To suit small square hands use small and simple jewellery.
- On wrinkled hands, use rich cream after steaming the hands
- As one matures, one tends to get freckles on the hand. Use a good bleaching cream for this. Although the results are temporary, they are quite effective.

Even More Nail Care Techniques

There is no substitute for a healthy diet as you are what you eat. Radiant health shows not only in the rosy glow of your skin and the healthy bounce of your hair, but also in the vitality of your nails. When the balance of health is disrupted, the first signs actually appear on your nails. Have a look at your nails. Are they discolored, brittle or jagged around the edges? If they are, you just may not be getting the right nutrients into your body despite eating well and consuming supplements.

Here are a few tips that will help you have great nails and good health.

Nail Nutrition 101

- Water, the essence of life, is a must in your diet. Consuming enough water and other liquids is vital if you want to avoid chips and cracks in your nails. Fresh carrot juice is excellent for strengthening nails, as it is rich in both calcium and phosphorous.
- Broccoli, onions, soy and papaya are rich in sulfur, biotin and silicon – essential in nail-building materials. Do eat more servings of vegetables and fruits at meal times as this boosts your intake of vitamins, minerals and enzymes, which will keep shabby looking nails at bay.
- Ensure a healthy daily intake of calcium, protein and zinc. White bands and spots on your nails are a clear indication that these elements are lacking in your system. They also tend to make your nails look diseased, so do include these basic nutrients to add a glossy sheen to your nails.
- Consider including royal jelly, spirulina and kelp in your intake. These supplements are rich in silica, zinc and vitamin B, which help nails grow strong and healthy.
- Do not forget to include protein, folic acid and the all-essential vitamin C in your dietary intake because a depletion of any one of these nutrients can cause very painful episodes of hangnails – the annoying, little triangular splits of skin around the fingernails.
- Curved and darkish looking nails can be avoided by ensuring a sufficient amount of vitamin B12 in your system, while reddish-looking skin around your cuticles may indicate that something is not quite on par as far as your metabolism rate is concerned.

Facts To Remember

You can tremendously improve the health of your nails by remembering that the greatest foes of healthy nails are harsh detergents and water.

This deadly combination actually causes stress upon nail fibers, which eventually lead to split or brittle nails. The best thing you can do – and do religiously – is to don a pair of rubber gloves while you clean or do the dishes.

You should also know that filing the corner of your nails is a big no-no. This will weaken the nails and they will break more easily as a result. So if your manicurist insists that the latest trend requires you to file those corners, then it's about time you change your nail care attendant.

Nail Varnish Matters

What would the world do without nail varnish? Just think of all the dull, terribly unattractive, colorless nails we'd all have to put up with. It'd be a disaster!

Well, alright, so I'm not entirely serious, but nail varnish does have some point beyond making nails look pretty. Many nail varnishes also contain substances that will protect your nails, by stopping them from breaking and making them taste nasty so you don't bite them. Some even claim to make your nails grow faster.

Nail varnish comes in all sorts of colors, but the most popular by far is red, followed by pink. While some men do occasionally wear nail varnish, it's mostly a woman thing.

Here's a quick science lesson: the most important ingredient of modern nail polish is a substance called nitrocellulose. This clever little ingredient is what forms the 'film' over the top of the nails, protecting them and making them shiny. The nitrocellulose will be mixed with a few other chemicals (solvents, for example, that make it a liquid that can set) depending on the brand, and then with dyes in various strengths and combinations to give the full range of colors to choose from.

When you buy nail varnish, there are several things you should look for. The one that most people think of straight away is the color, but be careful of just picking up the first one you see that comes in the color you want – you might be ignoring its downsides. You should look for an easy applicator bottle that comes with a built-in brush in a good shape, and is quick drying and long lasting.

The more you're willing to spend, the closer you'll get to a salon-quality look – and even if you spend a lot, you're likely to spend less than you would have at an actual nail salon. If you want to make sure that things are done exactly right for a special occasion, though, it might be worth going to one anyway.

Keep Safe At The Nail Salon

Ever left a nail salon with more than you bargained for – an infection? Some nail salons are havens for bacteria and germs, and a small cuticle cut can cause a serious fungal infection if proper hygiene techniques are not followed through.

The health risks associated with salons, according to the American Academy of Dermatology, include bacterial infections; fungal infections like athlete's foot, nail fungus and yeast; and viral infections.

