

Preschool Prayer Activity eBook



The lessons and activities in the eBook are the same values, beliefs and principles that we as adults believe in, they are just designed for little people. It is never too early to introduce children to the ideas that mold our Christian faith. These little and so very vulnerable children must understand that Jesus loves each and every one of them and knows each one of their names.

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WHAT IS PRAYER?

When you talk to God, this is called prayer. Prayer is something that you should do when you are all by yourself. When you talk to God even though you cannot see Him, He can hear you every time that you pray. God can even hear what you think! God is good! You should talk to God when you are:



SAD



ANGRY



SCARED



HAPPY

God loves you and He always listens to children. No matter what you have done wrong, God always hears His children.

God lives up in the sky, in a place called Heaven. No matter what, you must always trust God. He has a plan for each and every one of you and He already knows what you will be doing when you are grown up like your mommy and daddy. No matter where you are God is with you even though you can't see Him; you will be able to feel him inside your heart.



When you pray to God, He will bless you and He will answer your prayers. Have you ever been afraid? Have you ever been afraid at night when you are in your bed or when you woke up from a bad dream? God is always there to protect you even when you are scared.

When should you pray?



When you wake up



Before you eat



Before you go to bed

There is no right or wrong place to pray. You can pray in your bedroom or in your backyard. When you pray you should ask God to bless certain people and to watch over them for you. Who do you think that you should pray for?



Your family



Your church



Your friends

UNDERSTANDING THE LORD'S PRAYER



Jesus is the Son of God. Back when Jesus was alive just like you and I are today, He used to pray a lot. Jesus had disciples. The Disciples were 12 special friends that Jesus picked to follow Him. Jesus taught His disciples to trust in His Father, God.

One day when the disciples saw Jesus praying they asked Him, "Lord, teach us to pray." Jesus said to them, "When you pray, say:

**Our Father in heaven,
hallowed be Your name,
Your kingdom come,
Your will be done
on earth as it is in heaven.
Give us today our daily bread.
Forgive us our debts,
as we also have forgiven our debtors.
And lead us not into temptation,
but deliver us from the evil one.
For yours is the kingdom and the power and the glory forever.
Amen."**

Matthew 6:9-13

Even though the disciples always saw Jesus praying, they still weren't sure how to do it. That is why they asked Him.

Jesus says that we should keep our prayers simple and we don't have to use big or fancy words. Sometimes people like to show off but Jesus says that we should never show off when we pray. It is our quiet time when we are alone with God.

Let's try to understand exactly what the Lord's Prayer means.

Our Father in heaven: This means that we are praying to God. He likes it when we call Him Father. God is father to all of his children, whether you are very young or very old, or anywhere in-between.

Hallowed be Your name: Saying this is a way of saying the God is really special to you, and you know His name is holy.

Your kingdom come, Your will be done, on earth as it is in heaven:

We know that God lives in Heaven, right? Heaven is a pretty great place to live. God tells us that in Heaven no one will cry or be hungry and God will live with us. It is also a way of praying that people would live here on earth just like they would live in Heaven, honoring God always.

Give us today our daily bread: This is asking God to give us everything that we need to live. Do you know what some of the things that we cannot live without are?



Water



Food



Shelter

Forgive us our debts, as we also have forgiven our debtors: This is when we ask God to forgive us for what we have done wrong. If we want to be forgiven then we have to be sorry for what we did wrong. We also have to be willing to forgive those that have been mean to us.

And lead us not into temptation, but deliver us from the evil one: This is when we ask God to help us do the right thing. Sometimes we might want to tell a lie to our parents or we might want to hit another kid, or maybe you like one of your friends toys and you think it is really cool, so you might want to take it. These things are wrong. So we ask God to keep us away from the very bad things that are in the world.

For yours is the kingdom and the power and the glory forever: This means that God is the best and that He will be in Heaven forever and ever. No matter whatever happens God will always win.

Amen: This means that we are 100% sure that this is the truth!

WHAT IS THE ACTS PRAYER METHOD?

The ACTS prayer method is pretty hard for young children to understand. It stands for adoration, confession, thanksgiving, and supplication. Do you know what any of those words mean? Probably not, but that's okay because many grownups don't know what they mean either.

Let's try to look at it in a much easier way!

A doration means I Love You!

C onfession means I am sorry!

T hanksgiving means Thank You!

S upplication means Please!

Do you know why these are so important? God loves each one of you so very much so it is very important to tell Him that you love Him every chance that you can. You know how important it is to say that you are sorry right? You should always tell God that you are sorry if you did something that might make Him sad. Tell God "thank you" a hundred times a day!

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