Becoming aware of your salon's surroundings and sanitary procedures is critical to keep your experience pleasant and healthy. Here are a few tips from BTG Cosmetics Inc. on what to look for during your next salon visit:

- How are nail tools, such as clippers, cuticle scissors and files sanitized? Heat sterilization or chemical sterilization with a germicide and fungicide is preferred. Some salons take extra precautions by using freshly unwrapped nail files for every client.
- Are you receiving a thorough scrub? Nails should be soaked and cleaned with soap before the service begins. Also, make sure the soap bin has been cleaned well.
- Outer appearances matter. A neat and organized space can reveal a lot about the salon's practices. Also, find out if your salon is operating under current licenses and that technicians are properly licensed and trained.
- When you pick out the polish color, wouldn't you prefer it to be unopened? Many salon patrons are concerned about unsanitary tools, but what about the hundreds of people who use the same nail polish?

“Sanitizing instruments is only part of the solution,” said Ben Friedman, president of BTG Cosmetics. *“Using a clean, fresh bottle of nail polish will ensure your nails are kept sanitary. Nail polish should be treated just like a toothbrush and I certainly wouldn't want to share my toothbrush with anyone.”*

The company has developed a new program called Toma Salon Service, which is available in various nail salons across the country. Rather than choosing a color that has been opened and used, nail services at these salons now include a new, unopened bottle of Toma SlimLine polish that you get to take home after your service is complete. And should you get a chip in the polish afterwards, you can easily repair it at home with the polish that was included with your service.

Fungus: It's No Fun

If you have thick, brittle, discolored toenails, it is probable that you might have nail fungus. This condition, also known as onychomycosis, is a condition that starts off as a tiny white or yellow discoloration under the nail. This is due to the infection caused by the fungus which has managed to gain entry past the one-effective barrier provided by your nails. Because the fungus has now taken up residence under the nails, it makes it all the more difficult to treat.

The discoloration grows larger and larger until the whole of the nail turns yellow, and the nail becomes brittle, which makes it prone to breakage. In severe cases the nail eventually separates from the nail bed, a painful and unsightly condition that leaves the sufferer unable to do simple activities like walking or running. Some people suffer a great deal of embarrassment because the infection also produces a foul odor.

But like any problem, there is always a solution, and that solution may not be that expensive or hard to find. In the case of nail fungus, there are a wide variety of medications that your doctor can recommend that are very effective in treating you of your nail fungus. However, there are also other remedies that others swear that will cure your of your fungus, and all these you will most likely see in your kitchen or medicine cabinet.

Before trying out the medications recommended by the doctor, why not give a few of these home-remedies for nail fungus a try:

1. Antiperspirant

The fungus thrives well in moist and dark environments, so to keep your feet from sweating too much, apply unscented antiperspirant on it, especially if you wear closed-shoes for most of the day. This will keep your feet sweat-free, thus controlling the growth of your fungus.

2. Tea Tree Oil

Tea tree oil has powerful antiseptic and anti-fungal properties. Just rub a few drops of the oil on your toes and you're ready to go. You can do this a couple of times throughout the day.

3. Tea Tree Oil & Lavender Oil

You can put a few drops of tea tree oil and an equal amount of lavender oil on a cotton ball and apply it on your toenails. The tea tree oil will help fight the fungal infection while lavender oil will prevent irritation.

4. Listerine Mouthwash

You can soak your feet in a basin of Listerine mouthwash . Listerine is a very good antiseptic, which is effective in fighting the infection. Some would recommend using a vinegar and Listerine tandem,, because you will see results faster this way.

You actually have a lot of choices of home remedies for nail fungus that you can choose from, and all these you can easily find at home, in your kitchen or medicine cabinet. Just keep in mind that these may work for you (because they have worked for so many others), but different home remedies may work differently for various kinds of toenail infections, and home remedies usually take a few months for you to see the complete effects.

But, using your own home remedy for nail fungus and with a little patience and a bit of discipline, you'll have that toenail fungus gone in no time.

The Beautiful World of Nail Polish

Nail Polish is one of the most important constituents needed in order to keep your nails looking lovely and elegant.

How to Care for your Nails and your Nail Paints

Caring for your nails is an important element to good looking and groomed nails. Applying Nail varnish on chipped or broken nails will only make them look worse. You can follow a few simple tips to avoid the most obvious pitfalls and problems encountered when applying nail polish. First and foremost, it is important to keep your hands and nails moisturized at all times. You can use a hand and nail cream to achieve the desired effect. It is also advised to go for manicures once in 2 weeks.

Always store nail paints in a cool place away from sunlight to give them a longer shelf life. When applying nail paint, mix the color evenly by shaking the bottle and warming it up between the hands to let the polish flow freely. Apply Nail Enamel in 3-4 easy strokes and make sure you apply two thin coats letting the first one dry before you apply the last one. For maximum effect, ensure that the paint you use is a good quality one and is not too old. And lastly remember the golden rule; 'never apply fresh polish on old paint'.

History of Nail Paints

Since time immemorial, since the uncovering of the practice of nail painting way back in 2800 BC, the Mongolese, Afghan, Australian and various other cultures have been using assorted different products in an effort to beautify and lend color to their nails. While the Chinese used a mixture of beeswax, bark, sap and crushed flower petals with alum, the Egyptians used a dye from the henna plant. They also used Gold and Brass on their nails to give it extra zing! However, the lower ranks of society was not allowed to apply dark shades and had to contend with lighter shades of nail paints.

During to the 19th Century, the concept of nail polishing took on a whole new aspect. During these times, the nails were lightly colored or tinted with rose fragranced oils and then buffed and polished using a leather chamois piece. Later, the oils were replaced by tinted creams and powders, but the trend of polishing nails continued.

Types of Nail Polish

The 19th century has seen various types of nail varnishes over time. The 2 main forms of paints found today are either high gloss mattes or frosted nail paints. These are among the most popular nail polish types for daily wear. The high gloss mattes look great with all types of shades, mainly the lighter versions while the frosted look complements dark nail colors.

On the extremes, high glitter nail polish is increasingly trendy among teenagers who prefer to wear anything with a flashy effect. While on the other hand, colors like matt blacks, dark blues and greens etc. are widely popular among Gothic and punk followers, both male and female. The high-fashion world is also falling in step and such a pallet is no longer restricted to the rebels of society! On a sober note, the French are also known to use flesh tones most often in their popularly known French Manicures. This trend has caught up with the rest of the globe as well.

Also popular are the versions of clear vanishes with light invisible tints which give just a hint of healthy color to the nails. However, these polishes are also increasingly popular among men, who are now more conscious of their overall grooming. Among the latest trends, nail designs and nail piercing are also highly popular.

Nail Polish in the 21st Century

It was not till the 1720 that the true nail enamel we use today came into being, thanks to the discovery of automobile paint. Since then, Nail Polish has been through various transitions in terms of its chemical content in an effort to make it non-toxic as well as more and more nail

friendly, but it's basal form has not changed. Today, most nail varnishes are manufactured with some pigment mixed with color and dissolved in solvents.

Digital Nail Art: The Future Of Beautiful Nails?

How is the procedure performed?

After the nails are given a basic manicure, which involves cleaning the nail, removing the cuticle and any dead skin around the edge of the nail.

- The nails can then be given a base coat (usually a strong white) to enhance a colored design.
- Or if the client wishes to have a natural look in the back ground of the design, then no base coat is required.
- Then the activation coat is applied – this ensures that the design dries quickly.
- The client chooses their design either from preset designs or from their own picture – which can be scanned into the computer.
- After placing the hand into the machine the design can then be printed.

How Long Does It Take?

The printing itself takes approximately 10 seconds per nail, and depends on the design – sometimes even quicker. The whole process including nail preperation and drying of coats in between can take 15 minutes.

How Long Do The Designs Last?

They last as long as a normal nail varnish treatment. With the application of two thin coats of clear nail varnish – paying special attention to the tips, then if you are carefull with your nails, the designs can last up two weeks or longer.

Are The Inks And Varnishes Dangerous?

All the inks and varnishes have been tested to comply with all safety standards and are perfectly safe.

Are Your Hands Safe In The Machine?

Your hands are placed inside a special cradle which holds the nails at a safe distance from the printer head. The Printer actually sprays the design onto your nails, so you don't feel a thing. If by any chance, you happened to move your fingers whilst in the machine, the sensitivity of the safety cut out will stop the printing immediately.

Can It Print a French Manicure?

Certainly can, just use the white base coat and the machine can print the french manicure with more flair and design than you could ever do with air brushing.

Can It Print Toe Nails?

Yes, fashion now goes a step further, and the world of design and art is now available for your toes.

Where Can I Find Digital Nail Art?

At any reputable nail salon, if there isn't a machine in a salon near you, then tell them to get a machine so that you can try it out.

To make the most out of this technology, the professional nail technician would have to be experienced with general manicures and pedicures. These are the basics to any nail care business, but also a knowledge of computers and how they work is advisable. The software is easy to use, but the process needs a bit of practice in order to become proficient. With expert guidance and advice from a reputable company, then using this new technology will enhance your business and bring colorful designs into the lives of many clients nails.

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